

# WAIS Safe and Ethical Practice Policy Framework

**Owner:** Executive Director

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WESTERN AUSTRALIAN INSTITUTE *of* SPORT

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## 1. Purpose

To provide a policy framework for safe and ethical coaching, scientific and medical practice within WAIS.

## 2. Background

One of the four guiding principles for WAIS is Community Values; this principle commits WAIS to maintaining and reflecting high community values in all aspects of its operations. WAIS has chosen to support the achievement of sporting excellence through safe and ethical practice consistent with this Guiding Principle.

WAIS recognises that there are unsafe and/or unethical practices available to assist achieve higher levels of athletic performance. It also recognises that the pursuit of athletic success in the international sporting arena requires an approach that embraces new and emerging knowledge, technology, product and practice.

WAIS also recognises that its staff, contractors and consultants are in significant positions of power and authority in relation to athletes they assist. Therefore, the highest standards of professional and personal integrity must be defined and maintained to ensure this position is not inappropriately used to influence athlete decisions and or actions.

In developing this policy framework WAIS acknowledges the AIS Sports Science/Sports Medicine Best Practice Principles of:

2.1 Education,

2.2 Detection and enforcement, and,

2.3 Oversight and Monitoring.

## 3. Policy Framework

To ensure that WAIS achieves its purpose through safe and ethical practice the following policies are endorsed and monitored.

### Policies

1. WAIS Staff Code of Conduct\*
2. WAIS Anti-Doping Policy\*
3. WAIS Anti-Match fixing policy\*
4. WAIS Sports Medicine policy\*
5. WAIS research and innovation policy\*
6. WAIS supplementation policy\*
7. WAIS athlete protection policy
8. WAIS medication and injections policy
9. WAIS athlete Mental Health policy
10. WAIS zero tolerance education policy
11. Non-WAIS athlete facility and services access policy

\*Zero tolerance policy – a breach of a no tolerance policy may result in suspension or termination of employment.

#### **4. Management and Oversight Principles**

- 4.1** Any breach of a zero tolerance policy listed in this framework that impacts or potentially impacts the provision of a safe and/or ethical athlete training practice or environment is reported to the WAIS Board immediately.
- 4.2** The WAIS Board will oversee staff and athlete compliance with zero tolerance policies listed in this framework through annual management exception reporting.
- 4.3** The WAIS Board will oversee staff policy education and knowledge confirmation requirements stated in this framework through annual management exception reporting.
- 4.4** WAIS conditions of employment require compliance by all staff with the policies listed in this framework.
- 4.5** WAIS coaching and scientific staff position descriptions include requirements for appropriate professional training and experience.
- 4.6** WAIS employment process includes confirmation of professional qualifications, experience and background checking on previous practice in accordance with safe and ethical practice.
- 4.7** A person offered employment at WAIS must sign an anti-doping statutory declaration prior to confirmation of their employment.
- 4.8** WAIS Performance Enhancement Division staff induction includes appropriate education of all policy within this framework.
- 4.9** WAIS Performance Enhancement Division staff is provided at least biennial education of all policies listed in this framework.
- 4.10** WAIS Performance Enhancement Division staff is required to confirm their understanding of all zero tolerance policies within this framework on an annual basis and all other policies on a biennial basis.

#### **5. Responsibilities to this Policy**

- 5.1** The WAIS Board is responsible for monitoring compliance with this framework.
- 5.2** The Executive Director is responsible for policy reporting requirements to the WAIS Board.
- 5.3** The Performance Team Directors are responsible for ensuring all staff education and understanding of policy (excluding staff code of conduct) is completed.
- 5.4** The Administration manager is responsible for ensuring staff education of the staff code of conduct is completed.