

WAIS CHALLENGE PODIUM PERFORMANCE CENTRE (CPPC) PROGRAM

‘INVITED’ and ‘GUEST’ swimmers

‘INVITED’ SWIMMERS

General Information

At any time, an eligible swimmer may request with their current home coach to swim with the CPPC squad for some of the training sessions. The current home coach will follow the “Process for Consideration” as outlined at the end of this document before the athlete is officially invited to train. The duration of the invitation period shall be a minimum of two (2) months with the number of weekly training sessions to be determined on an individual basis by the CPPC Head Coach. At the end of the two month period, the Head Coach will conduct an individual athlete review and, in conjunction with the swimmer’s current home coach, recommend the best training environment moving forward.

If an invited swimmer is failing to meet the required standards of the CPPC squad at any time, the Head Coach will discuss this with the swimmer and their current home coach. This may result in immediate removal from the CPPC squad.

To be eligible for invitation, swimmers must:

- Reside in Western Australia
- Be a current registered member of a Swimming WA affiliated swimming club
- Meet the “Factors Assessed By Coaches” (see below)
- Meet the age criteria outlined in the CPPC Selection Criteria document or have a birthday during the invitation period that will then meet the age criteria.
- Sign a WAIS ‘Training Agreement’

Nationality

The priority for the WAIS / Swimming Australia / Swimming WA HPTC model is to drive improved podium level results for Western Australian swimmers at international benchmark events. As such:

- Selection priority will be allocated Australian citizens or athletes who can demonstrate an application for citizenship is in place
- Swimmers not meeting the above requirement will be assessed by the CPPC Selection panel to determine suitability and value to program

FACTORS ASSESSED BY COACHES

The following factors will be considered as part of the process for selecting swimmers who are invited to swim alongside the CPPC, under the direction of the CPPC Head Coach.

1. Potential to Progress

a) Physical

- Health
- Ability to meet training demands
- Current performance level

b) Technical

- Technique (as rated by CPPC Head Coach)
- Ability to make technical corrections

c) Psychological

- Emotional maturity to train in 'elite' environment
- Motivation to continually improve

d) External

- Attendance record
- Ability to manage external commitments (school, university, work etc.) without compromising training

2. Personal Excellence

- Discipline
- Positive attitude
- Respect to program, team mates and coaches

Notes:

- Evidence from previous training environments will be sourced to determine the suitability of the athlete as an invited swimmer
- Consideration of 'Potential to Progress' and 'Personal Excellence' factors detailed above may be taken into account over and above any performance measures

PROCESS FOR CONSIDERATION AS AN INVITED SWIMMER

The process for consideration as an invited swimmer is as follows:

1. Swimmer discusses with current home coach their desire to be considered as an invited swimmer to the CPPC squad.
2. Current home coach communicates with the swimmer regarding their suitability as an invited swimmer with the CPPC squad.
3. Current home coach discusses invitation of swimmer with the CPPC Head Coach.
4. CPPC Head Coach makes decision regarding invitation, completes the 'Invitation Template' and informs the swimmer, club and WAIS of the decision.
5. Athlete to sign a WAIS 'Training Agreement'.
6. Paperwork submitted to WAIS.

**INVITATION TEMPLATE
WAIS CHALLENGE PODIUM PERFORMANCE CENTRE (CPPC)**

Swimmers Name:

Age:

Current Home Coach:

Invitation Date:

<i>To be completed by the CPPC Head Coach.</i>	1	2	3	4	COMMENT
	Well below standard	Below Standard	Acceptable	Above Standard	
POTENTIAL TO PROGRESS					
Physical <ul style="list-style-type: none"> • Health • Ability to meet training demands 					
Technical <ul style="list-style-type: none"> • Technique • Ability to make technical corrections 					
Psychological <ul style="list-style-type: none"> • Emotional maturity to train in 'elite' environment • Motivation to continually improve 					
External <ul style="list-style-type: none"> • Attendance record • Ability to manage external commitments without compromising training 					
PERSONAL EXCELLENCE					
<ul style="list-style-type: none"> • Discipline • Positive attitude • Respect to program, team mates and coaches 					

CPPC HEAD COACH

Name:

Signature:

Date:

CURRENT HOME COACH

Name:

Signature

Date:

INVITATION TEMPLATE
WAIS CHALLENGE PODIUM PERFORMANCE CENTRE (CPPC) - continued

Agreed allocated training days and times for swimmer to swim with the CPPC:

Day	CPPC Training time(s) AM	CPPC Training time(s) PM
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

CPPC HEAD COACH

Name:

Signature:

Date:

CURRENT HOME COACH

Name:

Signature

Date:

Swimmer Contact Details

NAME:

DATE OF BIRTH:

ADDRESS:

PHONE NUMBER:

EMAIL ADDRESS:

Emergency Contact Details

NAME:

RELATION TO SWIMMER:

PHONE NUMBER:

EMAIL ADDRESS:

'GUEST' SWIMMERS

General Information

On occasions, swimmers from overseas or interstate may request to train in the Challenge Podium Performance Centre. All requests will be considered individually, on a case by case basis.

The WAIS Technical Performance Team Director in consultation with SAL and SWA will be responsible for the approval of guest swimmer applications. The primary factor in approval of guest swimmer status will be the benefit the swimmer can bring to the CPPC environment.

All guest swimmers will be required to sign a 'WAIS Training Agreement'.