

THE YEARBOOK OF THE WESTERN AUSTRALIAN INSTITUTE OF SPORT

# THE WESTERN AUSTRALIAN INSTITUTE OF SPORT 2007/2008 YEARBOOK AND ANNUAL REPORT





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# PREMIER'S FOREWORD



ALAN CARPENTER MLA: PREMIER

FROM THE PREMIER OF WESTERN AUSTRALIA and WAIS PATRON, The Hon Alan Carpenter MLA  $\,$ 

The State Government recognises and values the important role of the Western Australian Institute of Sport (WAIS) in the development of our elite sportsmen and sportswomen.

The Institute has demonstrated the value of providing specialist coaching, world class facilities and opportunities for our top athletes to train and develop in a professionally supported environment.

I commend the significant part played by WAIS in preparing athletes for the 2008 Olympics and Paralympics, and congratulate those athletes who have gained selection. On behalf of all Members of the State Government, I wish them every success and I am sure that their events will be followed with particular interest by the people of Western Australia.

The international reputation that has been established by WAIS in the development of elite athletes is attributable in no small way to the Board and members of staff. I congratulate the WAIS Board of Directors, Chairman, Grant Boyce, Executive Director, Steven Lawrence, and the Institute staff for their contribution towards another successful year in the development and support of our elite athletes.

I acknowledge the open and cooperative arrangement that exists between WAIS and the Western Australian Government and look forward to maintaining and developing this positive and constructive relationship.

Western Australia is fortunate in the support it receives from the corporate sector, and I am appreciative of the generous contribution towards WAIS programs and the athletes.

I am mindful also of the great work undertaken by volunteers, including those members of the community who freely provide their services within the huge number of sporting organisations across the State. Many of our elite athletes gained their initial opportunities from these grass roots volunteers and would not have had the opportunity to train with the Institute without the help and assistance that they received from people in their local community.

This Government recognises the importance and value in providing the opportunity for gifted athletes to reach their full potential and will continue to provide its support for the excellent work being undertaken by WAIS.

Finally, I acknowledge that the success of our WAIS programs is attributable also to the dedication and commitment from our elite athletes. Their achievements, along with the international acclaim that accrues to our nation, would not occur without the enormous sacrifices that come from each individual athlete.

Alan Carpenter MLA PREMIER

# CHAIRMAN'S REPORT



GRANT BOYCE: CHAIRMAN

2008 has been an exciting year culminating with the Olympic and Paralympic Games held in Beijing. It is the pinnacle for many sports and a tremendous achievement for those that were fortunate enough to gain selection and compete.

It is also the end of a four year cycle that involves incredible commitment and diligent planning by everyone involved. The year leading up to an Olympic Games is always challenging, exciting and full of surprises for both competitors and the many service providers like coaches, sports scientists and support staff. It is the time when talented athletes find out whether all the hard work has paid off as they compete for selection to represent their country. And at the Olympic and Paralympic Games our athletes compete against the best in the world.

We should also remember that whilst the athletes are the people we cheer for, there are many critical support personnel behind the scenes who do not receive the recognition. In many instances these people show the same commitment and dedication as the athletes they are working with.

This year has been a very successful one for WAIS and our athletes have performed extremely well. Eamon Sullivan's performance in smashing the world 50m freestyle swimming record is just one of the highlights. Detailed within this report are many other outstanding performances.

There are many people who deserve acknowledgement for the success in the past year.

#### State Government and Sponsors

WAIS receives generous support from the State Government and we sincerely thank the Minister for Sport and Recreation, the Hon John Kobelke for his enthusiastic support. The State Government, largely through LotteryWest, raised funds contributed in excess of \$4million to WAIS in 2008 and they have confirmed increased funding amounting to approximately \$4.6million over the next Olympic cycle. I also thank Mr Ron Alexander, the Director General of the Department of Sport and Recreation, and his staff for their valuable assistance and guidance. WAIS is accommodated at Challenge Stadium and our relationship with the WA Sports Centre Trust through Chairman, Graham Partridge, and David Etherton, the Chief Executive Officer, remains as always very beneficial.

#### The Board and Staff

The results that have been achieved this year would not have been possible without the tireless work of the Board and staff.

The Board members volunteer their time and effort willingly and all make a significant contribution to WAIS. It would be remiss not to single out the valuable contribution made by our Deputy Chairman, Mr Mike O'Neill. His experience and guidance are greatly appreciated.

The successes of the WAIS athletes is directly related to the extraordinary efforts of Steve Lawrence and his team who have continued the tradition of WAIS being a leader amongst the State Institutes in Australia. The staff at WAIS are the unsung heroes and I would particularily like to acknowledge the contribution of the management team of Mr Tim Mahon – Program Manager; Mr Martin FitzSimons – Athlete and Coach Services Manager; Mr Kaushik Bhowmick – Finance Manager; and Mr Simon Moore-Crouch – Public Relations Manager.

#### The Future

With the Beijing Olympics over, the planning for the 2012 Olympics to be held in London has now begun. This will provide many challenges for WAIS and there are two that particularly spring to mind.

The first is the commitment of the Federal Government to elite sport in Australia. They are currently conducting a review into the funding of elite sport and that will have an impact on the way we operate in the future. Their stated goal is to improve the efficiency in the elite sports system and we look forward to being a part of that process.

The second issue relates to a lack of infrastructure that is now hampering the level of services that we can provide to our athletes. When WAIS relocated to Challenge Stadium in 1987 we, and therefore our athletes, had access to world class facilities. This is no longer the case and the WAIS Board has submitted proposals to the State Government that, if approved, would see WAIS housed in new premises which would contain world class recovery and rehabilitation facilities. They would also contain larger strength and conditioning facilities and be conducive to ensuring our sports science staff can continue to work at the cutting edge of their fields of expertise. To date we have not been successful in obtaining the funding for this project however we will persevere because failure to provide these facilities will place our athletes at a great disadvantage and will impact on the number of West Australians that achieve Olympic representation in the years to come.

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Grant Boyce CHAIRMAN

# EXECUTIVE DIRECTOR'S REPORT



STEVEN LAWRENCE: EXECUTIVE DIRECTOR

The Olympic Games focus the attention of Australians on international sport like no other event. It is also fair to say that the preparations for an Olympic and Paralympic Games creates within the various Australian sport institutes, such WAIS, a level of intensity of effort beyond the norm. The return for WAIS staff and athletes effort has been a very strong contribution to the WA representation on both the Olympic and Paralympic teams. The WA target level of representation is set at a level equivalent to our states population as a percentage of Australian population, 10 per cent. WA representation at both Games will be beyond this level. The quality of the WA athletes within the Australian teams indicates that a strong percentage of Australians returning home with medals will return to WA.

In addition to WAIS programs our staff have provided significant support to many national teams as they have prepared for the Games. The demand for WAIS staff involvement outside of their WAIS duties is a reflection of the high regard others have for their knowledge, skills and experience. Of particular note is the support to the national hockey teams. WAIS staff have helped prepare these teams for international competition from their WA base since 1985.

The assessment of our organisational performance by such an explicit measure as WA representation on national teams is important. However, so is the recognition that many other organisations and persons at a home, local community, state, interstate and a national level contribute to the performances of WAIS athletes as members of the Australian team. The real success of WAIS is in its ability to value add to a truly national effort.

This report will be the last within the current strategic plan. The Board has already commenced preparations for the construction of a new four year plan. The basis for this plan will be found in the current plan which has been successful in supporting the development of WAIS at a rate which has kept us largely on pace with national and international sport training trends.

#### **Partnerships**

The number and quality of partnerships that WAIS currently has meet our requirements and expectations. In particular our partnerships with sport, the State Department of Sport and Recreation and the WA Sports Centre Trust remain central to our operational intent, direction and capacity and are greatly valued.

The WAIS commitment to a partnership approach remains stronger than ever. The relative size of our nation by any measure, other than land area, to our major competitors is small, therefore, efficiency of effort is an absolute requirement. Central to achieving efficiency in a federated national system is the alignment and coordination of all our available resources. For this to occur a new model of leadership for our national sport system is required.

WAIS is therefore supportive of the Federal Government's announcement of a national sport system review as it provides the opportunity for discussion, debate and clarification of the way forward for Australian sport. WAIS will actively participate in the review as a stakeholder committed to enhancing the ongoing evolution of the Australian sport system. WAIS remains strongly committed to the National Elite Sports Council and its role in providing a forum for interchange and coordination within our national system.

The last year saw the formalisation of our 24 year relationship with the University of Western Australia. The signing of the MOU between WAIS and UWA to work towards the development of a sport science research, education and training centre is an exciting development. This partnership provides the opportunity for WA to remain at the forefront of sport science research and application into the future.

#### Staffing

The quality and commitment of the WAIS staff remains at an extremely high level. Staff turnover has reduced over the past year as the focus has intensified on the end goal of this Olympiad. The Board has maintained its commitment to its goal of attracting and retaining staff through remuneration scale changes commensurate with market forces. Quarterly staff surveys of organisational culture and climate have indicated a continued positive working environment and also provided direction for areas of improvement. The work of the staff values committee is recognised in supporting the continual enhancement of the WAIS environment.

#### **Internal Processes**

The need for continual evolution of processes to ensure our staff has the required information to support timely and appropriate decision making continues to be a challenge. The rate of technological change and the continually increasing amount of information available and/or required to make leading edge decisions has meant our objectives in this area are yet to be achieved. However, there has been a measurable improvement in our processes that should be acknowledged while work continues in this area.

#### Finance

WAIS has been able to secure additional funding with the support of the Minister for Sport and Recreation to help offset athlete travel costs for national selection events. This increase, effective from 1 July 2008, along with the previously approved increases to the WAIS State Government grant places the organisation in a strong position to partner sporting organisations through the next Olympiad to London.

#### Infrastructure

Unfortunately infrastructure is an area that continues to be of increasing concern for WAIS. Proposals to the State Government for financial support to build appropriate scientific, strength training and recovery facilities for a national class sports institute in the past two budget cycles have been declined. We now sit on the verge of a situation where lack of appropriate facilities will directly impact the ability of WAIS to achieve its objectives. Waiting for failure to drive change is not a strategy that successful organisations contemplate. Therefore, not surprisingly, the WAIS Board and management team are developing new strategies to secure the infrastructure to ensure WAIS can remain a successful organisation for the benefit of the state and the nation.

As we enter the new Olympiad the opportunities and challenges that are before WAIS will only stimulate the highly capable and passionate staff to even higher levels of achievement. I look forward to the continuing opportunity to work with Board, staff and partners, in this environment, for the benefit of Western Australian champions of the future

Steven Lawrence EXECUTIVE DIRECTOR

### WAIS BOARD



MR GRANT BOYCE (CHAIRMAN)



MR RON ALEXANDER



MS MEREDITH EDDINGTON



MR STEVEN LAWRENCE (EXECUTIVE DIRECTOR)



MS AMANDA WHEELER



MS JENNY MORRIS



MR MICHAEL O'NEILL (DEPUTY CHAIRMAN)



REV. ANDREW SYME



MRS FIONA TORY

### PURPOSE

To provide opportunities for talented Western Australian athletes to achieve excellence in elite sport with support from their home environment.

### VISION

### To Produce Champions

### GUIDING PRINCIPLES

The philosophies guiding WAIS operations are defined by the following principles.

#### Principle 1 International Focus

WAIS will allocate resources to support the ultimate attainment of elite athlete performance at the open international level.

#### Principle 2 Western Australian Significance

WAIS will focus its efforts on assisting athletes competing in sports that are culturally significant to the Western Australian community. WAIS will also be cognisant of local infrastructure and environmental factors potentially influencing elite and potential elite athlete training and competition performance.

#### Principle 3 Partnerships

WAIS recognises that it is a specialist provider to sport and must act in partnership with sport. WAIS will allocate resources to enhance the support provided by sports to their athletes. Partnerships should reflect an inclusiveness of Western Australia in the national system.

#### Principle 4 Community Values

WAIS will maintain community values in all aspects of its operation. This includes the right and responsibility of athletes to train and compete in a fair, ethical, healthy and safe environment. WAIS also recognises that its athletes are role models for the community and therefore must reflect community values and contribute to the community.

### Organisational Values

Organisational culture is core to WAIS achieving long term sustainable success. Our culture is defined by valuing people and excellence in all aspects of our operations.

### GOALS

- 1. To maximise Western Australian representation on Australian Teams.
- 2. To enhance the performance of Australian Teams.

# KEY PERFORMANCE INDICATOR'S

- 1. WAIS athlete representation on Australian Teams.
- 2. WAIS athlete World-Class\* performance.
- \*Top eight individual or top four multiple athlete performance in selected major event

### KEY RESULT AREAS

WAIS has identified five key result areas that are critical to fulfilling our purpose. These KRA's therefore provide focus for our strategic direction.

#### **Partnerships**

WAIS requires partnerships with the sporting community, government and other stakeholders in order to access resources and knowledge to enhance its operations and opportunities for our elite athletes.

#### **Internal Processes**

WAIS requires effective and efficient internal processes to ensure organisational resources are directed and implemented to deliver maximum output towards its purpose.

#### Finance

WAIS is dependent upon finances to purchase and deliver the vast majority of required resources, both human and physical, to achieve its purpose.

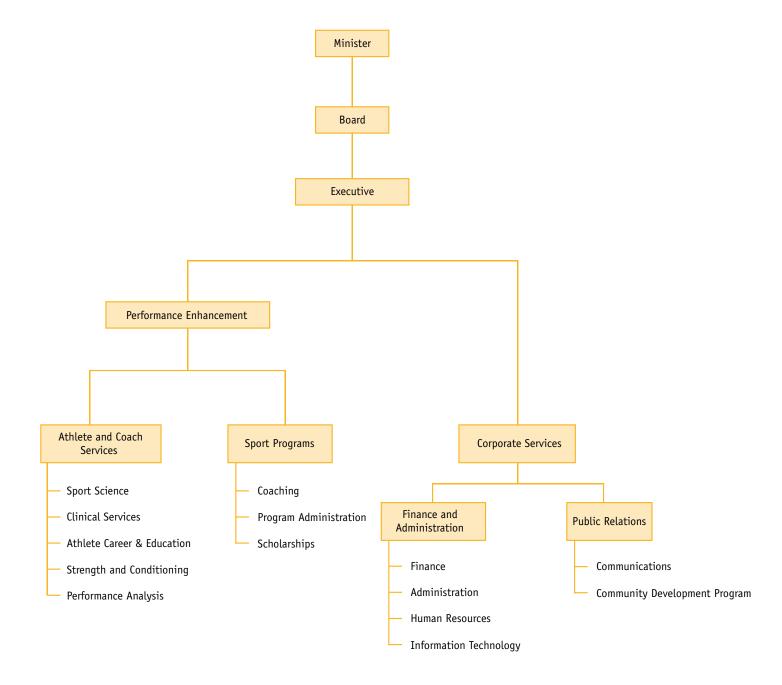
#### Staffing

As a service organisation focused on delivering quality services to athletes, WAIS requires staff who are capable of enabling the organisation to achieve its objectives.

#### **Infrastructure**

To enable and deliver services to athletes, WAIS requires access to suitable infrastructure.

### WAIS STRUCTURE



## WAIS STAFF

#### **EXECUTIVE**

**Executive Director** Steven Lawrence

Executive Assistant/Events Coordinator

Natalie Graham

Administration Assistant

Lorren Portolan (commenced 10/03/2008)

#### FINANCE AND ADMINISTRATION

Finance and Administration Manager

Kaushik Bhowmick

Finance and Administration Officer Carly Pollock (resigned 15/10/2007)

Honnie Dobber (commenced 17/12/2007, maternity leave 21/06/08)

Kristin Chabrel (commenced 23/06/08)

Human Resources Officer

Vanessa Gilbert (part-time) (maternity leave 28/2/07)

Receptionist

Kristin Chabrel (moved to Finance 23/06/08)

Jessica Roberts (commenced 30/06/08)

#### INFORMATION TECHNOLOGY

Software Developer

Adrian Broughton

#### **PUBLIC RELATIONS**

Public Relations Manager

**Stephanie Neesham** (maternity leave 20/10/07)

Simon Moore-Crouch (commenced 1/10/07)

Marketing Assistant

Marisa Leddin (resigned 11/01/08)

Public Relations Officer

Chris Abbott (commenced 25/02/08)

#### **PROGRAMS**

Sport Programs Manager

Tim Mahon

**Program Coordinators** 

Andrew Smith

Brian Glencross (part-time) **Ruth Prenter** 

Simon Jones (commenced 16/01/08)

Lucy Warhurst (resigned 31/10/07)

### **Coaching Staff**

Athletics

Lyn Foreman, Head Coach - Track Grant Ward, Head Coach - Field

Alex Parnov, Head Coach - Pole vault

Baseball

Don Kyle, Head Coach

Canoeing

Ramon Andersson, Head Coach (part-time)

Darryl Benson, Head Coach

Gymnastics

Elizabeth Chetkovich, Head of Gymnastics

Nikolai Lapchine, Senior Coach Martine George, Senior Coach

Vladimir Joura, Coach

**Dhana Antulov**, Coach

Carly Brockis, Coach (casual)

Tatiana Lapchina, Choreographer/Coach (part-time)

Heidi Rose, Coach (casual)

Salli Wills, Coach (casual)

Caroline Wright, Coach (casual)

Hockey (Men)

David Bell, Head Coach

Hockey (Women)

Neil Hawgood, Head Coach

Michelle Wilkins, Head Coach

Antonio Maurogiovanni, Head Coach

Jason Lane, Senior Coach

Gonzalo Briones, Junior Development Coach (resigned 06/09/07)

**Sean Leyland**, Junior Development Coach (commenced 14/11/07)

Belinda Stowell, Head Coach

Softhall

Kere Johanson, Head Coach

Water Polo (Men)

Andrei Kovalenko, Head Coach

Water Polo (Women)

Peter Szilagyi, Head Coach

#### ATHLETE AND COACH SERVICES

Athlete and Coach Services Manager

Martin FitzSimons

Technical Officer

David Gould (resigned 30/05/08)

Placement Student

Nikki Brown

#### **Sport Science**

**Exercise Physiologists** 

Ted Polgaze

Claire Rechichi (part-time)

Matthew Spencer (resigned 27/07/07)

Ben Dascombe (commenced 27/8/07)

Sport Psychologists

Heather McGregor-Bayne

Matthew Burgin

**Biomechanists** 

**Andrew Lyttle** 

Matthew Doyle

PhD Candidates

Frankie Tan

Matt Keys



#### **Strength and Conditioning**

Head of Strength and Conditioning **Gilman Barnitt** 

Strength and Conditioning Coaches Greg Morgan Naruhiro "Geish" Hori

#### **Athlete Career and Education**

Athlete Career and Education Co-ordinator **Heather McGregor-Bayne** 

Athlete Career and Education Counsellor **Kristy Warrick** (resigned 18/1/08) **Jennifer Marsh** (commenced 14/1/08)

Athlete Career and Education Training Officer **Tim Chambers** 

### **Clinical Services**

Medical Co-ordinator **Dr Carmel Goodman** (part-time)

Nutritionist **Deborah Kerr** (part-time)

# HALL OF CHAMPIONS



INAUGURAL LEGEND INDUCTEE HERB ELLIOTT ACCEPTING THE AWARD FROM THE MINISTER FOR SPORT & RECREATION, HON. JOHN KOBELKE



MICHELLE HAGER ACCEPTING THE AWARD FROM THE MINISTER OF SPORT & RECREATION, HON. JOHN KOBELKE



RICHARD LONGLEY (LUC LONGLEY'S FATHER) ACCEPTING THE AWARD FROM THE MINISTER OF SPORT & RECREATION, HON. JOHN KOBELKE

The Western Australian Hall of Champions perpetuates the achievements of Western Australia's best athletes. Entrance to the Hall signifies that the athlete has achieved at the highest level of their sport in a manner befitting a champion.

At the 2007 Annual Dinner, champion middle distance runner Herb Elliott was named as Western Australia's first "Legend" of sport.

The new category of membership in the Hall of Champions was launched to recognise WA sporting champions whose achievements have inspired and motivated others, and whose standing and renown have not diminished, and in many cases grown, over the years. It recognises and salutes the enduring contribution of these athletes whose names will always be synonymous with the highest level of sport.

Herb Elliott, born in Perth on 25th February 1938, was one of the World's greatest ever middle distance runners, Elliott set world records for the mile and the 1500 metres in 1958 and won the gold medal for the 1500 metres at the 1960 Rome Olympic Games. He was undefeated over both distances from 1957 to his retirement in 1961.

Two new Champions were also inducted into the Hall. They were: Michelle Hager (Hockey) Luc Longley (Basketball)

Michelle Hager, born in East Fremantle on 3rd October 1966, had a long and decorated hockey career in both National and International competition. Hager represented her country 130 times including the 1988 and 1992 Olympic Games. The midfielder won a gold medal at the Seoul Games and played with distinction in the 1992 Olympic Games in Barcelona where Australia finished fifth. Her international career spanned eight years between 1985 and 1992.

Luc Longley, born in Melbourne on 19th January 1969, is considered one of the finest Australian basketball exports of all time. Longley represented the Australian Boomers in three Olympic campaigns (1988, 1992 and 2000) as well as playing 567 NBA games for the Minnesota Timberwolves, Chicago Bulls, Phoenix Suns and New York Knicks. The centre won three championships with the Bulls, playing alongside the legendary Michael Jordan. Longley's stellar NBA career averaged 7.2 points and 4.9 rebounds per game.

The selection committee for the Hall of Champions comprises Ken Casellas, Liz Chetkovich, Alan East, David Hatt (Chairman), Glenn Mitchell, Pam O'Connell, Wendy Pritchard and Ray Wilson. The members of the committee provide their time and expertise freely and without recompense and the Board extends its sincere appreciation for their assistance.

# **OBITUARY**



### JOHN WINTER 3 Dec 1924 – 5 Dec 2007

John Winter was a trailblazer in Western Australian Sport. At the 1948 London Olympic Games Winter won our State's first Olympic gold medal when he beat more favoured American rivals in the high jump. He followed that success with a gold medal at the Commonwealth Games in Auckland in 1950.

Named a Foundation Member of the Hall of Champions in 1984, John Winter dominated Australian high jumping in the years following World War II using the relatively new eastern cut-off leaping style. Winter won the National Championship in 1947, 1948 and 1950. In 1947 he also won the Helms Award as the outstanding athlete of Australasia.

John Winter was not only an historic figure in Western Australian sport but was also a highly respected one, both for his undoubted quality in International competition and his generous demeanour in his long association with athletics. He will be sadly missed by the sporting community in general and at the Western Australian Institute of Sport and the Western Australian Olympic Council in particular.



# ATHLETE SCORECARD 2007

			KPI – NATIONAL TEAM (AT BENCHMARK EVENT)			KPI – WORLD CLASS PERFORMANCE *	
OLYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	WAIS% AUST NO	WAIS ACTUAL	WAIS% AUST NO	
Aquatics - Diving	ISS	0	0	0%	0	0%	
Aquatics - Swimming	Program	6	6	12%	4	7%	
Aquatics - Synchronised Swimming	ISS	0	0	0%	0	NA	
Aquatics - Water Polo - Men	Program	4	3	23%	0	NA	
Aquatics - Water Polo - Women	Program	3	3	23%	3	23%	
Archery	ISS	0	0	0%	0	NA	
Athletics - Pole Vault	Program	3	4	80%	0	NA	
Athletics - Track & Field	Program	5	2	5%	0	NA	
Badminton	ISS	0	0	0%	0	NA	
Baseball	Program	3	4	17%	Event not	considered WC	
Basketball	ISS	0	2	8%	Event not	considered WC	
Boxing	ISS	0	0	0%	0	0%	
Canoe/Kayak - Slalom	ISS	2	1	9%	1	100%	
Canoe/Kayak - Sprint	Program	2	3	15%	0	0%	
Cycling – Mountain Bike & BMX	ISS	2	3	19%	1	100%	
Cycling - Road	Program	1	0	0%	0	0%	
Cycling – Track	Program	3	5	28%	3	27%	
Equestrian	ISS	2	2	25%	1	100%	
Fencing	ISS	0	0	0%	0	NA	
Football	ISS	2	2	10%	0	NA	
Gymnastics - Artistic - Men	ISS	1	0	0%	0	NA	
Gymnastics - Artistic - Women	Program	2	2	33%	0	NA	
Gymnastics - Rhythmic	ISS	0	0	NA	0	NA	
Gymnastics - Trampoline	ISS	0	0	0%	1	100%	
Handball	ISS	0	0	0%	0	NA	
Hockey - Men	Program	2	2	11%	Event not	considered WC	
Hockey - Women	Program	2	4	22%	Event not	considered WC	
Judo	ISS	0	0	0%	0	NA	
Modern Pentathlon	ISS	0	0	0%	0	NA	
Rowing	Program	8	8	14%	2	7%	
Sailing	Program	3	7	21%	0	0%	
Shooting - Pistol	ISS	0	0	0%	0	NA	
Shooting - Rifle	ISS	0	0	0%	0	0%	
Shooting - Shot Gun	ISS	0	0	0%	0	0%	
Softball	Program	1	0	0%	Event not	considered WC	
Table Tennis	ISS	0	0	0%	0	NA	
Taekwondo	ISS	1	1	6%	0	0%	
Tennis	ISS	1	1	13%	0	NA	
Triathlon	ISS	1	0	0%	0	0%	
Volleyball - Beach	ISS	1	0	0%	0	0%	
Volleyball - Indoor	ISS	0	0	NA	Event not	Event not considered WC	
Weightlifting	ISS	0	0	0%	0	NA	
Wrestling	ISS	0	0	0%	0	NA	
TOTAL		48	53	10.4%	16	10.5%	

<sup>\*</sup> Target 10% of Australian world class performance

		KPI – NATIONAL TEAM (AT BENCHMARK EVENT)			KPI – WORLD CLASS PERFORMANCE *	
NON OLYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	WAIS% AUST NO	WAIS ACTUAL	WAIS% AUST NO
Netball	Program	1	0	0%	0	0%
TOTAL		1	0	0%	0	0%
PARALYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	WAIS% AUST NO	WAIS ACTUAL	WAIS% AUST NO
Athletics	ISS	N/A	N/A	N/A	M/A	N/A
Basketball	ISS	4	5	21%	Event not considered WC	
Cycling	ISS	2	2	13%	6	15%
Equestrian	ISS	N/A	N/A	N/A	N/A	N/A
Judo	ISS	N/A	N/A	N/A	N/A	N/A
Power Lifting	ISS	N/A	N/A	N/A	N/A	N/A
Rowing	ISS	N/A	N/A	N/A	N/A	N/A
Sailing	ISS	3	3	43%	4	80%
Shooting	ISS	N/A	N/A	N/A	N/A	N/A
Swimming	ISS	N/A	N/A	N/A	N/A	N/A
Table Tennis	ISS	N/A	N/A	N/A	N/A	N/A
Tennis	ISS	N/A	N/A	N/A	N/A	N/A
WheelChair Rugby	ISS	1	1	9%	Event not	considered W
TOTAL		6	6	17.6%	10	22.2%
GRAND TOTAL		55	59	10.6%	26	12%

<sup>\*</sup> Target 10% of Australian world class performance



# CHAMPIONS BREAKFAST



CHAMPIONS BREAKFAST AWARD WINNERS

The Western Australian Institute of Sport continued their newest tradition in May when high achieving staff and athletes were recognised at the Institute's second Champions Breakfast.

The 2008 edition of the breakfast followed the lead of the inaugural function, with 200 guests convening at the University Club at the University of Western Australia to see eight awards presented to those who epitomise WAIS's values of people and excellence.

Guest speaker reigning WAIS Athlete of the Year and current world record holder in the 50m freestyle Eamon Sullivan reflected on his own career, in particular the significant injury setbacks he has faced and how that has helped turn him into the world's best sprinter.

It was an appropriate segue to the first section of awards, which were four awards recognising athlete achievements over the past 12 months. The Minister for Sport and Recreation, the Hon. John Kobelke was in attendance to present these awards:

Athlete Career and Education Excellence - Andrea Gilmore (Netball)

Junior Athlete of the Year - Josie Tomic (Cycling)

Disabled Athlete of the Year - Katrina Porter (Swimming)

Triumph Award - Sally Robbins (Rowing)

The second section of awards were presented by WAIS Chairman Grant Boyce and recognised:

Best New Initiative - Gilman Barnitt, Matt Doyle and Antonio Maurogiovanni

Coach of the Year - Darryl Benson (Cycling)

Sport Program of the Year - Women's Artistic Gymnastics

Chairman's Award - Bevan George (Hockey)



MEMBERS OF THE GYMNASTICS SQUAD (PROGRAM OF THE YEAR)



ANDREA GILMORE -ACE AWARD WINNER



SALLY ROBBINS -TRIUMPH AWARD



DARRYL BENSON -COACH OF THE YEAR



KATRINA PORTER— DISABLED ATHLETE OF THE YEAR

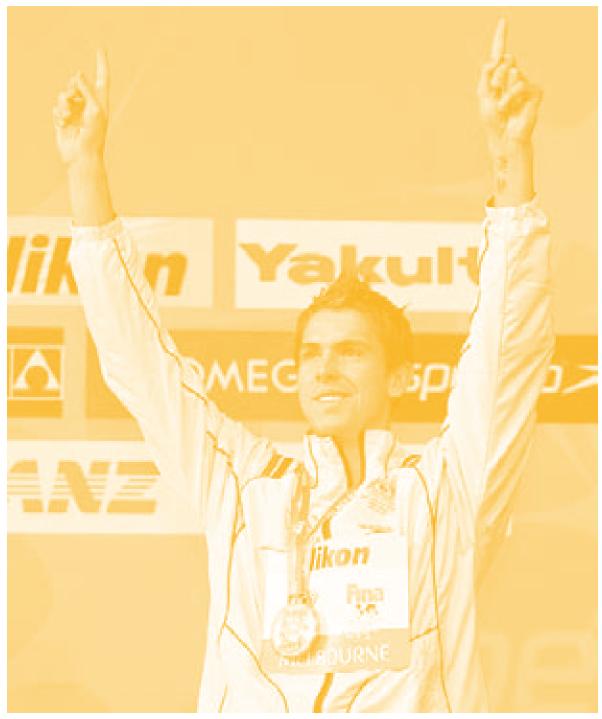


BEST NEW INITIATIVE - ACCEPTED BY GILMAN BARNITT ON BEHALF OF THE TEAM



GYMNASTICS, PROGRAM OF THE YEAR – ACCEPTED BY HEAD OF SPORT LIZ CHETKOVICH

# ATHLETE OF THE YEAR



EAMON SULLIVAN

### 2006/2007 EAMON SULLIVAN

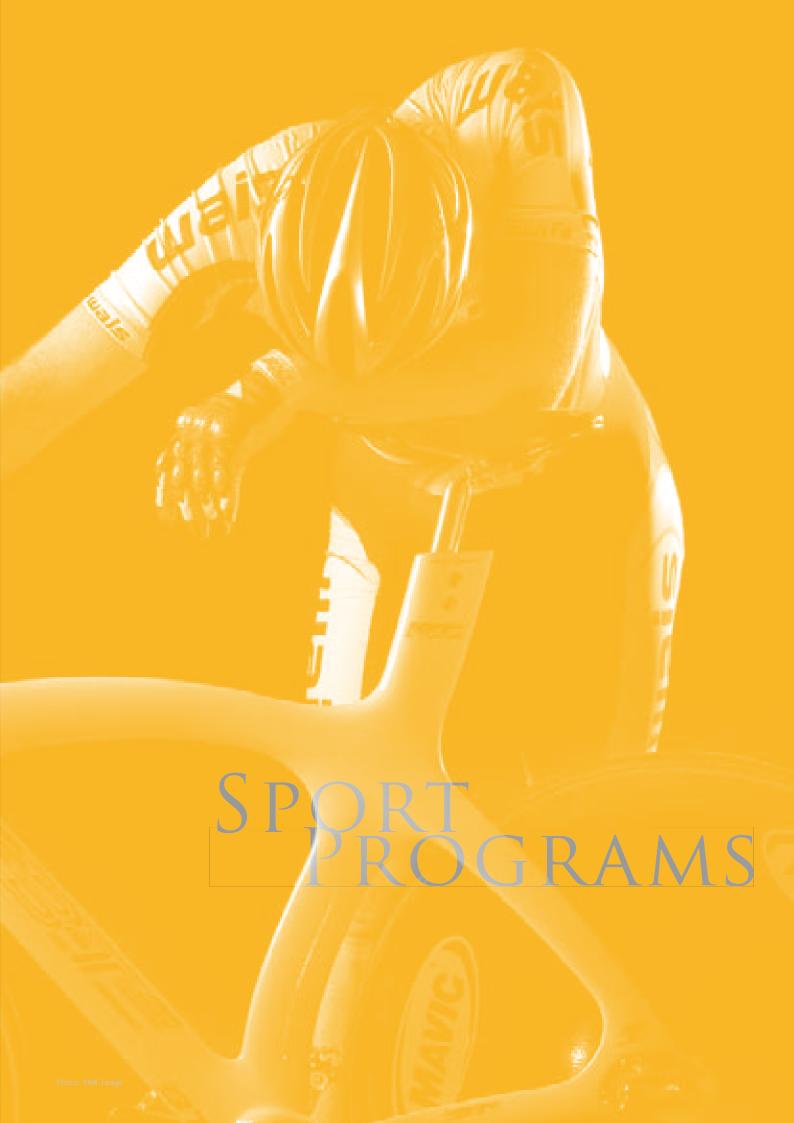
Eamon Sullivan was rewarded for a fantastic year at the 2007 Annual Dinner by being named the 2006/2007 WAIS Athlete of the Year.

The 22 year-old emerged as one of the fastest men in world swimming after claiming two medals at the FINA World Championships in Melbourne in March 2007.

Eamon won an individual bronze in the 100m Freestyle as well as relay gold after he anchored the Australian 4x100m Medley Relay team to victory in front of a home crowd.

The World Championship gold was one of a total of seven gold medals the Grant Stoelwinder protégé won at international meets throughout the year, while to cap a fantastic 12 months, he also broke both the Australian long and short course records in the 50m Freestyle.

Sullivan beat fellow finalists Robin Bell, who won a World Championship bronze medal in slalom canoeing, and Gemma Beadsworth, who won a World Championship silver medal in water polo, to take home the honour that has been awarded to the highest achieving athlete at WAIS since the Institute's inception 23 years ago.



# WAIS COACHES



## SPORT PROGRAMS

Any year immediately preceding an Olympic Games is somewhat hectic: where individual strategies and program operations are finely tuned; where time is of the essence; and where an athlete's dreams and aspirations start to become a reality. 2007/08 again saw all WAIS programs continue to maximise their opportunities to ensure WAIS athletes were given every chance to achieve performance and personal goals.

For 2007/08, WAIS continued to provide support in 15 programs over 12 sports: Athletics (Track & Field); Athletics (Pole Vault); Baseball; Canoeing (Flat-Water); Cycling; Gymnastics (Women's Artistic); Hockey (Men); Hockey (Women); Netball; Rowing; Sailing; Softball; Swimming; Water Polo (Men); and Water Polo (Women).

These WAIS programs continued to enjoy productive working relationships with our national, state and club partners. This allowed WAIS to continually supplement and add value to athlete pathways through the establishment of individualised daily training environments for targeted athletes. Such partnership arrangements ensure a WAIS program complements, rather than duplicates, existing high performance

Bi-annual Joint Management Committee meetings with our partners were held for all WAIS programs. These meetings allowed partners to formally report on: the achievement of WAIS program targets; the progress of WAIS athletes over that time frame; the continual development in enhancing a sport's high performance system; and the professional development opportunities for WAIS coaches. Such a forum allowed any outstanding issues within these four areas to be highlighted, discussed and strategies for resolution developed.

2007/08 saw WAIS representation in Australian teams and the achievement of world class performances continue to exceed our target. Fifty three Western Australian athletes who represented their country at Olympic benchmark events (World Championships or comparators) were WAIS supported. These athletes accounted for 11% of all Australian athlete top eight (individual) and top four (team) results at these events. The individual athlete contributions by sport to these excellent results are documented elsewhere in this report.

WAIS again recognised the achievements of our athletes and coaches at our annual Champions Breakfast. From a programs viewpoint, it was pleasing to recognise Head Cycling Coach Darryl Benson as WAIS Coach of the Year whilst the Gymnastics Program, under the leadership of Liz Chetkovich, won the coveted WAIS Program of the Year. Such awards are always difficult to choose considering the high quality of nominations.

A crucial factor in the success of our athletes is the quality of our staff, their attention to detail and their willingness to continue to seek knowledge. Through individualised staff development programs, WAIS continued to provide opportunities for all programs staff to keep abreast with world class practices. Many of these activities were undertaken with the support and assistance of the Department of Sport and Recreation and the Australian Sports Commission whose continued assistance is much appreciated and acknowledged.

With some staff leaving WAIS to pursue other opportunities, WAIS was again fortunate during the year to secure replacement staff of equal experience and stature; ex-UK Cycling endurance coach Simon Jones relocated from Manchester to assume the role of Senior Program Coordinator for Swimming, Canoeing and Baseball, replacing Lucy Warhurst who accepted the position as Program Coordinator with the Athletics program at the Australian Institute of Sport; ex-Canadian rowing coach Sean Leyland was appointed Junior Development Rowing Coach replacing Gonzalo Briones, who vacated this position to relocate back to New South Wales. On behalf of the WAIS, I thank Lucy and Gonzalo for their work, involvement and efforts; WAIS is better off for their involvement.

The WAIS Individual Scholarship Scheme continued to support WA athletes in their sporting and life endeavours, both within and outside recognised WAIS programs. WAIS allocated a total of \$402,000 for additional support to a total of 179 targeted athletes, \$127,000 of which was directed to 51 athletes participating in Olympic and Paralympic sports/disciplines outside WAIS programs.



L-R: LIZ CHETKOVICH, TIM MAHON, BRIAN GLENCROSS, ANDREW SMITH, SIMON JONES & RUTH PRENTER

### Individual Scholarship Program

The WAIS Individual Scholarship Scheme has supported 179 athletes over the past year, highlights of achievements include Olympic qualification for eight individual scholarship holders and to date, 13 have been selected in the Australian Paralympic squad.

Outside the WAIS programs, the ISS supports sports such as: Badminton; Basketball; Boxing; Canoeing (Slalom); Cycling (BMX); Diving; Elite Athlete with a Disability (EAD) – Cycling, Equestrian, Power-lifting, Swimming, Wheel-Chair Basketball, Wheel-Chair Rugby; Fencing; Gymnastics (Men's Artistic); Gymnastics (Rhythmic); Equestrian; Ice Skating; Shooting; Soccer (Women); Taekwondo; Tennis; Triathlon; Weightlifting. These athletes continue to benefit with the servicing and support WAIS can give, be it overseas or when back home.

Natasha Cocker (Diving) won a silver medal in a FINA World Cup event, Peter Robinson (Triathlon) claimed a top ten World Cup finish, Collette McCallum (Football) was part of the Australian team that reached the quarter finals of the Women's FIFA World Cup and Kynan Maley (slalom canoeing) finished in the top ten in the Olympic qualifiers.

#### ROBIN BELL (CANOEING - SLALOM)

Olympian Robin Bell has had a big year in the lead up to what will be his third Olympic campaign when he represents Australia in Beijing.

Bell had a busy start to the season with three world cup events in July. The first ICF World Cup event in Prague, Czech Republic was a successful event for Bell, with the top ranked Australian finishing fourth out of a field of 40. The second world cup event was hosted in Tacen, Slovenia, with Bell finishing one spot further back in fifth. Bell finished the world cup season with a strong second place in Ausburg, Germany, setting a strong time against a quality field.

Bell contested the ICF Canoe/Kayak Slalom World Championships in Foz do Iguassu, Brazil in September. Bell picked up a bronze medal providing further evidence he will be a medal prospect in Beijing.

Bell secured his Olympic spot in March after finishing second in the Oceania Championships in Sydney. Bell claimed silver behind reigning World Champion, Michal Martikan of Slovakia, but earned his spot by being the fastest Australian.



ROBIN BELL

### CASEY DELLACQUA (TENNIS)

Casey Dellacqua is rapidly becoming a super star of Australian tennis after a fantastic 12 month period saw the 23 year-old burst into the top 50 on the WTA rankings.

Dellacqua was the darling of the 2008 Australian Open after a whirlwind first week that saw her reach the fourth round. Dellacqua looked set for a first round exit, losing the first set to Italian Karin Knapp before a dramatic fight back saw her clinch the deciding third set 8-6. Dellacqua again required three sets in defeating 15th seed Patty Schnyder, who herself was a former semi finalist. Dellacqua's big moment came on centre court in round three when she claimed a momentous victory over former world number one and 2006 Australian Open Champion, Amelie Mauresmo. Her run ended in the fourth round in straight sets against third seed Jelena Jankovic.

Dellacqua again impressed in the 2008 French Open knocking out ninth seed Marion Bartoli of Italy on her way to the third round. It was in the doubles that Dellacqua would create headlines. Partnering Francesca Schiavone, Dellacqua reached the final of the French Open doubles, but lost in three sets to their Spanish opponents.

Dellacqua also enjoyed a strong campaign at Wimbledon reaching the third round in the singles and the semi finals in the doubles, partnered with Nathalie Dechy of France. The pair was defeated in the semi final by the imposing partnership of the Williams sisters.

The biggest honour of 2008 still awaits Casey Dellacqua, after she was named to represent Australia in the singles and doubles competitions at the 2008 Beijing Olympic Games.



CASEY DELLACQUA

#### NICOLE CALLISTO (BMX)

20 year-old Nicole Callisto will make history at the Beijing Games by being one of the first group of female Australian BMX athletes to compete, when BMX makes its Olympic debut in China.

Callisto competed in a World Cup event in Beijing, China last year, finishing seventh. She also finished sixth in a World Cup event in Frejus, France later in the year. In 2008, Callisto finished seventh in a World Cup meet in Adelaide, and just two months out from the Games, she suffered a broken elbow after a race fall in a World Cup event in Denmark. Callisto made a full recovery and will be hoping to add an Olympic medal to the National Title she won in 2005. Callisto was named Australian female BMX rider of the year for 2007.

#### ROBYN VAN NUS (SHOOTING)

Robyn Van Nus has qualified for the 50m Rifle – 3 position and the 10m Air Rifle at the Beijing Games.

Van Nus – who will make her Olympic debut in China – finished first in the 3 position and third in the 10m Air Rifle at the 2007 Oceania Championships in Sydney. Van Nus also returned a strong result at the 2007 Singapore Open Championships finishing fifth in a good field.

More recently, Van Nus has been busy finalising her preparations ahead of the Games at the Melbourne International Shooting Centre in Victoria, where she is coached by her mother, Tricia Van Nus.

#### <u>Australian representatives</u>

#### **BADMINTON**

2008 Thomas/Uber Cup & Oceania Championships, Leisha Cooper

Noumea, New Caledonia

2008 Peru International, Lima, Peru 2008 Pan Am International 2008, Miami, USA

#### **BASKETBALL**

2007 Oceania Qualification Tournament, Auckland, New Zealand Carly Wilson

2007 Opals Europe & USA Tour, Europe/USA 2007 Opals Taiwan and China Tour, Taiwan/China

2007 World University Games, Bangkok, Thailand Samantha Richards

2007 Opals USA Tour, USA

2007 Oceania Qualification Tournament, Auckland, New Zealand

2008 American Bicycle Association, Reno, Nevada Khalen Young 2008 American Bicycle Association, Guthrie, Oklahoma

Nicole Callisto \* 2007 UCI Supercross World Cup, Beijing, China

2007 UCI BMX World Championships, Victoria, Canada 2008 UCI BMX Supercross World Cup, Fréjus/Roc d'Azur, France 2008 UCI BMX Supercross World Cup, Adelaide, Australia 2008 UCI BMX Supercross World Cup, Copenhagen, Denmark

Tanva Bailev \* 2007 UCI Supercross World Cup, Beijing, China 2007 UCI BMX World Championships, Victoria, Canada

2008 UCI BMX Supercross World Cup, Fréjus/Roc d'Azur, France 2008 UCI BMX Supercross World Cup, Adelaide, Australia 2008 UCI BMX Supercross World Cup, Copenhagen, Denmark 2008 UCI BMX World Championships, Taiyuan, China

#### **CANOE SLALOM**

Robin Bell \* 2007 ICF Slalom Racing - World Cup, Tacen, Slovenia

2007 ICF Slalom Racing – World Cup, Ausburg, Germany 2007 ICF Canoe/Slalom World Championships,

Foz do Iguassu, Brazil

2008 Australian Open - World Series 1, Sydney, Australia

2008 Oceania Championships, Sydney, Australia

2008 ICF Slalom Racing – World Cup, Prague, Czech Republic 2008 ICF Slalom Racing – World Cup, Tacen, Slovenia

2008 Pan American Championships, Charlotte, USA 2008 ICF Slalom Racing – World Cup, Prague, Czech Republic 2008 Oceania Championships, Sydney, Australia Kynan Maley \*

2008 Oceania Championships, Sydney, Australia 2007 Slovak Open, Bratislava, Slovakia Robin Jeffery \*

2007 Australian Youth festival, Sydney, Australia Natasha Cocker

2007 Grand Prix, Zhuhai, China 2007 Grand Prix, Madrid, Spain 2007 Grand Prix, Rome, Italy

#### **FOLIFSTRIAN**

2008 Badminton Horse Trials, Badminton, UK **Clayton Fredericks** 

2008 FEI World Cup Qualifier, Fontainebleau, France

2008 FEI World Cup Qualifier, Chatsworth, UK

Lucinda Fredericks 2008 FEI World Cup Qualifier, Fontainebleau, France 2008 FEI World Cup Qualifier, Chatsworth, UK

#### FENCING

2008 Junior World Cup, Budapest, Hungary 2008 Junior World Cup, Basel, Switzerland James Lewis

2008 Junior World Cup, Gothenburg, Sweden

2008 World Junior & Cadet Championships, Acireale, Italy **Sutherlan Scudds** 

Collette McCallum \* 2007 Olympic Qualifier, Hong Kong, Hong Kong

2007 Olympic Qualifier, Coffs Harbour, Australia 2007 Olympic Qualifier, Kaohsiung, Chinese Taipei

2007 Olympic Qualifier, Pyongyang, DPR 2007 Women's World Cup, China

2008 AFC Women's Asian Cup, Ho Chi Minh City, Vietnam

2008 Peace Cup, Suwon, South Korea

#### ICE DANCING

2007 NRW Trophy, Dortmund, Germany **Evgueni Borounov** 

2007 Golden Spin of Zagreb, Zagreb, Croatia 2008 Four Continents Championships, Seoul, Korea

2007 NRW Trophy, Dortmund, Germany Maria Borounov

2007 Golden Spin of Zagreb, Zagreb, Croatia

2008 Four Continents Championships, Seoul, Korea 2008 ISU World Junior Figure Skating Championships, Sofia, **Matthew Precious** 

Bulgaria

2007 Cup of Vienna - ISU Junior Grand Prix, Vienna, Austria

#### **MEN'S ARTISTIC GYMNASTIC**

Martin Jozwiak 2007 Australia v Japan, Brisbane, Australia 2007 World University Games, Bangkok, Thailand Ian Greenwell

#### RHYTHMIC GYMNASTICS

Janine Murray 2008 Pacific Rim Championships, California, USA 2008 Pacific Rim Championships, California, USA **Chloe Hayes** 

Pam McKenzie 2007 Oceania Championships, Sydney, Australia

2007 International Grand Prix, Sydney, Australia 2008 Munich Open, Munich, Germany

2008 Hungarian Open, Gyor, Hungary

2007 Oceania Championships, Sydney, Australia 2008 Munich Open, Munich, Germany Robyn Van Nus

2008 Hungarian Open, Gyor, Hungary 2008 ISSF World Cup, Munich, Germany 2008 ISSF World Cup, Milan, Italy

#### **TAEKWONDO**

2007 Oceania Regional Olympic Qualification Championships, Noumea, New Caledonia Tina Morgan \*

2008 German Open, Hamburg, Germany 2008 Spanish Open, Alicante, Spain

2007 Oceania Regional Olympic Qualification Championships, Amy Ash \*

Noumea, New Caledonia

2008 Dutch Open, Eindhoven, Holland 2008 German Open, Hamburg, Germany 2007 World University Games, Bangkok, Thailand

2008 Spanish Open, Alicante, Spain

2008 7th World Junior Taekwondo Championships, Izmir, Turkey **Catherine Dawson** 

2007 Asian Junior Championships, Amman, Jordan

2007 US Open, New York, USA Casey Dellacqua \*

2007 Wimbledon, London, UK

2008 Australia Open, Melbourne, Australia

2008 French Open, Paris, France

2008 Federation Cup - Group I, Asia/Oceania, Bangkok, Thailand

2007 US Open, New York, USA Jessica Moore \*

2007 US Junior Open, New York, USA 2008 Australian Open, Melbourne, Australia 2008 Australian Junior Open, Melbourne, Australia 2008 Junior Championships, Wimbledon, London, UK 2008 Rolland Garros Junior Championships, Paris, France

2008 Federation Cup - Group I, Asia/Oceania, Bangkok, Thailand

#### **TRIATHLON**

Peter Robertson \*\* 2008 ITU World Cup, Ishigaki, Japan

#### **WEIGHTLIFTING**

2008 Oceania Senior and Junior Championships, **Robert Galsworthy** 

Auckland, New Zealand

2008 Junior World Weightlifting Championships, Cali, Columbia

#### Elite athletes with a disability

#### CYCLING

Claire McLean 2007 UCI Paracycling World Championships, Bordeaux, France

2007 UCI Paracycling Regional Ciup, Cali, Colombia

2007 Paralympic World Cup, Manchester, UK

Mark Le Flohic 2007 UCI Paracycling World Championships, Bordeaux, France

#### **EOUESTRIAN Sharon Jarvis**

2007 Para-Dressage World Championships, Hartpury, UK

#### **SWIMMING** Katrina Porter

Shaun Norris

2007 CanAm Championships, Vancouver, Canada Jeremy McClure 2007 CanAm Championships, Vancouver, Canada 2007 CanAm Championships, Vancouver, Canada Jeremy Tidy

### WHEELCHAIR BASKETBALL

Clare Burzynski 2008 Osaka Cup, Osaka, Japan 2008 Roosevelt Cup, Georgia, USA

2008 North American Cup, Alabama, USA

Justin Eveson 2008 4 Nations Invitational Tournament, Osnabrück, Germany

2008 Great Britain Tour of Australia, Perth/Sydney, Australia

2008 North America Cup, Birmingham, USA

2008 4 Nations Invitational Tournament, Osnabrück, Germany **Bradley Ness** 2008 Great Britain Tour of Australia, Perth/Sydney, Australia

2008 4 Nations Invitational Tournament, Osnabrück, Germany 2008 Great Britain Tour of Australia, Perth/Sydney, Australia 2008 4 Nations Invitational Tournament, Osnabrück, Germany Michael Hartnett

2008 Great Britain Tour of Australia, Perth/Sydney, Australia 2008 North America Cup, USA, Birmingham, USA

2008 Great Britain Tour of Australia, Perth/Sydney, Australia

Nang Nguyen **Brett Nicholson** 2008 Great Britain Tour of Australia, Perth/Sydney, Australia

#### WHEELCHAIR RUGB

2007 Chris Handy Cup, Invercargill, New Zealand **Grant Boxall** 

2008 International Wheelchair Rugby Series, Australia 2008 Canada Cup, Burnaby, British Columbia, Canada

\* AIS / WAIS ATHLETES, \*\* WAIS / AIS ATHLETES





KYLIE WHEELER

The WAIS athletics program enjoyed some solid success, with both junior and senior athletes winning National titles. Three athletes were named in the Australian Track and Field team for the 2008 Beijing Games in August.

**Steve Hooker** kicked off the year by competing in the IAAF World Athletics Tour in Athens, Greece. Hooker justified his standing as one of the world's premier pole vaulters, claiming the win with a top jump of 5.85m.

Hooker was joined by his WAIS training partner **Paul Burgess** later in July as the pair competed in the Lausanne Atheltissima in Switzerland. Burgess finished second with a top jump of 5.75m, with Hooker close behind in third with a best effort of 5.70m.

Young pole vault star, **Vicky Parnov** was also in the action during July, competing in the World Youth Championships in Astrava, Czech Republic. Parnov displayed maturity beyond her years in claiming the title with a best jump of 4.35m.

The WAIS pole vaulters were again the main attraction in August at the elite IAAF World Championships in Osaka, Japan. Hooker suffered a number of near misses in finishing ninth, whilst 16 year-old Parnov failed to qualify for the final, but took away greater experience after competing against the best female pole vault talent in the world.

Hooker was back in form in September during the 5th IAAF World League Finals in Stuttgart, Germany with a best jump of 5.81m earning him a third place finish. Parnov competed in the Yokohama Super Meet in Japan, winning another title, clearing 4.00m.

**Ellen Pettitt** claimed a victory in the high jump and equaled her personal best in the 2008 Canberra Athletic Classic in January. Pettitt earned gold with a jump of 1.91cm.

Pettitt backed up her impressive early season form with a win in the Sydney Grand Prix in February. Pettitt recorded a best jump of 1.82cm. **Kim Mickle** was a narrow second in the javelin throwing 57.64m. Athens Olympian **Kylie Wheeler** scored a second place finish in the long jump with a best leap of 6.46m. Wheeler also scored well in other events throughout the competition.

Hooker claimed a victory in the Melbourne Grand Prix in late February. Hooker jumped 5.85m.

The Athletics Olympic selection trials commenced in late February and entered into early March. **Jodie Henry** ran second in the 100m sprint, but failed to achieve the needed A standard time for Olympic qualification. **Warrick Cregan** finished third in the 110m hurdles.







Mickle finished second in the Javelin throw, whilst Lyndsay Pekin finished second in the 400m hurdles. Pettitt couldn't convert her early season form into Olympic qualification, finishing third in the high jump. Kyle Rasti showed enormous potential for the future in finishing second in the Decathlon. Kylie Wheeler reinforced her standing as the countries leading hepthalete, winning the heptathlon with a score of 6087 points, which doubled as an A qualifier.

Steve Hooker won the pole vault with a best jump of 5.55m, which was below the high standards he had set earlier in the season. Vicky Parnov finished second with a jump of 4.20m, but couldn't achieve an A qualifier. Miranda Tiong finished fifth.

Following the conclusion of National Titles, Paul Burgess was granted a pre-nomination, pending proving his fitness ahead of Beijing. Kylie Wheeler was nominated for her second Olympic campaign after winning a national title and achieving the necessary A qualifier. Steve Hooker had already been pre-selected into the Australian squad after good form in 2007.

Vicky Parnov qualified for the World Junior Championships after winning the Under-23 National Championships in March with a best jump of 4.35m. Parnov's younger sister, **Liz Parnov** secured second place with a superb effort of 3.85m, a fine jump from the 13 year-old. **Matei Tzvetanov** claimed second in the men's Under-23 with a best jump of 4.60m.

Thomas Brennan finished second in the high jump, Lyndsay Pekin won the 400m sprint and claimed silver in the 400m hurdles, Larrisa Perry claimed the junior long jump and qualified for the World Junior Championships. Pettitt finished second in the high jump and Zoe Timmers won the Under-20 high jump, and was named in the World Junior Championships squad, after Athletics Australia expanded its travelling squad. US based pole vaulter, Rachel Birtles was also included in the Australian World Junior Championships squad after solid form on the American circuits.

#### **Coaches**

Lyn Foreman Head Coach (Track)
Alex Parnov Head Coach (Pole Vault)
Grant Ward Head Coach (Field)

#### Individual Scholarship Holders

Paul Burgess Felipe De Castro Cruz Steve Hooker Kimberley Mickle Vicky Parnov Lauren Shelley Matei Tzvetanov Warwick Cregan Oliver Dziubak Kym Howe Benjamin Offereins Ellen Pettitt Chris Troode \* Kylie Wheeler

### Elite Squad Members Paul Burgess

Felipe De Castro Cruz Steve Hooker Kimberley Mickle Vicky Parnov Lauren Shelley Matei Tzvetanov Warwick Cregan Oliver Dziubak Kym Howe Benjamin Offereins Ellen Pettitt Chris Troode\* Kylie Wheeler

#### Development Squad Members

Jared Bezuidenhout Ebony Cope Christopher Johnson Michael Leask Lyndsay Pekin Kyle Rasti Zoe Timmers Steven Tucker Rachel Birtles Jody Henry Kieran King Liz Parnov Brittany Pettitt Tahnee Reynolds-Hopkins Miranda Tiong

\* AIS / WAIS Athletes

Service Providers		Australian Representativ	
Brian Glencross	Program Coordinator	Rachel Birtles	2007 IAAF World Youth Championships,
Gilman Barnitt	Strength & Conditioning	D 1 D	Ostrava, Czech Republic
Greg Morgan	Strength & Conditioning	Paul Burgess	2007 Athens Grand Prix, Athens, Greece 2007 Norwich Union Britain Grand Prix,
Ted Polglaze Andrew Lyttle	Physiologist Biomechanist		Sheffield, England
Heather McGregor-Bayne	Psychologist		2007 IAAF World Athletics Tour, Athens,
Carmel Goodman	Doctor		Greece
Chris Perkin	Physiotherapist		2007 Athletissima, Lausanne,
Jocelyn Young	Physiotherapist		Switzerland
Heather McGregor-Bayne	ACE Coordinator	Warwick Cregan	2008 Sydney Athletics Grand Prix,
Tim Chambers	ACE Counsellor	Oliver Dziubak	Sydney, Australia 2008 Melbourne Grand Prix Meet,
		7 1 11	Melbourne, Australia
Major Title Winners Oliver Dziubak	2007 Drug Free Track and Field Classic,	Jody Henry	2008 Melbourne Grand Prix Meet, Melbourne, Australia
otiver berabak	Javelin, Perth, Australia	Steve Hooker	2007 Athens Grand Prix, Athens, Greece
Steve Hooker	2007 Athens Grand Prix, Pole Vault,		2007 Athletissima, Lausanne,
	Athens, Greece		Switzerland
	2007 Norwich Union Britain Grand Prix,		2007 Norwich Union Britain Grand Prix,
	Pole Vault, Sheffield, England		Sheffield, England
	2007 Jockgrim meet, Pole Vault,		2007 Heculis - Monaco, Monaco, Monaco 2007 Jockgrim meet, Jockgrim, Germany
	Jockgrim, Germany 2007 Folksam Grand Prix, Pole Vault,		2007 Folksam Grand Prix, Gothenburg,
	Gothenburg, Sweden		Sweden
	2007 IAAF World Athletics Tour,		2007 IAAF World Athletics Tour, Athens,
	Pole Vault, Athens, Greece		Greece
	2007 IAAF World Youth Championships,		2007 IAAF World Championships, Osaka,
	Pole Vault, Ostrava, Czech Republic		Japan
	2008 Melbourne Grand Prix Meet,		2007 Wetklasse Zurich, Zurich, Switzerland
	Pole Vault, Melbourne, Australia 2008 National Open Championships,		2007 ISTAF Berlin, Berlin, Germany
	Pole Vault, Brisbane, Australia		2007 5th IAAF World Athletics Final,
Kym Howe	2007 26 Meeting de Atletismo,		Stuttgart, Germany
<b>.</b>	Pole Vault, Madrid, Spain		2008 Melbourne Grand Prix Meet,
Kimberley Mickle	2007 Drug Free Track and Field Classic,		Melbourne, Australia
Paniamin Offersins	Javelin, Perth, Australia		2008 IAAF World Indoor Championships, Valencia, Spain
Benjamin Offereins	2007 Drug Free Track and Field Classic, 100m, Perth, Australia	Kym Howe	2007 Golden Gala, Rome, Italy
Vicky Parnov	2007 IAAF World Youth Championships,	Ny Noe	2007 26 Meeting de Atletismo, Madrid,
rieng rainer	Pole Vault, Ostrava, Czech Republic		Spain
	2007 IAAF World Youth Championships,		2007 Paris International Grand Prix,
	Pole Vault, Ostrava, Czech Republic		Paris, France
	2007 Yokohama Super Meet, Pole Vault,		2007 IAAF World Championships, Osaka,
	Yokohama, Japan	Kimberley Mickle	Japan 2008 Sydney Athletics Grand Prix,
	2007 Drug Free Track and Field Classic, Pole Vault, Perth, Australia	Killibertey Mickle	Sydney, Australia
	2008 Canberra Athletics Classic,	Benjamin Offereins	2008 Melbourne Grand Prix Meet,
	Pole Vault, Canberra, Australia		Melbourne, Australia
	2008 Under 20&23 Championships,	Vicky Parnov	2007 IAAF World Youth Championships,
London B. L.	Pole Vault, Gold Coast, Australia		Ostrava, Czech Republic
Lyndsay Pekin	2008 Under20&23 National Championships, 400m, Gold Coast,		2007 IAAF World Championships, Osaka, Japan
	Australia		2007 Yokohama Super Meet, Yokohama,
Larissa Perry	2008 Under20&23 National		Japan
g	Championships, Long Jump, Gold Coast,		2008 Sydney Athletics Grand Prix,
	Australia		Sydney, Australia
Ellen Pettitt	2007 Drug Free Track and Field Classic,	Larissa Perry	2008 Sydney Athletics Grand Prix,
	High Jump, Perth, Australia	Eller Dettitt	Sydney, Australia
	2008 Sydney Track Classic, High Jump,	Ellen Pettitt	2008 Sydney Athletics Grand Prix,
	Sydney, Australia 2008 Canberra Athletics Classic,	Lauren Shelley	Sydney, Australia 2007 Tokyo Women's International
	High Jump, Canberra, Australia	Lauren Snettey	Maratho, Tokyo, Japan
	2008 Sydney Athletics Grand Prix,	John Steffensen	2007 Athletissima, Lausanne,
	High Jump, Sydney, Australia	<del></del>	Switzerland
Zoe Timmers	2008 Under20&23 National	Kylie Wheeler	2007 IAAF World Championships, Osaka,
	Championships, High Jump, Gold Coast,		Japan
C. T. 1	Australia		2008 Sydney Athletics Grand Prix,
Steven Tucker	2007 Drug Free Track and Field Classic,		Sydney, Australia
Kylie Wheeler	100m, Perth, Australia 2007 Drug Free Track and Field Classic,	Coaching Achievements	
Kytic Wilectel	Loo, Drug rice flack allu fletu Ctd551C,	couching Acilievements	

**Coaching Achievements** 

Alex Parnov

Head Coach Pole Vault 2008 World Indoor ChampsPole Vault

2007 Drug Free Track and Field Classic, Long Jump, Perth, Australia 2008 National Open Championships,

Heptathalon, Brisbane, Australia

## BASEBALL

The WAIS Baseball Program produced another successful year with strong performances from both junior and senior teams, with the Perth Heat claiming the Claxton Shield and the under 16 side victorious in the National Championships.

The year started positively with WAIS well represented at the MLB/AAP Camp in the Gold Coast in July. Scholarship holders Corey Adamson, Warwick Saupold, Nathan Driessen and Jacob Beard all attended the camp.

Jacob Beard led the country in the batting statistics with a 0.417 average in 17 games where he had 35 at bats with 15 hits which included two doubles and five runs batted in.

Nathan Driessen starred on the mound pitching in 10 games where he had two wins and no losses. He pitched 17 innings where he gave up only seven hits, no earned runs and three walks while striking out 17 batters on his way to a 0.000 ERA which led the country.

August focused on the future of the WAIS Baseball Program with Luke Shipway, Reece Thompson and Thomas Bailey all offered WAIS memberships. All three athletes were selected from the BWA Winter Development Program.

Spring brought with it selections for the Western Australian Under-16 and Under-18 squads and the naming of the 2007-08 Barbagallo Perth Heat team.

Mitchell Williams, Jake White, Corey Adamson, Luke Shipway and Thomas Bailey were selected in the Under-16 State Team to play in Nationals in January, whilst Christian Wise, Jason Fisch, Warwick Saupold, Dean Brendon, Steven Burnham, Jacob Beard, Christopher Lofthouse and Reece Thompson were all selected in the Under-18 State Team.

WAIS members Luke Hughes, Allan de SanMiguel, Tim Kennelly, Liam Hendriks, Brendan Wise, Mark Kelly, Scott Mitchinson, Cameron Lamb, Warwick Saupold and Nathan Driessen, Matthew Kennelly plus WAIS graduates Brendon Thomas, Dean White, Liam Baron, Brandon Dale, Ben Risinger, Andrew Kyle, Daniel Floyd, Lachlan Dale and Aaron Ottaway were selected in the Barbagallo Perth Heat Team and all played a part in defeating the Chinese Taipei National Team 2-1 in a three game series. The same squad played a four match series against the Canadian National Team plus a three game series against the NSW Patriots, which Perth Heat won 2-1.

The Under-16 state side claimed victory in the National Championships in January, whilst the Under-18's narrowly missed out on a hattrick of national crowns finishing third. The Perth Heat defeated SA and VIC to secure a playoff series against NSW in the Claxton Shield grand final.

The Perth Heat had a series win defeating NSW 2-0 in February's Claxton Shield Final. WAIS pitcher Liam Hendriks won Rookie of the Year along with fellow WAIS pitcher Mark Kelly who won the MVP for player of the series

March hosted the annual awards for Baseball WA. WAIS pitcher Liam Hendriks won the Under 21 player of the year award plus the Fireman's award, where he pitched 15.2 flawless innings with a 0.000 ERA. Utility player Tim Kennelly won the slugging percentage award with a 0.670 average.

WAIS athletes Luke Hughes, Mark Kelly, Brendon Wise, Scott Mitchinson and Liam Hendriks along with graduates Mitchell Graham, Andrew Kyle and Ben Risinger were all invited to tryout for the Australian Senior team in preparation for the Olympic Qualifier in Taiwan.

Luke Hughes, Mark Kelly, Brendon Wise, Scott Mitchinson, Liam Hendriks and Ben Risinger all gained selection and played in the Olympic Qualifier where Australia finished fourth, with only the top three earning qualification.



PROGRAM PARTNERS



Infielder Luke Hughes finished second in the batting averages for the Australian team with a 0.500 average with 10 hits and five runs batted in playing in all six games.

WAIS players **Daniel Schmidt**, Nathan Driessen, **Steven Burnham**, Jason Fisch, Warwick Saupold, Dean Brendon, Reece Thompson, Corey Adamson, Jake White plus talent identified athletes **Jordan Dyer**, **Cameron Glendinning** and **Lee Robinson** were all invited to attend the MLB/AAP Camp held in Queensland from May to end July 08.

The off season Baseball program commenced during April. Construction work at Baseball Park commenced with a new weights room and shed soon to be added to the facility.

Luke Hughes enjoyed a stellar April, named as the Double A player of the week for the Eastern League. Playing for the New Brittain Rock Cats, Hughes went on a hitting spree, recording nine home runs en route to a .438 slugging percentage.

WAIS athletes had their first session in the new weight room at Baseball Park in May. The baseball program has invested heavily into power bands and kettlebells to complement their regular weights.

Pitcher Brendon Wise was promoted from his High A Ball club the Lakeland Flying Tigers to the Oaklands "A"s double "A" affiliate the Erie Seawolves.

WAIS pitcher Scott Mitchinson rounded off a productive year for the Baseball Program when he was selected to play in the Midwest League All Star game.

#### Coach

Don Kyle Head Coach

#### **Elite Squad Members**

Allan De San Miguel
Luke Hughes
Mark Kelly
Matthew Kennelly
Cameron Lamb
Ben Risinger
Jason Smit
Chris House
Mark Kelly
Tim Kennelly
Scott Mitchinson
Daniel Schmidt
Brendan Wise

#### **Development Squad Members**

Corey Adamson Jacob Beard
Dean Brendon Steven Burnham
Nathan Driessen Jason Fisch
Liam Hendriks Chris Lofthouse
Warwick Saupold Luke Shipway
Reece Thompson Jake White
Mitchell Williams Christian Wise

#### Service Providers

Simon Jones Program Coordinator
Greg Morgan Strength & Conditioning
Ted Polglaze Physiologist
Matthew Burgin Psychologist
Carmel Goodman Doctor
Craig Hewson Physiotherapist
Tim Chambers ACE Counsellor

### <u>Australian Representatives</u>

Luke Hughes 2007 World Cup, Taipei, Taiwan Scott Mitchinson 2007 World Cup, Taipei, Taiwan Ben Risinger 2007 World Cup, Taipei, Taiwan Brendan Wise 2007 World Cup, Taipei, Taiwan



## CANOEING



PROGRAM PARTNERS





REECE BAKER

The WAIS Flatwater Canoeing Program returned another positive set of results for the year, with young athletes continuing to excel under the guidance of Head Coach Ramon Andersson.

Several WAIS athletes attended the World Championships in Duisburg, Germany during August. Lisa Oldenhof finished sixth in the K4 500. This result secured Australia a position in the K4 boat for the Beijing Games. Rachel Simper finished sixth in the B Final (15th overall), while Reece Baker finished sixth in B Final of K2 1000m. WAIS Head Coach Ramon Andersson was a coach on the National team, it was also the largest ever WAIS representation on a National Senior team.

In December the WAIS canoeing program welcomed two new additions in the form of Stephen Bird and Alana Nicholls. Bird re-located from South Africa, where he had a successful junior background, whilst Nicholls made the switch from Surf Ski, after claiming a national title.

Reece Baker and Michael Baker scored a quinella in the K2 1000m at Grand Prix 1 in Canberra in January. Reece Baker paired with Clint Robinson to lead throughout to win comfortably from Michael Baker and his partner Jacob Clear (QAS).

Reece Baker also recorded a solid fourth in the K1 1000m and a seventh place finish in the K1 500m. Rachel Simper paddled a strong race for fourth in the K1 500m, only just shy of second place.

The State Championships were held at the Champion Lakes course for the first time, with Reece Baker convincingly winning both the K1 500m and K1 1000m. In the 1000m event Jesse Phillips finished second and was able to hold off a fast finishing Michael Baker in third. Steven Baker claimed second in the K1 500m with Phillips third.

The K2 500m event was won by Phillips and Bird racing together for the first time. Reece and Michael Baker finished second. Phillips' regular partner Lee Davey contracted glandular fever and was out for the rest of the season allowing the new combination to flourish. The results were reversed in the K2 1000m with Baker and Baker surging to a win.

In February, WAIS athletes enjoyed another successful hit out in the second Grand Prix in Sydney. Nicholls gained a third place finish in the K1 500m, Oldenhof and Simper were eighth and ninth respectively.

Oldenhof won gold as part of the K4 500m, second as part of the K2 500 and also claimed silver in the K2 1000m with Nicholls.

Simper finished second as part of the K4 500m squad. Reece Baker finished fifth (third Australian) in the K1 500m and eighth (fourth

Australian) in the K1 1000m. Baker also competed as part of the K4 1000m, finishing second.

Phillips had a career best regatta, finishing ninth (sixth Australian) in his first A final in the K1 500m and teamed with Bird for a fourth (third Australians) in the K2 500m, the best ever team boat result from an all WAIS crew.

The first selection regatta was held in March with, Oldenhof forming part of the K4 500m squad that claimed victory and also won silver in the K2 500m. Simper placed second in the K4 500m, third in the K2 500m and second in the K2 200m with Nicholls. Nicholls also won the K1 200m.

Reece Baker finished second in the K4 1000m and also finished sixth in the K1 500m. Phillips and Bird finished as the top ranked Australians in the K2 500m, as well as winning the K2 200m and finishing sixth in the K2 1000m.

Jenni Bateman was the second fastest Australian in the K1 1000m, Bateman along with WAIS teammates Oldenhof, Simper, Nicholls and Reece Baker all made the cut for the final round of Olympic selections.

In a controversial result, the K1 500m boat that had been qualified by Alana Nicholls was re-raced after New Zealand lodged an appeal over weed on the course. Nicholls was beaten in the re-run, losing Australia's boat.

Lisa Oldenhof paddled strongly at the final selection trial to earn a spot on the Beijing Olympic team. Simper was in contention, but missed out narrowly.

WAIS was well represented in National teams in addition to Oldenhof's Olympic Selection, with Reece Baker and Alana Nicholls also selected into the Australian Senior team to contest World Cup Regattas. Jesse Phillips, Stephen Bird and Michael Baker were all selected in the National Under-23 team along with WAIS Head Coach Ramon Andersson.

In June, Oldenhof competed in the first World Cup of the season in Szeged, Hungary. Oldenhof claimed a fifth place in the final of the K4 500m and a second in the B Final of the K2 500m. Oldenhof competed in the K4 500m in the second World Cup in Duisburg, Germany. Nicholls, Phillips, Reece Baker and Bird joined up with Oldenhof either as members of the senior or Under-23 team.

WAIS athletes performed well in the third and final World Cup in Poznan, Poland in the final week of June. Phillips and Bird finished seventh in final of the K2 200m and fourth in the B Final of the K2 1000m. Reece Baker was part of the K4 1000m squad that finished sixth. Baker also claimed a win as part of the K2 200m B Final. Nicholls also excelled, finishing eighth in the K1 200m and third in the K2 500m B Final.

It has been another excellent 12 months and the program is now poised with some exciting prospects for the next four years, which will continue to push the Flatwater Canoeing program to better results.

#### Coach

Ramon Andersson

Head Coach

#### **Individual Scholarship Holders**

Michael Baker Reece Baker\*\*
Lee Davey Lisa Oldenhof\*\*
Jesse Phillips Rachel Simper\*\*

#### **Elite Squad Members**

Michael Baker Reece Baker\*\*
Jenni Bateman Lee Davey
Alana Nicholls Lisa Oldenhof\*\*
Jesse Phillips Rachel Simper\*\*

#### **Development Squad Members**

Jenni Bateman Stephen Bird

#### **Service Providers**

Simon Jones Program Coordinator Gilman Barnitt Strength & Conditioning Ben Dascombe Physiologist Heather McGregor-Bayne **Psychologist** Carmel Goodman Doctor Andrew Hayden Physiotherapist Brett Slocombe Physiotherapist Peter Steele Doctor Duncan Sullivan Doctor Deborah Kerr Dietician Heather McGregor-Bayne ACE Coordinator

#### **Major Title Winners**

Alana Nicholls

Rachel Simper

2008 GP 2 K1 200 Penrith, Australia 2008 Oceana/National Champs 08, K1 2008, Penrith, Australia 2008 Oceana/National Champs 08, K2 500, Penrith, Australia 2008 Oceana/National Champs 08, K2 500, Penrith, Australia

#### **Australian Representatives**

Michael Baker 2008 GP 2, Penrith, Australia
Reece Baker 2007 36 ICF Flatwater Racing World,
Duisburg, Germany

2008 GP 2, Penrith, Australia
Jenni Bateman 2008 GP 2, Penrith, Australia
Alana Nicholls 2008 GP 2, Penrith, Australia
Lisa Oldenhof 2007 36 ICF Flatwater Racing World

Duisburg, Germany
2008 GP 2, Penrith, Australia

Jesse Phillips
2008 GP 2, Penrith, Australia
Rachel Simper
2007 36 ICF Flatwater Racing World,

Duisburg, Germany 2008 GP 2, Penrith, Australia

\*\* WAIS/AIS Athletes

## CYCLING



PROGRAM PARTNERS





Peter Dawson claimed a gold medal in the Team Pursuit, Meyer took out the Points Race whilst Sunderland tasted victory in the Kilo.

Australia sent a small team to the fourth and final UCI Track World Cup event held in Copenhagen, Denmark in mid February, with only the Meyer brothers travelling and competing in the Madison.

Western Australian pride was high during the National Track Championships in Sydney, during February. Major performers included Josie Tomic, who won gold in the Individual Pursuit and Team Pursuit. Tomic's WAIS teammate Sarah Kent also featured in the victorious Team Pursuit squad. In a strong performance, Kent also claimed victory in the Under-19 Individual Pursuit. Luke Durbridge's rise to prominence gained momentum with a gold medal effort in the Under-19 Team Pursuit and he also took bronze in the Men's Individual Pursuit. WA was pipped for gold in the men's Team Sprint, with WAIS athletes Ryan Bayley, Scott Sunderland and Jason Holloway having to settle for silver. Bayley also earned silver in the Men's sprint. Duane Johansen performed strongly claiming silver in the men's senior omnium after leading early.

The WAIS cycling program enjoyed an amazing 12 months, with WAIS riders bringing home eight medals, including five gold in Australia's record haul of 12 from the 2007 World Junior Track Championships in Aguascalientes, Mexico. WAIS cyclist Josie Tomic was named the Junior Athlete of the Year and Darryl Benson was crowned WAIS Coach of the Year at the 2008 Champions Breakfast. Tomic and Benson also claimed awards at the 2007 WA Sports Star Awards.

Darryl Benson was named as Track Coach of the Australian Junior Team that travelled to Mexico in August to compete in the World Junior Track Championships. Josie Tomic and Travis Meyer won five gold medals at these Championships, with Tomic setting a new Under 19 World Record in winning the Individual Pursuit. She also claimed gold in the Junior Points Race. Travis Meyer won his three gold medals in the Individual Pursuit, Team Pursuit and Scratch Race, whilst Jason Holloway, Sarah Kent and Jo Butler all medalled in Australia's record haul.

Josie Tomic then won gold at the Junior World Road Championships which followed, taking out the time trial.

WAIS cyclists Ryan Bayley, Cameron Meyer, Scott Sunderland and Travis Meyer all competed at the Oceania Championships in New Zealand during November. AIS/WAIS cyclist Ryan Bayley enjoyed a strong tournament claiming wins in the Men's Sprint and Team Sprint. Sunderland claimed victory in the Kilo event whilst Cameron Meyer won the Points Race and joined his younger brother Travis Meyer in winning gold in the Team Pursuit.

The UCI Track World Cup season commenced in Sydney with Ryan Bayley, **Peter Dawson**, Cameron Meyer, Travis Meyer and Scott Sunderland all representing Australia. Bayley won gold in the Team Sprint and Josie Tomic made her Senior International debut, celebrating the occasion with silver in the women's Team Pursuit.

In December the UCI Track World Cup series moved to Beijing, China with Ryan Bayley, Peter Dawson, Cameron Meyer, Travis Meyer and Scott Sunderland all competing. Cameron Meyer earned bronze in the Points Race.

Los Angeles hosted the third UCI Track World Cup in January with Ryan Bayley, Peter Dawson, Cameron Meyer and Scott Sunderland all competing.

On the road in February, Travis Meyer claimed a great win in New Zealand, taking out the Tour of Wellington to complete a solid month for WAIS cycling.

The 2007 WA Sports Star Awards were held in February with Josie Tomic honoured with the Smarter Than Smoking Junior Sports Star award, whilst her Coach, Darryl Benson was named the KMPG Coach of the Year, edging out fellow WAIS coaches Alex Parnov and Grant Stoelwinder.

Ryan Bayley, Cameron Meyer and Scott Sunderland were selected to represent Australia at the World Track Championships in Manchester, England in late March, where Cameron Meyer continued his excellent consistent form, finishing fourth in the Points Race against a quality field.

After a sensational year, the WAIS cycling program received two awards at the annual Champions Breakfast awards in May, with Josie Tomic being named the Junior athlete of the Year and WAIS mentor Darryl Benson being named Coach of the Year. Tomic was the first Australian cyclist to win gold medals on both track and road in the same year at either senior or junior world championship level. Benson was credited with instilling a high performance culture within his athlete group at WAIS.

After their performances at the National Track Championships, both Luke Durbridge and Sarah Kent were both selected for the World Junior Track Championships in Cape Town, South Africa in July 2008. In May, they also performed well at the National Under-19 Road Championships, with Luke winning the road race and taking third in the time trial, whilst Kent finished third in the Under-19 women's time trial.

The Meyer brothers also enjoyed excellent tour victories on the Road in May, with Cameron claiming a win in the Tour of Japan and Travis winning the Tour of Berlin.

Cycling Australia nominated its Olympic squad in June with Ryan Bayley and Cameron Meyer both listed for the Beijing Games in August. Bayley will compete in the Men's Sprint program, whilst Meyer will target a medal in the Points Race.

Josephine Tomic 2008 Australian Senior Track Coach Championships, Individual Pursuit Darryl Benson Head Coach 3000m, Sydney, Australia 2007 World Junior Road Championships **Individual Scholarship Holders** Road Time Trial, Aguascalientes, Mexico Ryan Bayley Josephine Butler Peter Dawson \* Jason Holloway <u>Australian Representatives</u> Sarah Kent Ben King 2007 Oceania Track Championships, Ryan Bayley Cameron Meyer \* Travis Meyer Invercargill, New Zealand Adam Semple Scott Sunderland \*\* Josephine Tomic 2007 UCI Track World Cup 1, Sydney, Australia 2007 UCI Track World Cup 2, Beijing, **Elite Squad Members** China Josephine Butler Jason Holloway 2008 UCI Track World Cup 3, Sarah Kent Ben Kina Los Angeles, United States Cameron Meyer Travis Mever 2008 World Track Championships, Adam Semple Scott Sunderland Manchester, England Josephine Tomic 2007 World Junior Track Championships, Josephine Butler Aguascalientes, Mexico **Development Squad Members** Peter Dawson 2007 UCI Track World Cup 1, Sydney, Luke Durbridge Michael Fitzgerald Australia Stephen Hall Duane Johansen 2007 UCI Track World Cup 2, Beijing, Camille Pallett Douglas Repacholi China 2008 UCI Track World Cup 3, **Service Providers** Los Angeles, United States Andrew Smith Program Coordinator Michael Fitzgerald 2007 Oceania Championships, Greg Morgan Strength & Conditioning Invercargill, New Zealand Ben Dascombe Physiologist Jason Holloway 2007 World Junior Track Championships, Matthew Doyle Biomechanist Aguascalientes, Mexico Matthew Burgin Psychologist 2007 World Junior Track Championships, Sarah Kent Carmel Goodman Doctor Aguascalientes, Mexico Deborah Kerr Dietician Cameron Meyer 2007 Oceania Track Championships, Kristy Warrick ACE Counsellor Invercargill, New Zealand Jenny Marsh ACE Counsellor 2007 UCI Track World Cup 1, Sydney, Australia Major Title Winners 2007 UCI Track World Cup 2, Beijing, Ryan Bayley 2007 Oceania Track Championships, China Men's Sprint Invercargill, New Zealand 2008 UCI Track World Cup 3, 2007 Oceania Track Championships, Los Angeles, United States Team Sprint Invercargill, New Zealand 2008 UCI Track World Cup 4, 2007 UCI Track World Cup 1, Team Copenhagen, Denmark Sprint, Sydney, Australia 2008 World Track Championships, Peter Dawson 2008 UCI Track World Cup 3, Team Manchester, England Pursuit, Los Angeles, United States Travis Meyer 2007 World Junior Track Championships, 2008 Australian U19 Track Luke Durbridge Aguascalientes, Mexico Championships, Team Pursuit, 2007 Oceania Track Championships, Sydney, Australia Invercargill, New Zealand Sarah Kent 2008 Australian U19 Track 2007 UCI Track World Cup 1, Sydney, Championships, Individual Pursuit Australia 2000m, Sydney, Australia 2007 UCI Track World Cup 2, Beijing, 2008 Australian Senior Track China Championships, Team Pursuit, 2008 UCI Track World Cup 4, Sydney, Australia Copenhagen, Denmark 2007 Oceania Track Championships Cameron Meyer 2007 World Junior Road Championships, Points Race , Invercargill, New Zealand Aguascalientes, Mexico 2007 Oceania Track Championships, Team 2007 UCI Track World Cup 1, Sydney, Camille Pallett Pursuit, Invercargill, New Zealand Australia 2008 UCI Track World Cup 3, Points Scott Sunderland 2007 Oceania Track Championships, Race, Los Angeles, United States Invercargill, New Zealand Travis Meyer 2007 World Junior Track Championships, 2007 UCI Track World Cup 1, Sydney, Team Pursuit, Aguascalientes, Mexico Australia 2007 World Junior Track Championships, 2007 UCI Track World Cup 2, Beijing, Scratch Race, Aquascalientes, Mexico China 2007 World Junior Track Championships, 2008 UCI Track World Cup 3, Individual Pursuit 3000m, Los Angeles, United States Aguascalientes, Mexico 2008 World Track Championships, 2007 Oceania Track Championships, Manchester, England Team Pursuit, Invercargill, New Zealand Josephine Tomic 2007 World Junior Track Scott Sunderland 2007 Oceania Track Championships, Championships, Aguascalientes, Mexico 1000m TT, Invercargill, New Zealand 2007 UCI Track World Cup 1, Sydney, 2008 UCI Track World Cup 3, 1000m TT, Australia Los Angeles, United States 2007 World Junior Road Championships, 2007 World Junior Track Championships, Josephine Tomic Aguascalientes, Mexico Individual Pursuit 2000m, Aguascalientes, Mexico **Coaching Achievements** 2007 World Junior Track Championships, Darryl Benson National Junior Team Track Coach, Points Race, Aquascalientes, Mexico

2008 Australian Senior Track Championships, Team Pursuit, Sydney,

Australia

2007 World Junior Track Championships

<sup>\*</sup> AIS / WAIS Athletes

<sup>\*\*</sup> WAIS / AIS Athletes

# GYMNASTICS









DASHA JOURA

The WAIS Gymnastics program set new standards of excellence over the last 12 months. Two athletes made their international debuts, three athletes were nominated for the Australian Olympic team and the program was awarded the Sports Program of the Year award at the WAIS Champions Breakfast.

In July **Dasha Joura**, **Lauren Mitchell** and **Olivia Vivian** competed for Australia in a tournament against Japan, hosted in Brisbane. Joura won the all-around title, claiming apparatus victories in the Vault and Floor as well as finishing third on the Beam. Mitchell was third all-around finishing second on the Beam and Floor. Vivian took third place on the Un-even bars.

WAIS international level six and eight athletes competed in the Junior National Championships in Brisbane in July. WAIS had a fantastic result winning five gold, two silver and three bronze medals. **Natalia Joura** claimed the all-around title in the international level eight competition.

Joura and Mitchell competed as Australia's first and second ranked gymnasts at the World Championships in Stuttgart, Germany in September. The Australian team scraped through to the final in 11th place with the team not performing to the high level expected. This was Lauren Mitchell's international debut and the 16 year-old earned a fifth place finish in the Beam apparatus final. Dasha Joura finished tenth in the all-around rankings.

Joura and Mitchell remained in Stuttgart for the DTB Cup during October. The DTB Cup was celebrating its 20th anniversary and is one of the oldest and most respected World Cup events. Joura qualified for all four apparatus finals, earning gold on Floor, silver on Bars and bronze on

the Vault. Mitchell claimed silver on the Beam, bronze on the floor and also qualified for the finals on the Bars.

Joura and Mitchell were invited to compete in the Good Luck Beijing Tour test event in November. Joura finished second in the all-around with third place on the Bars and making the finals on the Beam and Floor. Mitchell finished fourth in the all-around with silver in the Beam final.

After a competition lay-off period Joura and Mitchell travelled to Pennsylvania, USA to compete in the Friendship Classic in March. The competition was not of a high standard, but Joura still produced a good quality performance in winning the all-around title, including a win on Bars, and second place finishes on Beam and Floor. Mitchell finished first on the Beam and Floor and took second place in the all-around standings. **Emily Little** made her first international appearance in the Golden State Classic, **Tain Molendijk** and Olivia Vivian also competed.

The Pacific Rim Championships, which are held every second year, combines senior and junior athletes with all major countries attending. In March, four WAIS athletes traveled to San Jose to compete, with Joura, Mitchell, Little and Molendijk all part of the Australian squad. Joura finished third in the all-around with fifth place finishes in the Bars and Beam finals, Joura's best apparatus was a second place finish on the Floor. Mitchell finished fourth in the Bars and also qualified for the Floor final. There was disappointment for Molendijk, who missed out on competing after suffering an injury in the lead-up to the event. Emily Little was 11th in the all-around classifications and finished fifth in the Vault final.

Dasha Joura demonstrated her class in winning a third straight National title, at the National Championships in May. Joura claimed titles in the Vault, Bars and Floor to finish clear in the all-around standings. Lauren Mitchell did well to fight her way back to fourth after faulting on day one of competition. Mitchell claimed silver on the Beam. Emily Little won the Junior National Championship, winning the all-around title after claiming wins in the Beam, Floor and Vault apparatus. Natalia Joura showed her considerable potential in taking out the international level 10 all-around title. Joura was first on Bars, second on Floor and third on Vault. WAIS sent nine competitors and won an incredible 12 of 18 medals on offer.

Dasha Joura was crowned the Australian Gymnast of the Year after the National Championships, whilst WAIS retained its position as the Coaching Team of the Year. The accolades continued in May, with the WAIS Gymnastics program anointed the WAIS Sports Program of the Year at the Champions Breakfast awards.

Joura and Mitchell competed at the Moscow World Cup in Russia in June, with Joura finishing sixth on the Vault and third on Floor. Mitchell claimed a fifth on Bars and fifth on Beam.

Dasha Joura, Lauren Mitchell and Olivia Vivian were all named in the Australian Olympic Team, to travel to Beijing. Of the squad of six, WAIS athletes made up half the team, with Joura and Mitchell the top ranked athletes.

#### <u>Coaches</u>

Liz Chetkovich Head of Gymnastics Martine George Senior Coach Vladimir Joura Senior Coach Senior Coach Nikolai Lapchine Dhana Antulov Coach Tatiana Lapchina Coach/Choreographer Carly Brockis Development Coach Heidi Rose Development Coach Salli Wills Development Coach

#### Individual Scholarship Holders

Daria (Dasha) Joura\*\* Jade Martin Lauren Mitchell\*\* Tain Molendijk Olivia Vivian\*\*

Shanghai, China

Sacramento, USA

Coach 2008, Golden State Classic,

		F 11 1 1 1 1 1 1	
Elite Squad Members	D : (D   ) ]	Emily Little	2008 Australian Championships,
Courtney Barnard	Daria (Dasha) Joura		All Around, Melbourne, Australia 2008 Australian Championships, Vault,
Natalia (Natasha) Joura	Emily Little		Melbourne, Australia
Jade Martin	Lauren Mitchell		2008 Australian Championships, Beam,
Tain Molendijk	Claire Newbury		Melbourne, Australia
Courtney Peoples Olivia Vivian	Jessica Thompson		2008 Australian Championships, Floor,
Otivia vivian			Melbourne, Australia
Davidson and Court Ma	and and	Lauren Mitchell	2007 Australia v Japan, Team, Brisbane,
Development Squad Me		Lauren Fritchett	Australia
Gabrielle Barham	Courtney Barnard		2008 Friendship Classic, Beam,
Gabrielle (Gabby) Beech	Julia Buri		Pottsville, USA
Nikola Chung	Ashley Cooney		2008 Friendship Classic, Floor,
Samarah Demarsonae Stine Helm	Rae Gidley		Pottsville, USA
	Natalia (Natasha) Joura	Claire Newbury	2008 Australian Championships, Team,
Serena Martin	Claire Mooney	otalie itemzaly	Melbourne, Australia
Claire Newbury Jamison Ruscoe	Courtney Peoples Georgia Simpson	Courtney Peoples	2007 National Championships, Team,
Kelsey Smith	Jessica Thompson		Brisbane, Australia
Retsey Sillitil	Jessica Tilollipson		2008 Australian Championships, Team,
Complete Dresident			Melbourne, Australia
Service Providers	Hand of Commenties	Jessica Thompson	2007 National Championships, Team,
Liz Chetkovich	Head of Gymnastics	, , , , , , , , , , , , , , , , , , ,	Brisbane, Australia
Greg Morgan Claire Rechichi	Strength & Conditioning Physiologist		2008 Australian Championships, Team,
Matthew Burgin	Psychologist		Melbourne, Australia
Ken Maquire	Doctor		2008 Australian Championships, Floor,
Joanne Norcott	Physiotherapist		Melbourne, Australia
Deborah Kerr	Dietician		
Alison Slattery	Masseur	Australian Representati	ves
Kristy Warrick	ACE Coordinator	Daria (Dasha) Joura	2007 Australia v Japan, Brisbane,
Jenny Marsh	ACE Coordinator	,	Australia
Jenny Marsh	ACE COOldinator		2007 World Championships, Stuttgart,
Major Title Winners			Germany
Courtney Barnard	2007 National Championships, Team,		2007 DTB Cup, Stuttgart, Germany
courtney barnara	Brisbane, Australia		2007 Good Luck Beijing Tournament,
	2008 Australian Championships, Team,		Beijing, China
	Melbourne, Australia		2008 Friendship Classic, Pottsville, USA
Ashley Cooney	2007 National Championships, Team,		2008 Pacific Rim - Sr, San Jose, USA
Asintey cooney	Brisbane, Australia	Emily Little	2008 Golden State Classic (Junior),
Daria (Dasha) Joura	2007 Australia v Japan, Team, Brisbane,		Sacramento, USA
baria (basila) ooala	Australia		2008 Pacific Rim - Jr, San Jose, USA
	2007 Australia v Japan, All Around,	Lauren Mitchell	2007 Australia v Japan, Brisbane,
	Brisbane, Australia		Australia
	2007 Australia v Japan, Vault, Brisbane,		2007 World Championships, Stuttgart,
	Australia		Germany
	2007 Australia v Japan, Floor, Brisbane,		2007 DTB Cup, Stuttgart, Germany
	Australia		2007 Good Luck Beijing Tournament,
	2007 DTB Cup, Floor, Stuttgart, Germany		Beijing, China
	2008 Friendship Classic, All Around,		2008 Friendship Classic, Pottsville, USA
	Pottsville, USA		2008 Pacific Rim - Sr, San Jose, USA
	2008 Friendship Classic, Vault,	Tain Molendijk	2008 Golden State Classic (Junior),
	Pottsville, USA		Sacramento, USA
	2008 Friendship Classic, Uneven Bars,	Olivia Vivian	2007 Australia v Japan, Brisbane,
	Pottsville, USA		Australia
Natalia Joura	2007 National Championships, Team,		2007 Shanghai World Cup, Shanghai,
	Brisbane, Australia		China
	2007 National Championships,		2008 Golden State Classic (Senior),
	All Around, Brisbane, Australia		Sacramento, USA
	2007 National Championships, Vault,		
	Brisbane, Australia	Coaching Achievements	
	2007 National Championships,	Martine George	Coach 2007, Australia v Japan,
	Uneven Bars, Brisbane, Australia		Brisbane, Australia
	2008 Australian Championships, Team,		Coach 2007, World Championships,
	Melbourne, Australia		Stuttgart, Germany
	2008 Australian Championships,		Coach 2007, DTB Cup, Stuttgart,
	All Around, Melbourne, Australia		Germany
	2008 Australian Championships,		Coach 2007, Good Luck Beijing
	Uneven Bars, Brisbane, Australia		Tournament, Beijing, China
Emily Little	2008 Golden State Classic (Junior),		Coach 2008, Friendship Classic,
. <b>.</b>	All Around, Sacramento, USA		Pottsville, USA
	2008 Golden State Classic (Junior),		Coach 2008, Pacific Rim, San Jose, USA
	Vault, Sacramento, USA	Vladimir Joura	Coach 2007, Shanghai World Cup,
	2008 Coldon State Classic (Junior)		Shanghai, China

Beam, Sacramento, USA

Floor, Sacramento, USA

2008 Golden State Classic (Junior),

2008 Golden State Classic (Junior),

\*\* WAIS/AIS Athletes

Nikolai Lapchine

### HOCKEY MENS

The WAIS Men's Hockey Program for 2007-08 was an unheralded success, with three representatives named in the Australian Olympic Team, and thirteen scholarship holders and one preparatory squad member playing an integral part of the victorious WA Thundersticks team that claimed victory in the AHL.

Bevan George and Aaron Hopkins were both included in the Australian Champions Trophy squad that competed in Kuala Lumpur. George and Hopkins were instrumental in Australia's charge to the final where they fell to Germany 1-0 in the gold medal play-off. In late February, George, Hopkins, Chris Bausor, Graeme Begbie, Matt Boyce, Kiel Brown, Ian Burcher, Jonathon Charlesworth, Brent Dancer, Greg Hearn, Fergus Kavanagh, Travis Taylor, Jason Vuletich and preparatory squad member Sam Pike travelled to Canberra to compete in the Australian Hockey

WA kicked off the tournament with a resounding 5-0 victory over NSW with Hopkins, Kavanagh and Dancer all finding the score sheet. WA continued on its winning ways in round two, defeating Northern Territory 3-0. Kavanagh took his tournament tally to two with a well taken finish. WA suffered an extra time defeat at the hands of South Australia in round three, going down 2-3, with Kavanagh and Brown hitting the target. WA bounced back into form with a 2-1 win over Victoria before recording back to back victories with a 4-2 success over Tasmania, Bausor scoring twice. WA received a set back in round six, losing in extra-time to Queensland 2-3, Kavanagh again on form with two strikes. WA rounded off the group stage with a tight 1-0 win over Canberra. The Thundersticks advanced to the final, after edging out Victoria 2-1 in a tense encounter, and would face reigning champions, Queensland who where looking to wrap up a hattrick of titles. Western Australia gained its revenge over Queensland with a fantastic 4-2 win, with goals to Brent Dancer, Jonathon Charlesworth and Aaron Hopkins, a fitting finale to a fantastic campaign.

Bevan George, Aaron Hopkins, Kiel Brown and Fergus Kavanagh were named in the National Senior Squad at the completion of the AHL with Brent Dancer and Ian Burcher selected in the National Development Squad. WAIS Head Coach, David Bell has been appointed as specialist goal keeping Coach for the national team.

Aaron Hopkins suffered a major blow in his bid to add an Olympic campaign to his Commonweath Games appearance, after he sustained a serious calf muscle injury in the four-nations tournament in Darwin, representing Australia.

Bevan George was honoured at the WAIS Champions Breakfast in May, receiving the Chairman's Award. George continually showed the values of teamwork, leadership and sportsmanship together with displaying a high level of skill both domestically and internationally.

In June, George, Brown and Kavanagh were all selected for 2008 Champions Trophy squad, that competed in Rotterdam, Holland. Australia ensured that it would enter the Beijing Games as gold medal favourites after storming through the competition and defeating Spain 4-1 in the final. Following on from their Champions Trophy success, George, Brown and Kavanagh were officially selected for the 2008 Beijing Olympic Games in July, capping off a productive year for the WAIS men's Hockey program. Aaron Hopkins calf injury prevented the courageous veteran from earning selection for Beijing, but despite the disappointment, Hopkins handled the decision with professionalism and grace.

The National Under 21 Championship was held in Darwin in late June. WAIS had four scholarship holders and five preparatory Squad athletes in the team that finished third after losing the semi final in extra time against NSW. At the completion of the tournament Justin Knapp, Tristan Clemons and Chris Bausor, all WAIS athletes, were selected in the National Junior Squad.

David Bell Head Coach

#### Individual Scholarship Holders

Michael Boyce Ian Burcher Brent Dancer \*\* Aaron Hopkins \*\* Jason Vuletich

Kiel Brown \*\* Jonathon Charlesworth Bevan George, OAM \* Fergus Kavanagh \*\*



PROGRAM PARTNERS



#### Elite Squad Members

Michael Boyce Steven Boyce Kiel Brown Ian Burcher Jonathon Charlesworth **Brent Dancer** Bevan George, OAM Aaron Hopkins Fergus Kavanagh Jason Vuletich

#### Development Squad Members

Chris Bausor Graeme Begbie Matt Boyce Tristan Clemons Greg Hearn Jason Gabriel Tyler Lovell Justin Knapp Nathan McGuire Dylan Roe Travis Taylor Daniel White

### <u>Service Providers</u>

Ruth Prenter Program Coordinator Geish Hori Strength & Conditioning Ted Polglaze Physiologist Matt Spencer Physiologist Kim Mercer Psychologist Peter Steele Doctor Michael Wood Physiotherapist Deborah Kerr Dietician ACE Counsellor Kristy Warrick Jenny Marsh ACE Counsellor

#### **Major Title Winners**

Chris Bausor 2008 Australian Hockey League, Canberra, Australia Graeme Begbie 2008 Australian Hockey League, Canberra, Australia

Matt Boyce 2008 Australian Hockey League, Canberra, Australia

2008 Australian Hockey League, Kiel Brown Canberra, Australia

2008 Hockey Men's Champions Trophy, Rotterdam, The Netherlands 2008 Australian Hockey League, Ian Burcher

Canberra, Australia Jonathon Charlesworth 2008 Australian Hockey League,

Canberra, Australia Brent Dancer 2008 Australian Hockey League,

Canberra, Australia 2008 Australian Hockey League, Bevan George, OAM Canberra, Australia

2008 Hockey Men's Champions Trophy, Rotterdam, The Netherlands

2008 Australian Hockey League, Greg Hearn Canberra, Australia

2008 Australian Hockey League, Aaron Hopkins Canberra, Australia

Fergus Kavanagh 2008 Australian Hockey League,

Canberra, Australia 2008 Hockey Men's Champions Trophy,

Rotterdam, The Netherlands

2008 Australian Hockey League, Travis Taylor Canberra, Australia

2008 Australian Hockey League, Jason Vuletich Canberra, Australia

#### Australian Representative

Kiel Brown 2008 Hockey Men's Champions Trophy Rotterdam, The Netherlands

Bevan George, OAM 2007 Hockey Men's Champions Trophy

Kuala Lumper, Malaysia 2008 Hockey Men's Champions Trophy

Rotterdam, The Netherlands 2007 Hockey Men's Champions Trophy

Aaron Hopkins Kuala Lumper, Malaysia Fergus Kavanagh 2008 Hockey Men's Champions Trophy

Rotterdam, The Netherlands

\*\* WAIS / AIS Athletes



### HOCKEY WOMENS

The WAIS Women's Hockey program continued in its all conquering path over the last 12 months, highlighted by a third consecutive AHL title for the WA Diamonds, and four WAIS scholarship holders making the Australian Women's Olympic Hockey team.

WAIS athletes were selected in July for the Western Australian Under-21 side that competed in the national Under-21 competition in Adelaide, finishing second. Six members of that squad were selected into the National development squad, with Fiona Boyce, Ashleigh Nelson, Paige Collins, Stephanie Andrews, Kate Denning and Jemma Buckley all included. Ashleigh Nelson also made her debut for the Hockeyroos against Japan in a test series in Adelaide following a strong performance in the National Under-21 competition.

In August, Australia won the Beijing Olympic test event in China. The tournament included Argentina, China, South Africa and Australia. Emily Halliday, Kobie McGurk, Kim Walker and Hope Munro were all selected.

Kobie McGurk, Emily Halliday, Kim Walker and Hope Munro were all involved in a surprise defeat at the hands of New Zealand in September. New Zealand won the match 1-0.

Ashleigh Nelson, **Shelly Liddelow**, Emily Halliday, Kobie McGurk, Hope Munro and Kim Walker were selected as part of an Australian Institute of Sport hockey squad that toured South Africa, Ireland and England in October. The WA Diamonds squad commenced pre-season training ahead of the AHL season.

In December, the National Junior Team played in a four test series in South Africa. Four WAIS athletes were selected to travel with, Stephanie Andrews, Fiona Boyce, Jemma Buckley and Ashleigh Nelson included. Nelson did not travel to South Africa due to her senior selections.

The WA Diamonds were attempting to win a third straight Australian Hockey League title in March, with Perth hosting the 2008 competition. Fiona Boyce, Hope Brown, Jemma Buckley, Chantelle Ciallella, Kate Denning, Emily Halliday, Shelly Liddelow, Kobie McGurk, Ashleigh Nelson, Lisa Pamenter, Sian Smithson, Jayde Taylor and Kim Walker all represented WAIS during the AHL.

After a first up loss to NSW, WA powered through the remainder of the round robin stage, scoring 21 goals and conceding only once. WA requiring a late goal to snatch a 4-3 win over Canberra to advance to the final. Pamenter, Halliday and a double to Smithson proved the difference. Western Australia dominated the final against Queensland, with goals to hope Munro and Halliday, creating a comfortable 2-0 win. The WA Diamonds were brilliantly coached by WAIS mentor Neil Hawgood, and celebrated a third straight success.

Six WAIS athletes were named in the provisional National squad after the AHL finished. Ashleigh Nelson and Shelly Liddelow joined Kobie McGurk, Kim Walker, Hope Munro and Emily Halliday in the extended squad.

Hope Brown, Emily Halliday, Kobie McGurk and Kim Walker all travelled to Germany as part of the Australian squad for the 2008 Champions Trophy in May. The tournament was an opportunity to impress selectors with Olympic spots on the line. The tournament was not a successful one for the Hockeyroos, with the squad failing to reach the final, finishing fifth.

The Australian Hockey team for the Beijing Olympics was named in June, with Hope Brown, Emily Halliday, Kobie McGurk and Kim Walker all included in the final squad of 16 athletes. For Halliday it will be a second Olympic campaign, whilst the three other athletes will make their Olympic debut in China.



PROGRAM PARTNERS



#### Coach

Neil Hawgood

Head Coach

#### **Individual Scholarship Holders**

Stephanie Andrews
Hope Brown \*\*
Paige Collins
Courtney Gray
Rheannin Kelly
Kobie McGurk \*\*
Lisa Pamenter
Kim Walker \*\*

Fiona Boyce
Chantelle Ciallella
Kate Denning
Emily Halliday \*\*
Shelly Liddelow \*\*
Ashleigh Nelson \*\*
Jayde Taylor

#### Elite Squad Members

Stephanie Andrews Fiona Bovce Hope Brown Jemma Buckley Chantelle Ciallella Paige Collins Emily Halliday Kate Denning Rheannin Kelly Shelly Liddelow Kobie McGurk Ashleigh Nelson Lisa Pamenter Sian Smithson Jayde Taylor Kim Walker

#### **Development Squad Members**

Stephanie Andrews Elle Buckley
Jemma Buckley Chantelle Ciallella
Hannah Cook Kate Denning
Courtney Gray Melissa Luff
Holly White Kia Mansell

#### Service Providers

Ruth Prenter Program Coordinator Geish Hori Strength & Conditioning Ben Dascombe Physiologist Heather McGregor-Bayne Psychologist Carmel Goodman Doctor Fiona Chromiak Physiotherapist Kristy Warrick ACE Counsellor Jenny Marsh ACE Counsellor

#### Major Title Winners

Fiona Boyce 2008 AHL, Perth, Australia Hope Brown 2008 AHL, Perth, Australia Jemma Bucklev 2008 AHL, Perth, Australia Chantelle Ciallella 2008 AHL, Perth, Australia Kate Denning 2008 AHL, Perth, Australia **Emily Halliday** 2008 AHL, Perth, Australia Shelly Liddelow 2008 AHL, Perth, Australia Kobie McGurk 2008 AHL, Perth, Australia Ashleigh Nelson 2008 AHL, Perth, Australia Lisa Pamenter 2008 AHL, Perth, Australia Sian Smithson 2008 AHL, Perth, Australia Jayde Taylor 2008 AHL, Perth, Australia Kim Walker 2008 AHL, Perth, Australia

#### **Australian Representatives**

Hope Brown
2008 Champions Trophy, Monchen
Gladbach, Germany
2008 Champions Trophy, Monchen
Gladbach, Germany
Kobie McGurk
2008 Champions Trophy, Monchen
Gladbach, Germany
Kim Walker
2008 Champions Trophy, Monchen
Gladbach, Germany

#### **Coaching Achievements**

Neil Hawgood

Assistant Coach 2007, Oceania Cup, Olympic Qualifier, Australia Assistant Coach 2008, Australia v Great Britain, Test Series, Australia



# NETBALL







The WAIS Netball Program entered a new dawn with the formation of the ANZ Championship in 2008. The new generation of talent continued to create a strong pathway towards senior ranks with six WAIS athletes selected in National under age squads. WAIS Head Coach Michelle Wilkins' experience in youth development has continued to produce excellent results for the program over the last twelve months.

In July, five WAIS development scholarship holders were offered the opportunity to attend the National underage Camp in Canberra. Mia Washbourne, Kaitlyn Lilly, Ashleigh Neal, Alicia Janz and Andrea Gilmore all attended the camp.

WAIS produced a strong performance in the inaugural Institute and Academy Challenge in Adelaide during September. The WAIS girls had wins over NTIS (50-16), ACTAS (46-26), SASI (44-38), QAS (48-46) and TASI (36-9) and suffered only one defeat against NSWIS (31-34). WAIS finished second, with solid contributors across the court. WAIS Scholarship holders **Kate Beveridge** and **Susan Fuhrmann** also attended National Camps during September.

October hosted the WA Netball Annual Dinner, with WAIS athletes claiming major awards. Andrea Gilmore was crowned the Premier League's Player of the Year whilst Ashleigh Neal was named in the Team of the Year.

In November, Andrea Gilmore was selected in the West Coast Fever squad in the ANZ Championship. Alicia Janz was named the inaugural recipient of the Wally Foreman Scholarship. The WAIS Development athletes began pre-season training in December ahead of the 2008 campaign.

The WAIS Netball squad travelled to Margaret River in January for a team bonding camp. The Scholarship holders were engaged in team building exercises to boost team spirit and help new members integrate into the squad. January was also a successful month for WAIS scholarship athletes Kate Beveridge and **Jonelle Lawson** who were selected by ANZ Championship teams, the Adelaide Thunderbirds and Queensland Firebirds, respectively.

February and March were focused on pre-season preparations and developing the younger members of the development squad up to the demands of representative netball. The Development squad held sessions with the West Coast Fever and WA Diamonds.

April was a busy month, with Andrea Gilmore selected to travel with the AIS/National 21 & Under Team to tour New Zealand. The U-17, U-19 and U-21 national carnivals were held in Perth at Challenge Stadium with Western Australia placing fifth in the U-17's, eighth in the U-19's and fifth in the U-21's. Mia Washbourne was selected in the U-17 national squad with Sarah Tatam and Sarah East invited to the U-19 national camp following strong form from all girls. Andrea Gilmore, Jasmine Keene and Caitlin Bassett all gained selection into the National 21 and Under squad.

In May, 19 year-old Andrea Gilmore received the Athlete Career and Education Award at the 2008 Champions Breakfast. Gilmore achieved high distinctions in all units of her first year studies in Landscape Architecture, whilst continuing to excel in her netball development. The WAIS development netball squad began competition in the WA Netball Smarter Than Smoking Premier League in May.

The WAIS netball program rounded off the year by having ten athletes named in the Inaugural WA ANL Squad. They were: Ashleigh Neal, Sarah East, Briony Carlyon, Mia Washbourne, Sarah Tatam, Sarah Geddes, Sally Joynes, Amy Fisher, Alicia Janz and Natalie Moeahu-pehi.

# Coach

Michelle Wilkins Head Coach

# **Individual Scholarship Holders**

Kate Beveridge Susan Fuhrmann Jonelle Lawson Josephine Janz Jessica Shynn Nikala Smith

# Elite Squad Members

Caitlin Bassett Kate Beveridge
Sarah Ebbott \* Susan Fuhrmann
Andrea Gilmore Josephine Janz
Janelle Lawson Jessica Shynn
Nikala Smith

# **Development Squad Members**

Briony Carlyon
Alice Coakley
Sarah East
Amy Fisher
Andrea Gilmore
Sally Joynes
Natalie Moeahu-pehi
Sarah Geddes
Kaitlyn Lilly
Matalie Moeahu-pehi
Sarah Tatam
Mia Washbourne
Magdeleen Vander Linde

# Service Providers

Ruth Prenter
Greg Morgan
Claire Rechichi
Andrew Lyttle
Carmel Goodman
Kelly Botha
Jacinta Downey
Kristy Warrick
Jenny Marsh

Strength & Conditioning Physiologist Biomechanist

Program Coordinator

Biomechanist
Doctor
Psychologist
Physiotherapist
ACE Counsellor
ACE Counsellor

\* AIS / WAIS Athletes



# ROWING

The WAIS rowing program continued its strong tradition of producing Western Australian Olympians this year, with six athletes earning selection into the 2008 Australian Olympic Team. In addition, former WAIS athlete Sarah Tait (nee Outhwaite), now based in Victoria and supported by the VIS, also gained selection.

In July 2007, WAIS rowers returned some positive results from the World Under-23 Rowing Championships in Strathclyde, Scotland. Libby Alderman, Emily Rose and Megan Bagworth claimed silver in the Women's Coxless Four. Steven Fletcher earned bronze as part of the Men's Quad Scull. Perry Ward, as part of the Men's Lightweight Quad, also performed well, placing a credible fourth.

Ben Cureton and Todd Skipworth both formed part of the Australian Men's Lightweight Four squad in the World Championships in Munich, in August, coached by WAIS Head Coach, Antonio Maurogiovanni. Jeremy Stevenson competed in the Men's Eight, whilst James Gatti and David Kelly participated in the Men's Quad. Athens Olympian, Amber Bradley rowed in the Women's Double and Natalie Bale was part of the Australian Women's Eight squad that finished fourth, while Ross Brown claimed bronze in the Non-Olympic Men's Pair.

**Brittany Mann** competed in the World Junior Under-19 Championships in Beijing, in the Women's Double Scull.

Jeremy Stevenson and **David Dennis** gained selection to the Men's Eight and likewise Ben Cureton and Todd Skipworth to the Men's Lightweight Coxless Four, again to be coached by WAIS Head Coach, Antonio Maurogiovanni.

WA performed well at the National Rowing Championships in Penrith in early March. Western Australia retained its Penrith Cup title after finishing ahead of Tasmania and Queensland. Ben Cureton, Todd Skipworth, Perry Ward and Ross Brown put together a strong race that was made more symbolic given the race was celebrating its 50th anniversary.

Amber Bradley claimed two National titles, pairing with Tasmanian Kerry Hore to win the Women's Double Scull and then with Hore, Amy Ives and Zoe Uphill to win the Women's Open Quad Scull.

Ben Cureton, Todd Skipworth, **Cameron Brewer**, James Gatti, **Rhys Grant**, Jeremy Stevenson, David Kelly, **Hugh Rawlinson** and David Dennis all represented Western Australia in the King's Cup race finishing third.

WAIS rowers **Alex Hagan**, Libby Alderman, **Jo Lutz**, **Sally Robbins**, Natalie Bale and Emily Rose all competed as part of the Western Australian Queen's Cup squad that finished second behind Victoria.

In the Olympic trials, Amber Bradley gained selection to the Women's Quad Scull, with Beijing set to be her second Olympic campaign. After good performances through selection trials, Natalie Bale was added to the Women's Eight squad, where the final Eight would be selected during the European tour.

Perry Ward and Ross Brown were selected in the Lightweight Men's Eight to compete at the Non-Olympic Senior A World Championships in Linz, Austria in July. Hugh Rawlinson will cox the Men's coxed pair. Four WAIS rowers made selection for the Under-23 World Championships to be held in Brandenburg, Germany in July. Emily Rose, Libby Alderman, Cameron Brewer and Rhys Grant all made the squad. WAIS Senior Coach, Jason Lane, was selected to Coach these crews. Elliot Bannan, Christian Eyres, Harley Mooney, David Watts and Alex Hagan were all selected for the Junior World Championships in Linz, Austria.

May saw the start of the FISA World Cups in Munich, Germany. The Australian Men's Eight, featuring David Dennis and Jeremy Stevenson, and Women's Eight, including Natalie Bale, both won gold. Amber Bradley finished fifth in the Quad Scull.

The second World Cup was in Lucerne, Switzerland where Natalie Bale and the Women's Eight crew again performed well winning silver, and consolidated Bale's position in the boat. Stevenson and Dennis finished fourth in the Men's Eight. Amber Bradley and the Quad Scull crew fell one place, to finish sixth. The Lightweight Men's Four, featuring Ben Cureton and Todd Skipworth claimed victory in the B Final.



PROGRAM PARTNERS





MENS LIGHTWEIGHT COXLESS FOUR: (FRONT-BACK) TODD SKIPWORTH, BEN CURETON, ROSS BROWN, PERRY WARD

Ben Cureton and Todd Skipworth claimed bronze in the final World Cup in Poznan, Poland. The Lightweight Men's Four produced a season best effort in capturing bronze, after only 0.2 of a second separated them from second place.

WAIS extends their great appreciation and thanks to those from the Western Australian Rowing community who support the sport so well. The in-kind support and assistance with boat transport to/from the numerous regattas and trials in Penrith, providing accommodation for relocating National Team athletes and the use of additional equipment and boats plays a huge part in the operations of Western Australia and WAIS within the Rowing Australia National Program. WAIS would like to highlight the contributions made by Barbara and Simon Outhwaite, Tim Finney, Phil Harker, Tom Morris, West Australian Rowing Club, the Ward family, John Boardman, Mauro Marazzato, Swan River Rowing Club, ANA Rowing Club, John XXIII College and Rowing WA.

# Coaches

Antonio Maurogiovanni Head Coach Jason Lane Senior Coach

Sean Leyland Junior & Development Coach Gonzalo Briones Junior & Development Coach

# **Individual Scholarship Winners**

Libby (Elizabeth) Alderman Megan Bagworth Georgia Baker Natalie Bale Amber Bradley Ross Brown Ben Cureton David Dennis Jeremy Ellis Steven Fletcher James Gatti David Kelly Jo Lutz Brittany Mann Morag McCallum Conor McCombe Sally Robbins **Emily Rose** Todd Skipworth Jeremy Stevenson \* Perry Ward

# Elite Squad Members

Amber Bradley Ross Brown
Ben Cureton Steven Fletcher
James Gatti David Kelly
Jo Lutz Sally Robbins
Todd Skipworth Perry Ward

# **Development Squad Members**

Libby (Elizabeth) Alderman
Georgia Baker
Jeremy Ellis
Brittany Mann
Conor McCombe
Hugh Rawlinson
Adam Seroka

Megan Bagworth
Cameron Brewer
Rhys Grant
Morag McCallum
Michael O'Shea
Emily Rose

Geish höri Strength & Conditioning Megan Bagworth Matthew Doyle Matthew Doyle Biomechanist Psychologist Matthew Doyle Biomechanist Psychologist Matthew Doyle Psychologist Matthew Doyle Psychologist Matthew Doyle	Service Providers		Australian Representativ	es
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# SAILING

WILLIAM.

PROGRAM PARTNERS



The WAIS Sailing Program produced its most successful year in its short history to date, with a series of impressive results, and a host of young talent taking their first fledgling steps into international competition. The inclusion of two athletes in the Australian Olympic team crowned a brilliant 12 months

Tim Castles (laser), Mat Higgins, Tim Lynch (men's 470) and Stacey Omay and partner Chelsea Hall (women's 470) all competed in their first ISAF Combined Classes Sailing World Championships in Cascais, Portugal during July. Elise Rechichi and Tessa Parkinson also competed and were in the top 10, before a broken mast saw them miss two races and drop out of contention. Rechichi and Parkinson still sailed well enough to qualify Australia for the Beijing Olympic Games, and achieve one of the goals for their Olympic campaign for 2008.

**Luke Parkinson** and **Paul Kelly** competed in the ISAF Volvo Youth World Championships in Kingston, Canada in the 29er Class. The young pair had grown inches in height since qualification, and as a result were one of the biggest teams in competition. Their size hurt their light wind performance, but their skills showed through in all races above 10 knots, with many first place finishes. This dominance in strong wind really helped the Australian team points table, to win the Team Trophy for the best performing nation.

Into August, Chelsea Hall and Stacey Omay finished fourth in the Junior 470 World Championships in Bourgas, Bulgaria. They sailed in a combined fleet with the men, with their training partners and fellow WAIS sailors, Tim Lynch and Mat Higgins finishing ninth overall in the men's category. The girls' achievement provided a great start to their Olympic 470 campaign, with the pair only being in the boat for three months, with both athletes at 17 years of age.

Elise Rechichi and Tessa Parkinson headed to China for the Pre Olympic Test event in Qing Dao. The sailing centre was fully operational and complete, a year out from the Games. Rechichi and Parkinson were in the top three for most of the regatta and had to fight for first place against the Japanese pair in the medal race. Their kinetics and pumping skills in strong winds got their bow in front, and captured the gold medal, in a fine effort.

In September, Luke Parkinson and Paul Kelly made the big jump to the 49er class. Parkinson and Kelly are focusing on London 2012 and the pair aimed for the World Championships in January, to get exposure against the world's best in the class, and to set themselves on a path for the next five years.

Elise Rechichi and Tessa Parkinson in October were announced as the first Western Australian athletes to be named in the Olympic Team for 2008.

In November, Perth was awarded the ISAF Sailing World Championships for 2011. WAIS Head Coach, Belinda Stowell was on the bid team for the event, together with Peter Gilmour and winning the event for Perth will be a huge motivator for many WA sailors and WAIS athletes to win a World Championship in an Olympic Class, on home waters.

WAIS squad members headed east in December for the lead up preparations for the World Championships in all target classes, to be held in Melbourne during January. **Ryan Hannan** made his first gold fleet qualification at Sydney International Regatta. Chelsea Hall and Stacey Omay finished sixth in the women's 470 in an impressive result, after winning the Australian women's national title the week earlier.

**Jasper Warren** and **Steven Thomas** became the first Australian World Champions in 2008, taking out the 29er class. The WAIS scholarship holders sailed a fantastic regatta and solidified their lead on the last day of competition with a first place finish claiming the title.

Mat Higgins, Tim Lynch, Steven Thomas, Stacey Omay and Chelsea Hall all competed in the 470 World Championships. Stacey Omay and Chelsea Hall made gold fleet for the first time. Australian Sailing Team members and WAIS scholarship holders, Elise Rechichi and Tessa Parkinson, back in the boat after injury sailed well. The pair finished with a bronze medal behind the American team.

After three months of training in Perth, Elise Rechichi and Tessa Parkinson travelled to Hyeres, France to compete as a warm up ahead of the European season.

In May, WAIS sailors headed for Europe, to compete on the world circuit. Ryan Hannan competed in Laser, whilst Stacey Omay, Chelsea Hall, Mathieu Higgins, Tim Lynch, Elise Rechichi and Tessa Parkinson all competed in 470s class.

The WAIS sailing program rounded out the year with the 470 European Championships in Lake Garda, Italy. Stacey Omay and Chelsea Hall finished 18th, making the top 20, and recorded their first race win at a Grade 1 event. Elise Rechichi and Tessa Parkinson led the regatta for four days, but faded in the medal races. The pair lost the gold to Austria and the silver to the Swiss, finishing with the Bronze medal at these European Championships for the second year running.

### Coaches

Belinda Stowell Head Coach
Dave Mann Coach

# **Individual Scholarship Members**

Russell Boaden
Jamie Dunross
Chelsea Hall
Colin Harrison
Paul Kelly
Graeme Martin
Luke Parkinson
Elise Rechichi \*
Jasper Warren
Rachel Cox
Mathieu Higgins
Tim Lynch
Stacey Omay
Tessa Parkinson \*
Steven Thomas

# **Elite Squad Members**

Chelsea Hall Belinda Kerl Tessa Parkinson Elise Rechichi

# **Development Squad Members**

Timothy Castles David Gilmour
Ryan Hannan Mathieu Higgins
Matthew Jerwood Paul Kelly
Tim Lynch Stacey Omay
Luke Parkinson Keith Swinton
Patrick Vos Jasper Warren

# Service Providers

Brian Glencross **Program Coordinator** Greg Morgan Strength & Conditioning Ted Polglaze Physiologist Andrew Lyttle Biomechanist Heather McGregor-Bayne Psychologist Carmel Goodman Doctor Alison Low Physiotherapist Kristy Warrick ACE Counsellor Jenny Marsh ACE Counsellor

# <u> Major Title Winner</u>

David Gilmour 2008 Australian Youth Nationals, 420, Melbourne, Australia

2007 World Junior Championships 470

# Australian Representatives Chelsea Hall

Class, Bourgas, Bulgaria 2008 470 Women WC, Melbourne, Australia Mathieu Higgins 2007 World Junior Championships 470 Class, Bourgas, Bulgaria 2008 470 Men WC, Melbourne, Australia 2007 Volvo Youth Sailing ISAF World Paul Kellv Championships, Kingston, Canada Tim Lynch 2007 World Junior Championships 470 Class, Bourgas, Bulgaria 2008, 470 Men WC, Melbourne, Australia 2008 470 Women WC, Melbourne, Australia Stacey Omay Luke Parkinson 2007 Volvo Youth Sailing ISAF World Championships, Kingston, Canada Tessa Parkinson 2008 470 Women WC, Melbourne, Australia 2008 470 Women WC, Melbourne, Australia Elise Rechichi Steven Thomas 2008 470 Men WC, Melbourne, Australia

\* AIS / WAIS Athletes



# SOFTBALL



PROGRAM PARTNERS



The WAIS Softball Program took big strides towards a successful future this year with two girls making senior national squads.

Chelsea Forkin, Leigh Godfrey and Verity Long-Droppert all made the National Under-19 squad for the Junior Women's World Championships in Enschede, Holland. The girls gave a fantastic account of themselves, helping Australia to the Bronze medal. Shane Hughes travelled with the squad as Assistant Coach.

Chelsea Forkin was drafted into the senior squad in July to play for Australia in the Canada Cup in Vancouver. Despite some competitive performances, Australia could manage only sixth position.

The WAIS softball squad travelled to Brisbane for the first round of the National League in November 2007. The squad was filled with bright young talent, including **Chermai Clews**, **Jodie Stevenson**, Chelsea Forkin, Leigh Godfrey, **Elly Lambkin**, **Leah Quakenbush**, Verity Long-Droppert, **Michelle Andrew**, **Claire Bowran** and **Rebecca Crosby** all selected. WAIS coach Kere Johanson was Head Coach, assisted by Shane Hughes. Missed opportunities cost WA, who finished fourth.

Round two of the National League headed down to Melbourne with Chermei Clews, Jodie Stevenson, Chelsea Forkin, Leigh Godfrey, Elly Lambkin, Leah Quakenbush, Verity Long-Droppert, Michelle Andrew all backing up, with **Ashleigh Medwin** and **Annalyse Lister** included in the squad. The squad couldn't improve their fourth place position from Brisbane but performance progression was evident.

Chermai Clews, Jodie Stevenson, Chelsea Forkin, Leigh Godfrey, Elly Lambkin, Leah Quackenbush, Verity Long-Droppert, Michelle Andrew, Ashleigh Medwin and Annalyse Lister were all named into the Western Australia squad for January's Australian Open Women's Fastpitch Championships in Blacktown, NSW; but up against some experienced opposition, Western Australia's one run losses in their first five from six games, saw the frustration starting to show.

Much of the senior squad backed up for the Under-19 competition in Hobart, Tasmania later in January. Chelsea Forkin, Leigh Godfrey, Elly Lambkin, Claire Bowran, Rebecca Crosby, Emily Sharp, Ashleigh Medwin and Annalyse Lister all formed part of the successful squad that snatched second place, demonstrating the depth of young talent within the WAIS system at present.

The form of 19 year-old Verity Long-Droppert didn't go un-noticed with USA College, Coastal Carolina offering her a scholarship to study and play softball in the US. Long-Droppert accepted and went on to lead all major statistics for their 60 game schedule.

In February, Chelsea Forkin and Leigh Godfrey were invited to attend the Australian Olympic Selection Camp, for softball athletes in contention for Beijing. Forkin and Godfrey were joined byways of teammates Chermai Clews, Jodie Stevenson, Elly Lambkin, Leah Quakenbush, Ashleigh Medwin and Claire Bowran for the Finals Round of the National League in Sydney. The squad again couldn't make any headway against more experienced opponents, finishing fourth.

Chelsea Forkin and Leigh Godfrey were selected to play for the Australian Diamonds in the NTC International Series in March. Australia made the 3rd place play-off but where defeated by China 4-5, Godfrey and Forkin both scored runs in a solid performance under pressure. Godfrey also debuted for the Women's National team in the International Series against power houses, Japan and Canada immediately after that event.

In April, Chelsea Forkin, Leigh Godfrey, Elly Lambkin, Claire Bowran, Rebecca Crosby, **Emily Sharp** and Annalyse Lister competed in the Under-23 National Championships for the WA State team. The girls finished fourth.

# Coach

Kere Johanson

**Head Coach** 

# Individual Scholarship Holders

Chelsea Forkin \*\* Leigh Godfrey Verity Long-Droppert

# Elite Squad Members

Michelle Andrew Leigh Godfrey Leah Quackenbush Chelsea Forkin Verity Long-Droppert

# **Development Squad Members**

Michelle Andrew Chermai Clews Jemma Freeguard Ebony Humble Annalyse Lister Ashleigh Medwin Jodie Stevenson Claire Bowran Rebecca Crosby Leigh Godfrey Elly Lambkin Verity Long-Droppert Emily Sharp

# **Service Providers**

Ruth Prenter Greg Morgan Andrew Lyttle Matthew Burgin Carmel Goodman Damian Oldmeadow Tim Chambers Program Coordinator Strength & Conditioning Biomechanist Psychologist Doctor Physiotherapist ACE Counsellor

\*\* WAIS/AIS Athlete



# SWIMMING









TRAVIS NEDERPELT

The WAIS Swimming Program secured two positions on the 2008 Australian Olympic Team whilst the World Record breaking exploits of Eamon Sullivan highlighted the 12 month period. The next generation of swimmers also began to show some positive results in competition.

In October a group of WAIS athletes were included into a specially designed altitude camp, focused on preparing the swimmers for the Olympic selection trials. Adam Lucas, Eamon Sullivan, Garth Kates and Jim Piper all attended. WAIS Coach Grant Stoelwinder also attended the altitude camp.

The altitude training proved a valuable tool for competition preparation, with Sullivan, Lucas, Kates, Piper, Jenifer Reilly, Bobby Jovanovich, Amy Lucas and Tommaso D'Orsonga all travelling to another camp in Thredbo, NSW in early February. The use of rarefied air at altitude helps to increase top end speed.

The NSW Titles followed in mid February, with five WAIS athletes competing in what was expected to be a low key event. Eamon Sullivan instead smashed an eight year old world record in lowering the 50m freestyle time. Sullivan won the title in a time of 21.56sec becoming the first Western Australian to hold a swimming world record. **Craig Tucker**, Reilly, Piper and Lucas also competed in the selection trial warm up event.

The Olympic selection trials for Beijing were held in March, with Sullivan starting competition with the knowledge his world mark had been taken by Frenchman Alain Bernard. Sullivan swam an incredible meet reclaiming his 50m freestyle world record before breaking that in the final, claiming an Olympic berth in the process. Sullivan also qualified for the 100m freestyle, narrowly missing another world record, and was selected as part of the Australian relay teams.

There was heart break for Adam Lucas who missed out on an Olympic spot by 0.3 of a second, whilst Lara Carroll competed at her highest level for two years, in finishing fourth in the 200m Individual Medley. Travis Nederpelt became the second WAIS athlete to make the Beijing team, winning the 400m Individual Medley and finishing second in the 200m butterfly.

Craig Tucker achieved a qualifying time in the 200m breaststroke but was out-gunned by two world class swimmers in finishing third. The result was still impressive for the 25 year-old, who has made sizeable progress over the last two years.

Garth Kates and Craig Tucker both travelled on the West Coast tour in May. Kates swam well threatening to break his personal best in the 100m butterfly. Kates joined Sullivan and **Steve Neuwert** in the Mare Nostrum series through France, Italy and Spain into June. Sullivan was in imposing form winning all 50m events and missing out on the 100m crown in only one of three attempts. Kates managed a podium finish in the 100m butterfly, again pushing his best time.

The next generation of WAIS Swimming talent competed in the seventh Oceania Swimming Championships in New Zealand. Jovanovich set a new personal best in the 100m backstroke, winning silver in the process. Blair Evans claimed a bronze medal in the 200m Individual Medley.

June also hosted the Swimming WA awards lunch, with several WAIS athletes receiving gongs. Garth Kates was crowned the Age Swimmer of the Year, Eamon Sullivan was not surprisingly named 2008 WA Swimmer of the Year, as well as taking Swimmers' Swimmer of the Year. Katrina Porter, who will be competing in the Beijing Paralympics Games in September, won the Swimmer with a Disability of the Year Award. Beijing contender Travis Nederpelt won the Open Water Swimmer of the Year Award, while Australian Olympic Team Coach Grant Stoelwinder won the Coach of the Year Award.

Coaches

Roger Bruce Coach Matt Magee Coach Simon Redmond Coach Grant Stoelwinder Coach

Individual Scholarship Holders

Rebecca Blevins Melissa Benson Merindah Dingjan Lara Carroll Michael Jackson Robert (Bobby) Jovanovich Garth Kates Adam Lucas Amy Lucas Jeremy McClure Steve Neuwert Travis Nederpelt Jim Piper Katrina Porter Jennifer Reilly Eamon Sullivan Jeremy Tidy Craig Tucker

**Elite Squad Members** 

Melissa Benson
Lara Carroll
Merindah Dingjan \*
Michael Jackson
Garth Kates
Amy Lucas
Steve Neuwert
Jennifer Reilly
Craig Tucker
Rebecca Blevins
Merindah Dingjan \*
Me

**Development Squad Members** 

David Cox Nicolas Cuthbert
Adrian Davini Rhiannon Dielesen
Tommaso D'Orsogna Blair Evans
Christian Halliley Jarrad Lawford
Gianna Leone James MacFarlan
Rhys Mainstone Jessica Mitchell
Kacey Oconnell Layton Shannos

Service Providers

Program Coordinator Simon Jones Geish Hori Strength & Conditioning Ben Dascombe Physiologist Biomechanist & Performance Analyst Andrew Lyttle Matthew Burgin Psychologist Carmel Goodman Doctor Peter Steele Doctor Brett Slocombe Physiotherapist Physiotherapist Jeremy Hunter Bernd Adolph Masseur Dehorah Kerr Dietician ACE Coordinator Heather McGregor-Bayne

Major Title Winners

Adam Lucas
2007 Fina/Arena Swimming World Cup,
400M Freestyle, Belo Horizonte, Brazil
Travis Nederpelt
2007 Australian Open Water
Championships, 5KM Open Water,
Sydney, Australia

2008 2008 Olympic Trials, 400M
Individual Medley, Sydney, Australia
Eamon Sullivan
2007 Japan Grand Prix, 4x100M
Freestyle Relay – Men, Chiba, Japan
2007 Fina/Arena Swimming World Cup,
50M Freestyle, Sydney, Australia
2007 Fina/Arena Swimming World Cup,

100M Freestyle, Sydney, Australia

Eamon Sullivan

2007 Fina/Arena Swimming World Cup, 50M Freestyle, Moscow, Australia 2008 2008 Olympic Trials, 50M Freestyle, Sydney, Australia 2008 2008 Olympic Trials, 100M Freestyle, Sydney, Australia 2008 Mare Nostrum, 100M Freestyle, Barcelona, Australia 2008 Mare Nostrum, 100M Freestyle, Barcelona, Australia 2008 Mare Nostrum, 50M Butterfly, Barcelona, Australia 2008 Mare Nostrum, 50M Butterfly, Barcelona, Australia 2008 Mare Nostrum, 50M Butterfly, Barcelona, Australia

<u>**Australian Representatives**</u>

Blair Evans Michael Jackson

Robert (Bobby) Jovanovich

Garth Kates

Adam Lucas

Travis Nederpelt

Steve Neuwert Jennifer Reilly

Eamon Sullivan

2008 Oceana, NZ, Australia 2007 Fina/Arena Swimming World Cup, Sydney, Australia 2007 Fina/Arena Swimming World Cup

2007 Fina/Arena Swimming World Cup, Sydney, Australia 2008 Oceana, NZ, Australia

2007 Fina/Arena Swimming World Cup, Sydney, Australia

2007 Fina/Arena Swimming World Cup, Belo Horizonte, Brazil 2008 West Coast Tour, Santa Clara and

Vancouver, Australia 2008 Mare Nostrum, Barcelona,

Australia

2007 Fina/Arena Swimming World Cup, Sydney, Australia 2007 Fina/Arena Swimming World Cup,

Belo Horizonte, Brazil 2007 Japan Grand Prix, Chiba, Japan

2007 Japan Grand Prix, Chiba, Japan 2007 Fina/Arena Swimming World Cup, Sydney, Australia

2008 Mare Nostrum, Barcelona,

Australia

2007 Fina/Arena Swimming World Cup, Singapore, Singapore 2007 Fina/Arena Swimming World Cup,

Sydney, Australia 2007 Japan Grand Prix, Chiba, Japan

2007 Fina/Arena Swimming World Cup, Sydney, Australia

2007 Fina/Arena Swimming World Cup, Moscow, Australia

2007 Fina/Arena Swimming World Cup, Stockholm, Australia

2007 Fina/Arena Swimming World Cup, Berlin, Germany

2008 Mare Nostrum, Barcelona, Australia

2008 West Coast Tour, Santa Clara and Vancouver, Australia

**Coaching Achievements** 

Grant Stoelwinder

Roger Bruce

Craig Tucker

Coach 2007 FINAWorld Championships, 100FS, 50m FS, Australia Coach 2007 FINAWorld Championships, 400IM, Australia

\* AIS/WAIS Athlete

# WATER POLO MENS



PROGRAM PARTNERS





JAMES STANTON

The WAIS Men's Water Polo program produced a successful year with three athletes selected in the Australian Olympic team for Beijing, with six others making youth and junior squads.

Six WAIS athletes were selected in the Australian national squad that competed in the FINA World League finals in Berlin, Germany last July. Mitchal Ainsworth, Jamie Beadsworth, Tim Neesham, Nicholas O'Halloran, Luke Quinlivan and James Stanton all represented the green and gold, as Australia finished an impressive third, just a year short of the Olympics.

In December Jamie Beadsworth and Luke Quinlivan were selected to represent Australia in the Olympic Games Oceania Qualification Series in Auckland, New Zealand. Beadsworth and Quinlivan both played significant roles as Australia qualified for the 2008 Olympic Games.

The Fremantle Mariners suffered a major disappointment in the Australian national water polo league by finishing sixth in the final standings after claiming the Southern Cross Trophy as minor premiers. WAIS athlete and dual Olympian, Tim Neesham had a successful campaign scoring 40 goals for the Victoria Tigers, who finished the season in second place. Jamie Beadsworth was the top WAIS goal scorer in the competition, finishing the season with 46 goals.

Six WAIS water polo scholarship holders were selected for the Good Luck Beijing Open Test Event in March. Laurie Trettel, Luke Quinlivan, Tim Neesham, Jamie Beadsworth, Mitchal Ainsworth and **Daniel Lawrence** all featured as the Australian Sharks claimed the gold medal. Australia and China were the only international teams represented, with the other two teams being from the Chinese cities of Shanghai and Guangdong. The Sharks were comprehensive victors in the tournament, going through undefeated while scoring a total of 49 goals and conceding only 18.

WAIS had six athletes selected into the National Junior and Youth squads in May. Joel Swift and Daniel Lawrence were both included into the National junior men's squad, whilst Eddie Slade, Aaron Younger, Perry Short and James Fannon were all ear marked as future stars, after earning selection for the national youth squad.

In June WAIS had four representatives selected in the Australian team for the World League final in Genova, Italy. Jamie Beadsworth, Tim Neesham, Luke Quinlivan and James Stanton all featured with the team finishing third.

After a successful 12 month period, the WAIS men's water polo program topped it all with three scholarship holders named in the Australian Olympic water polo team for Beijing. Jamie Beadsworth will join his sister Gemma Beadsworth in China, while Tim Neesham and James Stanton were also included in the 13 man squad.

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**Head Coach** Andrei Kovalenko

**Individual Scholarship Holders** 

Jamie Beadsworth Mitchal Ainsworth Tim Neesham Nicholas O'Halloran Luke Quinlivan James Stanton Laurie Trettel

**Elite Squad Members** 

Mitchal Ainsworth Jamie Beadsworth Tim Cleland Daniel Lawrence Brett McGhie Tim Neesham Nicholas O'Halloran Luke Quinlivan James Stanton Laurie Trettel

**Development Squad Members** 

Scott Chrystal Jonathan Dodd James Fannon Jacob Kagi Alexander Lee Alexander Kovalenko Perry Short Chad Nicholls Joel Swift Edward Slade Rewi Whaitiri Adam Yeates

> Program Coordinator Strength & Conditioning

Physiologist

Psychologist

Aaron Younger

**Service Providers** Brian Glencross

Greg Morgan Ted Polglaze Heather McGregor-Bayne Carmel Goodman

**Australian Representatives** 

Mitchal Ainsworth 2007 World League – FINAL, Berlin, Germany

2007 World League - FINAL, Berlin, Jamie Beadsworth

Germany

2008 World League - FINAL, Genova,

Italy

Tim Neesham 2007 World League - FINAL, Berlin,

Germany 2008 World League - FINAL, Genova,

Italy Nicholas O'Halloran 2007 World League - FINAL, Berlin,

Germany 2007 World League - FINAL, Berlin, Luke Quinlivan

Germany

2008 World League - FINAL, Genova,

Italy

2007 World League - FINAL, Berlin, James Stanton

Germany

2008 World League - FINAL, Genova,

Italy







PROGRAM PARTNERS



The WAIS Women's Water Polo program returned encouraging results for the future, with notable highlights including two scholarship holders being selected for the 2008 Beijing Olympic Games, and nine WAIS athletes competing for the victorious Fremantle Marlins in the Australian National water polo league.

Three WAIS scholarship holders were selected as part of the Australian FINA World League squad in early July. **Gemma Hadley**, **Katie Finucane** and **Jemma Dessauvagie** all travelled to Montreal, Canada where Australia produced a strong performance to finish second in the competition. Hadley, Finucane and Dessauvagie played pivotal roles in Australia's charge to the gold medal play-off.

The new generation of Australian water polo talent was on display later in July with **Gemma Beadsworth** and **Glencora Ralph** selected as part of the Australian squad for the 7th FINA Junior Women's World Championships in Porto, Portugal. Australia claimed gold, and topped the 16 team tournament, with both girls starring. The result provided a clear indication into the strong youth development work being carried out in the WAIS program.

The ANL ran between January and March with the Fremantle Marlins winning the tournament for the second year in a row. WAIS was represented by **Zoe Arancini**, Katie Finucane, **Rachel Flint**, **Ebony Neesham**, Glencora Ralph, **Erin Redbond**, **Allira Solin**, Gemma Beadsworth and **Emma Knox**. The Marlins proved too strong again despite regularly missing players through international fixtures and training camps.

Jemma Dessauvagie had a stand out season for the UWA Comets and was named an ANL All Star for 2008, the only WAIS scholarship holder to receive the honour.

In March, Gemma Beadsworth was the sole WAIS representative to travel to China for the Good Luck China Open Olympic Test Event. The tournament included a strong line up, which saw Australia and their arch rivals the USA do battle with Russia and China across four days. The Australian Stingers came out with the gold medal after winning all three of their matches, including a hard fought 7-6 victory over the USA on the final day. Earlier results saw Australia defeat China 9-6 and Russia 13-8.

Before heading to China for the tournament, Beadsworth picked up two major awards after being named the 2007 Australian Institute of Sport Junior Athlete of the Year at the annual AIS Awards and being chosen as the inaugural Layne Beachley Aim for the Stars Foundation Outstanding Athlete.

Four WAIS athletes were selected into the national training squad ahead of the FINA World League. Gemma Beadsworth, Emma Knox, Katie Finucane and Gemma Hadley all made the pre-competition squad. In June, Gemma Beadsworth and Emma Knox were retained in the national squad for the FINA World League. The pair travelled to Tenerife, Spain to compete in the Super Final stages. Beadsworth enjoyed a fine tournament scoring the winning goal in Australia's bronze medal win over Canada. Beadsworth was named as Australia's player of the tournament.

The WAIS women's water polo squad ended the year on a high with Gemma Beadsworth and Emma Knox named in Australia's Olympic Water Polo team. Knox will make her second Olympic appearance after being a part of the Australian 2004 squad in Athens. There was disappointment for Gemma Hadley, who worked hard to recover from a shoulder reconstruction leading up to the final selection announcement. Time worked against the 27 year-old, who missed the final squad by a narrow margin.

### Coach

Peter Szilagyi Head Coach

# **Individual Scholarship Holders**

Gemma Beadsworth\*\* Jemma-Bonnie Dessauvagie Katie Finucane\*\* Gemma Hadley\*\* Emma Knox\*\* Glencora Ralph\*\*

# **Elite Squad Members**

Gemma Beadsworth Jemma-Bonnie Dessauvagie Katie Finucane Gemma Hadley Emma Knox Glencora Ralph

# **Development Squad Members**

Catherine Ainsworth Zoe Arancini
Maggie Earl Rachel Flint
Ebony Neesham Claire Pierce
Erin Redbond Allira Solin
Viktoria Szilagyi

### Service Providers

Ruth Prenter Program Coordinator Geish Hori Strength & Conditioning Ted Polglaze Physiologist Andrew Lyttle Biomechanist Heather McGregor-Bayne Psvchologist Carmel Goodman Doctor Jane Purdie Doctor Peter Gregory Physiotherapist Danielle Woodhouse Physiotherapist Alison Morris Physiotherapist Kristy Warrick ACE Counsellor Jenny Marsh ACE Counsellor

# Major Title Winners

Gemma Beadsworth

7th FINA Junior Women's World
Championships, Water Polo
Championship, Porto, Portugal

Championship, Porto, Portugal
Glencora Ralph 7th FINA Junior Women's World
Championships, Water Polo
Championship, Porto, Portugal

# Australian Representatives

Gemma Beadsworth

Jemma-Bonnie Dessauvagie Katie Finucane Gemma Hadley Emma Knox Glencora Ralph 2007 7th FINA Junior Women's World Championships, Porto, Portugal 2008 FINA World League, Tenerife, Spain 2007 FINA World League, Montreal, Canada 2007 FINA World League, Montreal, Canada 2007 FINA World League, Montreal, Canada 2008 FINA World League, Tenerife, Spain 2007 7th FINA Junior Women's World Championships, Porto, Portugal

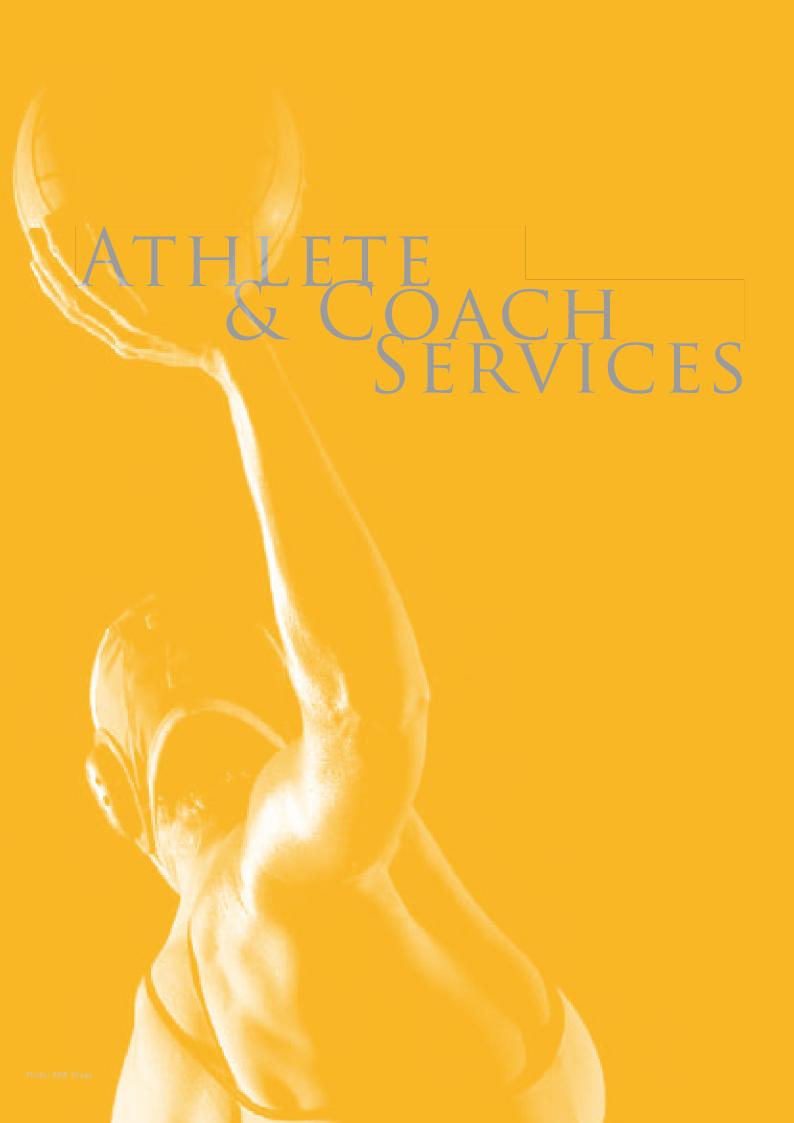
# **Coaching Achievements**

Peter Szilagyi

Assistant Coach 2008 Test Series V USA, Test Series, Australia Head Coach 2008 Global Youth Championships, Youth Championships, Australia

\*\* WAIS/AIS Athletes





# ATHLETE & COACH SERVICES

The Olympic year brings the work of WAIS into sharp focus and this was true of the Athlete and Coach Services Department. The focus on the athlete became even more defined as the department sought to provide the scientific support that could make the difference for the WAIS athletes in contention for the Beijing Olympic team.

History shows that looking for an edge for athletes who are already well trained requires greater resources, a strong commitment from staff and essential collaboration with many parties. The close working relationships with coaches and athletes developed over several years allowed the identification of the key factors for performance improvement and the targeted work required to achieve.

Of benefit at this time was that around half of the ACS staff had a history of preparing athletes for an Olympic Games. This experience was a benefit not only to them, but to the others involved in this stage of preparation for the first time.

There was awareness in the department that this time of the cycle would require something special and the effort made by all did not waiver from this ethos. The extra time in supporting athletes and coaches in local, interstate and overseas environments was provided with enthusiasm.

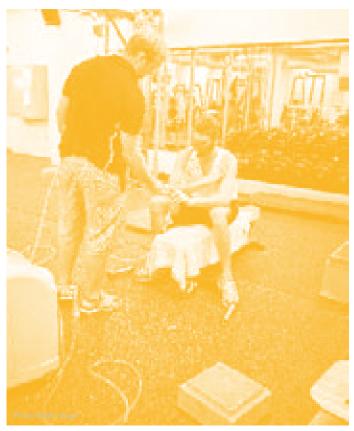
Membership of the ACS team was once again quite stable through the year. Ben Dascombe commenced with WAIS in August 2007 leaving a lecturing position at university to take up the sport science challenge in the area of physiology.

WAIS farewelled long serving Technical Officer David Gould who made a significant life change to get married and move to Norway. David had become an integral part of the ACS team over 11 years of service and his experience and friendly nature will be missed.



L-R: MATTHEW DOYLE, HEATHER MCGREGOR-BAYNE, TED POLGLAZE, GILMAN BARNITT, MARTIN FITZSIMONS, NICOLA BROWN, ANDREW LYTTLE, FRANKIE TAN, BEN DASCOMBE, MATTHEW BURGIN, GREG MORGAN. ABSENT: TIM CHAMBERS, GEISH HORI, JENNY MARSH, CLAIRE RECHICHI.

# SPORT SCIENCE



PHYSIOLOGIST BEN DASCOMBE WITH EAMON SULLIVAN

A strategic reality for the department is the need to seek and share new knowledge. With limited resources to achieve this alone the department maintains a highly valued relationship with universities. The links developed with the University of Western Australia (UWA) and more recently with Edith Cowan University (ECU) provide many benefits for both parties. Claire Rechichi, Frankie Tan and Matt Keys were all enrolled in doctoral degrees at UWA. The links also allow for the sharing of expertise and resources, while WAIS provides several students from the universities with practicum experience each year.

The department made progress towards confirming strategically aligned research directions. The need to realise maximum benefit from limited resources makes alliance with a strategically determined direction an important step for the department.

Several projects already in play made good progress through the year. Another study was completed using the computational fluid dynamics to investigate the freestyle kick in swimming by Matt Keys and Andrew Lyttle. This work attracted some external funding and adds another significant step in the quest to better understand the swimming stroke.

WAIS collaborated with UWA, the Queensland Academy of Sport and Southern Cross University to investigate the potential for inertial sensor technology to refine the collection of three dimensional data from athletes in motion. Andrew Lyttle played the leading role in this project.

PhD Scholar Frankie Tan continued his investigation into the water polo women's game with further data collection in training and competition. With assistance from Ted Polglaze, Frankie has provided feedback on the national team players that is valued by the national coach in their preparation for the Olympic Games.

Claire Rechichi continued the challenging task of collecting data from female athletes meeting specific criteria that will help explain the effects of the menstrual cycle on performance.

The professional development of staff is an integral part of the WAIS strategic plan and the ACS staff took many varied opportunities in this area. Ted Polgalze, Claire Rechichi and Ben Dascombe presented papers at the Applied Physiology Conference hosted by the Queensland Academy of Sport.

The pursuit of knowledge in the use of technology in sport saw Andrew Lyttle and Matthew Doyle present papers at the 2007 Asia Pacific Conference on Sports Technology in Singapore.

Providing scientific services to athletes and coaches is always the priority of the department. For many sports the work with the athletes was carried through to the key competitions, which for most were the Olympic selection trials. The sports of swimming, rowing, canoeing, athletics, gymnastics and water polo all gained support at competitions from the various disciplines and staff including Ben Dascombe, Ted Polglaze, Andrew Lyttle, Matthew Doyle, Matthew Burgin, Heather McGregor-Bayne and Frankie Tan. The national hockey programs also benefitted by having Claire Rechichi (Women) and Peter Peeling (Men) travel to the Beijing test events and collect valuable data that was then used in the final preparations for the Olympic Games.

In addition to the AIS/Hockey Australia programs the department also provided scientific support to several national rowing crews at senior, Under 23 and junior level. The support provided to the men's lightweight program was significant and included Ted Polglaze accompanying the crews to Europe for several weeks in their Olympic preparation.

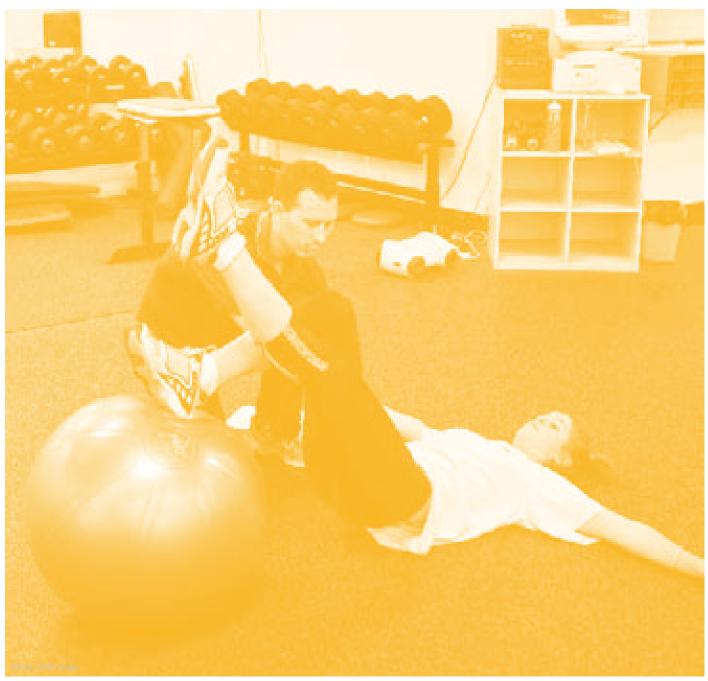
# STRENGTH & CONDITIONING

Providing the optimal balance of strength and conditioning services to meet the needs of the individual athlete was an ever present challenge to the strength coaches. The integration of correct movement patterns into the development of athletes for performance continued to be a focus through the year. The positive interaction with medical and physiotherapy providers combined with the experience of the strength coaches ensured that the athletes received the most appropriate training for their needs.

A further pleasing result from the collaboration with the medical service providers was a reduction in injury rates for many sports.

The need to provide adequate access to the facility and strength coaches was well handled throughout the year. Good communication enabled solutions that allowed athletes to receive training appropriate for their stage on the athlete pathway for their particular sport.

The quest for new knowledge was a constant process with regular internal professional development sessions held. Head of Strength Training Gilman Barnitt attended the Australian Strength and Conditioning Association national conference and delivered the knowledge gained there back into the WAIS system.



GREG MORGAN WITH MAGGIE VAN DER LINDE

# CLINICAL SERVICES

The ongoing investment of significant resources continued to benefit WAIS athletes. The list of preferred medical and physiotherapy providers to WAIS has remained very stable. Their history of working with WAIS athletes provided a solid platform for the delivery of services and for communication within the network of providers and the WAIS ACS staff.

A strong liaison with service providers, under the leadership of Dr Carmel Goodman as Medical Coordinator facilitated improved services ensuring that WAIS athletes had access to high quality medical support.

Carmel's history and experience with elite athletes ensures a confidence and stability is maintained in the delivery of medical services to WAIS athletes. Carmel also retained the role of Primary Medical Officer with Rowing Australia.

In addition to the established list WAIS also took the opportunity to add suitably qualified professionals to the list of preferred providers.



DR CARMEL GOODMAN WITH CASEY DELLACQUA

# ATHLETE CAREER & EDUCATION

When one thinks of the year preceding an Olympic Games, many terms spring to mind, almost all of which relate back to the trials and tribulations that characterise many aspiring athletes' experiences. All staff within the Athlete Career and Education (ACE) program consider themselves fortunate to be able to embark on this journey alongside WAIS and AIS staff and athletes.

ACE services were largely targeted towards providing support to those athletes aspiring to be 2008 Olympians. ACE attempted to work with athletes to plan educational, employment and financial commitments so as to facilitate preparation for Olympic selection as well as working to remove any significant barriers hampering performance. A new initiative aimed at closely monitoring the progression of WAIS athletes through the 2008 Beijing Olympic selection process was developed between WAIS ACE and Psychology staff. The project firstly assessed the current status of each athlete and then provided individualised feedback on such factors as career planning, athlete identity, coping strategies and locus of control. The project tracked athletes through the selection process, and provided on-going support for both selected and non-selected athletes.

WAIS held two courses titled "The Road to Beijing" for nominated and prospective Olympians and their significant others. In collaboration with the Confucius Institute of WA, the workshops covered two critical elements of life in China. Introduction to Everyday Chinese covered language and the fundamentals of shopping in China. Introduction to Chinese Culture and Etiquette covered aspects such as cultural differences and expectations, along with relationship styles and relationship building. The Olympic lightweight rowing squad were the first group exposed to the training package with other WAIS and AIS athletes and partners following. Feedback from the evening was very positive.

The program facilitated key information sessions for the AIS Hockey program. A presentation on the dangers of "Social Drugs and Alcohol" was made by Paul Dillon from the National Drug and Research Authority. The men's program learnt how to manage the media pressures associated with being the defending Olympic champions via the skills of David Christison.

Collaborative partnerships continue to be a commanding theme in assisting the ACE program to continue to deliver a level of career, education and personal support that sees the program viewed as a leader amongst the National Coach and Athlete Career & Education network. New partnerships have been developed with the Fitness Institute of Australia who provided several scholarships to athletes interested in pursuing a career within the fitness industry.

In recognition of the learning that takes place within the elite training environment WAIS, Churchlands SHS and the Curriculum Council are currently piloting the Community Sports Performance Endorsed program with the WAIS Gymnastics program. This will allow gymnasts to gain credit points towards their WA Certificate of Education through documentation and a reflection portfolio.

Strong relationships were in place with existing education partners including Kaplan and each of the Elite Athlete Friendly Universities (EAFU) of Curtin, Murdoch, Edith Cowan and UWA. The ISOC Mentoring program (in collaboration with the WA Olympic Council) continues to be a successful initiative and valuable resource to the ACE program. Of the four athletes currently enrolled in the pilot program, two (both current



ACE TRAINING OFFICER, TIM CHAMBERS

Olympians) have secured paid employment as a direct consequence of the work experience/internships that have been set up for them through the program.

The Gifted Athlete Program completed a successful pilot period, and a proposal for its continued delivery was submitted to the Department of Sport and Recreation for funding. Major changes to the new structure include reducing regional deliveries and increasing metro delivery, developing basic and advanced level programs and reducing the delivery time of these to a half-day and full day respectively.

The WAIS Athlete Career and Education Excellence Award was moved to being presented at the Champions Breakfast. The 2008 winner was Andrea Gilmore who balanced a highly successful first year full-time university course with significant progress in her netball career. Andrea was selected in the inaugural West Coast Fever squad, was selected to tour New Zealand with the AIS squad and was named in the National Under-21 team.

The inaugural WAIS cookbook was released during the year. The idea of a cookbook began in 2006 based on research from both athletes and their significant others who indicated a need for such a resource.

The staffing of the ACE program saw some changes. Heather McGregor-Bayne continued to lead the program in her role as coordinator. WAIS farewelled ACE Counsellor Angie Wilson in January 2008. Angie commenced a Graduate Diploma in Counselling and decided not to return to WAIS following completion of her maternity leave. Angie was a highly valued staff member and we wish her all the best for the future. Kristy Warrick, the maternity leave replacement for Angie, left for a position in the corporate area. Jenny Marsh commenced as the ACE Counsellor in January 2008. Jenny was a WAIS and National level Basketballer.

ACE training Officer Tim Chambers made progress through the Graduate Certificate in Career Counselling for Elite Performers. After graduating from his PhD in April 2008 Tim enrolled in Psychology Honours to further his skills in the counselling area.

# CORPORATE SERVICES

# FINANCE & ADMINISTRATION



L-R: SIMON MOORE-CROUCH, KAUSHIK BHOWMICK, LORREN PORTOLAN, NATALIE GRAHAM, JESSICA ROBERTS, CHRIS ABBOTT, ADRIAN BROUGHTON, STEVEN LAWRENCE. ABSENT: KRISTIN CHABREL.

# Staff

There were several changes to department staff during the year. These changes required careful planning to ensure they did not impact negatively on the department's operations. **Ms Carly Pollock** resigned as the Finance and Administration Officer and WAIS was fortunate to engage **Mrs Honnie Dobber**, a former WAIS employee, to contribute her financial management skills to our operations.

Due to a restructure in the Public Relations department (formerly Marketing department) the shared administrative assistant role filled by Ms Marisa Leddin was made redundant. A full-time receptionist, Jessica Roberts, was employed to replace Ms Kristin Chabrel who accepted a new role as the Finance and Administration Assistant.

At 30 June 2008, there were 47 full-time staff and 5 permanent part-time staff.

# Accommodation and Costs

Significantly increased costs were associated with maintaining WAIS' premises during the year. Due to the age of the building it is anticipated that the level of ongoing maintenance required will continue to increase.

# Financial Systems

The budgeting model was updated during the year in order to improve upon the financial management processes. The payroll system was also successfully updated.

# **Human Resources**

During 2007, Mrs Vanessa Gilbert continued to provide her valuable expertise in coordinating various HR projects until taking maternity leave. Her role is currently managed by Finance and Administration Officer and Executive Assistant.

The Staff Performance Management System was also further developed during 2007.

# Information Technology

DAIS has continued to be developed by our software engineer, **Mr Adrian Broughton**, with improvements on the current version. Optimisation of internal processes in order to enhance the utilisation of resources available was one of the key goals focussed on by the Information Technology working group.

Financial modelling linked with Sport Operational Plans are in its developmental process. This will enhance the forecasting process in line with overall strategic plan.

The WAIS servers have been replaced as part of planned fleet maintenance. This upgrade has also allowed various database enhancements to occur.

An audiovisual repository and communications project is progressing well with additional funding from the State Government. This project is aimed at enhancing not only WAIS' communication with the national high performance network but also providing the potential to distribute high performance coaching information to regional WA. The University of Western Australia is a key partner in this project as a further outcome to be achieved is an enhancement of research capability with WAIS. The project to date is meeting the goals set and all partners are committed to the project's ultimate implementation.

# PUBLIC RELATIONS



WAIS SCHOOL TOUR WITH EAMON SULLIVAN

The marketing function at WAIS has undergone a number of changes in the past 12 months, with the focus of our activities shifting towards public relations and the name of the department changing to reflect that. This has resulted in a number of good outcomes in terms of media exposure, athlete appearances and WAIS's engagement with the community.

### Staffing

The past 12 months have seen a few comings and goings in terms of the staff in the public relations area.

Ms Stephanie Neesham continued to fill the role of Marketing Manager for the first four months of the financial year before going on 12 months maternity leave at the beginning of November. Ms Neesham's role has been filled by Mr Simon Moore-Crouch since October, with the title of the position changing to Public Relations Manager to better reflect the new focus of the department. Mr Moore-Crouch is responsible for the communications, media and community relations aspects of the Institute.

Ms Marisa Leddin continued her support to the Marketing Department for the first six months of the financial year before a change in the staffing structure saw the part time Marketing Assistant role made redundant. In place of the part time role a new full time Public Relations Officer position was created, with Mr Chris Abbott joining WAIS in that position in mid-February. Mr Abbott is responsible for writing and producing a number of the WAIS publications, the Weekly News Bulletin and the new website, as well as co-ordinating the new Go for 2&5 WAIS Community Development Program.

# **Partnerships**

Over the past 12 months WAIS has welcomed on board a number of new partners which has resulted in the launching of some exciting new initiatives.

We would like to take this opportunity to welcome **Kaplan Education** and the **Fitness Institute Australia** aboard as supporters of the Athlete Career and Education Department and to acknowledge **Healthway**, through **The Cancer Council** and the **Go for 2 & 5 message**, who have returned to the WAIS fold as corporate sponsors and partners in the Go for 2&5 WAIS Community Development Program.

It would also be remiss to not mention **Coca-Cola** who have extended their relationship with WAIS for a further three years, taking their total association with the Institute to 26 years by the end of their current sponsorship agreement in 2010.

Partners, sponsors and suppliers for the 2007/2008 period are detailed below.

# Principal Partner

The **Government of Western Australia** provides unwavering support to WAIS and allows the Institute to achieve its purpose of assisting Western Australian athletes achieve excellence in their sporting pursuits. We thank the WA Government for its continued support of the elite sporting system in WA.

### Strategic Partners

**Department of Sport and Recreation** for its strategic alliance supporting athlete sporting pathways in Western Australia.

Australian Sports Commission for its financial commitment to the twelve National Training Centres in Western Australia and its national Athlete Career and Education program and sport science quality assurance programs that directly benefit WAIS operations.

**Western Australian Sports Centre Trust** for the provision of venues and facilities for our athletes and sport programs.

## Corporate Sponsors

**Healthway** renewed their association with WAIS through a new three year corporate sponsorship incorporating the Go for 2&5 WAIS Community Development Program.

**Channel Seven** has a long-standing commitment to sport in Western Australia and as a media partner provides valuable footage of WAIS athlete events for promotional activities.

### **Program Sponsors**

The Carbine Club continued its support of our aspiring athletes through the Carbine Club International Scholarship Fund. This important initiative allocates funding to WAIS athletes to assist with travel to international competitions.

Ross Sales and Auctions, Odin Energy and Advance Energy continue to sponsor the Men's Water Polo Program, enabling the squad to buy extra equipment and uniforms to assist their training.

The Cancer Council, through the Go for 2&5 message, have come aboard as naming rights partners to the expanded Go for 2&5 WAIS Community Development Program. This exciting initiative provides schools and sporting clubs the opportunity to have a WAIS athlete visit them and promotes healthy eating and active lifestyles.

**Kaplan Education** has joined the Institute as a supporter of the Athlete Career and Education Department, offering scholarships annually to athletes wishing to pursue a career in the financial services industry.

The Fitness Institute Australia have also joined WAIS as supporters of the Athlete Career and Education Department, offering a number of scholarships to young athletes wishing to complete courses that will enable them to pursue careers in the fitness industry.

# Suppliers

**Bekkers IT**, official supplier of IT services, has continued its long-term relationship with WAIS.

**Coca-Cola**, has continued its long-term support of WAIS as official supplier of sports drinks and beverages. In particular, the provision of Powerade products to the athletes has assisted with their training and recovery regimes.

**Kea Designer Sportswear** has continued its long-standing relationship as apparel supplier. Kea continues to work with WAIS to deliver apparel suitable to the demanding requirements of athletes and staff.

WAIS is grateful to all its retiring, existing and new partners for their valuable contribution. The support of our partners plays a vital role in the journey the athletes follow to international success.

# Public Relations

The WAIS Public Relations Department has directed its focus in the past financial year to actively promoting the achievements of the Institute's athletes, coaches and staff to the wider community.

Media coverage of the Institute across print, radio and television has been increasing due to the advent of the Olympic year and the work being done by WAIS staff in building relationships with key media personnel. The good relationship between WAIS and the WA Olympic Council has assisted this process, particularly with official Olympic Team announcements.

Of particular note have been the developing relationships with outlets such as Nova 937, PerthNow and The Sunday Times which have complemented the existing strong relationships with outlets such as The West Australian, ABC Radio, ABC TV and Channels 7, 9 and 10.

The expansion of the Go for 2&5 WAIS Community Development Program has seen an increased focus on WAIS athletes getting involved in the community through school and sporting club visits. The delivery of the healthy eating and being active message by our outstanding young athletes has the potential to deliver great benefits to WAIS and the wider community in the years to come.

Staff have also played a significant role in the promotion and fundraising for the Wally Foreman Foundation, organising the inaugural 720 ABC Perth Radiothon in November, which raised over \$75,000, and assisting with the Breakfast with the Captains in March.

# **Website and Corporate Communications**

One of the biggest tasks undertaken by the Public Relations Department in the past 12 months has been the complete overhaul of the **WAIS website**. The re-developed site went live in mid-February after close to three months of design work by our contracted web developer iKom Creative Solutions. www.wais.org.au is now home to an exciting and dynamic website that's features include photo galleries, an events calendar, athlete blogs and the latest news and results from WAIS athletes around the world.

The Weekly News Bulletin (WNB) also continues to be a major internal and external communication tool, with the weekly e-newsletter consisting of up-to-date news and results from WAIS athletes. An extensive subscriber list of sporting organisations, government, sponsors and media ensures WAIS stakeholders are kept informed each week.

### Media

As discussed previously in this report a significant amount of work has been done in the past 12 months to develop the relationship between WAIS and key media outlets in Western Australia across print, radio, television and new media. This work, combined with the advent of the Olympic and Paralympic year and continued strong results from WAIS athletes, has seen the amount of media coverage of the Institute's athletes, coaches and staff move in a pleasing upwards direction.

Key new initiatives have been athletes writing regular online blogs for popular news websites PerthNow (Dasha Joura) and thewest.com.au (Kylie Wheeler) and regular interview segments on the high rating Drive show on 720 ABC Perth.

The department has also again engaged marketing and public relations consultancy **Buzz Marketing** to assist WAIS staff in procuring feature type media coverage of WAIS athletes in magazines and on radio and television.



'GO FOR 2&5' WAIS COMMUNITY DEVELOPMENT PROGRAM LAUNCH AT GIRRAWHEEN PRIMARY SCHOOL



'GO FOR 2&5' WAIS COMMUNITY DEVELOPMENT PROGRAM LAUNCH AT GIRRAWHEEN PRIMARY SCHOOL

### **Publication**:

The Public Relations team once again produced two editions of the **Without Compromise Magazine** as well as contributing to the **WAIS Annual Report** over the past 12 months.

The **Without Compromise Magazine** is a bi-annual magazine offering a six month snapshot of the latest happenings at WAIS, including behind the scenes features on athletes, coaches and staff as well as articles highlighting our world class performances. It is circulated to over 2,000 athletes, sport, corporate and government agencies in both summer and winter. The **WAIS Annual Report** is another important promotional tool distributed to key stakeholders.

The WAIS Public Relations department also assisted with the production of various department and program publications for presentations, seminars and events.

It is important to recognise the efforts of WAIS Journalist **Ms Kate Chesson** who played a key role in writing and editing a number of the Institute's publications over the past year. Ms Chesson completed her work for WAIS in February after the re-structure of the staffing arrangements for the department and we thank her for her efforts during her time with WAIS.

# Go for 2&5 WAIS Community Development Program

Together with the department's work in promoting the Institute to the media, the expansion of the WAIS Community Development Program has been a key focal point. In order to be able to achieve an expansion of WAIS's involvement in the wider community it was necessary to have the support of a partner and the Institute is pleased to report that **Healthway**, through **The Cancer Council** and the **Go for 2&5 message**, have come on board to enable this to occur.

The result is the expanded Go for 2&5 WAIS Community Development Program which will see schools and sporting clubs around Western Australia benefit from visits and interaction with some of the State's most talented athletes. The three aspects of the expanded program are:

- Primary school visits
- Sporting club visits
- WAIS Tours

Each part of the program sees athletes sharing aspects of their journey from budding young athletes to world class performers, hopefully inspiring the next generation to strive to follow a similar path.

A group consisting of athletes from sports including hockey, canoeing, athletics, swimming (including two elite swimmers with a disability), netball and gymnastics have been trained to deliver the program which also encourages young West Australians to live active lifestyles and to eat well.

Outside the Go for 2&5 WAIS Community Development Program WAIS athletes have also been involved in appearances for a number of charities including Telethon and the Make a Difference Foundation, as well as other sporting organisations such as the West Coast Eagles, Fremantle Dockers and the Western Force.



# WAIS WOULD LIKE TO THANK:

# PRINCIPAL PARTNER



# STRATEGIC PARTNERS







# CORPORATE SPONSORS





# PROGRAM SPONSORS







International Scholarship Fund















Men's Waterpolo



Men's Waterpolo

# SUPPLIER/PROVIDER



Sports Drinks & Beverages



IT Services



 ${\sf Sportswear}$ 

# TRAINING CENTRE STATUS



# VENUE SUPPORTERS









# **2008 WAIS OLYMPIANS**

**Paul Burgess** Steve Hooker **Kylie Wheeler** Anthony Little Robin Bell Ryan Bayley Cameron Meyer Tanya Bailey Nicole Callisto Lucinda Fredericks Clayton Fredericks Sonja Johnson Dasha Joura Lauren Mitchell Olivia Vivian Kiel Brown Bevan George Fergus Kavanagh **Emily Halliday Shelley Liddelow** Kobie McGurk Hope Munro Kim Walker Lisa Oldenhof Natalie Bale **Amber Bradley Ben Cureton** Todd Skipworth Jeremy Stevenson **David Dennis** Tessa Parkinson Elise Rechichi Robyn Van Nus Eamon Sullivan Travis Nederpelt Tina Morgan Casey Dellacqua Jamie Beadsworth Water Polo Tim Neesham **James Stanton** Water Polo Gemma Beadsworth Water Polo Water Polo Emma Knox

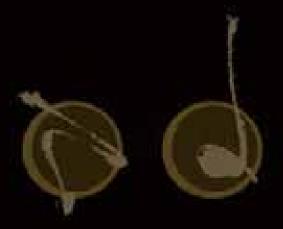
Athletics **Athletics Athletics Boxing** Slalom Canoe Cycling Cycling Cycling - BMX Cycling - BMX Equestrian Equestrian Equestrian Gymnastics **Gymnastics Gymnastics** Hockey Hockey Hockey Hockey Hockey Hockey Hockey Hockey Kayak Rowing Rowing Rowing Rowing Rowing Rowing Sailing Sailing Shooting **Swimming** Swimming Taekwondo Tennis Water Polo

# FORMER WAIS 2008 OLYMPIANS

Sarah Jamieson **Athletics** John Steffensen Athletics Tully Bevilaqua Basketball **Rohanee Cox** Basketball Natalie Cook Beach Volleyball Sarah Tait Rowing Sally Foster Swimming

# 2008 WAIS PARALYMPIANS

Clare Burzynski **Basketball Brad Ness** Basketball **Shaun Norris** Basketball Justin Eveson Basketball Michael Hartnett Basketball Mark Le Flohic Cycling **Sharon Jarvis** Equestrian Darren Gardiner **Powerlifting** Russell Boaden Sailing Sailing Colin Harrison Rachael Cox Sailing **Graeme Martin** Sailing Jeremy Tidy Swimming Jeremy McClure Swimming Katrina Porter Swimming **Grant Boxall** Wheelchair Rugby





# WESTERN AUSTRALIAN INSTITUTE OF SPORT (INC) ANNUAL FINANCIAL STATEMENTS YEAR ENDED 30 JUNE 2008

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# INDEPENDENT AUDIT OPINION

To the Parliament of Western Australia

# WESTERN AUSTRALIAN INSTITUTE OF SPORT FINANCIAL STATEMENTS AND KEY PERFORMANCE INDICATORS FOR THE YEAR ENDED 30 JUNE 2008

I have audited the accounts, financial statements, controls and key performance indicators of the Western Australian Institute of Sport.

The financial statements comprise the Balance Sheet as at 30 June 2008, and the Income Statement, Statement of Changes in Equity and Cash Flow Statement for the year then ended, a summary of significant accounting policies and other explanatory Notes.

The key performance indicators consist of key indicators of effectiveness and efficiency.

# **Board's Responsibility for the Financial Statements and Key Performance Indicators**

The Board is responsible for keeping proper accounts, and the preparation and fair presentation of the financial statements in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the Treasurer's Instructions, and the key performance indicators. This responsibility includes establishing and maintaining internal controls relevant to the preparation and fair presentation of the financial statements and key performance indicators that are free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; making accounting estimates that are reasonable in the circumstances; and complying with the Financial Management Act 2006 and other relevant written law.

# **Summary of my Role**

As required by the Auditor General Act 2006, my responsibility is to express an opinion on the financial statements, controls and key performance indicators based on my audit. This was done by testing selected samples of the audit evidence. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion. Further information on my audit approach is provided in my audit practice statement. Refer "http://www.audit.wa.gov.au/pubs/Audit-Practice-Statement.pdf".

An audit does not guarantee that every amount and disclosure in the financial statements and key performance indicators is error free. The term "reasonable assurance" recognises that an audit does not examine all evidence and every transaction. However, my audit procedures should identify errors or omissions significant enough to adversely affect the decisions of users of the financial statements and key performance indicators.

# Western Australian Institute of Sport Financial Statements and Key Performance Indicators for the year ended 30 June 2008

# **Audit Opinion**

In my opinion,

- (i) the financial statements are based on proper accounts and present fairly the financial position of the Western Australian Institute of Sport at 30 June 2008 and its financial performance and cash flows for the year ended on that date. They are in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the Treasurer's Instructions;
- (ii) the controls exercised by the Institute provide reasonable assurance that the receipt, expenditure and investment of money, the acquisition and disposal of property, and the incurring of liabilities have been in accordance with legislative provisions; and
- (iii) the key performance indicators of the Institute are relevant and appropriate to help users assess the Institute's performance and fairly represent the indicated performance for the year ended 30 June 2008.

**GLEN CLARKE** 

**ACTING AUDITOR GENERAL** 

22 September 2008

# Certification of Financial Statements

The accompanying financial statements of the Western Australian Institute of Sport (Inc.) have been prepared in compliance with the provisions of the Financial Management Act, 2006 from proper accounts and records to present fairly the financial transactions for the financial year ended 30 June 2008 and the financial position as at 30 June 2008.

At the date of signing we are not aware of any circumstances which would render any particulars included in the financial statements misleading or inaccurate.

DATED THIS 16th OF September 2008

Mr Grant Boyce Chairman

Board

Western Australian Institute of Sport (Inc.)

Mr Steven Lawrence Executive Director

Board Member

Western Australian Institute of Sport (Inc.)

Mr Kaushik Bhowmick

Finance and Administration Manager

Koursent Bhownick

Chief Financial Officer

Western Australian Institute of Sport (Inc.)





Western Australian Institute of Sport (Inc.) Income Statement for year ended 30 June 2008			
	Note	2008	2007
COST OF SERVICES		\$	\$
COST OF SERVICES			
Expenses	60	0.000.005	0.005.000
Employee benefits expense	3	3,699,865	3,335,362
Supplies and services	4	1,514,454	1,555,300
Depreciation and amortisation expense	5	259,903	248,062
Accommodation expenses	6	27,000	24,000
Other expenses	7 _	1,022,317	985,913
Total cost of services		6,523,539	6,148,637
Income			
Revenue			
User charges and fees	8	142,023	141,240
Commonwealth grants and contributions	9	138,178	135,678
Interest revenue	10	120,487	63,791
Other revenue	11	1,405,178	1,593,159
Total Revenue	_	1,805,866	1,933,868
Gains			
Gain on disposal of non-current assets	13	38,674	24,640
Total Gains	-	38,674	24,640
Total income other than income from State			
Government	702	1,844,540	1,958,508
NET COST OF SERVICES	-	4,678,999	4,190,129
INCOME FROM STATE GOVERNMENT			
State grants	14	4,074,000	4,011,000
Total income from State Government	-	4,074,000	4,011,000
(DEFICIT) FOR THE PERIOD	-	(604,999)	(179,129)

The Income Statement should be read in conjunction with the accompanying notes.





Western Australian Institute of Sport (Inc.) Balance Sheet as at 30 June 2008			
	Note	2008	2007
		\$	\$
Current Assets	22	10.050	417,430
Cash and cash equivalents	15	18,258	1 The Late of the
Receivables	17	183,085	214,414
Other current assets	18	19,366	8,351 23,831
Inventories held for distribution Total Current Assets	16	220,709	664,026
Non-Current Assets			
Property, plant and equipment	19	528,473	581,814
Total Non-Current Assets	,,,	528,473	581,814
Total Assets		749,182	1,245,840
Current Liabilities		7010/202	
Payables	22	388,543	327,212
Provisions	23	599,847	403,250
Other current liabilities	24	260,751	364,560
Total Current Liabilities		1,249,141	1,095,022
Non-Current Liabilities			
Provisions	23	52,101	97,878
Total Non-Current Liabilities		52,101	97,878
Total Liabilities		1,301,242	1,192,900
NET (LIABILITIES) / ASSETS		(552,060)	52,940
Equity			
Accumulated (LOSSES) / surplus	25	(552,060)	52,940
TOTAL (DEFICIT) / EQUITY		(552,060)	52,940

The Balance Sheet should be read in conjunction with the accompanying notes.





Western Australian Institute of Sport (Inc	V. T	
Statement of changes in Equity for the year	ended 30 June	2008
	2008	2007
	\$	\$
Balance of equity at start of period		
ACCUMULATED SURPLUS		
Balance at start of period	52,940	232,068
(Deficit) for the period	(604,999)	(179,129)
Balance at end of period	(552,060)	52,940
(Deficiency) / Balance of equity at end of		
period (a)	(552,060)	52,940
Total income and expense for the period	(604,999)	(179,129)

	2007
	\$
Balance per previous year's audited	
accounts	150,118
Adjustment due to change in	
Accounting Policy (refer note 19)	(97,178)
Adjusted balance at beginning of the	
period	52,940

The Statement of Changes in Equity should be read in conjunction with the accompanying notes.

(a) Liabilities exceed assets for the Institute and therefore there is no residual interest in the assets of the Institute. This deficiency arose through accrual of employee entitlements for leave and preparing athletes for the Beijing Olympics 2008. The Institute has the financial support of The Department of Treasury and Finance and Department of Sports and Recreation, who shall continue to ensure the institute has access to sufficient funds should they be required.





Western Australian Institute of Sport (Inc.) Cash Flow Statement for year ended 30 June 2008			
	Note	2008	2007 \$
CASH FLOWS FROM STATE GOVERNMENT			
State grants		4,074,000	4,011,000
Net cash provided by State Government		4,074,000	4,011,000
Utilised as follows:			
CASH FLOWS FROM OPERATING ACTIVITIES			
Payments			
Employee benefits		(3,549,045)	(3,305,537)
Supplies and services		(1,453,123)	(1,504,653)
Accommodation		(27,000)	(24,000)
GST payments on purchases		(207,052)	(189,625)
Other payments	2	(1,416,392)	(1,224,933)
	-	(6,652,612)	(6,248,748)
Receipts		440 000	444.040
User charges and fees		142,023	141,240
Commonwealth grants and contributions		138,178	135,678
Interest received		120,487	63,791
GST receipts on sales		583,723	550,070
Other receipts		1,409,643	1,610,141
		2,394,054	2,500,920
Net cash used in operating activities	26 =	(4,258,558)	(3,747,828)
CASH FLOWS FROM INVESTING ACTIVITIES			
Purchase of non-current physical assets		(271,953)	(219,453)
Proceeds from the sale of non-current physical assets		57,338	44,401
Net cash used in investing activities		(214,614)	(175,052)
Net (decrease)/increase in cash and cash equivalents Cash and cash equivalents at the beginning of the financial		(399,172)	88,120
year		417,430	329,310
CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR		18,258	417,430
	15	10,230	417,430

The Cash Flow Statement should be read in conjunction with the accompanying notes.





# Australian equivalents to International Financial Reporting Standards

## General

The Institute's financial statements for the year ended 30 June 2008 have been prepared in accordance with Australian equivalents to International Financial Reporting Standards (AIFRS), which comprise a Framework for the Preparation and Presentation of Financial Statements (the Framework) and Australian Accounting Standards (including the Australian Accounting Interpretations).

In preparing these financial statements the Institute has adopted, where relevant to its operations, new and revised Standards and Interpretations from their operative dates as issued by the AASB and formerly the Urgent Issues Group (UIG).

# Summary of significant Accounting Policies

# (a) General Statement

The financial statements constitute a general purpose financial report which has been prepared in accordance with Australian Accounting Standards, Statements of Accounting Concepts and other authoritative pronouncements of the Australian Accounting Standards Board as applied by the Treasurer's Instructions. Several of these are modified by the Treasurer's Instructions to vary application, disclosure, format and wording.

The Financial Management Act and the Treasurer's Instructions are legislative provisions governing the preparation of financial statements and take precedence over Accounting Standards, Statements of Accounting Concepts and other authoritative pronouncements of the Australian Accounting Standards Board.

Where modification is required and has a material or significant financial effect upon the reported results, details of that modification and the resulting financial effect, are disclosed in individual notes to the financial statements.

# (b) Basis of Preparation

The financial statements have been prepared on the accrual basis of accounting using the historical cost convention.

The accounting policies adopted in the preparation of the financial statements have been consistently applied throughout all periods presented unless otherwise stated. The financial statements are presented in Australian dollars and all values are rounded to the nearest dollar (\$).

# Going Concern

As at 30 June 2008, the institute recorded a working capital deficiency of \$1,028,432 (2007: \$430,996).

The Institute has the financial support of Department of Treasury and Finance and Department of sports and Recreation, who shall continue to ensure the institute has access to sufficient funds should they be required to pay debts as and when they fall due.

It is the opinion of the board of directors that there are reasonable grounds to believe the institute is a going concern. Therefore the financial report does not include any adjustments relating to the recoverability and classification of the recorded asset amounts or to the amounts and classification of liabilities that might be necessary should the institute not continue as a going concern.

# (c) Reporting Entity

The reporting entity comprises the Western Australian Institute of Sport Inc. (the Institute).





### (d) Income

#### Revenue

Revenue is measured at the fair value of consideration received or receivable. Revenue is recognised for the major business activities as follows:

#### Sale of goods

Revenue is recognised from the sale of goods and disposal of other assets when the significant risks and rewards of ownership control transfer to the purchaser.

#### Rendering of services

Revenue is recognised on delivery of the service to the client or by reference to the stage of completion of the transaction.

#### Interest

Revenue is recognised as the interest accrues using the effective interest method.

#### Grants, donations, gifts and other non-reciprocal contributions

Revenue is recognised at fair value when the Institute obtains control over the assets comprising the contributions, usually when cash is received.

Other non-reciprocal contributions that are not contributions by owners are recognised at their fair value. Contributions of services are only recognised when a fair value can be reliably determined and the services would be purchased if not donated.

Where contributions recognised as revenues during the reporting period were obtained on the condition that they be expended in a particular manner or used over a particular period, and those conditions were yet to be discharged as at the reporting date, the nature of, and amounts pertaining to, those undischarged conditions are disclosed in the notes.

#### Gains

Gains may be realised or unrealised and are usually recognised on a net basis. These include gains arising on the disposal of non-current assets and some revaluations of non-current assets.

### (e) Property, Plant and Equipment and Infrastructure

### Capitalisation/Expensing of assets

Items of property, plant and equipment and infrastructure costing over \$5,000 are recognised as assets and the cost of utilising assets is expensed (depreciated) over their useful lives. Items of property, plant and equipment and infrastructure costing less than \$5,000 are immediately expensed direct to the Income Statement (other than where they form part of a group of similar items which are significant in total).

### Accounting Policy

Capitalisation threshold has changed from \$2000 to \$5000 per TI 1104. The change in accounting policy has resulted a reduction in surplus in current year by \$46,725 and prior years by \$97,178.

#### Initial recognition and measurement

All items of property, plant and equipment and infrastructure are initially recognised at cost. For items of property, plant and equipment and infrastructure acquired at no cost or for nominal cost, the cost is their fair value at the date of acquisition.

#### Depreciation

All non-current assets having a limited useful life are systematically depreciated over their useful lives in a manner which reflects the consumption of their future economic benefits.

Depreciation on other assets is calculated using the straight line basis, using rates which are reviewed annually. Estimated useful lives for each class of depreciable asset are:



Property, plant and equipment:

Plant, equipment and vehicles 3-10 years Office equipment 3-10 years Leased improvements 20-40 years

#### (f) Impairment of Assets

Property, plant and equipment and infrastructure are tested for any indication of impairment at each balance sheet date. Where there is an indication of impairment, the recoverable amount is estimated. Where the recoverable amount is less than the carrying amount, the asset is considered impaired and is written down to the recoverable amount and an impairment loss is recognised. As the Institute is a not-for-profit entity, unless an asset has been identified as a surplus asset, the recoverable amount is the higher of an asset's fair value less costs to sell and depreciated replacement cost.

The risk of impairment is generally limited to circumstances where an asset's depreciation is materially understated, where the replacement cost is falling or where there is a significant change in useful life. Each relevant class of assets is reviewed annually to verify that the accumulated depreciation/amortisation reflects the level of consumption or expiration of asset's future economic benefits and to evaluate any impairment risk from falling replacement costs. The recoverable amount of assets identified as surplus assets is the higher of fair value less costs to sell and the present value of future cash flows expected to be derived from the asset. Surplus assets carried at fair value have no risk of material impairment where fair value is determined by reference to market-based evidence. Where fair value is determined by reference to depreciated replacement cost, surplus assets are at risk of impairment and the recoverable amount is measured. Surplus assets at cost are tested for indications of impairment at each balance sheet date.

There were no indicators of impairment at 30 June 2008.

### (g) Leases

The Institute holds operating leases for motor vehicles. Lease payments are expensed on a straight line basis over the lease term as this represents the pattern of benefits derived from the leased vehicles.

#### (h) Financial Instruments

In addition to cash, the Institute has two categories of financial instrument:

- Loans and receivables; and
- Financial liabilities measured at amortised cost.

These have been disaggregated into the following classes:

Financial Assets

- Cash and cash equivalents
- · Restricted cash and cash equivalents
- Receivables
- Amounts receivable for services

Financial Liabilities

Payables

Initial recognition and measurement of financial instruments is at fair value which, normally equates to the transaction cost or the face value. Subsequent measurement is at amortised cost using the effective interest method.

The fair value of short-term receivables and payables is the transaction cost or the face value because there is no interest rate applicable and subsequent measurement is not required as the effect of discounting is not material.





# (i) Cash and Cash Equivalents

For the purpose of the Cash Flow Statement, cash and cash equivalent (and restricted cash and cash equivalent) assets comprise cash on hand and short-term deposits with original maturities of three months or less that are readily convertible to a known amount of cash, and which are subject to insignificant risk of changes in value.

#### (i) Inventories

Inventories held for distribution are valued at the lower of cost and current replacement cost. Costs are assigned to the inventory valued on a first in first out basis.

Inventories not held for resale are valued at cost unless they are no longer required, in which case they are valued at net realisable value.

### (k) Receivables

Receivables are recognised and carried at original invoice amount less an allowance for any uncollectible amounts (i.e. Impairment). The collectability of receivables is reviewed on an ongoing basis and any receivables identified as uncollectible are written-off. The allowance for uncollectible amounts (doubtful debts) is raised when there is objective evidence that the Institute will not be able to collect the debts. The carrying amount is equivalent to fair value as it is due for settlement within 30 days. See note 1(i) 'Financial Instruments' and note 17 'Receivables'.

## (I) Payables

Payables are recognised at the amounts payable when the Institute becomes obliged to make future payments as a result of a purchase of assets or services. The carrying amount is equivalent to fair value, as they are generally settled within 30 days. See note 1(i) 'Financial Instruments' and note 22 'Payables'.

#### (m) Provisions

Provisions are liabilities of uncertain timing and amount and are recognised where there is a present legal, equitable or constructive obligation as a result of a past event and when the outflow of economic benefits is probable and can be measured reliably. Provisions are reviewed at each balance date. See note 22 'Provisions'.

### (i) Provisions - Employee Benefits

Annual Leave and Long Service Leave

The liability for annual and long service leave expected to be settled within 12 months after the end of the reporting date is recognised and measured at the undiscounted amounts expected to be paid when the liabilities are settled. Annual and long service leave expected to be settled more than 12 months after the end of the reporting date is measured at the present value of amounts expected to be paid when the liabilities are settled. Leave liabilities are in respect of services provided by employees up to the reporting date.

When assessing expected future payments, consideration is given to expected future wage and salary levels including non-salary components such as employer superannuation contributions. In addition, the long service leave liability also considers the experience of employee departures and periods of service.

The expected future payments are discounted using market yields at the reporting date on national government bonds with terms to maturity that match, as closely as possible, the estimated future cash outflows.

All annual leave and unconditional long service leave provisions are classified as current liabilities as the Institute does not have an unconditional right to defer settlement of the COUSE (liability for at least 12 months after the reporting date.



#### Superannuation

External Superannuation institution administers the superannuation schemes.

Employees may contribute to the Pension Scheme. The Institute has no liabilities under the Pension Schemes.

See also note 2(b) 'Superannuation expense'.

#### (ii) Provisions - Other

Employment On-Costs

Employment on-costs, including workers' compensation insurance, are not employee benefits and are recognised separately as liabilities and expenses when the employment to which they relate has occurred. Employment oncosts are included as part of 'Other expenses' and are not included as part of the Institute's 'Employee benefits expense'. The related liability is included in 'Employment on-costs provision'. See note 7 'Other expenses' and note 23 'Provisions'.

## (n) Resources Received Free of Charge or for Nominal Cost

Resources received free of charge or for nominal cost that can be reliably measured are recognised as revenues and as assets or expenses as appropriate, at fair value. See note 12 'Resources Received for nominal cost'

# (p) Future impact of Australian Accounting Standards not yet operative

The Institute cannot early adopt an Australian Accounting Standard or Australian Accounting Interpretation unless specifically permitted by TI 1101 'Application of Australian Accounting Standards and Other Pronouncements'. No Standards and Interpretations that have been issued or amended but are not yet effective have been early adopted by the Institute for the annual reporting period ended 30 June 2008.

# (q) Comparative Figures

Comparative figures are, where appropriate, reclassified to be comparable with the figures presented in the current financial year.

#### (r) Disclosure of changes in accounting policy and estimates

#### Initial application of an Australian Accounting Standard

Disclose as required when initial application of an Australian Accounting Standard has an effect on the current period or any prior period, or would have such an effect, except that it is impracticable to determine the amount of the adjustment, or might have an effect on future periods.

The Institute has applied the following Australian Accounting Standards and Australian Accounting Interpretations effective for annual reporting periods beginning on or after 1 July 2007 that impacted on the Institute:

1. AASB 7 'Financial Instruments: Disclosures' (including consequential amendments in AASB 2005-10 'Amendments to Australian Accounting Standards [AASB 132, AASB 101, AASB 114, AASB 117, AASB 133, AASB 139, AASB 1, AASB 4, AASB 1023 & AASB 1038]'). This Standard requires new disclosures in relation to financial instruments and while there is no financial impact, the changes have resulted in increased disclosures, both quantitative and qualitative, of the institute's exposure to risks, including enhanced disclosure regarding components of the Institute's financial position and performance, and changes to the way of presenting certain items in the notes to the financial statements.





		2008	2007
3	Employee benefits expense		
	Wages and salaries	3,039,640	2,754,223
	Annual leave (a)	319,256	276,020
	Long service leave (x)	48,945	35,769
	Superannuation (b)	292,024	269,350
		3,699,865	3,335,362
4	Supplies and services	I to the second second	
	Travel	513,910	624,482
	Consultants and contractors	138,899	136,640
	Communication	56,001	46,926
	Repairs and maintainence	610,147	466,552
	Other	195,497	280,700
		1,514,454	1,555,300
5	Depreciation expense		
	Leasehold Improvements	8,405	5,323
	Plant, equipment and vehicles	248,651	237,702
	Office equipment	2,847	5,037
		259,903	248,062
6	Accommodation expense		
	Lease rentals	27,000	24,000
		27,000	24,000
7	Other expenses		
	Equipment repairs & maintenance	104,263	144,156
	General administration expenses	54,791	42,926
	Sport programs	242,190	211,405
	Scholarships	313,368	265,742
	Sport science	59,660	89,400
	Marketing & promotion	52,771	26,792
	Employment on-costs (a)	195,274	205,492
		1,022,317	985,913

(a) Includes workers' compensation insurance and other employment on-costs. The on-costs liability associated with the recognition of annual and long service leave liability is included at note 23 'Provisions'. Superannuation contributions accrued as part of the provision for leave are employee benefits and are not included in employment on-costs.

(b) External Superannuation institutions administers the superannuation schemes.





		2008	2007 S
8	User charges and fees		
	Coaching fees	142,023	141,240
		142,023	141,240
9	Commonwealth grants and contributions		
	Australian Sports Commission / AIS funding	138,178	135,678
		138,178	135,678
10	Interest revenue		
	Interest received from deposits	120,487	63,791
		120,487	63,791
11	Other revenue		
	Sponsorship	86,958	49,748
	Contributions from sporting bodies	1,163,175	1,244,142
	Other	155,045	299,269
	_	1,405,178	1,593,159
12	Resources received for nominal cost		
	During the year the following resources were received		
	Western Australian Sports Centre Trust	271,000	261,000
13	Net gain on disposal of non-current assets		
	Costs of Disposal of Non-Current Assets		
	Plant, equipment and vehicles	18,664	19,761
		18,664	19,761
	Proceeds from Disposal of Non-Current Assets		
	Plant, equipment and vehicles	57,338	44,401
	-	57,338	44,401
	Net gain	38,674	24,640
14	Income from State Government	110000000000000000000000000000000000000	
	Sports Lotteries grant	3,865,667	3,802,667
	Special grant	208,333	208,333
	TOTAL TOTAL CONTRACTOR OF THE PROPERTY OF THE	4,074,000	4,011,000
15	Cash and cash equivalents		
	Deposits	4	100,000
	Cash at Bank	17,558	317,221
	Cash on hand	700	209
		18,258	417,430





		2008 \$	2007 \$
16	Inventories held for distribution Current Inventories held for distribution:		- 11
	- Finished goods	1000000	100.000.150
	At cost or net realisable value	19,366	23,831
	Total Current	19,366	23,831
17	Receivables Current		
	Receivables (1)	98,402	135,349
	Prepayments	84,683	79,065
	Total Current	183,085	214,414
18	Other current assets Current		
	Other current assets		8,351
	Total		8,351
19	Property, plant and equipment Leasehold Buildings		
	At cost	153,398	123,768
	Accumulated Depreciation	(25,590)	(17,239)
		127,808	106,529
	Plant, equipment and vehicles	(4) a	
	At cost	1,196,976	1,309,992
	Accumulated Depreciation	(796,450)	(837,693)
		400,526	472,299
	Office Equipment		12717
	At cost	7,395	7,395
	Accumulated Depreciation	(7,256)	(4,409)
		139	2,986
		528,473	581,814

 All receivables are aged within 3 months and are not impaired. Hence no provision has been made.





Reconciliations of the carrying amounts of property, plant, equipment and furniture at the beginning and end of the current and previous financial years are set out below.

	Leasehold Improvements	Plant, equipment and vehicles	Office equipment	Total
	s	S	\$	\$
2008			*	•
Carrying amount at start of year	106,529	472,299	2,986	581,814
Additions	29,684	242,269	2,000	271,953
Asset write off (1)		(46,725)	2	(46,725)
Disposals		(18,664)	_	(18,664)
Classified as held for sale				300000
Depreciation	(8,405)	(248,651)	(2,847)	(259,903)
Carrying amount at end of year	127,808	400,527	139	528,474
2007				
Carrying amount at start of year	95,440	622,074	9,848	727,362
Additions	16,412	203,041	-	219,453
Asset write off (1)	-	(95,353)	(1,825)	(97,178)
Disposals	-	(19,761)	-	(19,761)
Depreciation	(5,323)	(237,702)	(5,037)	(248,062)
Carrying amount at end of year	106,529	472,299	2,986	581,814

# (1) Change in accounting policy

Capitalisation threshold has changed from \$2000 to \$5000 per TI 1104. The change in accounting policy has resulted a reduction in surplus of prior years by \$97,178.

# 21. Impairment of assets

There were no indications of impairment to property, plant and equipment, infrastructure at 30 June 2008.





		2008 \$	2007
22	Payables		
	Current		
	Trade Payables	388,543	327,212
		388,543	327,212
23	Provisions		
7	Current		
	Employee benefits provision		
	Annual leave (a)	288,498	260,639
	Long service leave (b)	235,788	111,223
	4 (44)	524,286	371,862
	Other provisions		
	Employment on-costs (c)	75,561	31,388
	COLUMN ACCUSEDANCE.	75,561	31,388
		599,847	403,250
	Non-current Employee benefits provision		
	Long service leave (b)	45,503	83,842
	Other provisions		
	Employment on-costs (c)	6,598	14,036
	20-24-2 <u>4</u> 22-20-2 2-10 to 10 2002 6-25 - 5 No. 10 14	6,598	14,036
		52,101	97,878

(a) Annual leave liabilities have been classified as current as there is no unconditional right to defer settlement for at least 12 months after reporting date. Assessments indicate that actual settlement of the liabilities will occur as follows:

Within 12 months of reporting date	329,869	273,408
40 NAMA 100 21 A MARANTAN AND TANÀNA A SA <mark>7</mark> 3 MATA A	329,869	273,408

(b) Long service leave liabilities have been classified as current where there is no unconditional right to defer settlement for at least 12 months after reporting date. Assessments indicate that actual settlement of the liabilities will occur as follows:

Within 12 months of reporting date	269,978	129,842
More than 12 months after reporting date	52,101	97,878
	322,079	227,720

(c) The settlement of annual and long service leave liabilities gives rise to the payment of employment on-costs including workers' compensation insurance. The provision is the present value of expected future payments. The associated expense, apart from the unwinding of the discount (finance cost), is included at note 6 'Other expenses'.

#### Movements in Other Provisions

Movements in each class of provisions during the financial year, other than employee benefits, are set out below.

# Employment on-cost provision

Carrying amount at start of year	45,424	22,010
Additional provisions recognised	40,040	34,618
Payments	(3,305)	(11,204)
Carrying amount at end of year	82,159	45,424





		2008 S	2007
4	Other current liabilities		4
_	Other Payables	131,864	137,312
	Accrued expenses	67,105	114,119
	Other- Unearned income	61,782	113,129
	Total	260,751	364,560
5	Equity		
	Accumulated (Deficiency) / Surplus	0.000800	
	Balance at start of year	52,940	232,068
	Result for the period	(604,999)	(179,129)
	Balance at end of year (n)	(552,060)	52,940
	<ul> <li>(a) Please refer statement of changes in equity on page 64</li> </ul>		
6	Notes to the Cash Flow Statement		
	Reconciliation of Cash  Cash at the end of the financial year as shown in the Cash Flo related items in the Balance Sheet as follows:	w Statement is red	conciled to the
	related items in the balance oncer as follows.		
		18,258	417,430
	Cash and cash equivalents	18,258	417,430
	Cash and cash equivalents  Reconciliation of net cost of services to net cash flows used it  Net cost of services  Non-cash items;  Depreciation and amortisation expense	18,258	417,430
	Cash and cash equivalents  Reconciliation of net cost of services to net cash flows used in the cost of services. Non-cash items;  Depreciation and amortisation expense. Net gain on sale of property, plant and equipment.	18,258 in operating activit (4,632,272) 259,903	417,430 ies (4,092,950) 248,062
	Cash and cash equivalents  Reconciliation of net cost of services to net cash flows used it  Net cost of services  Non-cash items;  Depreciation and amortisation expense	18,258 in operating activit (4,632,272) 259,903	417,430 fies (4,092,950) 248,062 (24,640)
	Cash and cash equivalents  Reconciliation of net cost of services to net cash flows used in the cost of services. Non-cash items;  Depreciation and amortisation expense. Net gain on sale of property, plant and equipment (Increase)/decrease in assets:	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465	417,430 fies (4,092,950) 248,062 (24,640) (18,896)
	Cash and cash equivalents  Reconciliation of net cost of services to net cash flows used it  Net cost of services  Non-cash items;  Depreciation and amortisation expense  Net gain on sale of property, plant and equipment  (Increase)/decrease in assets:  Current receivables	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329	417,430 fies (4,092,950) 248,062 (24,640) (18,896) 16,982
	Cash and cash equivalents  Reconciliation of net cost of services to net cash flows used in the cost of services.  Non-cash items; Depreciation and amortisation expense.  Net gain on sale of property, plant and equipment (Increase)/decrease in assets:  Current receivables.  Current inventories.	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465 8,351	417,430 ies (4,092,950) 248,062 (24,640) (18,896) 16,982 (8,351)
	Reconciliation of net cost of services to net cash flows used in the cost of services.  Non-cash items; Depreciation and amortisation expense. Net gain on sale of property, plant and equipment.  (Increase)/decrease in assets: Current receivables. Current inventories. Other current assets. Increase/(decrease) in liabilities: Current payables.	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465 8,351 61,331	417,430 ies (4,092,950) 248,062 (24,640) (18,896) 16,982 (8,351) 50,647
	Reconciliation of net cost of services to net cash flows used in the cost of services.  Net cost of services.  Non-cash items;  Depreciation and amortisation expense.  Net gain on sale of property, plant and equipment.  (Increase)/decrease in assets:  Current receivables.  Current inventories.  Other current assets.  Increase/(decrease) in liabilities:	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465 8,351	417,430 ies (4,092,950) 248,062 (24,640) (18,896) 16,982 (8,351) 50,647
	Reconciliation of net cost of services to net cash flows used in the cost of services.  Non-cash items; Depreciation and amortisation expense. Net gain on sale of property, plant and equipment.  (Increase)/decrease in assets: Current receivables. Current inventories. Other current assets. Increase/(decrease) in liabilities: Current payables.	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465 8,351 61,331 196,597 (480,482)	417,430 fies (4,092,950) 248,062 (24,640) (18,896) 16,982 (8,351) 50,647 89,527 (308,956)
	Reconciliation of net cost of services to net cash flows used in the cost of services.  Non-cash items; Depreciation and amortisation expense.  Net gain on sale of property, plant and equipment.  (Increase)/decrease in assets: Current receivables. Current inventories. Other current assets. Increase/(decrease) in liabilities: Current payables. Current provisions.	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465 8,351 61,331 196,597	417,430 fies (4,092,950) 248,062 (24,640) (18,896) 16,982 (8,351) 50,647 89,527 (308,956)
	Reconciliation of net cost of services to net cash flows used in the cost of services.  Non-cash items; Depreciation and amortisation expense. Net gain on sale of property, plant and equipment. (Increase)/decrease in assets: Current receivables. Current inventories. Other current assets. Increase/(decrease) in liabilities: Current payables. Current provisions. Other current liabilities.	18,258 in operating activit (4,632,272) 259,903 (38,674) 31,329 4,465 8,351 61,331 196,597 (480,482)	417,430 ies (4,092,950) 248,062





		2008	2007 \$
27	Commitments		
	Capital expenditure commitments		
	Capital expenditure commitments, being contracted capital expenditure additional to the amounts reported in the financial statements, are payable as follows:		
	Within 1 year		13,275
	ACTOR COLLAPSIONS		13,275
	Lease Commitments		
	Commitments in relation to leases contracted for at the reporting date but not recognised in the financial statements are payable as follows:		
	Within 1 year		3,947
	_		3,947
	Representing:		
	Cancellable operating leases		3,947
			3,947

# 28 Contingent Liabilities and Contingent Assets

The public liability claim made by an athlete against WAIS is in progress. The nature of the claim relates to alleged WAIS's responsibility to the athlete's injury. The amount of claim is \$500K. WAIS is covered by insurance currently and believe that this liability is not anticipated.

### 29 Events occurring after the balance sheet date

There are no significant events after the balance sheet date.

### 30. Explanatory statement

Significant variations between estimates and actual results for income and expense are shown below. Significant variations are considered to be those greater than 10% or \$20,000.

### Significant variances between estimated and actual result for 2008

	2008	2008	
	Estimate	Actual	Variation
	\$	\$	\$
Income			
Interest revenue	52,353	120,487	68,134
Other revenue	1,537,461	1,405,178	(132,283)
Expenses			
Employee benefits expense	3,628,550	3,699,865	(71,315)
Depreciation expense	230,928	259,903	(28,976)

Interest revenue

Increase mainly due to tenure for which the deposits were kept.





#### Other revenue

The variance is mainly due to decrease in National Sporting Organisations funding and reduced efforts by individual sport program to generate one-off additional funding.

#### Employee benefits expense

The variance is mainly due to non-utilisation of annual and long service leave during the year.

#### Depreciation expense

The variance is mainly due to increase in assets above those budgeted.

Significant variations between actual results for income and expense during 2008 and 2007 are shown below. Significant variations are considered to be those greater than 10% or \$20,000.

### Significant variances between actual results for 2007 and 2008

	2008	2007	Variance
	\$	\$	\$
Income			
Interest revenue	120,487	63,791	56,696
Other revenue	1,405,178	1,593,159	(187,981)
Net gain/(loss) on disposal of non-current assets	38,674	24,640	14,034
Income from State Government	4,074,000	4,011,000	63,000
Expenses			
Employee benefits expense	3,699,865	3,335,362	(364,503)
Supplies and services	1,514,454	1,555,300	40,846
Other expenses	1,022,317	985,913	(36,404)

#### Interest revenue

Increase mainly due to tenure for which the deposits were kept

#### Other revenue

The variance is mainly due to decrease in National Sporting Organisations funding and significant reduction in individual sponsorship for events.

### Income from State Government

The variance is due to increased funding per service level agreement,

#### Employee benefits expense

The variance is mainly due to increase in wages and salaries during the year and non utilisation of annual and long service leave.

## Supplies and services

The variance is mainly due to decrease in travel expenses for athletes on training and competetions.

### Other expenses

The variance is mainly due to increase in Sport Program expense, repairs and maintainence, and levels of scholarships awarded to athletes for Olympic preparation and participation (Beijing 2008).

#### 31. Financial instruments

### (a) Financial Risk Management Objectives and Policies

Financial instruments held by the Institute are cash and cash equivalents, Treasurer's advances and receivables and payables. The Institute has limited exposure to financial risks. The Institute's overall risk management program focuses on managing the risks identified below.





#### Credit risk

The Institute trades only with recognised, creditworthy third parties. The Institute has policies in place to ensure that sales of products and services are made to customers with an appropriate credit history. In addition, receivable balances are monitored on an ongoing basis with the result that the Institute's exposure to bad debts is minimal. There are no significant concentrations of credit risk.

The maximum exposure to credit risk at balance sheet date in relation to each class of recognised financial assets is the gross carrying amount of those assets inclusive of any provisions for impairment, as shown in the table below.

#### Liquidity risk

The Institute has appropriate procedures to manage cash flows including drawdowns of appropriations by monitoring forecast cash flows to ensure that sufficient funds are available to meet its commitments. The Institute is exposed to liquidity risk through its trading in the normal course of business.

#### Interest Rate Risk Exposure

The Institute does not hold any collateral as security or other credit enhancements relating to the financial assets it holds. The following table details the Institute's exposure to interest rate risk as at the reporting date.

	Weighted average effective interest rate	Variable interest rate	Fixed Interest Rate Maturities		Non- interest bearing	Total
2220			1 year or	1 to 5		
2008	%	\$	less \$	years \$	\$	\$
Financial Assets						
Cash and cash equivalents	4.03%	3,090			15,168	18,258
Receivables					183,085	183,085
		3,090	+	-	198,253	201,343
Financial Liabilities						
Payables			-	-	388,543	388,543
Accrued expenses					67,105	67,105
ribulded experience	-				455,648	455,648
2007						
Financial Assets						
Cash and cash equivalents	3.87%	4,852	100,000	12	312,578	417,430
Receivables					214,414	214,414
		4,852	100,000	-	526,992	631,844
Financial Liabilities						
Payables		-	-	32	327,212	327,212
Accrued expenses		-	-	-	114,119	114,119
	-		-	-	441,331	441,331

## Fair Values

The carrying amount of financial assets and financial liabilities recorded in the financial statements are not materially different from their net fair values.





# 32. Remuneration of members of the Accountable Authority and senior officers

# Remuneration on Members of the Accountable Authority

The number of members of the Accountable Authority, whose total of fees, salaries, superannuation, non-monetary benefits and other benefits for the financial year, fall within the following bands are:

S	2008	2007
0 - 10,000	8	9
The total remuneration of members of the		
Accountable Authority is:	6,000	6,000

The total remuneration includes the superannuation expense incurred by the Authority in respect of members of the Accountable Authority.

No members of the Accountable Authority are members of the Pension Scheme.

# Remuneration of Senior Officers

The number of senior officers, other than senior officers reported as members of the Accountable Authority, whose total fees, salaries, superannuation, non-monetary benefits and other benefits for the financial year, fall within the following bands are:

\$	2008	2007
\$20,001 - \$30,000	1	-
\$50,001 - \$60,000	1	-
\$60,001 - \$70,000		-
\$70,001 - \$80,000		-
\$80,001 - \$90,000		1
\$90,001 - \$100,000	1	2
\$100,000 - \$110,000	2	1
\$140,001 - \$150,000		-
\$150,001 - \$160,000	1	1
The total remuneration of senior officers is:	550,690	534,324

The total remuneration includes the superannuation expense incurred by the Authority in respect of senior officers reported as members of the Accountable Authority.

#### 33 Remuneration of Auditor

	2008	2007
	\$	\$
Remuneration payable to the Auditor General for the financial year Auditing the accounts, financial statements and performance	ear is as follows:	
indicators	35,000	34,000

# 34. Schedule of Income and Expenses by Service

The Institute only has one Service (as detailed in page 82), therefore a separate statement of Service is not required.





# Certification of Performance Indicators

We hereby certify that the accompanying Performance Indicators are based on proper records, are relevant and appropriate for assisting users to assess the performance of the Western Australian Institute of Sport (Inc.), and fairly represent the performance of the Western Australian Institute of Sport (Inc.) for the financial year ended 30 June 2008

DATED THIS 16th OF September 2008

Mr Grant Boyce

Chairman

Board

Western Australian Institute of Sport (Inc)

Mr Steven Lawrence Executive Director

Board Member

Western Australian Institute of Sport (Inc)





The following Performance Indicators demonstrate the extent to which the Western Australian Institute of Sport's outcome has been achieved.

Service: To provide opportunities for talented Western Australian sports persons to achieve excellence in high performance sport with support from their home environment.

WAIS has produced performance indicators that provide a benchmark for a satisfactory level of achievement for WAIS athletes and the Institute.

WAIS has based its performance on the following indicators that measure the achievement of Western Australian sports persons at the national/international level.

#### Effectiveness Indicators

WAIS provides opportunities for talented (elite) Western Australian sports people to achieve excellence in high performance sport with support from their home environment.

A talented athlete is defined by the national institute network as being an athlete who is of Australian Open team standard in his or her sport. Australia aims to be an internationally competitive nation. WAIS is considered by the Australian elite sports system to be a significant contributor to Australian success and is recognised by membership to the Australian National Elite Sports Council. WAIS will therefore assess its contribution to Australia's international success.

Two indicators are used to measure the extent to which WAIS is meeting its purpose.

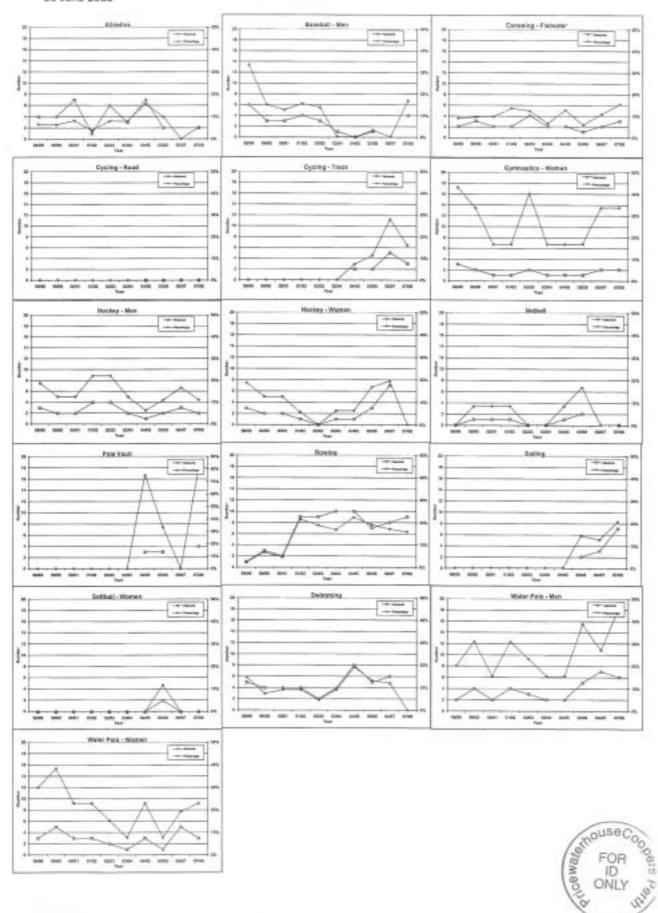
#### 1.1 WA's Representative Numbers in Australian Open Teams

The aim is to achieve an average of ten per cent representation in major Australian Open teams across sports supported by WAIS. This figure is based on WA having approximately ten percent of the national population. The graphs on the following page show the current and historical representation by WA on the major national team for each year for each sport in which WAIS operates a sport program.

Each program has a specific athlete target number to reach in each year. In the current year nine (Canoeing, Track Cycling, Gymnastics, Hockey Men, Pole Vault, Rowing, Sailing, Water polo Men and Water polo Women) of 11 assessable programs (Hockey women and Cycling did not announce national teams during the financial year) were considered to have reached their target. The overall combined result met the WAIS target for national team representation.



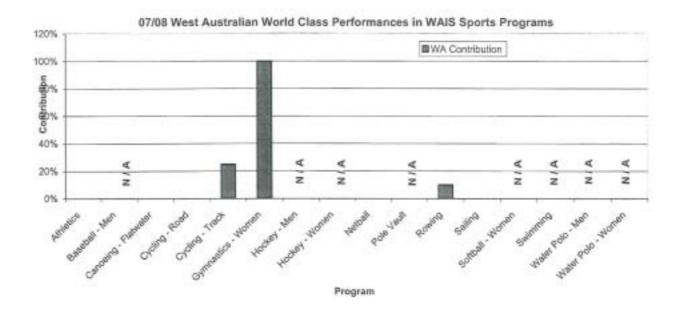


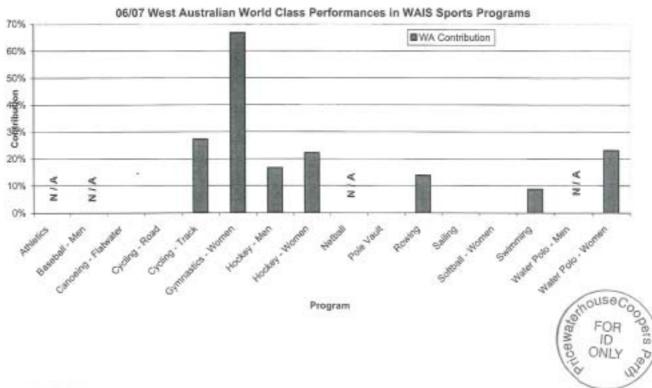




# 1.2 WA Representative Contribution to Australian World Class Performance

WAIS assesses its contribution to Australia's international competitiveness by measuring the number of World Class performances (top eight individual or top four team or multiple athlete event performance at a World Championship or Olympic Games) recorded by Western Australians. The Institutes aim is for athletes in sports supported by WAIS to achieve ten percent of Australian World Class performances. In 2007-08 eight WAIS sports had events at which this indicator could be assessed at. Of the eight sports Australia recorded at least one World Class performance in eight. Of these two WAIS programs met the target. This result is consistent with the Institute's expectation given the current phase of development of the various sport programs.







### 2. Efficiency Indicators

This indicator provides an efficiency measure which shows the average cost of providing services to athletes. It shows that WAIS is responding to its responsibility to provide more opportunities for talented Western Australian athletes by providing cost efficient management and support systems to meet the high performance requirements of our talented athletes.

The number of athletes at the Western Australian Institute of Sport comprises athletes in squads and athletes awarded Individual Scholarships. The number of athletes granted individual scholarships are determined at the beginning of the financial year. The number of athletes within squads remains relatively consistent, however the athletes making up those particular squads may change during the year. The 14% increase in cost per athlete in the current year over the previous is largely attributable to final preparation of athletes for the 2008 Olympic and Paralympic Games.

The cost per athlete is determined on the total operating expenditure of the Western Australian Institute of Sport.

