

2006/2007
YEARBOOK AND ANNUAL REPORT



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THE YEARBOOK OF THE WESTERN AUSTRALIAN INSTITUTE OF SPORT

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2006/2007 YEARBOOK AND ANNUAL REPORT



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PREMIER'S FOREWORD



FROM THE PREMIER OF WESTERN AUSTRALIA and WAIS PATRON,
The Hon Alan Carpenter MLA

I commend the Western Australian Institute of Sport (WAIS) for its ongoing work in providing world-class programs for the development of our nation's sporting talent.

The WAIS programs have a proven record in preparing athletes for success at international sporting competitions, including Olympic and Commonwealth Games events. I acknowledge the commitment from all the dedicated staff and appreciate that it is now a demanding period of time at WAIS as programs are intensified to reflect final preparation for those athletes who aim for selection in the 2008 Australian Olympic Games team.

I am mindful also of the great work undertaken by those members of the community who provide their services in a voluntary capacity within the huge number of sporting organisations across the State. Many of our elite athletes gained their initial opportunities from these grass roots volunteers, and their significant contribution is valued and appreciated.

The generous contribution that comes from the Western Australian corporate sector is recognised as another important and valued avenue of support for our WAIS programs and athletes.

I might add that the success of WAIS programs would not be possible without the dedication and commitment from our elite athletes, who make enormous sacrifices in their endeavors to compete at the highest level and achieve success for their State and nation.

There is an increasing awareness of the importance and value of sport towards the wellbeing of the community, and the Western Australian Government is committed towards continuing its support for the excellent work being undertaken by WAIS.

Finally, I extend best wishes to the athletes aiming for selection in the 2008 Olympic Games, and trust that those selected will experience a smooth and effective preparation with ultimate success at Beijing.

A handwritten signature in black ink, appearing to read 'Alan Carpenter'. The signature is fluid and cursive, with a large loop at the end.

Alan Carpenter MLA
PREMIER

CHAIRMAN'S REPORT



GRANT BOYCE: CHAIRMAN.

The WAIS vision is 'to produce champions'. We provide opportunities for talented West Australian athletes to achieve excellence with the support coming from their home environment. Based on those criteria, it has been another outstanding year for WAIS and our athletes. Seven athletes in four sports were crowned champions or were part of a champion team in their respective World Championships or World Cup finals. In addition, we had six junior World Champions and one Paralympic World Champion.

Together with the athletes that have achieved world recognition, there are many that have achieved personal milestones at international, national or state events. To all of our athletes we say congratulations and keep striving for excellence in everything that you do. The current year has been both exciting and challenging as our athletes enter the final stages of their preparation for the next Olympics to be held in Beijing, China, in 2008.

This year will also be remembered as the year that WAIS lost one of its founders and a driving force behind the organisation for more than 23 years. Wally Foreman was the inaugural Director of WAIS and was well known as a tenacious supporter of athletes and coaches. He will long be remembered for his commitment, drive and dedication to WAIS and he will be sadly missed by us all.

The outstanding athlete performances this year could not have been achieved without the dedication and commitment from everyone that works for WAIS. We are very fortunate that our staff are of the highest quality and they make significant sacrifices to assist the athletes in every way possible. This often requires efforts outside the normal working hours and often above and beyond the call of duty. To all of the staff, I say thank you.

The greatest challenge facing WAIS at the present time is the need for upgraded recovery and strength and conditioning facilities. We are now at a stage where our athletes do not have access to state-of-the-art facilities of this nature and this will start to have a negative impact on future athletic results. The Board identified this issue some time ago and are vigorously pursuing all avenues to address the matter.

WAIS relies on many partners and supporters to enable us to deliver the programs and resources in an efficient and targeted manner. The **Government of Western Australia** and in particular, the Minister for Sport and Recreation, **Hon. John Kobelke**, have been great supporters of WAIS. In May this year, the Government announced that they would increase WAIS' funding over the next four years by \$3.7 million. Without the State Government's financial support, through LotteryWest and the Department of Sport and Recreation (DSR), we would not be able to provide anywhere near the level of our current services. The Minister has always been an enthusiastic supporter of WAIS and its outcomes and has continued to provide valuable guidance and support to us. I also thank Mr Ron Alexander, the Director of the DSR and one of our highly regarded Board members, whose advice and counsel are invaluable.

WAIS is accommodated at Challenge Stadium and we are extremely grateful to **Mr Graham Partridge**, Chairman of the WA Sports Centre Trust, and **Mr Graham Moss**, Chief Executive Officer, for their continued support. I would also acknowledge the support of the former Chairman, **Mr Dennis McInerny**.

The results that have been achieved this year would not have been possible without the tireless work of the Board and staff. The composition of the Board has not changed this year although the Minister has extended the terms of a number of the members. The current Board represents a wide range of talents and skill sets and I am personally very grateful for their continued commitment to WAIS. It is indeed a privilege for me to be the Chairman of this Board.

The day-to-day successes of WAIS athletes is directly related to the efforts of the management team at WAIS. The Executive Director, **Mr Steven Lawrence**, leads the team that comprises **Mr Tim Mahon** (Sport Programs Manager), **Mr Martin FitzSimons** (Athlete and Coach Services Manager), **Ms Stephanie Neesham** (Marketing Manager) and **Mr Kaushik Bhowmick** (Finance and Administration Manager). These managers, together with all of the staff, have made a significant contribution to the operation of WAIS and the success of the athletes. I would also like to make special mention of the coaches who have the most direct impact on the athletes.

A handwritten signature in black ink that reads "Grant Boyce". The signature is written in a cursive style with a large, stylized 'G' and 'B'.

Grant Boyce
Chairman

EXECUTIVE DIRECTOR'S REPORT



STEVEN LAWRENCE: EXECUTIVE DIRECTOR.

Above all else, people with passion are what make organisations fail or succeed. Many passionate people have contributed to the success of WAIS over the past 23 years but none more so than Wally Foreman. Wally's sudden passing last November shocked and saddened all those who knew him and also believe in the real value of sporting champions to their community. Wally's legacy to WAIS is an organisational environment that embraces people who are passionate about sporting excellence and provides them an opportunity to contribute – be they athlete, coach, scientist or administrator.

WAIS athlete performances over the past year have met the very high standards set by the Board and expected by staff. The following results provide confirmation of our success; Eamon Sullivan's gold medal in the 4 x 100m medley relay at the 2007 FINA World Swimming Championships; Paul Burgess' 2006 World Athletics Final win; Gemma Beadsworth and Emma Knox's contribution to the National Women's Water Polo Team's 2006 World Cup win; Amber Bradley and Joanna Lutz' contribution to the Australian women's four Gold at the 2006 World Rowing Championships; and Claire McLean's crowning as World Champion in the LC1 road time trial at the 2006 IPC World Cycling Championships.

Partnerships

WAIS is committed to working in partnership with sport to achieve international success for Western Australian athletes. The Institute also highly values its strategic partnerships with the State Government, WA Department of Sport and Recreation (DSR), Western Australian Sports Centre Trust (WASCT), Australian Sports Commission and other state and national institutes and academies of sport through the National Elite Sports Council. For without these partnerships, our success would not be sustainable.

In the past year, our sport and strategic partnerships have continued to add real value to WAIS operations. We take great pride in our willingness to engage in open and honest communication with our partners and feedback indicates this strategy is well received and supported.

New joint initiatives with the DSR have allowed WAIS to add value to the wider, high performance sport system in Western Australia by transferring some of the Institute's unique knowledge base without impacting on our core business. These types of initiatives would not be possible without staff at both organisations being committed to a holistic, integrated approach to supporting sport in Western Australia. WAIS is also committed to building stronger research relationships with the tertiary and private sectors. In particular, WAIS is working hard to ensure our 23-year relationship with the University of Western Australia (UWA) has an opportunity to evolve for the future.

Staffing

I have already stated my view on the value of passionate people to an organisation. I can also state with pride that WAIS has an abundance of highly skilled people, who are very passionate. Our aim is to ensure that these staff have the opportunity to do what they do well, every day. This is a lofty goal but one that cannot be shied away from if we truly strive 'to produce champions'.

WAIS held its inaugural Champions Breakfast at the UWA Club in May 2007. The purpose of this event was to acknowledge those within WAIS that achieve success and support our organisational values of 'people and excellence'. The success of this breakfast affirmed the importance of our core values and of celebrating those that embody them.

Internal Processes

During the past year, we have focussed on consolidating and refining key internal processes. Work across the organisation by many has ensured that significant improvements have been made in this key result area. The development of integrated software solutions to enhance key internal processes is unfortunately behind the planned schedule. However, WAIS is committed to ensuring that staff are provided with efficient and effective tools to support their work. Therefore, additional resources will be allocated to this area over the next year to ensure that the various software projects meet deadlines.

Finance

When you strive for excellence and choose to measure yourself against the best in the world – the available financial resources are never enough. It is therefore incumbent on WAIS to ensure it manages its monies in a manner that is also world-class. By any benchmark, WAIS achieves this goal. The overhead or corporate service cost of running WAIS programs remains at less than 20 per cent of total organisational expenditure.

The State Government continues to be our major supporter with its financial contribution equating to approximately 70 per cent of total income. The government's willingness to support our strategic planning cycle was again confirmed in May this year when the Minister for Sport and Recreation, the Hon. John Kobelke, announced an additional \$3.7 million in funding to support WAIS operations between 2009 and 2012. This increase in base funding now provides a target for our sporting and other partners to match to ensure Western Australia continues to be a major player in our highly successful national sporting system.

Infrastructure

This key result area continues to increase in its relative importance to the future of the international sporting success of Western Australia. The commitment of the State Government to replace and enhance WA's ageing sporting infrastructure is to be highly commended. WAIS continues to work with UWA, the DSR, the WASCT and state sporting organisations to develop a world-class training and research facility at the centre of the AK reserve/UWA sports park precinct. The opportunity that currently presents itself is compelling – to create a truly exceptional training and research hub at the core of one of the most potentially dynamic and environmentally unique, sports parks in the world. This is a vision that the WAIS Board remains committed to for without it, WA athletes will be at a significant disadvantage within the next few years.

My continuing and sincere appreciation remains for the WAIS Board under the chairmanship of Mr Grant Boyce. Without the Board's guidance and commitment, what has been achieved and what could be, would not be possible. I continue, as do the staff, committed to providing opportunities for talented sportspeople to achieve excellence in international sport.

Steven Lawrence
Executive Director

WAIS BOARD

Mr Grant Boyce (Chairman)
Mr Ron Alexander
Ms Meredith Eddington
Mr Steven Lawrence (Executive Director)
Ms Jenny Morris
Mr Michael O'Neill (Deputy Chairman)
Mr Andrew Syme
Mrs Fiona Tory
Ms Amanda Wheeler

PURPOSE

To provide opportunities for talented Western Australian athletes to achieve excellence in elite sport with support from their home environment.

VISION

To Produce Champions

GUIDING PRINCIPLES

The philosophies guiding WAIS operations are defined by the following principles.

Principle 1 International Focus

WAIS will allocate resources to support the ultimate attainment of elite athlete performance at the open international level.

Principle 2 Western Australian Significance

WAIS will focus its efforts on assisting athletes competing in sports that are culturally significant to the Western Australian community. WAIS will also be cognizant of local infrastructure and environmental factors potentially influencing elite and potential elite athlete training and competition performance.

Principle 3 Partnerships

WAIS recognises that it is a specialist provider to sport and must act in partnership with sport. WAIS will allocate resources to enhance the support provided by sports to their athletes. Partnerships should reflect an inclusiveness of Western Australia in the national system.

Principle 4 Community Values

WAIS will maintain community values in all aspects of its operation. This includes the right and responsibility of athletes to train and compete in a fair, ethical, healthy and safe environment. WAIS also recognises that its athletes are role models for the community and therefore must reflect community values and contribute to the community.

ORGANISATIONAL VALUES

Organisational culture is core to WAIS achieving long term sustainable success. Our culture is defined by valuing people and excellence in all aspects of our operations.

GOALS

1. To maximise Western Australian representation on Australian Teams
2. To enhance the performance of Australian Teams

KEY PERFORMANCE INDICATOR'S

1. WAIS athlete representation on Australian Teams.
2. WAIS athlete World-Class* performance.

*Top eight individual or top four multiple athlete performance in selected major event



Photo: RAW Image

KEY RESULT AREAS

WAIS has identified five key result areas that are critical to fulfilling our purpose. These KRA's therefore provide focus for our strategic direction.

Partnerships

WAIS requires partnerships with the sporting community, government and other stakeholders in order to access resources and knowledge to enhance its operations and opportunities for our elite athletes.

Internal Processes

WAIS requires effective and efficient internal processes to ensure organisational resources are directed and implemented to deliver maximum output towards its purpose.

Finance

WAIS is dependent upon finances to purchase and deliver the vast majority of required resources, both human and physical, to achieve its purpose.

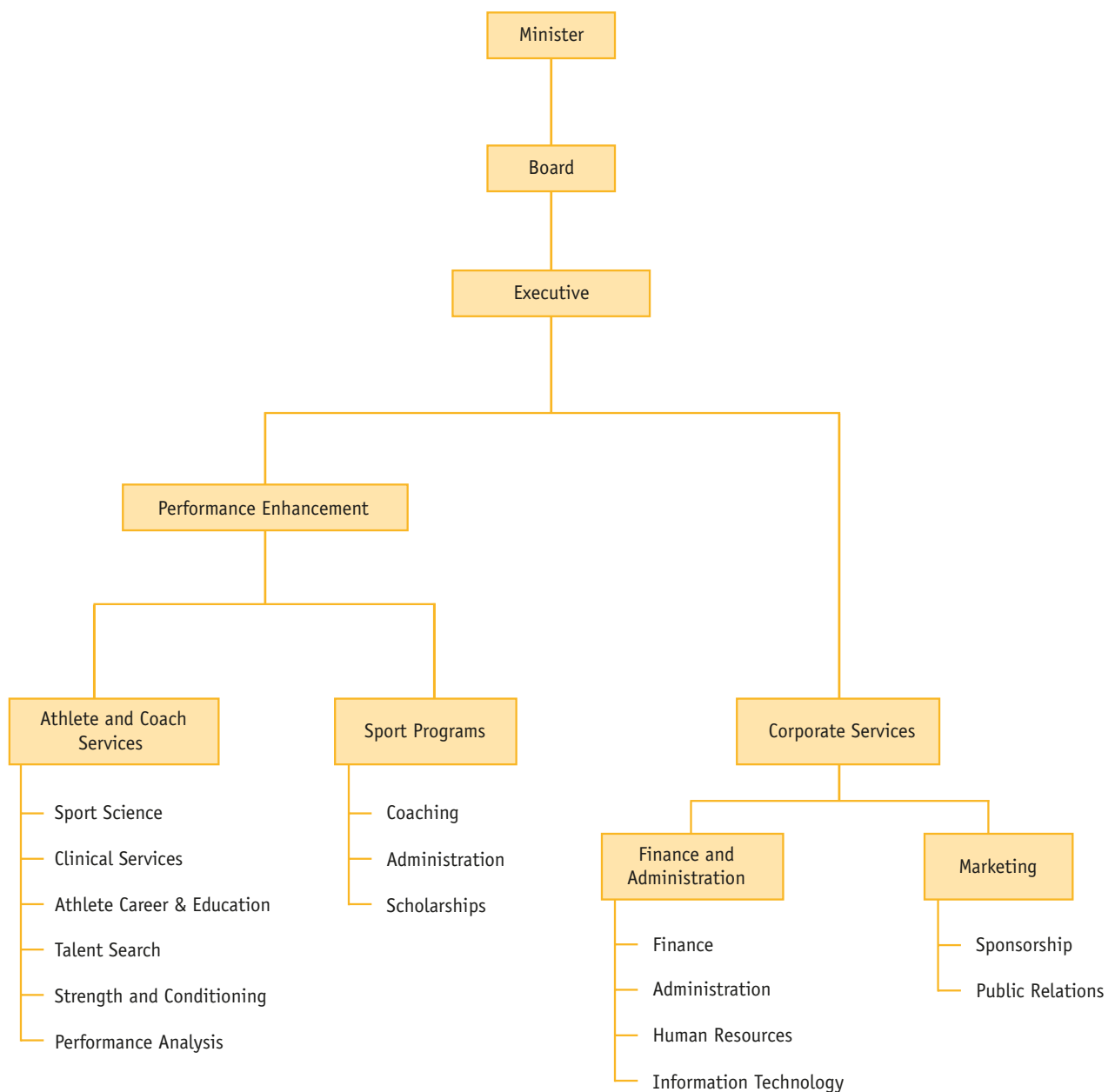
Staffing

As a service organisation focused on delivering quality services to athletes, WAIS requires staff who are capable of enabling the organisation to achieve its objectives.

Infrastructure

To enable and deliver services to athletes, WAIS requires access to suitable infrastructure.

WAIS STRUCTURE



WAIS STAFF

EXECUTIVE

Executive Director
Steven Lawrence

Executive Assistant
Cindy McIntyre (resigned 11/05/2007)
Natalie Graham (commenced 30/04/2007)

FINANCE and ADMINISTRATION

Finance and Administration Manager
Kaushik Bhowmick

Finance and Administration Officer
Honnie Butler (resigned 18/08/2006)
Helen Holland (commenced 16/08/2006, resigned 01/06/2007)
Carly Pollock (commenced 11/04/2007)

Human Resources Officer
Helen Rice (part-time) (resigned 15/11/2006)
Vanessa Gilbert (part-time) (commenced 12/12/2006)

Receptionist
Tina Price (part-time) (resigned 09/02 2007)
Marisa Leddin (part-time)
Kristen Chabrel (commenced 19/02/2007)

INFORMATION TECHNOLOGY

Software Developer
Adrian Broughton

MARKETING

Marketing Manager
Stephanie Neesham

Marketing Assistant
Marisa Leddin (part-time)

PROGRAMS

Sport Programs Manager
Tim Mahon

Program Coordinators
Helen Baron-Hay (part-time) (resigned 28/06/2007)
Elizabeth Booth (part-time) (resigned 14/02/2007)
Andrew Smith
Brian Glencross (part-time)
Lucy Warhurst
Ruth Prenter (commenced 25/05/2007)

COACHING STAFF

Athletics
Lyn Foreman, Head Coach – Track
Grant Ward, Head Coach – Field (commenced 14/10/2006)
Alex Parnov, Head Coach – Pole vault

Baseball
Don Kyle, Head Coach

Canoeing
Ramon Andersson, Head Coach (part-time)

Cycling
Darryl Benson, Head Coach

Gymnastics
Elizabeth Chetkovich, Head of Gymnastics
Nikolai Lapchine, Senior Coach
Vladimir Joura, Coach
Martine George, Senior Coach
Dhana Antulov, Coach
Carly Brockis, Coach (casual),
Tatiana Lapchina, Choreographer/Coach (part-time)
Heidi Rose, Coach (casual)
Salli Wills, Coach (casual)
Caroline Wright, Coach (casual)

Hockey (Men)
Jason Duff, Head Coach (resigned 30/03/2007)
David Bell, Head Coach (commenced 10/05/2007)

Hockey (Women)
Neil Hawgood, Head Coach

Netball
Carol Byers, Head Coach (resigned 31/12/2006)
Michelle Wilkins, Head Coach (part-time)

Rowing
Antonio Maurogiovanni, Head Coach
Jason Lane, Senior Coach
Gonzalo Briones, Junior Development Coach

Sailing
Belinda Stowell, Head Coach

Softball
Kere Johanson, Head Coach

Water Polo (Men)
Andrei Kovalenko, Head Coach

Water Polo (Women)
Simone Hankin (resigned 01/12/2006)
Peter Szilagyi, Head Coach (commenced 15/03/2007)

ATHLETE AND COACH SERVICES

Athlete and Coach Services Manager
Martin FitzSimons

Technical Officer
David Gould

Placement Student
Gordan Shaw

SPORT SCIENCE

Exercise Physiologists
Ted Polgaze
Claire Rechichi (part-time)
Matthew Spencer

Sport Psychologists
Heather McGregor-Bayne
Matthew Burgin

Biomechanists
Andrew Lyttle
Matthew Doyle (commenced 22/01/2007)

STRENGTH AND CONDITIONING

Head of Strength and Conditioning
Gilman Barnitt

Strength and Conditioning Coaches
Greg Morgan
Geish Hori, Coach (Part time)

ATHLETE CAREER AND EDUCATION

Athlete Career and Education Co-ordinator
Heather McGregor-Bayne

Athlete Career and Education Counsellor
Angelique Wilson (maternity leave 15/01/2007)
Kristy Warrick (commenced 08/01/2007)

Athlete Career and Education Training Officer
Tim Chambers (commenced 19/10/2006)

CLINICAL SERVICES

Medical Co-ordinator
Dr Carmel Goodman (part-time)

Nutritionist
Deborah Kerr (part-time)



Photo: RAW Image

OBITUARY

WALTER JOHN FOREMAN

5 JANUARY 1949 – 2 NOVEMBER 2006

In 1983 the Western Australian Government made a decision to establish an Institute of Sport to enable our athletes in a range of disciplines to receive the necessary support for them to succeed at the elite level.

By 1984 Wally Foreman was appointed the first Director of the Western Australian Institute of Sport, only the second state body established in Australia. At first operating out of the University of Western Australia, Wally built a powerful engine for elite performers to propel their successes to a level hitherto not considered possible.

Embracing high level sport science and research, well qualified coaches and accomplished project support staff, WAIS enjoyed Wally's absolute commitment until his departure in 2001. Excellent facilities, loyal and credible athletes and a growing list of international successes were some of the legacies of the Foreman years.

Through his tenure as Director, Wally transformed the State's approach to elite sporting performance, especially in the Olympic arena. He did this through a fervent belief in his coaches and athletes as he struggled to create the opportunities for success.

Wally tenaciously fought battles with national bodies to establish the WAIS role in the national system. He championed the cause of individuals who he thought were being disadvantaged by our state's greatest enemy, the tyranny of distance.

One of Wally's enduring achievements will be the establishment of the Western Australian Hall of Sporting Champions. Conceived and launched in 1985 Wally chaired the selection panel for this initiative for 21 years until his passing. The WAIS Annual Dinner, which encompasses inductions into the Hall, is arguably the most prestigious night in the sporting calendar of Western Australia.

Wally Foreman brought honour to the Western Australian Institute of Sport. He gave it credibility and permanency in our sporting system and ensured our voice was heard. By any reasonable measure Wally Foreman was a true patriot of sport in Western Australia. We will miss him.





5.1.1949 – 2.11.2006

HALL OF CHAMPIONS



BRIDGETTE GUSTERSON



PRIYA COOPER



Photos: RAW Image

CRAIG DAVIES

The Hall of Champions project perpetuates the achievements of Western Australia's best athletes.

At the 2006 Annual Dinner three more champions were inducted into the Hall.

They were:

- | | |
|----------------------------|------------|
| Bridgette Gusterson | Water Polo |
| Priya Cooper | Swimming |
| Craig Davies | Hockey |

Bridgette Gusterson, born in Bentley on 7th February 1973, was considered the best female water polo player in the world from 1996 to 2000. Her skilful and accurate shooting earned her numerous Player of the Tournament and Leading Goal Scorer awards during a career that spanned 212 international games. Gusterson captained the Australian team that won gold in the first ever women's water polo Olympic tournament in 2000.

Priya Cooper, born in South Perth on 2nd October 1974, enjoyed a stellar international career as a freestyle and medley swimmer. Born with cerebral palsy, she began swimming as part of her therapy. Cooper won nine gold, three silver and four bronze medals across three Paralympic Games. She also won eight World Championship gold medals and set a host of world records.

Craig Davies, born in Perth on 26th May 1957, was one of the finest defenders produced by Australian hockey. His skilful tackling, precise disposal and poise under pressure made him a pre-eminent member of the national team between 1978 and 1991. Davies played 193 international games and was captain of the 1988 Olympic team – one of three Olympic teams in which he was chosen. He was also a member of the team that won the 1986 World Cup.

The selection committee for the Hall of Champions comprises **Ken Casellas, Liz Chetkovich, Alan East, Wally Foreman** (chairman), **David Hatt, George Grljusich, Glenn Mitchell** and **Pam O'Connell**. The members of the committee provide their time and expertise freely and without recompense and the Board extends its sincere appreciation for their assistance.

OBITUARIES

GEORGE DOIG

25 MAY 1913 – 26 NOVEMBER 2006

WA football lost a colossus of the game in the passing of George Doig at the age of 93 on November 26, 2006.

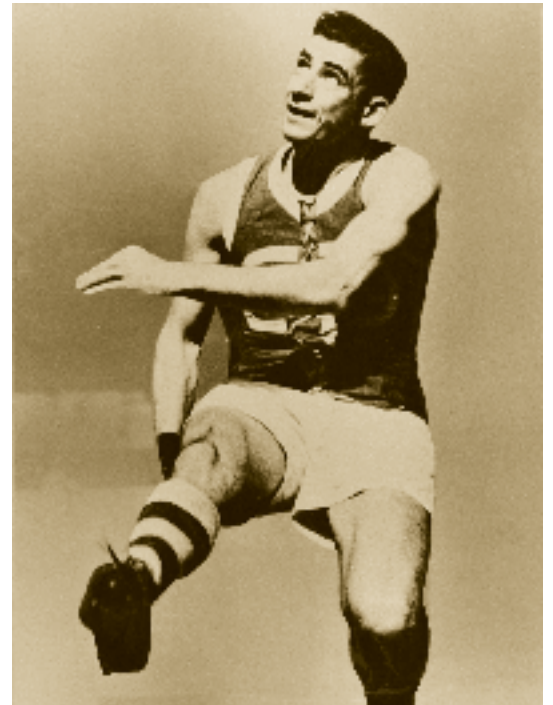
Inducted into the Hall of Champions in 1988, George was a man whose family name is synonymous with football in Fremantle.

Fremantle Football Club recognised the achievements of the Doig family in the port by naming their club champion award, the Doig Medal and the WAFC named one of the function rooms at Subiaco Oval the Doig Room as a tribute.

In a remarkable career, George Doig played 202 games for East Fremantle, with groundbreaking displays at full-forward.

Small for a key forward at 175cm, rivals received an early portent of his potential when he kicked nine goals in his first game in 1933 and booted 106 for the season, the first time a WAFL player had reached the milestone. Remarkably, he repeated the herculean feat in his following eight seasons.

In 2002, George was made a member of the AFL's Hall of Fame and in 2004 he was inducted as an inaugural legend of the West Australian Football League's Hall of Fame.



GEORGE DOIG

ERN HENFRY

24 JULY 1921 – 13 JANUARY 2007

The passing of Ern Henfry on January 13, 2007 was a sad occasion for the Western Australian sporting community.

Ern played football with distinction in the post war era in Victoria and Western Australia and later became a premiership coach of the Perth Football Club in 1955. He captained the Carlton Football Club in 1947 when they won the premiership and was named as centreman in the Perth Football Club's Team of the Century.

It is difficult to imagine a more respected figure in Australian football than Ern Henfry was in the two decades following World War II. His exploits on the field, respect for the game itself, his team mates and his opposition ensured his place in football history.



ERN HENFRY

ATHLETE OF THE YEAR

2005/2006

PAUL BURGESS

POLE VAULT

Previous Winners

1984/85	Jenny Byrne	(Tennis)
1985/86	Robert Waller	(Cycling)
1986/87	Christine Stanton	(Athletics)
1987/88	Craig Parry	(Golf)
1988/89	Craig Davies	(Hockey)
1989/90	Ian Brown	(Swimming)
1990/91	Robyn Lambourne	(Squash)
1991/92	Sharon Buchanan	(Hockey)
1992/93	Ramon Andersson	(Canoeing)
1993/94	Richard Nizielski	(Ice Speed Skating)
1994/95	Rechelle Hawkes	(Hockey)
1995/96	Darryn Hill	(Cycling)
1996/97	Darryn Hill	(Cycling)
1997/98	Rechelle Hawkes	(Hockey)
1998/99	Stuart Reside	(Rowing)
1999/00	Belinda Stowell	(Sailing)
2000/01	Dmitri Markov	(Athletics)
2001/02	Peter Dawson	(Cycling)
2002/03	Peter Dawson	(Cycling)
2003/04	Ryan Bayley	(Cycling)
2004/05	Peter Robertson	(Triathlon)



Photo: RAW Image

PAUL BURGESS WITH MINISTER OF SPORT & RECREATION,
 HON. JOHN KOBELKE

The winner of the WAIS Athlete of the Year Award for 2005/2006 was 2006, 4th IAAF World Athletics Final Champion, **Paul Burgess**. In February 2005, Paul became the 11th man in athletics history to clear six metres outdoors. However, injury forced him to withdraw from the 2005 World Championships despite being in the best form of his career.

Paul had a great start to 2006, winning an international event in the Ukraine and claiming the pole vault title at the Australian Athletic Championships. While a reoccurrence of his leg injuries prevented any high-flying at the Melbourne Commonwealth Games, wins at IAAF Grand Prix events secured his lead in the World Tour standings prior to the 2006 World Athletics Final. At the World Athletics Final held in Stuttgart, Paul became the first Australian to win a title at this event since Cathy Freeman's 400m victory in 1996. His form over the 2006 season established himself as the most consistent pole vaulter in the world to date with clearances of more than 5.8m at 11 competitions in one season.

Paul won from a stellar field that included dual Olympian and 2005 World C1 slalom World Champion **Robin Bell** (slalom canoeing) and rising Water Polo **Gemma Beadsworth**. Gemma was a member of the Australian Women's Water Polo side that won the 2006 World Cup, she was voted best player of the final.



SPORT PROGRAMS

WAIS COACHES

LEADING OUR SPORT PROGRAMS WITH PASSION AND COMMITMENT TO EXCELLENCE.



JASON DUFF



NIKOLAI LAPCHINE



ANTONIO MAUROGIOVANNI



ANDREI KOVALENKO



DAVID BELL



DARRYL BENSON



PETER SZILAGYI



ALEX PARNOV



SALLI WILLS



BELINDA STOWEL



CARLY BROCKIS



MARTINE GEORGE



HEIDI ROSE



DON KYLE



TATTANA LAPCHINA



MICHELLE WILKINS



KERE JOHANSON



LYN FOREMAN



NEIL HAWGOOD



GRANT WARD



GONZALO BRIONES



VLADIMIR JOURA



RAMON ANDERSSON



JASON LANE

SPORT PROGRAMS

2006/07 has been a crucial year in the continued monitoring and evaluation of program and athlete strategies as WAIS strives to maximise our result at agreed benchmark events. The constant search for continual improvement, excellence and innovation enables WAIS athletes to maintain a competitive edge against our opponents.

WAIS continued to develop strong strategic relationships with our key partners within our programs. This ensured that a WAIS program added value rather than replicated a sport's already established athlete pathway. WAIS continued to provide assistance in coaching, servicing and financial support to 15 programs over 12 sports. These included:

- | | |
|------------------------------------|---------------------------|
| Athletics – Track and Field | Rowing |
| Athletics – Pole Vault | Sailing |
| Baseball | Softball |
| Canoeing (flatwater) | Swimming |
| Cycling | Water Polo (Men) |
| Gymnastics (Women) | Water Polo (Women) |
| Hockey (Men) | |
| Hockey (Women) | |
| Netball | |

The role of a WAIS program varies from sport to sport, but all strive and are measured on the ability of their athletes to achieve national representation and world-class performances at pinnacle events. In 2006/07, 11 per cent of all national teams were made up of WAIS program athletes whilst 14 per cent of all Australian athlete world-class performances were attributed to WAIS athletes. These excellent individual results are detailed for each program elsewhere within this report.

One new WAIS initiative for 2006/07 was the formal recognition of individual programs and coaches. It was pleasing to recognise the achievement of Pole Vault Head Coach **Alex Parnov** as the inaugural WAIS Coach of the Year whilst the Canoeing Program, under Head Coach **Ramon Andersson**, was recognised as the inaugural WAIS Program of the Year.

Attempting to lead rather than follow is a constant challenge. This year, a priority was placed on the professional development for all programs' staff including the formalisation of individualised action plans. Many of these activities were undertaken with the assistance of the Department of Sport and Recreation (DSR) and the Australian Sports Commission (ASC), who must be thanked for their continuing support in this ever important area. WAIS initiatives included leadership courses using the 4 Quadrant theory to identify parallels within the coaching and business sectors; overseas study tours; attendance at international or national congresses; quarterly coach luncheons discussing pertinent issues common between sports; opportunities for national representation

for coaches and staff; targeted technology training to increase the effectiveness of planning; first aid qualification renewal; invited guest speakers including former national coaches Ric Charlesworth and Istvan Gorgenyi; former AFL football coaches David Parkin and Robert Walls; and former Sri Lankan cricket coach Tom Moody. Such a plethora and diversity of opportunities continually challenge the way we do business.

A number of staff moved on during the year – some to other exciting opportunities within Australian sport. Two stalwarts of the organisation, program coordinators **Liz Booth** and **Helen Baron Hay**, left the Programs Department. Liz went to the AIS Hockey Program as High Performance Manager whilst Helen opted to spend more time with her family. Women's Water Polo Head Coach **Simone Hankin** tendered her resignation to relocate with her husband to Broome; Head Netball Coach **Carol Byers** resigned to relocate back to Victoria whilst Men's Hockey Head Coach **Jason Duff** accepted a coach/performance analyst position with the Australian Hockey Team.

Such an exodus of talent and experience would suggest it difficult to replace but WAIS was indeed fortunate with the quality of their replacements and additions to the Programs Department. **Grant Ward** returned to the Athletics Program as Head Coach for field events; **Ruth Prenter** was appointed Program Coordinator after a number of years at the WACA as High Performance Coordinator; 2004 national coach **David Bell** returned to WAIS as Men's Hockey Coach whilst former Hungarian and New Zealand national coach **Peter Szilagyi** relocated to WA to assume the role of Women's Water Polo Head Coach.

The WAIS Individual Scholarship Scheme is designed to support identified athletes, both within and outside of WAIS programs, with training and competition servicing and subsequent expenses. WAIS allocated a total of \$260,000 of additional support to 172 targeted athletes, \$85,000 of which was directed to 47 athletes participating in non-WAIS program Olympic or Paralympic sports. These sports included Archery; Canoe – slalom; Cycling – BMX; Diving; Elite Athlete with a Disability (EAD) – athletics, cycling, powerlifting, shooting, swimming, wheelchair basketball; Equestrian – eventing; Fencing – sabre; Gymnastics – men; Gymnastics – rhythmic; Ice Skating; Shooting – pistol; Soccer – women; Taekwondo; Tennis; and Triathlon. In all cases, communication with national coaches was sort to ensure that the support WAIS was delivering was in line with the national direction.

The Programs Department looks forward with enthusiasm and relish to meeting the high performance challenges ahead as we continue to refine our processes to achieve the ultimate of outcomes – success in Beijing in 2008 and beyond.



Photo: RAW Image

L-R TIM MAHON, RUTH PRENTER, LUCY WARHURST, LIZ CHETKOVICH & BRIAN GLENCROSS. ABSENT: ANDY SMITH

INDIVIDUAL SCHOLARSHIP PROGRAM

CLAIRE MCLEAN (EAD CYCLING)

Claire McLean led a WAIS charge at the 2006 IPC Cycling World Championships in Aigle, Switzerland, in September. On the track, Claire won silver in the women's LC1 3km pursuit, riding under four minutes in the qualifier and final. She backed up her track performance with Australia's first gold medal in the road competition winning the 16.8km LC1 time trial.

Claire was among the finalists in the Women's Disability category for the 2006 Australian Cyclist of the Year Awards.

In December, she won the LC1 500m time trial and 3000m individual pursuit at the State Track Championships. At the National Track Championships in February, Claire was the top-placed Australian, finishing in second place in the LC1 women's 500m time trial final. She was also third in LC1 individual pursuit.

Claire will represent Australia in LC1 events at the 2007 UCI Para-Cycling World Championships in Bordeaux, France, in August.

COLLETTE MCCALLUM (SOCCER)

Collette McCallum was part of the Australian Matildas side that qualified for the 2007 World Cup after winning an Asian Cup semi-final against Japan in July. The Matildas became the first Australian team to make the final of an Asian Football Confederation tournament, since becoming a full member in January.

In August, Collette was the only Australian player named in the FIFA Under-20 All Star Team following the World Championships in Russia. The Young Matildas midfielder impressed despite the team failing to make the quarter-finals. She scored twice in the team's win against New Zealand and starred in the final match against Russia.

Collette was again named in the Matildas squad that clean swept Myanmar, Uzbekistan and Chinese Taipei in the first phase of the 2008 Olympic qualifiers in February. In April, the Matildas had comprehensive wins over Hong Kong and Chinese Taipei.

At the conclusion of the year, the Matildas hopes of qualifying for the Olympics were dashed following a defeat by DPR (North) Korea, leaving them six points behind with two matches remaining.



Photo: c/p Soccer Aust

COLLETTE MCCALLUM (SOCCER)

TINA MORGAN (TAEKWONDO)

Olympian Tina Morgan became the first Australian to win a World Cup taekwondo event after claiming the welterweight (61-68kg) division at the Taekwondo World Cup in September. Tina clinched gold after beating the Korean World Champion in the semi-final and defeating the silver-medallist from Turkey in the final.

In February, she qualified for the 2007 World Championships in Beijing after placing first in the 63-67kg division at the qualifying tournament in Sydney.

Tina had a busy schedule in the lead up to the World Championships competing at various events in Asia and Europe. She won a silver medal in the welterweight division at The Dutch Open in March, beating the Athens Olympic silver medallist from Greece.

However, Tina's European campaign was cut short due to a foot injury she sustained during the Dutch Open. The 2006 World Cup Champion returned home in a bid to get fit before the World Championships but had to ultimately withdraw due to injury.

PETER ROBINSON (TRIATHLON)

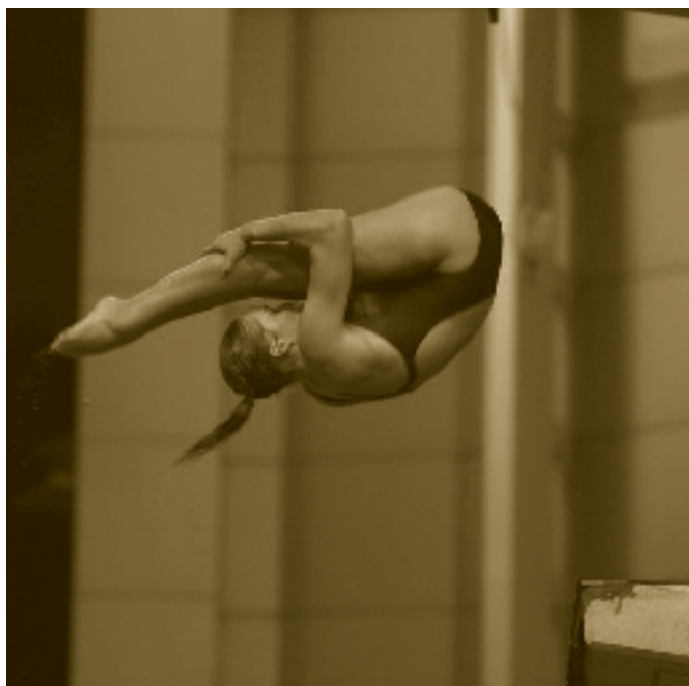
Three-time world champion triathlete Peter Robertson began his overseas campaign with an 11th placing at the ITF triathlon in the USA.

In July, Peter won a silver medal at the 2006 Salford BG Triathlon World Cup in England after being narrowly beaten by teammate and Commonwealth Games gold medallist Brad Khalefeldt.

At the World Championships in Switzerland, the two-time Olympian finished a credible sixth in what was a tough race. A mistake, which caused him to miss the breakaway on the bike, cost him a medal. However, he ran strongly to post the second fastest run of the day.

In February, Peter finished 10th in the City of Perth Triathlon sprint distance (750m swim, 20km ride and 5km run) after having just returned from a five-week trek in Nepal.

Peter made his return to international racing at the Madrid World Cup in June. He was the only Australian to finish in the top 20 in 17th place.



NATASHA COCKER (DIVING)

Australian Representatives

BMX

- Tanya Bailey** 2006 UCI BMX World Championships, Sao Paolo, Brazil
- James Dixon** 2006 UCI BMX World Championships, Sao Paolo, Brazil
- Nicole Callisto** 2007 UCI Ranking Round, Nerang, Queensland
2007 UCI Ranking Round, Knox, Victoria

CANOE SLALOM

- Robin Bell*** 2006 ICF World Championships, Prague, Czech Republic
2007 White-water Australian Open – ICF World Series Race 1, Penrith, Australia
2007 PANAM Championships, Foz do Iguassu, Brazil
2007 Slovak Slalom Open, ICF World Series Race 2, Bratislava, Slovakia
2007 International slalom So_a, Trnovo ob So_i, Slovenia
2007 ICF Slalom World Cup, Prague, Czech Republic
- Kynan Maley*** 2006 ICF World Championships, Prague, Czech Republic
- Robin Jeffrey*** 2006 Australian Team 22 European Tour, Prague, Czech Republic
2007 White-water Australian Open – ICF World Series Race 1, Penrith, Australia

DIVING

- Natasha Cocker** 2006 FINA World Junior Diving Championships, Kuala Lumpur, Malaysia
2007 FINA China Grand Prix, Guandong, China
2007 FINA Spain Grand Prix, Barcelona, Spain
2007 FINA Italian Grand Prix, Rome, Italy
- Alice Broun** 2006 FINA World Junior Diving Championships, Kuala Lumpur, Malaysia

EAD CYCLING

- Jane Armstrong** 2006 IPC World Cycling Championships, Aigle, Switzerland
- Claire McLean** 2006 IPC World Cycling Championships, Aigle, Switzerland
- Mark Le Flohic** 2006 IPC World Cycling Championships, Aigle, Switzerland
- Peter Allen** 2006 IPC World Cycling Championships, Aigle, Switzerland
- Nigel Barley** 2006 IPC World Cycling Championships, Aigle, Switzerland
- Leon Larkins** 2006 IPC World Cycling Championships, Aigle, Switzerland

EAD SHOOTING

- Jeffery Lane** 2006 IPC World Shoting Championships, Sargans, Switzerland

EAD SWIMMING

- Katrina Porter** 2006 IPC World Swimming Championships, Durban, South Africa
- Jeremy Tidy** 2006 IPC World Swimming Championships, Durban, South Africa
- Jeremy McClure** 2006 IPC World Swimming Championships, Durban, South Africa

EAD WEIGHTLIFTING

- Darren Gardiner** 2006 IPC World Championships, Busan, Korea
2007 European Championships, Kavala, Greece

EQUESTRIAN

- Clayton Fredericks** 2006 FEI World Equestrian Games, Aachen, Germany
2006 FEI Eventing World Cup Final, Malmo, Sweden
2007 Fontainebleau CIC 3***, Paris, France
2007 Burnham Market CIC 3***, North Norfolk, England
2007 Saumur CCI 3***, Samur, France
2007 Kentucky CCI 4****, Kentucky, USA
- Sonja Johnson** 2006 FEI World Equestrian Games, Aachen, Germany
2007 New Zealand National Championships, Taupo, NZ

FENCING

- Chloe Rossetti** 2006 Senior Commonwealth Championships, Belfast, Northern Ireland

ICE DANCING

- Evgueni Borounov** 2007 Four Continents, Colorado Springs, USA
- Maria Borounov** 2007 Four Continents, Colorado Springs, USA

MEN'S GYMNASTICS

- Martin Jozwiak** 2006 World Championships, Aarhus, Denmark

RHYTHMIC GYMNASTICS

- Janine Murray** 2007 Baltic Cup, Gdynia, Poland
2007 "No Limits", Belgium
2007 Grand Prix, Brno, Czech Republic

SOCCER

- Lisa De Vanna** 2006 Asia Pacific Cup, Adelaide, Australia
2006 Peace Cup, Seoul, Korea
2007 Olympic Qualifying Stage 1, Kaohslung, Taipei
2007 Olympic Qualifying Stage 2, North Korea & Australia
- Collette McCallum** 2006 Asia Pacific Cup, Adelaide, Australia
2006 U/20 Women's World Cup, Moscow, Russia
2006 Peace Cup, Seoul, Korea
2007 Olympic Qualifying Stage 1, Kaohslung, Taipei
2007 Olympic Qualifying Stage 2, North Korea & Australia

SHOOTING

- Pamela McKenzie** 2007 Sydney World Cup, Sydney, Australia
2007 Bangkok World Cup, Bangkok, Thailand
- Robyn Van Nus** 2007 Sydney World Cup, Sydney, Australia

TAEKWONDO

- Tina Morgan** 2006 1st China Open International Taekwondo Championships, Beijing, China
2006 Korean Open, Seoul, Korea
2006 World Cup Team Taekwondo Championships, Bangkok, Thailand
2007 WTF Electronic Protector Test Event, Chuncheon, Korea
2007 Dutch Open, Eindhoven, Netherlands
2007 German Open, Bonn, Germany
- Amy Ash** 2006 1st China Open International Taekwondo Championships, Beijing, China
2006 Korean Open, Seoul, Korea
2006 WTF World Cup, Bangkok, Thailand
- Jason Rocca** 2006 1st China Open International Taekwondo Championships, Beijing, China
2006 Korean Open, Seoul, Korea
2006 WTF World Cup, Bangkok, Thailand
- Cameron Sutton** 2006 Korean Open, Seoul, Korea
2007 Dutch Open, Eindhoven, Netherlands
2007 German Open, Bonn, Germany
- Sarah Di Lena** 2006 World Junior Championships, Ho Chi Minh City, Vietnam

TENNIS

- Casey Dellacqua**** 2007 Wismilak International, Bali, Indonesia
2006 Sunfeast Open 2006, India
2007 Medibank International, Sydney, Australia
2007 Australian Open, Melbourne, Australia
- Jessica Moore**** 2006 Wimbledon Junior Championships, Wimbledon, England
2006 Canadian Championships, Canada
2006 US Junior Championships, New York, USA
2007 Australian Open, Melbourne, Australia

TRIATHLON

- Peter Robertson**** 2006 ITU World Championships, Lausanne, Switzerland
2006 Salford BG World Cup, Salford, England
2007 Madrid BG World Cup, Madrid, Spain
2007 Des Moines BG World Cup, Des Moines, USA

WHEELCHAIR BASKETBALL

- Justin Eveson** 2006 World Gold Cup/World Championships, Amsterdam, The Netherlands
- Brad Ness** 2006 World Gold Cup/World Championships, Amsterdam, The Netherlands
- Shaun Norris** 2006 World Gold Cup/World Championships, Amsterdam, The Netherlands
- Brett Nicholson** 2006 Fespics Games, Kuala Lumpur, Malaysia
2007 Arafura Games, Darwin, Australia

Major Title Winners

EAD CYCLING

- Claire McLean** 2006 IPC World Cycling Championships
Women 2Km LCI Time Trial – Champion

* AIS/WAIS Athletes
** WAIS/AIS Athletes

ATHLETICS



Photo: Getty Images

KIM MICKLE

The WAIS Athletics Program had another exciting year with many record-breaking performances. **Grant Ward** was appointed Head Coach – Field after holding a similar position at WAIS to 2005.

The international season began with pole vaulter **Vicky Parnov** setting a new under-18 and under-20 Australian record at a meet in Germany. Vicky finished second in the event with a personal best jump (4.32m) and set her sights firmly on the World Junior Championships.

Commonwealth Games champion **Kym Howe** beat rival Tatiana Grigorieva to win the women's pole vault at the 25th Meeting de Atletismo in Madrid, Spain. Both cleared 4.51m with Howe winning on a countback.

In August, Vicky Parnov won bronze at the IAAF World Junior Athletics Championships in Beijing, China. Vicky (15), who was the youngest in the final by more than a year, made history by becoming the first Australian woman to medal in the pole vault at a World Junior Championships. **Megan Wheatley** had an outstanding start in the heptathlon with personal bests in the 100m hurdles, high jump and shot put. **Felipe De Castro Cruz** and **Matei Tzvetanov** were also members of the Australian team.

Paul Burgess continued WAIS' pole vault success at the IAAF World Athletics Final in Stuttgart in September. Paul cleared 5.82m to win the men's pole vault and became the first Australian to win a title at the final since Cathy Freeman's 400m victory in 1996. Kym Howe finished seventh in the pole vault, ruing a bad end to the season due to illness.

Following the Worlds, three WAIS athletes were listed in the top 20 of the IAAF World Rankings. Paul Burgess was ranked number one pole vaulter in the world with Kym Howe seventh in the women's pole vault and **John Steffensen** (USA-based) 20th in the 400m.

However, Paul Burgess' number one ranking was short-lived when Commonwealth Games pole vault champion **Steve Hooker** won gold a week later at the IAAF World Cup in Athens. Steve, who moved to Perth

to train under WAIS Pole Vault Coach **Alex Parnov**, cleared 5.80m on his second attempt. Also at the World Cup was **Kim Mickle**, who finished a credible fifth in the javelin amongst more experienced opponents. Later that month, Kim set a new record at the 2006 International Tahiti Nui Meeting with a throw of 56.13m.

In October, **Lauren Shelley** finished 44th from 57 starters in the women's marathon at the 1st IAAF World Road Running Championships in Debrecen, Hungary. Lauren was part of the Australian team that finished ninth overall.

Back in Australia, heptathlete **Kylie Wheeler** won the open division of the 2007 Australian Combined Events Championships, held in Canberra, in December. Her total of 6019 points was an A-Qualifier for the World Championships. At the 2006 Telstra Zatopek Classic in Melbourne, Kim Mickle won the women's javelin and Lauren Shelley placed third in the women's 10,000m.

In January, Vicky Parnov smashed the Australian Youth Olympic Festival pole vault record by 25cm to win gold. Fellow vaulter **Rachel Birtles** finished with bronze and **Ray Williams** finished fourth in the 400m finals. At the 2007 Canberra Telstra A Series the following week, Kym Howe won the pole vault and **Chris Troode** finished second in the men's 400m – equaling his personal best time of 45.42.

The outstanding results for WAIS pole vaulters continued on the international circuit in February. Kym Howe added 10cm to her own Australian and Commonwealth Games record with a leap of 4.72m at Sergey Bubka's annual Pole Vault Stars indoor meeting in the Ukraine. Paul Burgess reclaimed his world number one title from Steve Hooker, winning gold for the second consecutive year after clearing 5.80m.

In March, Kim Mickle set a new personal best with a throw of 58.82m at the Melbourne Telstra Meeting. The following week, five athletes claimed national champion status at the Telstra Australian Athletics Championships in Brisbane. Kym Howe won the open women's pole vault;

Ellen Pettitt won the open women's high jump; Kim Mickle claimed the javelin; and Kylie Wheeler claimed her fifth consecutive women's heptathlon. In the men's, Steve Hooker and Paul Burgess battled it out in the open pole vault with Hooker winning the title.

Five WAIS athletes were named in the Australian Athletics Squad to compete at the IAAF World Championships in Japan in August. Paul Burgess, Steve Hooker, Kym Howe, Kylie Wheeler and 400m runner John Steffensen gained automatic selection to the team. 100m sprinter **Steve Tucker** and 400m runner Chris Troode were named in the yet to be confirmed relay squads.

The year culminated with pole vaulters Vicky Parnov and Rachel Birtles' selection on the Australian team to compete at the IAAF World Youth Championships in Ostrava, Czech Republic, in July.

Coaches

Lyn Foreman	Head Coach (Track)
Alex Parnov	Head Coach (Pole Vault)
Grant Ward (commenced 14/10/06)	Head Coach (Field)

Individual Scholarship Holders & Elite Squad Members

Paul Burgess	Warwick Cregan
Felipe De Castro Cruz	Oliver Dziubak
Steve Hooker	Kym Howe
Michael McCagh*	Kimberley Mickle
Benjamin Offereins	Vicky Parnov
Ellen Pettitt	Lauren Shelley
John Steffensen	Eric Surjan*
Matei Tzvetanov	Chris Troode
Megan Wheatley	Kylie Wheeler

Development Squad Members

Rachel Birtles
Ebony Cope
Christopher Johnson
Michael Leask
Liz Parnov
Brittany Pettitt
Zoe Timmers
Miranda Tiong
Steve Tucker

Service Providers

Brian Glencross	Program Coordinator
Gilman Barnitt	Strength & Conditioning
Greg Morgan	Strength & Conditioning
Carmel Goodman	Doctor
Andrew Lyttle	Biomechanist
Heather McGregor-Bayne	Psychologist
Chris Perkin	Physiotherapist
Jocelyn Young	Physiotherapist
Ted Polglaze	Physiologist
Heather McGregor-Bayne	ACE Coordinator

Major Title Winners

Paul Burgess	2006 Mannheim meet, Pole Vault, Mannheim, Germany 2006 IAAF Golden League, Pole Vault, Rome, Italy 2006 International meet, Pole Vault, Leige, Belgium 2006 4th IAAF World Athletics Final, Pole Vault, Stuttgart, Germany 2007 National Series Meet, Pole Vault, Perth, Australia 2007 Sergey Bubka's "Pole Vault Stars", Pole Vault, Donesk, Ukraine 2007 Mannheim Junior Gala and Exhibition, Pole Vault, Mannheim, Germany
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Steve Hooker	2006 International meet, Pole Vault, Leige, Belgium 2006 GE Money Meet, Pole Vault, Helsinki, Finland 2006 ISTAF, Pole Vault, Berlin, Germany 2006 IAAF World Cup in Athletics, Pole Vault, Athens, Greece 2007 Telstra A series, Pole Vault, Melbourne, Australia
Kym Howe	2006 International meet, Pole Vault, Luzern, Germany 2006 Meeting de Atletismo, Pole Vault, Madrid, Spain 2007 A Series, Pole Vault, Canberra, Australia 2007 A Series, Pole Vault, Sydney, Australia 2007 Open National Championships, Pole Vault, Brisbane, Australia
Kimberley Mickle	2006 International Tahiti Nui Meet, Javelin, Tahiti, Tahiti 2006 Zatopek Classic, Javelin, Melbourne, Australia 2007 National Series Meet, Javelin, Perth, Australia 2007 National Series Meet, Javelin, Sydney, Australia 2007 Telstra A series, Javelin, Melbourne, Australia 2007 Open National Championships, Javelin, Brisbane, Australia 2007 Aust Youth Olympic Festival, Pole Vault, Sydney, Australia
Vicky Parnov	2007 Australian U20 & 23 National Championships, High Jump, Hobart, Australia
Brittany Pettitt	2007 National Series Meet, High Jump, Perth, Australia 2007 National Series Meet, High Jump, Sydney, Australia
Ellen Pettitt	2007 Open National Championships, High Jump, Brisbane, Australia
Miranda Tiong	2007 Australian U20 & 23 National Championships, Pole Vault, Hobart, Australia
Chris Troode	2007 National Series Meet, 400m, Perth, Australia
John Steffensen	2007 Telstra A Series, 400m, Sydney, Australia
Kylie Wheeler	2007 National Series Meet, Long Jump, Perth, Australia 2007 Open National Championships, Heptathlon, Brisbane, Australia

Australian Representatives

Rachel Birtles	2007 Australian Youth Olympic Festival, Pole Vault, Sydney, Australia
Steve Hooker	2006 IAAF World Cup in Athletics, Pole Vault, Athens, Greece
Kym Howe	2006 IAAF World Cup in Athletics, Pole Vault, Athens, Greece
Kimberley Mickle	2006 International Tahiti Nui Meet, Javelin, Tahiti, Tahiti 2006 IAAF World Cup in Athletics, Javelin, Athens, Greece
Vicky Parnov	2006 IAAF World Junior Championships, Pole Vault, Beijing, China
Vicky Parnov	2007 Australian Youth Olympic Festival, Pole Vault, Sydney, Australia
Megan Wheatley	2006 IAAF World Junior Championships, Heptathlon, Beijing, China

* AIS/WAIS Athletes
** WAIS/AIS Athletes

BASEBALL



Photo: Baseball Australia

BRENDAN WISE

The WAIS Baseball Program had another successful year with players making senior and junior national team selection and three professional signings.

Jason Smit kick-started the year winning the Most Valuable Player award at the Major League Baseball Australian Academy Program (MLB/AAP) Camp on the Gold Coast. After his stellar performance at the camp, the then 15-year-old signed a six-figure professional contract with the Cleveland Indians.

Adam Courcha, Allan de San Miguel, Matthew Kennelly, Chris House and Jason Smit were named in the Australian Under-19 Baseball Team for the AAA World Championships in Cuba in September. However, the Australians did not live up to expectation, finishing ninth out of 12 in the under 19 competition. **Liam Hendricks** was a reserve for the team.

Christian Wise, Dean Brendon, Corey Adamson and **Jake White** were part of the National Under-15 AA Team that finished sixth at the World Boys Championships in Taiwan.

In November, **Luke Hughes** and **Brendan Wise** were selected in the Australian Senior Baseball Team to contest the ICC Cup at the Baseball World Championships in Taiwan. Australia finished fifth in the tournament with Brendan and Luke strong contributors to the team's performance.

The Australian Baseball League season got underway in December with 14 WAIS players named in the Barbagello Perth Heat. The Heat won a three-game series (2-1) against Victoria and South Australia. Players

included Chris House, Matthew Kennelly, Brendan Wise, **Mark Kelly**, Allan de San Miguel, **Timothy Kennelly, Mitchell Graham, Dean White**, Luke Hughes, **Matthew Sibley, Liam Baron**, Jason Smit, Liam Hendricks and **Cameron Lamb**.

In January, the Under-18 State Team won its second consecutive National AAA Championships in Victoria. WAIS athletes made up half of the 18-man side including Liam Hendricks, Cameron Lamb, Matthew Kennelly, Chris House, Jason Smit, Christian Wise, **Jason Fisch, Warwick Saupold** and Dean Brendon. WA beat Queensland in a thrilling final, winning eight of its nine matches throughout the tournament. It was the third time WA had won the championships in 53 years.

The Perth Heat had a disappointing run in the Claxton Shield, held in Perth, in late January. The Heat lost all five of its close-scoring matches but was buoyed by strong performances from second baseman Mitch Graham and pitcher Mark Kelly. Luke Hughes, Dean White, Timothy Kennelly, Allan de San Miguel, Brendan Wise, Matthew Kennelly and Jason Smit were also part of the team.

In February, Brendan Wise, Luke Hughes and Allan de San Miguel were selected to the Australian Team Shadow Squad. Australia defeated a NSW team (2-1) in Sydney in the lead up to a two-game series against Japanese professional team, Chiba Lotte Marines (1-1).

Jason Smit was rewarded for an outstanding 2006 season by being named the Australian Baseball Federation's Youth Baseballer of the Year.

Following their outstanding performances in the Under-18 National AAA Championships, right-handed pitchers Cameron Lamb and Liam Hendriks signed professional contracts with US baseball organisations. Cameron was signed by the San Francisco Giants while Liam signed a six-figure contract with the Minnesota Twins.

Corey Adamson was part of Australia's Under-17 AA National Team that won the Oceanic Qualifier in Sydney for the IBAF AA World Championships. Australia clean swept New Zealand and New Caledonia in all six games. Corey had a great series, playing in the outfield and hitting 0.538 for the tournament.

In the US, Brendan Wise joined Florida State League team, the Lakeland Flying Tigers, only to be called up to Detroit Tigers AA affiliation, the Erie Tigers. Luke Hughes was named the Eastern League Offensive Player of the Week during June as he continued to impress with the New Britain Rock Cats in the AA Eastern League for the Minnesota Twins. Matthew Kennelly began his professional season with the Atlanta Braves in the Gulf Coast League in Florida.

To finish the year, Jason Fisch and Christian Wise were selected in National Schoolboys Team to play at the World Schoolboys Championships in Canada in September.

Coaches

Don Kyle	Head Coach
Jason Hewitt	Specialist Coach
Greg Jelks	Specialist Coach
Steve Kirkham	Specialist Coach
Andrew Kyle	Specialist Coach
Mark Pettit	Specialist Coach
Adrian Versaico	Specialist Coach

Elite Squad Members

Allan De San Miguel	Kent Dixon
Mitchell Graham	Chris House
Luke Hughes	Mark Kelly
Matthew Kennelly	Tim Kennelly
Cameron Lamb	Aaron MacKenzie
Scott Mitchinson	Dylan Peacock
Ben Rowe	Daniel Schmidt
Jason Smit	Dean White
Brendan Wise	

Development Squad Members

Corey Adamson	Liam Baron
Jacob Beard	Dean Brendon
Steven Burnham	Adam Courcha
Nathan Driessen	Jason Fisch
Liam Hendriks	Cameron Lamb
Chris Lofthouse	Warwick Saupold
Matthew Sibley	Jason Smit
Jake White	Mitchell Williams
Christian Wise	

Service Providers

Andy Smith	Program Coordinator
Matthew Burgin	Psychologist
Carmel Goodman	Doctor
Craig Hewson	Physiotherapist
Greg Morgan	Strength & Conditioning
Ted Polglaze	Physiologist
Tim Chambers	ACE Coordinator

Major Title Winners

Dean Brendon	2007 U18 AAA National Baseball Championships, Geelong, Australia
Jason Fisch	2007 U18 AAA National Baseball Championships, Geelong, Australia
Liam Hendriks	2007 U18 AAA National Baseball Championships, Geelong, Australia
Chris House	2007 U18 AAA National Baseball Championships, Geelong, Australia
Matthew Kennelly	2007 U18 AAA National Baseball Championships, Geelong, Australia
Cameron Lamb	2007 U18 AAA National Baseball Championships, Geelong, Australia
Warwick Saupold	2007 U18 AAA National Baseball Championships, Geelong, Australia
Jason Smit	2007 U18 AAA National Baseball Championships, Geelong, Australia
Christian Wise	2007 U18 AAA National Baseball Championships, Geelong, Australia



CANOEING



The WAIS Flatwater Canoeing Squad had its best year to date with several historic achievements. The year began with five athletes selected in the National Flatwater Canoeing Team – WAIS’ biggest-ever representation. By year’s end, six athletes had made national selection with three named in the senior team. WA had its best result in the 2007 Australian Flatwater Canoe Rankings with Lisa Oldenhof, Rachael Simper and Kate Forgione listed in the women’s top six as well as Reece Baker in the men’s top five.

Kate Forgione (WAIS/AIS) and **Lisa Oldenhof** (WAIS/AIS) began their overseas campaign at the World Championships in Hungary in August. Lisa and her partner performed solidly finishing ninth in the K2 500m with only 1.5 seconds separating second and ninth. Forgione and her partner just missed a berth in the A final of the K2 1000m.

In September, **Reece Baker**, **Jesse Phillips** and **Lee Davey** made the finals in their respective events as part of the National Under-23 Team at World Cup 3 in China. Reece finished seventh in the K1 500m and was part of the K4 200m, K4 500m and K4 1000m crews that finished fourth, fifth and fifth respectively. Lee and Jesse placed sixth in the K2 200m, eighth in the K2 500m and were part of the fifth-placed K4 1000m crew.

Back in Australia, **Michael Baker** produced his first win in sprint competition at the Sprint Regatta 3 in December. He also paddled the second-fastest time ever recorded over the Hines Reserve course in Bayswater. It was the first regatta of the year to be held over the Olympic 500m and 1000m distances. In the K2 1000m, Jesse Phillips and Lee Davey recorded their fastest time over the course.

Reece Baker became the first WAIS male athlete to win a K1 race in an Olympic event at a Grand Prix Regatta in Adelaide. Reece won gold in the K1 500m and paddled strongly in the K2 and K4 events. **Rachel Simper** and Kate Forgione took gold in the K2 1000m from Lisa Oldenhof and partner. Jesse Phillips and Lee Davey beat their personal best time by four seconds in the K2 1000m, finishing seventh.

In one of the first regattas of 2007, Reece Baker showed he was on track for national selection winning the K1 500 and 1000m as well as the K2 500m at a State Series in Adelaide. Rachel Simper was also in winning form in the K1 500m and with Kate Forgione in the K2 500m.

In February, Jesse Phillips was part of the successful Australian Under-21 Team to beat New Zealand in the inaugural Trans Tasman Kayaking Test. Phillips’ crews won the K2 1000m, K4 500m and K4 1000m events.

Lisa Oldenhof secured her spot on the national team for 2007 Worlds with wins in two Olympic events at the Grand Prix 2 in Sydney. Lisa and partner/s won the K2 500m and K4 500m. Reece Baker continued his great form as the first Australian home in the K1 500m behind New Zealand world champion Ben Fouhy and World Championship finalist Steve Ferguson. He also finished third in the K1 1000m. Rachel Simper enjoyed the best regatta of her career finishing a close third in the K1 500m.

WAIS athletes had outstanding results at the 2007 National Championships in March. Lisa Oldenhof paddled to gold in the K2 500m and K4 500m and silver in the K1 500m; Rachel Simper and Kate Forgione won silver in the K2 1000m and bronze in the K2 500m; Simper’s crew took silver in the K4 500m and Forgione’s bronze; Reece Baker won silver in the K4 500m and K4 1000m and bronze in the K1 500m and K1 1000m; Michael Baker won his first senior medal with a bronze in the K2 1000m; and **Jenni Bateman** took bronze in the K1 1000m.

Following the championships, Lisa Oldenhof, Rachel Simper and Reece Baker were named in the Australian Senior Team for two World Cup events followed by the 2007 Flatwater World Championships in August.

Lisa Oldenhof had a great start to her international campaign claiming two medals at World Cup 3 in France in June. Lisa and crew won silver in the K4 500m – just 0.209 seconds behind world leader’s Germany. She and her partner also won bronze in the K2 500m. Rachel Simper and her

partner finished sixth in the K2 500m. Reece Baker teamed up with Olympic medallist Clint Robinson to finish in an encouraging sixth place in the K2 1000m behind world champion and Olympic medallist crews.

Lee Davey, Jesse Phillips and Michael Baker figured prominently for Australia in the Under-23 regattas. The trio won silver in K4 1000m and finished fifth in the K4 500m at the Ruhr Regatta in Germany. Michael and partner took bronze in the K2 1000m with Lee and Jesse finishing eighth. Jesse was fourth in the K2 500m and ninth in the K1 500m. At the International Under-23 Regatta in Poland, Jesse and partner won silver in the K2 500m in one of the fastest times recorded by an Australian crew since Clint Robinson and Nathan Baggaley claimed silver at the Athens Olympics. Michael won bronze in the K2 1000m while the trio finished fourth in the K4 1000m.

Coach

Ramon Andersson Head Coach

Individual Scholarship Holders & Elite Squad Members

Michael Baker	Reece Baker**
Lee Davey	Kate Forgione**
Lisa Oldenhof**	Jesse Phillips
Rachel Simper**	

Development Squad Members

Brody Baker
 Michael Baker
 Jenni Bateman
 Simon Roll

Service Providers

Lucy Warhurst	Program Coordinator
Gilman Barnitt	Strength & Conditioning
Carmel Goodman	Doctor
Andrew Hayden	Physiotherapist
Deborah Kerr	Dietician
Heather McGregor-Bayne	Psychologist
Ted Polglaze	Physiologist
Brett Slocombe	Physiotherapist
Peter Steele	Doctor
Duncan Sullivan	Doctor
Kristy Warrick	ACE Coordinator
Angelique Wilson	ACE Coordinator

Major Title Winners

Lisa Oldenhof	2007 National Flatwater Canoe/Kayak Championships, K4 500, Sydney, Australia
	2007 National Flatwater Canoe/Kayak Championships, K4 200, Sydney, Australia
	2007 National Flatwater Canoe/Kayak Championships, K2 500, Sydney, Australia
	2007 National Flatwater Canoe/Kayak Championships, K2 200, Sydney, Australia

** WAIS/AIS Athletes



Photo: Unknown

KATE FORGIONE & RACHEL SIMPER

Australian Representatives

Michael Baker	2007 Ruhr Regatta, Bochum, Germany 2007 U23 World Regatta, Bydgoszcz, Poland
Reece Baker	2006 World Cup 3, Guangzhou, China 2007 World Cup 2, Szeged, Hungary
Lee Davey	2007 World Cup 3, Gerardmer, France 2006 World Cup 3, Guangzhou, China 2007 Ruhr Regatta, Bochum, Germany 2007 U23 World Regatta, Bydgoszcz, Poland
Kate Forgione	2006 35 ICF Flatwater Racing World Championships, Szeged, Hungary
Lisa Oldenhof	2006 35 ICF Flatwater Racing World Championships, Szeged, Hungary 2007 World Cup 2, Szeged, Hungary 2007 World Cup 3, Gerardmer, France

Jesse Phillips

2006 World Cup 3, Guangzhou, China
2007 U/21 Trans Tasman Canoe Challenge, Sydney, Australia
2007 Ruhr Regatta, Bochum, Germany
2007 U23 World Regatta, Bydgoszcz, Poland

Rachel Simper
Rachel Simper

2007 World Cup 2, Szeged, Germany
2007 World Cup 3, Gerardmer, France

Coaching Achievements

Ramon Andersson

National Team Selection, 2006, U/23 Tour for World Cup 3 China
National Team Selection, 2007, World Cup 3 & 4, Europe

Ramon Andersson

CYCLING



Photo: John Veage

JOSIE TOMIC

The WAIS Cycling Squad had another exciting year with some of its best results yet. The year began with WAIS athletes contributing an impressive seven medals to Australia's total of 11 at the Junior World Championships. A number of cyclists also made their National Senior Team debuts as well as record numbers selected to compete in World Cup and World Championship events.

Three WAIS cyclists became junior world champions after performing outstandingly across several events at the World Junior Track Championships in Belgium in August. **Cameron Meyer** (WAIS/AIS) and **Travis Meyer** won gold in the 40km madison and 4000m team pursuit events. Cameron took gold in the 3000m individual pursuit and Travis bronze in the 25km point score. **Scott Sunderland** (WAIS/AIS) won gold in the 1000m time trial as well as silver medals in the sprint and team sprint events. **Josephine Butler**, who was lucky to escape injury after a crash in the women's keirin, also competed.

Cameron Meyer and **Josie Tomic** went on to compete at the Junior Road Cycling World Championships. In the time trials, Cameron placed fifth out of 71 competitors while Josie finished 40th out of 45. In the road race, Josie placed 21st while Cameron finished mid-pack, in 65th place, after an unsuccessful breakaway attempt.

In late August, Olympic and Commonwealth Games champion **Ryan Bayley** (WAIS/AIS) performed solidly at the Los Angeles Cycling Classic – the first event in the Australian sprint cyclists' preparation program for the 2008 Beijing Olympics. Ryan won gold in the men's sprint and finished second in the men's keirin. A week later, he claimed the Fastest Man on Wheels title at the Leigh Valley Velodrome in Pennsylvania and was part of a trio that won gold in the team sprint event.

Scott Sunderland was part of the three-man Australian team to win silver in the team sprint at the Cottbus International Grand Prix in Germany. Ryan Bayley finished fourth in the sprint while Scott placed ninth.

Back in Australia, the Meyer brothers continued their excellent form at the National Junior Road Championships in Queensland in September. They won gold in the pair time trial with Cameron also winning gold in the 104km road race and silver in the time trial.

Travis Meyer and Scott Sunderland made their National Senior Team debuts alongside seasoned performers Ryan Bayley and **Peter Dawson** (WAIS/AIS) at the World Track Cup 1 in November. The WAIS cyclists rode impressively to help Australia top the nation rankings at the end of the first round of the World Cup Classics. Ryan collected silver in the keirin.

Cameron Meyer ended his outstanding 2006 season by being named Junior Male Track Cyclist of the Year and Junior Male Road Cyclist of the Year at the 2006 Australian Cyclist of the Year Awards.

Junior cyclist **Stephen Hall** won three gold medals and one bronze at the Asian Pacific Games in Perth in December. Stephen beat a strong field of Asian competitors to win the sprint, 1000m time trial and elimination races. He was also a member of the WA team that won bronze in the team sprint.

Cameron Meyer kick started WAIS' cycling success in 2007, winning silver in the 122.4km road race (under-23) at the National Open Road Championships in Ballarat. Cameron then made his mark at his first senior World Cup event, beating a host of world champions to claim gold in the men's 30km points' race. He and Scott Sunderland were part of the Australian Senior Track Team at the Los Angeles World Track Cup 3.

In late January, WAIS' young cyclists scooped the medal pool at the Australian Youth Olympic Festival in Sydney. Josie Tomic won gold in the 2km individual pursuit, 20km point score and 7.5km scratch race as well as silver in the team sprint. Josephine Butler took gold in the 500m time trial, silver in the team sprint and bronze in the sprint. **Jason Holloway** won gold in the keirin and silver in the team sprint with Stephen Hall.

WAIS cyclists won an impressive 30 medals at the National Track Championships in Sydney in February. Gold medallists included Josephine Butler (under-19 time trial); Ryan Bayley (sprint) for the second time; and Josie Tomic (junior 2km individual pursuit and the under-19 points race).

In March, Scott Sunderland, Ryan Bayley and **Kristine Bayley** won bronze medals at the final of the World Cup Classics series in Manchester. Scott and Ryan, with Shane Perkins (VIC), finished third in the men's team sprint while Kristine was part of the third-placed women's team sprint.

Five WAIS cyclists were among the 18-member Australian Cyclones Team for the 2007 World Track Championships in Spain in April. Kristine Bayley, with Anna Meares (QLD), opened Australia's medal tally with a bronze medal in the women's teams sprint. Ryan Bayley and his team were disappointed to miss the medal round in the men's teams sprint after posting their fastest time of the season. Peter Dawson, Cameron Meyer and Scott Sunderland also competed.

In May, Josie Tomic won the under-19 women's time trial and the road race at the Junior National Road Championships in Murwillumbah.

Josephine Butler, Josie Tomic, Jason Holloway and Travis Meyer will represent Australia at the World Junior Track Championships in Mexico in August. WAIS Head Cycling Coach **Darryl Benson** is the National Junior Track Coach for the championships. Josie and Travis will compete at the World Junior Road Championships at the conclusion of the track events.

Coach

Darryl Benson Head Coach

Individual Scholarship Holders & Elite Squad Members

Kristine Bayley	Ryan Bayley*
Josephine Butler	Peter Dawson*
Travis Meyer	Scott Sunderland**
Josephine Tomic	Cameron Meyer*

* AIS/WAIS Athletes
 ** WAIS/AIS Athletes

Development Squad Members

Stephen Hall	Jason Holloway
Duane Johansen	Rebecca MacPherson
Douglas Repacholi	Michael Fitzgerald

Service Providers

Andrew Smith	Program Coordinator
Matthew Burgin	Psychologist
Carmel Goodman	Doctor
Deborah Kerr	Dietician
Andrew Lyttle	Biomechanist
Greg Morgan	Strength & Conditioning
Ted Polglaze	Physiologist
Kristy Warrick	ACE Coordinator
Angelique Wilson	ACE Coordinator

Major Title Winners

Kristine Bayley	2006 Oceania Track Championships (Senior), Women's 500m TT, Melbourne, Australia
Ryan Bayley	2007 Australian Track Championships (Senior), Men's Sprint, Sydney, Australia
Josephine Butler	2007 Olympic Youth Festival, Women's 500m TT, Sydney, Australia 2007 Australian Track Championships (Senior), Women's 500m TT, Sydney, Australia
Jason Holloway	2007 Olympic Youth Festival, Men's Keirin, Sydney, Australia
Cameron Meyer	2006 World Junior Track Championships, Team Pursuit, Ghent, Belgium 2006 World Junior Track Championships, Individual Pursuit 3000m, Ghent, Belgium 2006 World Junior Track Championships, Madison, Ghent, Belgium 2006 Australian U19 Road Championships, Road Race – Stage 1, Sunshine Coast, Qld, Australia 2006 Australian U19 Road Championships, Team Time Trial, Sunshine Coast, Qld, Australia 2007 UCI Track World Cup, Points Race, Los Angeles, USA
Travis Meyer	2006 World Junior Track Championships, Madison, Ghent, Belgium 2006 World Junior Track Championships, Team Pursuit, Ghent, Belgium 2006 Australian U19 Road Championships, Team Time Trial, Sunshine Coast, Qld, Australia
Scott Sunderland	2006 World Junior Track Championships, 1000m TT, Ghent, Belgium 2006 Oceania Track Championships (Senior/U19), Team Sprint, Melbourne, Australia 2006 Oceania Track Championships (Senior/U19), 1000m TT, Melbourne, Australia
Josephine Tomic	2007 Olympic Youth Festival, Points Race, Sydney, Australia 2007 Olympic Youth Festival, Scratch Race, Sydney, Australia 2007 Olympic Youth Festival, Individual Pursuit 2000m, Sydney, Australia 2007 Australian Track Championships (Senior/U19), Individual Pursuit 2000m, Sydney, Australia

2007 Australian Track Championships (Senior/U19), Points Race, Sydney, Australia
2007 Australian U19 Road Championships, Road Race – Stage 1, Murwillumbah, NSW, Australia
2007 Australian U19 Road Championships, Road Time Trial, Murwillumbah, NSW, Australia

Australian Representatives

Kristine Bayley	2006 Oceania Track Championships (Senior/U19), Melbourne, Australia 2007 UCI Track World Cup, Manchester, England 2007 World Track Championships, Majorca, Spain
Ryan Bayley	2006 UCI Track World Cup, Sydney, Australia 2007 UCI Track World Cup, Manchester, England 2007 World Track Championships, Majorca, Spain
Josephine Butler	2006 World Junior Track Championships, Ghent, Belgium 2007 Australian Youth Olympic Festival, Sydney, Australia 2006 UCI Track World Cup, Sydney, Australia 2007 World Track Championships, Majorca, Spain
Peter Dawson	2007 Australian Youth Olympic Festival, Sydney, Australia 2006 Oceania Track Championships (Senior/U19), Melbourne, Australia 2007 Olympic Youth Festival, Sydney, Australia
Stephen Hall	2006 World Junior Track Championships, Ghent, Belgium 2006 UCI Track World Cup, Sydney, Australia 2007 UCI Track World Cup, Los Angeles, USA 2007 World Track Championships, Majorca, Spain
Jason Holloway	2006 World Junior Road Championships, Spa, Belgium 2006 World Junior Track Championships, Ghent, Belgium 2006 UCI Track World Cup, Sydney, Australia 2007 UCI Track World Cup, Manchester, England
Cameron Meyer	2006 World Junior Track Championships, Ghent, Belgium 2006 UCI Track World Cup, Sydney, Australia 2007 UCI Track World Cup, Los Angeles, USA 2007 World Track Championships, Majorca, Spain
Travis Meyer	2006 World Junior Road Championships, Spa, Belgium 2006 World Junior Track Championships, Ghent, Belgium 2006 UCI Track World Cup, Sydney, Australia 2007 UCI Track World Cup, Manchester, England
Scott Sunderland	2006 World Junior Track Championships, Ghent, Belgium 2006 UCI Track World Cup, Sydney, Australia 2006 Oceania Track Championships (Senior/U19), Melbourne, Australia 2007 UCI Track World Cup, Los Angeles, USA 2007 UCI Track World Cup, Manchester, England
Josephine Tomic	2007 World Track Championships, Majorca, Spain 2006 World Junior Road Championships, Spa, Belgium 2007 Australian Youth Olympic Festival, Sydney, Australia

Coaching Achievements

Darryl Benson	National Junior Track Coach, 2006, World Junior Track Championships, Belgium
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GYMNASTICS



The WAIS Gymnastics Program achieved impressive results at all levels during the year.

In July, **Daria (Dasha) Joura** began an outstanding year performing impressively at her first World Cup event in Shanghai with bronze on the Floor as well as making the finals on Vault and Beam. The following month, Dasha held off Commonwealth Games All Around champion Chloe Sims to win the first World Championships trial in Canberra. She shone on Floor with scores of 15.075 and 15.100 – placing her within the world's top bracket of the apparatus.

In September, WAIS' junior and senior international gymnasts achieved excellent results at the WAG National Club Championships, which doubled as the final trial for the World Championships. In the senior international division, Dasha Joura won the All Around as well as Vault, Beam and Floor, with **Olivia Vivian** winning gold on the Uneven Bars. In the junior international division, **Lauren Mitchell** won the All Around, Uneven Bars, Beam and Floor. Team mate **Jade Martin** placed second in the All Around and Beam and third on Uneven Bars.

Dasha Joura and Olivia Vivian were selected in the Australian team for the World Gymnastics Championships in Denmark in October. In her World Championships debut, Dasha qualified for the All Around final where she was the highest-placed Australian, finishing fifth. This was the best-ever ranking for an Australian male or female to achieve on a World Championships debut. Joura was also the only Australian female to qualify for an apparatus final, finishing sixth on the Uneven Bars. In the team final, the pair helped the Australian team to a well-deserved sixth place.

In the week following the Worlds, Dasha Joura competed in the prestigious DTB World Cup in Stuttgart. She competed extremely well, winning the silver medal on Floor and also making the finals on Uneven Bars and Beam.

In November, Dasha Joura and Olivia Vivian competed at the Glasgow Grand Prix amongst a star-studded field. Dasha won her third World Cup medal of year with a bronze on the Uneven Bars as well as making the Floor finals. Olivia was also impressive in her World Cup debut, qualifying for the Uneven Bar final and placing seventh. Lauren Mitchell and Jade Martin performed well in their first international event, the Massilia Cup in Marseille, France. Lauren was fifth in the All Around and qualified for three apparatus finals winning a silver medal on Floor, placing fourth on Beam and seventh on Vault. Jade was 15th in the All Around and qualified for the Uneven Bar finals where she placed seventh.

At the start of 2007, 13-year-old **Tain Molendijk** became the fifth WAIS gymnast to be selected for an Australian team during the year, making her international debut as a member of the National Junior Gymnastics Team. Tain placed fourth in the team event of the Australian Youth Olympic Festival, held in Sydney.

Lauren Mitchell, Olivia Vivian and Jade Martin were part of the Australian team that finished second, behind Russia, at the WOGA Classic in Texas in February. Olivia continued her run of success winning the Uneven Bars with a score of 15.200, well ahead of the silver medallist from Russia. She also placed fifth in the All Around with a personal best score of 55.880. Lauren was second on Beam, third on Floor and fourth All Around. Jade placed 13th All Around with a personal best score of 53.220.

In March, Dasha Joura produced a terrific performance against the world's best at the 2007 Tyson American Cup in Florida, winning silver on the Uneven Bars, bronze on the Floor and finishing sixth All Around. She also created history, becoming the first Australian to complete a Yurchenko with a double twist on Vault in an international competition in an Australian record score of 14.825. Dasha continued to improve her scores at the French International – fifth on Vault, and again at the Cottbus Cup Grand Prix in Germany where she won bronze on the Uneven Bars and placed fourth on Vault.

Lauren Mitchell continued her run of international success in April with two bronze medals at the Stella Zakharova Cup in Kiev, Ukraine. Lauren came third in the All Around and Beam was also a finalist on Uneven Bars and Floor.

It was a West Australian onslaught at the Australian Gymnastics Championships in Melbourne in May. Dasha Joura, Lauren Mitchell, Olivia Vivian and Jade Martin won gold in the team event – WA's first senior women's team title since 1994. The WA team outclassed Victoria and Queensland despite competing with the minimum number of athletes possible to make a team. Dasha won her second successive Australian title in the All Around with Lauren taking silver in a career-best total. For the second consecutive year, the WA girls swept the pool in the apparatus titles. Dasha won gold on Vault, Bars and Floor; Lauren won gold on Beam and silver on Floor; and Olivia won silver on Uneven Bars. **Emily Little** was WA's sole competitor in the women's international level 10 division winning the All Around champion title, silver on Beam and Floor and bronze on Bars.

The Australia v China International Apparatus Challenge was held at the conclusion of the Nationals. Australia, with Dasha Joura, Lauren Mitchell and Olivia Vivian, defeated the world team champions China. On Floor, Dasha was edged into second place by reigning world champion Cheng Fei.

Coaches

Liz Chetkovich	Head of Gymnastics
Martine George	Senior Coach
Nikolai Lapchine	Senior Coach
Vladimir Joura	Coach
Dhana Antulov	Coach
Carly Brockis	Development Coach
Heidi Rose	Development Coach
Salli Wills	Development Coach
Tatiana Lapchina	Coach/Choreographer

Individual Scholarship Holders

Daria Joura**	Jade Martin
Lauren Mitchell**	Tain Molendijk
Olivia Vivian**	

Elite Squad Members

Kiara Isard	Emily Little
Olivia Vivian	Jade Martin
Tain Molendijk	Daria Joura**
Lauren Mitchell**	

Development Squad Members

Alisha Abeliotis	Megan Aspinall
Gabrielle Barham	Courtney Barnard
Gabrielle Beech	Olivia Brown
Julia Buri	Brooke Callcott
Nikola Chung	Brittany Clarke
Phoebe Collins	Ashley Cooney
Emma Coy	Samarah Demarsonae
Artemis Dimopoulos	Karina Donatti
Ellie Dunbar	Coralee Evitt
Lauren Fane	Franceska Fusha
Rae Gidley	Sally Hackett
Stine Helm	Sian Holtzman
Natalia Joura	Emily Leverington
Serena Martin	Claire Mooney
Claire Newbury	Li-anne Ng
Darcy Norman	Natasha Papadimitriou
Courtney Peoples	Emma Prunty
Rachel Purdy	Rebecca Reid
Jamison Ruscoe	Emily Salotti
Georgia Simpson	Breanna Skinner
Kelsey Smith	Kimberley Steffe
Jessica Thompson	Danielle Tyack
Sophie Ward	Shanae Withers

** WAIS/AIS Athletes



Photo: Simone Alexander

LAUREN MITCHELL

Service Providers

Matthew Burgin	Psychologist
Deborah Kerr	Dietician
Ken Maguire	Doctor
Greg Morgan	Strength & Conditioning
Joanne Norcott	Physiotherapist
Claire Rechichi	Physiologist
Alison Slattery	Masseur
Kristy Warrick	ACE Coordinator
Angelique Wilson	ACE Coordinator

Major Title Winners

Daria (Dasha) Joura	2007 Australian Championships – Senior International, Team, Melbourne, Australia 2007 Australian Championships – Senior International, All Around, Melbourne, Australia 2007 Australian Championships – Senior International, Vault, Melbourne, Australia 2007 Australian Championships – Senior International, Uneven Bars, Melbourne, Australia 2007 Australian Championships – Senior International, Floor, Melbourne, Australia 2007 Australia v China, Team, Melbourne, Australia
Emily Little	2007 Australian Championships – International Level 10, All Around, Melbourne, Australia
Jade Martin	2007 Australian Championships – Senior International, Team, Melbourne, Australia
Lauren Mitchell	2007 Australian Championships – Senior International, Team, Melbourne, Australia 2007 Australian Championships – Senior International, Beam, Melbourne, Australia 2007 Australia v China, Team, Melbourne, Australia

Olivia Vivian	2006 National Club Championships – Senior International, Uneven Bars, Caloundra, Australia 2007 WOGA Classic, Uneven Bars, Melbourne, Australia 2007 Chicago Style Meet, Uneven Bars, Melbourne, Australia 2007 Australian Championships – Senior International, Team Melbourne, Australia
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Australian Representatives

Daria (Dasha) Joura	2006 Shanghai World Cup, Shanghai, China 2006 World Championships, Aarhus, Denmark 2006 DTB Cup, Stuttgart, Germany 2006 Glasgow Grand Prix, Glasgow, Scotland 2007 American Cup, Jacksonville, USA 2007 French International, Paris, France 2007 Cottbus Cup, Cottbus, Germany 2007 Australia v China, Melbourne, Australia
Jade Martin	2006 Massilia Gym Cup, Marseille, France 2007 WOGA Classic, Frisco, USA 2007 Chicago Style Meet, Chicago, USA 2006 Massilia Gym Cup, Marseille, France 2007 WOGA Classic, Frisco, USA 2007 Chicago Style Meet, Chicago, USA 2007 Stella Zakharova Cup, Kiev, Ukraine 2007 Australia v China, Melbourne, Australia
Lauren Mitchell	2007 Australian Youth Olympic Festival, Sydney, Australia
Tain Molendijk	2007 Australian Youth Olympic Festival, Sydney, Australia
Olivia Vivian	2006 World Championships, Aarhus, Denmark 2006 Glasgow Grand Prix, Glasgow, Scotland 2007 WOGA Classic, Frisco, USA 2007 Chicago Style Meet, Chicago, USA 2007 Australia v China, Melbourne, Australia

Coaching Achievements

Martine George	National Team – Personal Coach, 2006, Shanghai World Cup, China National Team – Assistant Team, Manager, 2006, World Championships, Denmark National Team – Personal Coach, 2006, DTB World Cup, Germany National Team – Personal Coach, 2006, Massilia Cup, France National Team – Personal Coach, 2007, WOGA Classic, USA National Team – Personal Coach, 2007, Chicago Style Meet, USA National Team – Personal Coach, 2007, American Cup, USA National Team – Personal Coach, 2007, French International, France National Team – Personal Coach, 2007, Cottbus World Cup, Germany National Team – Personal Coach, 2007, Stella Zacharova Cup, Ukraine National Team – Personal Coach, 2007, Australia v China, Australia
Vladimir Joura	National Team – Personal Coach, 2007, Australian Youth Olympic Festival, Australia
Nikolai Lapchine	National Team – Personal Coach, 2006, World Championships, Denmark National Team – Personal Coach, 2006, Glasgow World Cup, Scotland

HOCKEY MENS



In a year that included a change in head coach, the WAIS Men's Hockey Program continued to have presence in the national squad at senior, development and junior levels. **Jason Duff** tendered his resignation to join the Australian Senior Men's Hockey Team (Kookaburras) in the role of performance analyst/assistant coach. **David Bell**, whose extensive coaching experience spans more than 18 years at national and state levels, took over as head coach in April.

In July, **Tom Edwards** and **Daniel White** were part of the WA team that competed in the 2006 Australian Under-21 Men's National Championships in Canberra.

The Kookaburras, with **Bevan George** (WAIS/AIS) and **Aaron Hopkins** (WAIS/AIS), finished fourth in the Champions Trophy. The match, against host nation Spain, went into extra time and strokes after neither side could break a 2-2 deadlock. After dominating the play and controlling possession for most of the match, Australia lost the penalty strike-out 5-4.

The Kookaburras had good momentum heading into the World Cup in Germany after clean-sweeping a four-test series against Korea in Rockhampton in August. Bevan George and Aaron Hopkins were part of the Australian team as well as **Michael Boyce** (WAIS/AIS), who made his World Cup debut. However, for the second year in a row, the Kookaburras had to settle for second place after being defeated by Germany. The Kookaburras came agonisingly close to winning gold, racing to a 3-1 lead in the first half only to be overcome by the Germans 3-4.

Jonathon Charlesworth, **Ian Burcher** and **Fergus Kavanagh** (WAIS/AIS) were named in the Australian Under-21 team (Burras), who toured Korea and Malaysia in September and October. Results included a loss and a draw against the Korean National Team and two wins, two draws and two losses against the Malaysian National Team.

Kiel Brown made his national team debut alongside veteran Aaron Hopkins in a four-test series against the Netherlands in Canberra. The Kookaburras won the first two matches and tied the following two games in a hard-fought 5-4 victory.

In February, **Brent Dancer**, Bevan George, Fergus Kavanagh, **Travis Taylor**, Jonathon Charlesworth and Michael Boyce were part of the WA Thundersticks team, which split a two-game series against China in Kalgoorlie. The Thundersticks went down 2-1 in oppressive heat before bouncing back with a 4-0 win just 15 hours later.

Bevan George and Aaron Hopkins were again named in the Australian squad at the closing of the Australian Hockey League men's grand final in which the WA Thundersticks were defeated by Queensland (1-0), finishing fourth on the league ladder. The announcement capped off a stellar season for Bevan, who was voted Player of the AHL Series. Fergus Kavanagh, Kiel Brown, **Jason Vuletich**, Brent Dancer and Ian Burcher were named in the National Development Squad.

Bevan George, Aaron Hopkins, Kiel Brown and Fergus Kavanagh gained selection in the national team for the 2007 Sultan Azlan Shah Cup in Malaysia in May. The Kookaburras won the tournament beating home side Malaysia (3-1) and taking the cup for the third time in four years. Bevan George helped score Australia's second goal and was part of Australia's powerhouse defence, which never once gave up three goals in a game.

Coaches

Jason Duff (resigned 04/05/2007)	Head Coach
David Bell, OAM (Commenced 10/05/2007)	Head Coach

Individual Scholarship Holders

Ben Bishop	Geoffrey Boyce
Michael Boyce**	Steven Boyce
Kiel Brown**	Ian Burcher
Jonathon Charlesworth	Brent Dancer**
Bevan George, OAM**	Aaron Hopkins**
Fergus Kavanagh**	Jason Vuletich

Elite Squad Members

Ben Bishop	Geoffrey Boyce
Michael Boyce	Steven Boyce
Kiel Brown	Ian Burcher
Jonathon Charlesworth	Brent Dancer
Tom Edwards	Bevan George, OAM
Aaron Hopkins	Fergus Kavanagh
Jason Vuletich	

Development Squad Members

Lloyd Anderson	Chris Bausor
Matt Boyce	Tristan Clemons
Judd Dyer	Tom Edwards
Jason Gabriel	Andrew Jacobs
Justin Knapp	Tyler Lovell
Alistair Park	Dylan Roe
Andrew Smith	Travis Taylor
Cameron Tremayne	Daniel White

Service Providers

Lucy Warhurst	Program Coordinator
Geish Hori	Strength & Conditioning
Deborah Kerr	Dietician
Kim Mercer	Psychologist
Matt Spencer	Physiologist
Peter Steele	Doctor
Kristy Warrick	ACE Coordinator
Angelique Wilson	ACE Coordinator
Michael Wood	Physiotherapist

Australian Representatives

Michael Boyce	2006 BDO Hockey World Cup, Moenchengladbach, Germany
Bevan George, OAM	2006 BDO Hockey World Cup, Moenchengladbach, Germany
Aaron Hopkins	2006 BDO Hockey World Cup, Moenchengladbach, Germany

Coaching Achievements

Jason Duff	National Development Squad/ AIS Tour to Malaysia, 2006, Malaysia International Series, Malaysia
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** WAIS/AIS Athletes



Photo: Getty Images

BEVAN GEORGE

HOCKEY WOMENS



Photo: Getty Images

KOBIE MCGURK

The WAIS Women's Hockey Squad went from strength to strength this year with five athletes selected in the national team, three in the development squad and another Australian Hockey League title for the WA Diamonds.

The Australian Senior Women's Hockey Team (Hockeyroos), including **Emily Halliday** (WAIS/AIS), **Kobie McGurk** (WAIS/AIS) and **Kim Walker** (WAIS/AIS), placed fifth at the 2006 Rabo Champions Trophy in July. The Hockeyroos beat New Zealand 2-1 in the 5 versus 6 play-off. Wins against Germany and New Zealand in the final matches gave the team confidence leading into their World Cup campaign.

The WA Under-21 Team was defeated by Queensland in a one-goal grand final at the Under-21 Women's National Championships. **Rheannin Kelly**, **Jayde Taylor**, **Amy Shaw**, **Ashleigh Nelson**, **Chantelle Ciallella**, **Fiona Boyce** and **Melissa Luff** were part of the WA side.

In August, the Hockeyroos, joined by elite squad member **Hope Munro** (WAIS/AIS), played a four-nation tournament in the US in the lead-up to the World Cup. All four athletes featured as best players in various matches throughout the tournament.

Shelly Liddlelow (WAIS/AIS), **Rheannin Kelly** and **Fiona Boyce** were selected in the Australia A team, which won two games of a three-match series against the second-ranked Chinese national team in Perth. A WAIS team, which included seven Australian under-19 players and some Australian Hockey League athletes, performed competitively in its match against the Chinese.

Emily Halliday, **Kobie McGurk**, **Hope Munro** and **Kim Walker** remained in the Hockeyroos side for the World Cup in Madrid in September. Australia won silver after being defeated by The Netherlands (3-1) in the grand final. Emily and Kobie were among Australia's top players in every game.

WAIS athletes played four games against a Japanese under-18 team in October as part of preparations for a New Zealand tour in December. The team, comprising development and elite junior athletes, drew two matches and lost two with pleasing performances.

In early November, **Shelly Liddlelow** and **Kobie McGurk** toured France and Belgium with the AIS squad. Kobie, together with **Emily Halliday**, **Hope Munro** and **Kim Walker**, were named in the 2007 National Squad with **Shelley** named in the National Development Squad.

At the end of 2006, seven WAIS athletes were named in the National Under-19 Junior Team. **Stephanie Andrew**, **Fiona Boyce**, **Chantelle Ciallella**, **Paige Collins**, **Kate Denning**, **Courtney Gray** and **Ashleigh Nelson** were part of the team that had a 3-0 series win over the New Zealand Under-20 Team in Auckland.

In January, **Fiona Boyce**, **Kate Denning**, **Courtney Gray** and **Ashleigh Nelson** were part of the silver medal-winning Australian Junior Team (under-21) at the Australian Youth Olympic Festival in Sydney.

A young national side, including **Kobie McGurk**, **Kim Walker** and **Shelley Liddlelow**, contested the Champions Trophy in Argentina. The Hockeyroos

finished fourth after losing to Germany in the bronze medal-match. Hope Munro was unable to play due to injury.

In April, the SmokeFree WA Diamonds became back-to-back champions after defeating Queensland (2-1) in the Australian Hockey League grand final in Brisbane. It was the third win for the Diamonds in four years with Kim Walker named Player of the Final. Following the tournament, Kim, Emily Halliday, Kobie McGurk, Hope Munro and Shelley Liddelow were named in the National Squad with Ashleigh Nelson, Jayde Taylor and **Lisa Pamerter** named in the National Development Squad.

At the culmination of the year, members of the WAIS Women's Hockey Program toured New Zealand as part of a combined SIS/SAS institute trip. Six athletes and two coaches from WAIS took part in the 10-day tour, which comprised five games and six training sessions. The athletes won all five game including pre-test match games between Australia and New Zealand.

Coach

Neil Hawgood Head Coach

Individual Scholarship Holders

Stephanie Andrews	Fiona Boyce
Chantelle Ciallella	Paige Collins
Kate Denning	Courtney Gray
Emily Halliday**	Kate Hubble
Rheannin Kelly	Shelly Liddelow**
Kobie McGurk**	Hope Munro**
Ashleigh Nelson	Lisa Pamerter
Sian Smithson	Jayde Taylor
Kim Walker**	

Elite Squad Members

Fiona Boyce	Jemma Buckley
Paige Collins	Emily Halliday
Kate Hubble	Rheannin Kelly
Shelly Liddelow	Kia Mansell
Kobie McGurk	Hope Munro
Ashleigh Nelson	Lisa Pamerter
Amy Shaw	Sian Smithson
Jayde Taylor	Kim Walker

Development Squad Members

Stephanie Andrews	Jemma Buckley
Chantelle Ciallella	Paige Collins
Hannah Cook	Kate Denning
Courtney Gray	Melissa Luff
Holly White	

Service Providers

Liz Booth	Program Coordinator
Fiona Chromiak	Physiotherapist
Martin FitzSimons	Physiologist
Carmel Goodman	Doctor
Geish Hori	Strength & Conditioning
Heather McGregor-Bayne	Psychologist
Kristy Warrick	ACE Coordinator
Angelique Wilson	ACE Coordinator

Major Title Winners

Stephanie Andrews	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand
Fiona Boyce	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand

Chantelle Ciallella	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand
Paige Collins	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand
Kate Denning	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand
Courtney Gray	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand
Ashleigh Nelson	2006 Australia vs New Zealand Test Series, Hockey Match, Auckland, New Zealand

Australian Representatives

Stephanie Andrews	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Fiona Boyce	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Chantelle Ciallella	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Paige Collins	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Kate Denning	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Courtney Gray	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Emily Halliday	2006 14th Women's Champions Trophy, Amstelveen, Netherlands 2006 Four Nations Tournament, Washington DC & Virginia Beach, USA 2006 11th Women's World Cup, Madrid, Spain
Shelly Liddelow	2007 BDO Champions Trophy Women, Buenos Aires, Argentina
Kobie McGurk	2006 14th Women's Champions Trophy, Amstelveen, Netherlands 2006 Four Nations Tournament, Washington DC & Virginia Beach, USA 2006 11th Women's World Cup, Madrid, Spain 2007 BDO Champions Trophy Women, Buenos Aires, Argentina
Hope Munro	2006 Four Nations Tournament, Washington DC & Virginia Beach, USA 2006 11th Women's World Cup, Madrid, Spain
Ashleigh Nelson	2006 Australia vs New Zealand Test Series, Auckland, New Zealand
Kim Walker	2006 14th Women's Champions Trophy, Amstelveen, Netherlands 2006 Four Nations Tournament, Washington DC & Virginia Beach, USA 2006 11th Women's World Cup, Madrid, Spain 2007 BDO Champions Trophy Women, Buenos Aires, Argentina

Coaching Achievements

Neil Hawgood	Assistant National Coach, 2006, 11th Women's World Cup, Madrid, Spain
Neil Hawgood	Assistant National Coach, 2006, 14th Women's Champions Trophy, Madrid, Spain

** WAIS/AIS Athletes

NETBALL



The WAIS Netball Squad showed tremendous improvement in all aspects of training and performance this year. Athletes performed well at national competitions resulting in a number of players' selection to national squads. The Development Netball Program also enjoyed a competitive year and a successful entry into the WA Netball Smarter than Smoking Premier League competition. **Carol Byers** tendered her resignation as head coach and was succeeded by development coach **Michelle Wilkins**.

In July, Jess Shynn retained her spot in the Australian Netball Team, playing in the Australia v New Zealand and Jamaica Series. **Kate Beveridge, Caitlin Bassett** and **Nikala Smith** (AIS-based) were part of the National 21-and-under Team that won a two-game test series against New Zealand. Kate was a key player for Australia in the first game and Caitlin was a standout performer in the second.

The Perth Orioles (WAIS Elite Netball Squad) finished the 2006 Commonwealth Bank Trophy season in sixth position for the second consecutive year. Caitlin Bassett recorded the highest number of goals scored in a season, netting 535 with an 80 per cent scoring average. The Orioles had a record total of five wins during the season, including their biggest-ever winning margin of 29 goals against the Hunter Jaegers (67-38) in round one. Kate Beveridge reached her 50 game-milestone.

On the State front, WAIS Power (WAIS Development Netball Squad) finished its first year in the 2006 Smokefree State Netball League in sixth position.

WAIS athletes were amongst the winners at the 2006 WA Netball Awards. Caitlin Bassett was named Perth Orioles Player of the Year while **Jasmine Keene** (goal shooter) and **Andrea Gilmore** (goal keeper) were named in the Team of the Year.

The WA 21-and-under Team was runner-up at the National Championships in Adelaide in September. WA went through undefeated until its successful run was stopped by Victoria in the grand final. Kate Beveridge, Caitlin Bassett, **Kirby Bentley, Sarah Ebbott, Susan Fuhrmann** (WAIS/AIS), Andrea Gilmore, **Sarah Geddes, Josephine Janz, Janelle Lawson** (AIS-based) and Nikala Smith were part of the team. Following the championships, Caitlin Bassett and Jasmine Keene were selected in the National 21-and-under Squad. Andrea Gilmore and Sarah Geddes were recognised for their excellent performances by being named in the National 21-and-under emerging list.

Caitlin Bassett the joint winner of the Players' Player of the Year Award for the 2006 Commonwealth Bank Trophy season at the Netball Australia Annual Awards Dinner in November. Caitlin was also the youngest player to be nominated for Most Valued Player Award. Teammate Jess Shynn won the Australian Team Player of the Year.

WAIS individual scholarship holders Kate Beveridge, Susan Fuhrmann and Nikala Smith were selected in the 2007 Perth Orioles squad with Susan named vice captain of the team. WAIS Development Program member Andrea Gilmore was also chosen as a contracted member of the Orioles. Following their selection, Kate and Susan were invited to attend a National Open Training Camps in Canberra in March and June.

In April, five development athletes were named in the 2007 National Underage Squads. **Alicia Janz, Kaitlyn Lilly** and **Mia Washbourne** were named in the National 17-and-under Squad with Andrea Gilmore and **Ashleigh Neal** selected in the National 19-and-under Squad.

At the culmination of the year, Susan Fuhrmann and Janelle Lawson were selected in the National 21-and-under Team to compete in a lead up to the Australia v New Zealand and Jamaica Series in July.

Coaches

Michelle Wilkins	Head Coach
Sue Kenny	Specialist Coach

Individual Scholarship Holders

Kate Beveridge	Susan Fuhrmann
Jessica Shynn	Nikala Smith

Elite Squad Members

Helen Aravidis	Caitlin Bassett
Emma Beckett	Kirby Bentley
Kate Beveridge	Kodie Blay
Catherine Devitt	Susan Fuhrmann
Amber Harvey	Melissa Johnston
Kate Lazenby	Kym Mitchell
Stacey Rosman	Jessica Shynn
Nikala Smith	Larrissa Willcox

Development Squad Members

Briony Carlyon	Jade Carmody
Sarah East	Sarah Ebbott
Lauren Emmens	Amy Fisher
Sarah Geddes	Andrea Gilmore
Alicia Janz	Sally Joynes
Jasmine Keene	Kaitlyn Lilly
Alison Lunt	Paula Markham
Natalie Moeahu-pehi	Ashleigh Neal
Nicole Schaillee	Sarah Tatam
Mia Washbourne	

Service Providers

Andy Smith	Program Coordinator
Jacinta Downey	Physiotherapist
Carmel Goodman	Doctor
Andrew Lyttle	Biomechanist
Heather McGregor-Bayne	Psychologist
Greg Morgan	Strength & Conditioning
Claire Rechichi	Physiologist
Kristy Warrick	ACE Coordinator
Angelique Wilson	ACE Coordinator

Major Title Winners

Caitlin Bassett	2006 Australia 21&U v NZ 21&U Test Series, Brisbane, Sydney, Australia
Kate Beveridge	2006 Australia 21&U v NZ 21&U Test Series, Brisbane, Sydney, Australia

Australian Representatives

Caitlin Bassett	2006 Australia 21&U v NZ 21&U Test Series, Brisbane, Sydney, Australia
Kate Beveridge	2006 Australia 21&U v NZ 21&U Test Series, Brisbane, Sydney, Australia
Jessica Shynn	2006 Australia v NZ Test Series, Brisbane, Sydney, Australia



Photo: Netball WA

NIKALA SMITH

ROWING



2006 AUSTRALIAN MENS U/23 COXLESS FOUR
 (L-R) JAYDEN EDWARDS, PEDER OLSEN, DAVID KELLY, JOSHUA WILLIAMS

The WAIS Rowing Program enjoyed a high level of national representation and international success across all age groups including world championship titles.

Eight WAIS athletes represented Australia at the World Under-23 Rowing Championships in Belgium in July. **Annika Naughton** won gold as a member of the women's coxless four crew. In the men's events, **Perry Ward** finished sixth in the lightweight pair while the coxless four crew of **David Kelly, Peder Olsen, Jayden Edwards** and **Joshua Williams**, under the direction of WAIS Senior Coach **Jason Lane**, placed sixth. All crews, including **Jessica Huston** in the women's lightweight double scull and **Conor McCombe** in her first appearance for Australia as cox of the women's eight, made the A finals.

The all-WAIS junior coxless four, including **Emily Rose, Morag McCallum, Georgia Baker** and **Brittany Mann**, performed well at the World Junior Rowing Championships in The Netherlands in August. The crew finished in fourth position under the direction of WAIS Junior Development Coach **Gonzalo Briones**.

Karolina Hayes made her international debut at the 2006 World University Games in Lithuania. Karolina placed third in the B final (9th overall) in the women's four. A week earlier, she finished third in the women's double scull and fourth in the women's coxless four at the Commonwealth Championships in Scotland.

Six WAIS athletes were members of the Senior Australian Rowing Team to compete at the World Rowing Championships in Eton, UK, in August. **Amber Bradley** and **Jo Lutz** became world champions after winning gold in the women's coxless four, as well as taking bronze in the women's eight. The men's eight, with stroke **Jeremy Stevenson** (WAIS/AIS), finished fourth while Olympian **Ben Cureton** and **Todd Skipworth** placed sixth in the lightweight men's four. **James Gatti** finished ninth in the men's quad scull while **David McGowan** finished 15th in the men's coxless four. WAIS Head Rowing Coach **Antonio Maurogiovanni** was a squad coach for the championships, directing the men's lightweight sculls.

In September, WAIS Preparatory Rowing Squad members **Shaun Dee, Harriet Drummond** and **Alexandra Hayes** competed at the Rowing Australia Youth Cup in Adelaide. WA finished seventh overall at the under-21 team event.

WAIS rowers were among the medal winners at the Australian Youth Olympic Festival in January. **Libby Alderman** and **Emily Rose** won gold in the women's pair; **Michael O'Shea** and **Cameron Brewer** won bronze in the men's pair; O'Shea and Brewer teamed up with **Jeremy Ellis** and **Perry Ward** to win bronze in the men's four; while **Adam Seroka, James Ielati** and **Chris Bond** won bronze in the men's quad. **Georgia Baker, Harriet Drummond, Alex Hayes, Morag McCallum, Conor McCombe** and **Hugh Rawlinson** also competed.

WAIS rowers performed well at the 2006 National Championships in March. Amongst the gold medallists in the under-23 age group were **Libby Alderman** and **Emily Rose** in the women's coxless pair and with **Georgia Baker** in the coxless four; **Megan Bagworth** in the women's coxless four; **James Gatti, David Kelly, Jeremy Ellis** and **Steven Fletcher** in the men's quad scull; **Perry Ward** and his partner took out the men's lightweight double scull. In the under-19 age group, **Chris Bond** and **James Ielati** were members of the gold medal-winning men's quad scull. **Perry, Todd Skipworth, Ben Cureton** and **Ross Brown** rowed outstandingly to win the prestigious **Penrith Cup** for the men's lightweight coxless four.

National Senior Team selectors named eight WAIS representatives for the 2007 World Championships in Munich in August. They included **Jeremy Stevenson, James Gatti, David Kelly, Natalie Bale** (WAIS/AIS), **Amber Bradley, Ben Cureton, Todd Skipworth** and **Ross Brown**. Five WAIS athletes, including **Steven Fletcher, Perry Ward, Megan Bagworth, Libby Alderman** and **Emily Rose**, were named in the National Under-23 Squad for the Under-23 World Championships in Strathclyde, Scotland, and **Brittany Mann** was selected in the Junior National Team for the World Rowing Junior Championships in Beijing. **Antonio Maurogiovanni** will again coach the senior men's lightweight squad and **Jason Lane** is coaching the under-23 men's quad scull.

In June, **Natalie Bale** began her international season with a gold medal at World Cup 2 in Amsterdam, reaffirming the crew's status as world champions in the women's four.

Coaches

Antonio Maurogiovanni	Head Coach
Jason Lane	Senior Coach
Gonzalo Briones	Junior & Development Coach

Individual Scholarship Holders

Robert Alderman	Georgia Baker
Natalie Bale*	Amber Bradley
Ross Brown	Ben Cureton
Jayden Edwards	Jeremy Ellis
Steven Fletcher	Perrin Franks
James Gatti	Karolina Hayes
Jessica Huston	Brenton Jenke
David Kelly	Jo Lutz
Brittany Mann	Morag McCallum
Conor McCombe	David McGowan
Peder Olsen	Sarah Outhwaite
Sally Robbins	Emily Rose
Todd Skipworth	Jeremy Stevenson**
Stefan Szczurowski	Perry Ward
Joshua Williams	

Elite Squad Members

Natalie Bale	Amber Bradley
Ross Brown	Ben Cureton
David Dennis	Steven Fletcher
James Gatti	Jessica Huston
Brenton Jenke	David Kelly
Jo Lutz	David McGowan
Peder Olsen	Sally Robbins
Todd Skipworth	Jeremy Stevenson
Perry Ward	

Development Squad Members

Libby Alderman	Megan Bagworth
Georgia Baker	Cameron Brewer
Jayden Edwards	Jeremy Ellis
Sian Flynn	Perrin Franks
Karolina Hayes	Morag McCallum
Conor McCombe	Peder Olsen
Michael O'Shea	Peter Platell
Hugh Rawlinson	Emily Rose

Adam Seroka
Joshua Williams

Perry Ward

Karolina Hayes

2006 Commonwealth Rowing Regatta, Strathclyde, Scotland
2006 World University Games, Trakai, Lithuania

Service Providers

Liz Booth Program Coordinator
Gilman Barnitt Strength & Conditioning
Matthew Burgin Psychologist
Matthew Doyle Biomechanist
Carmel Goodman Doctor
Geish Hori Strength & Conditioning
Alison Low Physiotherapist
Ted Polglaze Physiologist
Kristy Warrick ACE Coordinator
Angie Wilson ACE Coordinator
Michael Wood Physiotherapist

Jessica Huston

2006 World Under 23 Rowing Championships, Hazewinkle, Belgium
2007 Olympic Youth Festival, Sydney, Australia

James Ielati

2006 World Under 23 Rowing Championships, Hazewinkle, Belgium
2007 FISA World Cup 1, Linz, Austria
2007 FISA World Cup 2, Amsterdam, Netherlands

David Kelly

2006 World Rowing Championships, Eton, England

Jo Lutz

2006 World Junior Rowing Championships, Amsterdam, Netherlands

Brittany Mann

2006 World Junior Rowing Championships, Amsterdam, Netherlands

Morag McCallum

2007 Olympic Youth Festival, Sydney, Australia

Major Title Winners

Libby (Elizabeth) Alderman 2007 Olympic Youth Festival, U19W2-, Sydney, Australia
Natalie Bale 2007 FISA World Cup 2, OW4-, Amsterdam, Netherlands
Amber Bradley 2006 World Rowing Championships, OW4-, Eton, England
Ross Brown 2007 National Rowing Championships, IELM4-, Nagambie, Victoria, Australia
Ben Cureton 2007 National Rowing Championships, IELM4-, Nagambie, Victoria, Australia
Jo Lutz 2006 World Rowing Championships, OW4-, Eton, England
Annika Naughton 2006 World Under 23 Rowing Championships, U23W4-, Hazewinkle, Belgium
Emily Rose 2007 Olympic Youth Festival, U19W2-, Sydney, Australia
Todd Skipworth 2007 National Rowing Championships, IELM4-, Nagambie, Victoria, Australia
Perry Ward 2007 National Rowing Championships, IELM4-, Nagambie, Victoria, Australia

Conor McCombe

2006 World Under 23 Rowing Championships, Hazewinkle, Belgium
2007 Olympic Youth Festival, Sydney, Australia

David McGowan

2006 World Rowing Championships, Eton, England

Annika Naughton

2006 World Under 23 Rowing Championships, Hazewinkle, Belgium

Peder Olsen

2006 World Under 23 Rowing Championships, Hazewinkle, Belgium

Michael O'Shea

2007 Olympic Youth Festival, Sydney, Australia

Hugh Rawlinson

2007 Olympic Youth Festival, Sydney, Australia

Emily Rose

2006 World Junior Rowing Championships, Amsterdam, Netherlands

Australian Representatives

Libby Alderman 2007 Olympic Youth Festival, Sydney, Australia
Georgia Baker 2006 World Junior Rowing Championships, Amsterdam, Netherlands
2007 Olympic Youth Festival, Sydney, Australia
Natalie Bale 2007 FISA World Cup 1, Linz, Austria
2007 FISA World Cup 2, Amsterdam, Netherlands
Chris Bond 2007 Olympic Youth Festival, Sydney, Australia
Amber Bradley 2006 World Rowing Championships, Eton, England
Cameron Brewer 2007 Olympic Youth Festival, Sydney, Australia
Ben Cureton 2006 World Rowing Championships, Eton, England
Jayden Edwards 2006 World Under 23 Rowing Championships, Hazewinkle, Belgium
Jeremy Ellis 2007 Olympic Youth Festival, Sydney, Australia
James Gatti 2006 World Rowing Championships, Eton, England
2007 FISA World Cup 1, Linz, Austria
2007 FISA World Cup 2, Amsterdam, Netherlands

Todd Skipworth

2006 World Rowing Championships, Eton, England

Jeremy Stevenson

2006 World Rowing Championships, Eton, England

Stefan Szczeniowski

2007 FISA World Cup 2, Amsterdam, Netherlands

Perry Ward

2006 World Rowing Championships, Eton, England

Joshua Williams

2006 World Under 23 Rowing Championships, Hazewinkle, Belgium

Coaching Achievements

Antonio Maurogiovanni National Mens Lightweight Squad Coach, 2006, World Rowing Championships, England
Jason Lane National U/23 Mens Coxless Four Coach, 2006, World U/23 Rowing Championships, Belgium
Gonzalo Briones National U/19 Womens Coxless Four Coach, 2006, World Junior Rowing Championships, Netherlands

SAILING



MATTHIEU HIGGINS & TIM LYNCH - MENS 470

The WAIS Sailing Program continued to prosper with a record 10 athletes gaining national selection during the year.

In July, **Belinda Kerl** and **Chelsea Hall** became world champions after winning the women's double handed division in the 420 class at the ISAF Youth World Sailing Championships in Weymouth, England. The result also helped the Australian team finish third in the team trophy. The following month, Belinda and Chelsea placed in a respectable 15th position as well as first the Under-16 team in the Open Women's 420 World Championships.

Elise Rechichi and **Tessa Parkinson** were unable to reach their top 10 goal at the 470 World Championships in China in September. The pair finished 13th after Elise contracted a virus from the Chinese waters. It would take five months for the sailor to recover sufficiently from the debilitating illness to recommence most of her normal training program.

In December, WAIS development squad athletes **Mathieu Higgins** and **Tim Lynch** finished third Australians and sixth overall (including international teams) at the National 470 Championships in Queensland. Mathieu and Higgins won the last race of the regatta ahead of dual world champions Nathan Wilmot and Malcolm Page (NSW). Tessa Parkinson teamed up with her brother **Luke Parkinson**, who had never raced in the 470 class, to finish sixth. **Keith Swinton**, with Adam Martin, finished ninth overall and fifth Australians.

Youth world champions Belinda Kerl and Chelsea Hall won the 29er National Championships. They finished a close second behind NSW at the Australian Youth Championships in Hobart in January, costing them the chance to defend their title.

Steven Thomas and **Jasper Warren** sailed a consistent series at the Sydney International Regatta to win overall in the 29er class. The pair then went on to finish third at the National Championships.

Luke Parkinson and **Paul Kelly** were close behind their WA rivals at the 29er National Championships finishing fifth overall as well as first youth. They followed this result with a solid regatta in Hobart, winning the National Youth Championships and cementing their place on the National Youth Team for the World Championships in July.

In the Laser Nationals, **Tim Castles** sailed a consistent finals series to finish 17th overall, making him the tenth-ranked Australian in the class. **Ryan Hannan** finished 22nd overall.

Belinda Kerl, Chelsea Hall, Peter Nicholas, David Gilmour, Luke Parkinson and **Nadia Punselie** won silver in the team racing event at the Australian Youth Olympic Festival in January. It was the first time sailing was part of the festival.

In March, Elise Rechichi and Tessa Parkinson were named in the Australian Sailing Team and were ranked 10th in the world in the 470 Women's class. The pair's main event for 2007 is the Quigdao International Regatta in China in August – the second test event for the 2008 Olympic Games.

Paralympians **Jamie Dunross** and **Colin Harrison** were named in the six-member Paralympic Sailing Team. The team will compete in the 2007 IFDS World Sailing Championships in Rochester, USA, in September.

In April, WA dominated the top five positions at the 420 Nationals in Hobart and won the trophy for highest performing state. David Gilmour and **Andres Noe** finished second in their first National Championship in the class. Chelsea Hall and her partner brought home three trophies after finishing third overall, first women and first youth women. Peter Nicholas and **Jay Halligan** were fourth.

Tessa Parkinson and Elise Rechichi finished in 10th position at French Olympic Week in Hyeres, France. It was the sailors' first event together since the World Championships in China.

In May, Chelsea Hall and Belinda Kerl took three top honours at state and national awards. Chelsea and Belinda were named Australian Youth Sailors of the Year, Western Australian Sailors of the Year and WA Female Sailors of the Year at the Yachting Australia and Yachting Western Australia sailing awards.

In the lead up to the World Championships at the end of June, Elise Rechichi and Tessa Parkinson were back on the podium. The pair fought hard throughout the European Championships in Greece to finish third overall and narrowly missed defending their 2006 Kiel World Cup title to finish with a silver medal.

Chelsea Hall, Tim Castles, Mathieu Higgins and Tim Lynch were members of the Australian Sailing Development Squad which also competed at Kiel Week. Mathieu and Tim L showed a vast improvement since their Olympic circuit debut a year ago, finishing 15th overall on the back of the European Championships. Chelsea and her team mate, Stacey Omay, finished in 20th place in the women's 470 event and Tim C finished 37th in the Laser class. The sailors' next event is the World Championships in Cascais, Portugal, in July.

Coaches

Belinda Stowell Head Coach
 Dave Mann Assistant Coach

Individual Scholarship Holders

Barry Astwood Jamie Dunross
 Chelsea Hall Colin Harrison
 Mathieu Higgins Belinda Kerl
 Tim Lynch Luke Parkinson
 Tessa Parkinson* Elise Rechichi*

Elite Squad Members

Barry Astwood Jamie Dunross
 Chelsea Hall Colin Harrison
 Belinda Kerl Jeffery Milligan
 Tessa Parkinson Elise Rechichi

Development Squad Members

Timothy Castles Jay Halligan
 Ryan Hannan Mathieu Higgins
 Tim Lynch Peter Nicholas
 Luke Parkinson Tim Rechichi
 Brett Sharpe Keith Swinton
 Luc Tasker Steven Thomas
 Jasper Warren

Service Providers

Helen Baron-Hay Program Coordinator
 Carmel Goodman Doctor
 Alison Low Physiotherapist
 Andrew Lyttle Biomechanist
 Heather McGregor-Bayne Psychologist
 Greg Morgan Strength & Conditioning
 Ted Polglaze Physiologist
 Kristy Warrick ACE Coordinator
 Angelique Wilson ACE Coordinator

Major Title Winners

Chelsea Hall 2006 World Youth Sailing
 Championships, 420, Weymouth
 & Portland, Great Britain
 Belinda Kerl 2006 World Youth Sailing
 Championships, 420, Weymouth
 & Portland, Great Britain

Australian Representatives

Chelsea Hall 2006 World Youth Sailing
 Championships, 420 Class,
 Weymouth & Portland, Great Britain
 Chelsea Hall 2007 Australian Youth Olympic Festival,
 Sydney, Australia
 Chelsea Hall 2007 125th Anniversary Kiel Week,
 Kiel, Germany
 Belinda Kerl 2006 World Youth Sailing
 Championships, 420 Class,
 Weymouth & Portland, Great Britain
 Belinda Kerl 2007 Australian Youth Olympic Festival,
 Sydney, Australia
 Elise Rechichi 2006 470 World Championships,
 Rizhao, China
 Tessa Parkinson 2006 470 World Championships,
 Rizhao, China
 Peter Nicholas 2007 Australian Youth Olympic Festival,
 Sydney, Australia
 Luke Parkinson 2007 Australian Youth Olympic Festival,
 Sydney, Australia
 Timothy Castles 2007 125th Anniversary Kiel Week,
 Kiel, Germany
 Mathieu Higgins 2007 125th Anniversary Kiel Week,
 Kiel, Germany
 Tim Lynch 2007 125th Anniversary Kiel Week,
 Kiel, Germany

Coaching Achievements

Belinda Stowell National Youth Coach, 2006,
 Youth Sailing World Championships,
 420, England

* AIS/WAIS Athletes



TESSA PARKINSON & ELISE RECHICHI - WOMENS 470

SOFTBALL



A strong culture and work ethic developed within the WAIS Softball Squad as athletes entered their fourth and fifth-year scholarships. The program had a successful year with eight of the 10 athletes making national or development squads. An improvement in athlete performances also resulted in higher placings at National Championships.

Four WAIS athletes competed at the World University Games in Chinese Taipei in July. **Leah Quackenbush** (WAIS/AIS), **Michelle Andrew**, **Verity Long-droppert** and **Rachael Russell** were part of the Australian team that finished fourth at the games.

In August, **Chelsea Forkin**, **Chermai Clews** and **Jodie Stevenson** were invited to attend the Softball Australia Under-23 Development Camp and International Challenge series in Sydney. The trio earned the respect of national coaches by implementing the skills learnt during training sessions in the series.

The Perth Super League Softball Tournament, held in November, gave WAIS athletes their first taste of tournament play in the new competition season. The annual event was used as a build-up to the Women's National Softball League, which replaced the old Grand Prix series. The six-team tournament comprised three rounds, held over four months, to determine the National League Champions. The WAIS Coastals (WAIS Softball Squad) was captained by Leah Quackenbush with Michelle Andrew the vice captain. WAIS Coastals had four wins in the first round, narrowly missing a spot in the grand final. WAIS finished third overall at the conclusion of the tournament.

Leah Quackenbush and Michelle Andrew held the same leadership roles in the Open Women's State Team for the National Championships in January. The pair was joined by Verity Long-droppert, Chelsea Forkin, **Leigh Godfrey**, Chermai Clews, Jodie Stevenson and Rachael Russell. WA finished third after the round-robin matches but lost in the semi-finals to NSW.

In January, the WA Under-19 Women's Team finished runner-up at the National Under-19 Championships after a disappointing loss to NSW in Perth. The team, including Verity Long-droppert (captain), Leigh Godfrey, **Ashleigh Medwin**, **Elly Lambkin** and Chelsea Forkin, performed extremely well with Chelsea winning the best batter award and MVP award. At the conclusion of the event, Chelsea, Leigh and Verity were selected in the Australian Under-19 Women's Team for the ISF Junior Women's World Championships in June. Ashleigh was named as a reserve.

In February, Elly Lambkin and Ashleigh Medwin were named in the 2007 Australian Youth Women's Development Squad for the Softball Australia Youth Development Friendship Series in July.

Chelsea Forkin, 17, continued her national selection success, being named in the Open Women's Australian Team as well as the potential Olympic Squad for Beijing. Leah Quackenbush was also named in the 29-athlete squad.

The Australian Under-19 Women's Team clean swept New Zealand at a national tour in April. Australia won all six games of the series without conceding a run. Leigh Godfrey was named MVP for the series.

Four WAIS athletes contributed to WA's outstanding result in the National Under-23 Women's Fastpitch Championships in Northern Territory. Elly Lambkin, Chermai Clews, Jodie Stevenson and Rachael Russell were part of the WA team that just missed out on being crowned national champions after going down to Victoria (2-3) in the final match.

The year concluded with three WAIS athletes' selection to the Australian squad for the 2007 World University Games in August. Michelle Andrew, Verity Long-droppert and Ashleigh Medwin were named along with WAIS Softball Coach **Kere Johanson** as head coach.

Coaches

Kere Johanson	Head Coach
Kerry Gates	Assistant Coach
Shane Hughes	Assistant Coach
Peter Koha	Assistant Coach

Individual Scholarship Holders

Sharon Bell	Chelsea Forkin**
Leigh Godfrey	Verity Long-Droppert
Leah Quackenbush	

Elite Squad Members

Michelle Andrew	Sharon Bell
Chelsea Forkin	Leah Quackenbush

Development Squad Members

Michelle Andrew	Claire Bowran
Chermai Clews	Leigh Godfrey
Rebecca Jack	Ashleigh Kenny
Elly Lambkin	Annalyse Lister
Verity Long-droppert	Ashleigh Medwin
Rachael Russell	Jodie Stevenson

Service Providers

Andy Smith	Program Coordinator
Matthew Burgin	Psychologist
Tim Chambers	ACE Coordinator
Carmel Goodman	Doctor
Andrew Lyttle	Biomechanist
Greg Morgan	Strength & Conditioning
Damian Oldmeadow	Physiotherapist

Australian Representatives

Michelle Andrew	2006 World University Softball Championship, Tainan, Taiwan
Chelsea Forkin	2007 8th ISF Junior Women's Fast Pitch, Enschede, Netherlands
Leigh Godfrey	2007 8th ISF Junior Women's Fast Pitch, Enschede, Netherlands
Verity Long-droppert	2006 World University Softball Championship, Tainan, Taiwan 2007 8th ISF Junior Women's Fast Pitch, Enschede, Netherlands
Leah Quackenbush	2006 World University Softball Championship, Tainan, Taiwan
Rachael Russell	2006 World University Softball Championship, Tainan, Taiwan

** WAIS/AIS Athletes



SWIMMING



Photo: Getty Images

JEN REILLY

The year began with five WAIS athletes' selection in the Australian Team to compete at the 2006 Pan Pacific Championships in August in Victoria, Canada. **Eamon Sullivan** and **Travis Nederpelt** kick started the competition with three bronze medals. Eamon was third in the 100m freestyle and men's 4x100m freestyle relay, while Travis won his medal in the inaugural 10km open water swim – a new event, which will be included in the 2008 Beijing Olympic Games. **Jennifer Reilly**, **Melissa Benson** and **Adam Lucas** were also in the team, along with WAIS staff including **Grant Stoelwinder** (coach), **Matt Spencer** (physiologist) and **Matt Burgin** (psychologist).

The Telstra Australian Short Course Championships were held in Hobart in late August. Only a small team of WAIS athletes attended due to the timing of the event. Highlights included **Michael Jackson** and **Sally Foster** (AIS/WAIS), who each won two silver medals in the men's 200m backstroke and 50m butterfly and women's 200m breaststroke and 50m freestyle respectively. Foster also claimed bronze in the 100m breaststroke with **Garth Kates** taking bronze in the men's 50m butterfly.

In October, WAIS held a two-week camp in Thredbo leading into the Speedo AIS International meet in Canberra. The camp proved beneficial for Eamon Sullivan who clocked the second fastest time ever recorded by an Australian to win the 50m freestyle (22.13). Eamon also won gold in the 100m freestyle with Jennifer Reilly and Adam Lucas winning gold in the women's and men's 200m individual medleys respectively.

With World Championships selection at stake, WAIS swimmers put on a record-breaking performance at the Telstra Australian Swimming Championships in December. Jennifer Reilly smashed her own national record by two seconds to set a new Australian record in the 400m individual medley (4:38.62). Eamon Sullivan bettered his October record to set a new Australian record in the 50m freestyle (22.00) and then joined Adam Lucas, **Jim Piper** and Garth Kates to post their third straight win in the men's 4x100m medley relay and set a new record (3:41.05). At the conclusion of the championships, six WAIS athletes were named in the Australian Team to compete at the FINA World Championships including Eamon Sullivan, Jennifer Reilly, Sally Foster (AIS/WAIS), Jim Piper, Adam Lucas and Travis Nederpelt.

In January, **Bobby Jovanovich** and Garth Kates won medals at the 2007 Junior Pan Pacific Swimming Championships held in Hawaii. Jovanovich won silver in the 100m freestyle in a personal best time as well as gold in the 4x100m freestyle and medley relays. Kates won bronze in the 100m butterfly. At the Australian Youth Olympic Festival **Rebecca Blevins** picked up a bronze medal after a solid performance in the 100m breaststroke.

The peak event of the swimming calendar was the 2007 FINA World Championships, held in Melbourne, in March. Eamon Sullivan continued his outstanding form winning his first individual medal at a World Championships. Eamon won a bronze medal in the 100m freestyle, followed by gold in the 4x100m medley relay. Jennifer Reilly's semi-final time would have given her a silver medal in the 400m individual medley. She swam strongly to finish fourth in the final. Adam Lucas, Travis Nederpelt and Jim Piper were also members of the Australian team. WAIS coaches Grant Stoelwinder and **Roger Bruce**, and physiotherapist **Brett Slocombe**, were part of the Australian team staff.

In April, Rebecca Blevins and **Tommaso D'Orsogna** were WA's best performers at the Australian Age Championships in Perth. Rebecca won five medals and Tommaso four while **Christian Halliley**, who won the 200m breaststroke, was rewarded for his performance by being named in the 2007 All Star Team.

WAIS swimmers won 12 medals and produced some excellent results at the Grand Prix in Brisbane in May. Medallists included Sally Foster, Travis Nederpelt, Jennifer Reilly, **Lara Carroll**, Eamon Sullivan, Bobby Jovanovich, Adam Lucas and **Layton Shannos**. Sullivan and Reilly, as well as coach Grant Stoelwinder, were selected to represent Australia at the Mare Nostrum international series meets in Europe.

The year ended with the retirement of highly regarded WAIS coach **Bernie Mulroy**. Bernie, who will use his vast experience to mentor other coaches, has coached an athlete to every Olympic Games since 1980.

Coaches

Roger Bruce	Network Coach
Dion Mephram	Network Coach
Bernie Mulroy	Network Coach
Simon Redmond	Network Coach
Grant Stoelwinder	Network Coach
Paul Birch	Development Coach
Wayne de Lacy	Development Coach
Matt Magee	Development Coach
Tom Stachewicz	Development Coach
Mark Staiger	Development Coach
Mel Tantrum	Development Coach
Nick Watkins	Development Coach
Kerrie Williamson	Development Coach

Individual Scholarship Holders

Melissa Benson	Lara Carroll
Michael Jackson	Robert (Bobby) Jovanovich
Garth Kates	Adam Lucas
Amy Lucas	Jeremy McClure
Travis Nederpelt	Steve Neuwert
Jim Piper	Katrina Porter
Jennifer Reilly	Eamon Sullivan
Jeremy Tidy	Lauren Winter

Elite Squad Members

Melissa Benson	Lara Carroll
Michael Jackson	Robert (Bobby) Jovanovich
Garth Kates	Adam Lucas
Amy Lucas	Travis Nederpelt
Steve Neuwert	Jim Piper
Jennifer Reilly	Eamon Sullivan
Lauren Winter	Sally Foster*

Development Squad Members

Courtney Barr	Nikita Barsby
Rebecca Blevins	Kirstie Briggs
Jessica Brown	Merindah Dingjan
Tommaso D'Orsogna	Tom Foster
Matthew Glucina	Christian Halliley
Kym Jefferies	Jarrad Lawford
Gianna Leone	Corey McIntosh
Rachel Mitchell	Layton Shannos
Laura Shryock	Kristopher Taylor
Craig Tucker	Natalie Woolfitt

Service Providers

Lucy Warhurst	Program Coordinator
Gilman Barnitt	Strength & Conditioning
Matthew Burgin	Psychologist
Andrew Lyttle	Biomechanist & Performance Analyst
Carmel Goodman	Doctor
Jeremy Hunter	Physiotherapist
Brett Slocombe	Physiotherapist
Matt Spencer	Physiologist
Deborah Kerr	Dietician
Peter Steele	Doctor
Bernd Adolph	Masseur
Heather McGregor-Bayne	ACE Coordinator

Major Title Winners

Robert Jovanovich	2007 Junior Pan Pacific Swimming Championships, 4x100M Freestyle Relay – Men, Maui, Hawaii
	2007 Junior Pan Pacific Swimming Championships, 4x100M Individual Medley Relay – Men, Maui, Hawaii
Adam Lucas	2006 Telstra Australian Swimming Championships, 400M Individual Medley, Brisbane, Australia
Travis Nederpelt	2006 Telstra Australian Swimming Championships, 200M Butterfly, Brisbane, Australia
Jennifer Reilly	2006 Telstra Australian Swimming Championships, 400M Individual Medley, Brisbane, Australia
Eamon Sullivan	2006 Telstra Australian Swimming Championships, 50M Freestyle, Brisbane, Australia
	2006 Telstra Australian Swimming Championships, 100M Freestyle, Brisbane, Australia
	2007 FINA World Championships, 4x100M Individual Medley Relay – Men, Melbourne, Australia

Australian Representatives

Melissa Benson	2006 Pan Pacific Championships, Victoria, Canada
Rebecca Blevins	2007 Australian Youth Olympic Festival, Sydney, Australia
Robert Jovanovich	2007 Junior Pan Pacific Swimming Championships, Maui, Hawaii
Garth Kates	2007 Junior Pan Pacific Swimming Championships, Maui, Hawaii
Adam Lucas	2006 Pan Pacific Championships, Victoria, Canada
	2007 FINA World Championships, Melbourne, Australia
Travis Nederpelt	2006 Pan Pacific Championships, Victoria, Canada
	2007 FINA World Championships, Melbourne, Australia
Jim Piper	2007 FINA World Championships, Melbourne, Australia
Jennifer Reilly	2006 Pan Pacific Championships, Victoria, Canada
	2007 FINA World Championships, Melbourne, Australia
Eamon Sullivan	2006 Pan Pacific Championships, Victoria, Canada
	2007 FINA World Championships, Melbourne, Australia

Coaching Achievements

Grant Stoelwinder	National Team Selection, 2007 FINA World Championship Team Selection, Australia
	National Team Selection, 2006 Pan Pacific Championships Selection, Canada
Roger Bruce	National Team Selection, 2007 FINA World Championship Team Selection, Australia

* AIS/WAIS Athlete

WATER POLO MENS



Photo: Adrian Broughton

JAMES STANTON

The WAIS Men's Water Polo Program continued its strong representation in national teams across all groups this year.

Daniel Lawrence and **Nick O'Halloran** were part of the Australian Junior Men's Team that beat Germany (14-9) to win bronze at the High Tatras Cup in Slovakia. Nick was one of the team's leading goal scorers throughout the tournament. The team then went on to win gold at the four-nation Tristar International tournament in Slovenia, beating Turkey (16-8) in the final match.

In August, the Australian Senior Men's Team (Aussie Sharks) equalled its best international finish since 1998 by placing fourth in the FINA Men's Water Polo World League in Athens. The Sharks, including **Tim Neesham**, **Luke Quinlivan** and **Laurie Trettel**, went down (10-11) in a gripping final to bronze-medallists Greece, who finished fourth at the Athens Olympic Games and third at last year's World Championships.

Chris Cramb and **Edward Slade** helped the Australian Youth Men's Team win bronze at the Canor Erdognu International in Turkey. The team then narrowly lost its bronze-medal match to Serbia (6-7) in the Samartzidis Cup in Greece.

In January, WA won bronze at the Australian 20-years-and-under Water Polo Championships after beating Victoria (9-7) in Perth. Skipper Nick O'Halloran scored five goals in the win. After the championships, Nick and Daniel Lawrence were named in the national squad for the FINA World Championships in the USA.

James Stanton, **Laurie Trettel**, **Jamie Beadsworth** and **Tim Neesham** were members of the Australian Men's Water Polo Team that played Spain and Greece in a warm up match to the World Championships. Australia beat world champion bronze-medallists, Greece (10-8), before going down to European champion bronze-medallists, Spain (8-10).

Back in Australia, James Stanton, Laurie Trettel and Jamie Beadsworth went on to play as members of the Australian team at the FINA World Championships in Melbourne. Australia performed well during the event finishing in 10th place in the final classification game after being beaten by the USA (9-10).

After playing 10 consecutive grand final series in the National Water Polo League, 2005 premiers, the Fremantle Mariners, finished fourth. The Mariners lost the bronze-medal final to the West Magpies. WAIS athletes in the team included James Stanton, Laurie Trettel, Tim Neesham, **Peter Tresise**, Nick O'Halloran, **Mitchal Ainsworth** and development athletes **Joel Swift**, **Daniel Lawrence**, **Sasha Kovalenko**, **Jonathon Dodd**, **Aaron Younger** and **Edward Slade**.

At the conclusion of the year, Luke Quinlivan, Nick O'Halloran, James Stanton and Jamie Beadsworth were named in the Aussie Sharks to contest the World League starting in July. Two national youth sides were also named including Edward Slade, Joel Swift and **Aaron Younger** to tour Europe and **Alex Lee**, **Jon Dodd**, **Nicholas Johnson** and **Aleksander Kovalenko** to tour New Zealand.

Coach

Andrei Kovalenko Head Coach

Individual Scholarship Holders

Jamie Beadsworth Nicholas O'Halloran
 Luke Quinlivan Peter Tresise
 Laurie Trettel

Elite Squad Members

Mitchal Ainsworth Jamie Beadsworth
 Daniel Lawrence Brett McGhie
 Nicholas O'Halloran Luke Quinlivan
 James Stanton Peter Tresise
 Laurie Trettel Stefan Vahala
 Maui Whaitiri

Development Squad Members

Scott Chrystal Chris Cram
 Alexander Lee Jonathan Dodd
 James Fannon Nicolas Johnson
 Jacob Kagi Alexander Kovalenko
 Chad Nicholls Troy O'Keefe
 Perry Short Edward Slade
 Joel Swift Rewi Whaitiri
 Adam Yeates Aaron Younger

Service Providers

Brian Glencross Program Coordinator
 Carmel Goodman Doctor
 Heather McGregor-Bayne Psychologist
 Greg Morgan Strength & Conditioning
 Ted Polglaze Physiologist
 Angelique Wilson ACE Coordinator
 Kristy Warrick ACE Coordinator

Australian Representatives

Jamie Beadsworth 2007 World Championships, Melbourne, Australia
 Luke Quinlivan 2006 FINA Men's World League Final, Athens, Greece
 James Stanton 2007 World Championships, Melbourne, Australia
 Peter Tresise 2006 FINA Men's World League Final, Athens, Greece
 Laurie Trettel 2006 FINA Men's World League Final, Athens, Greece
 Laurie Trettel 2007 World Championships, Melbourne, Australia



Photo: Adrian Broughton

LAURIE TRETTEL

WATER POLO WOMENS



Photo: Adrian Broughton

GEMMA HADLEY

The year proved highly successful for the WAIS Women's Water Polo Squad. Two athletes were part of the victorious national team to bring home the first World Cup in 11 years while many others represented Australia in their respective age groups. Head Coach **Simone Hankin** tendered her resignation with **Peter Szilagyi**, the highly regarded, former national coach of Hungary and New Zealand, accepting the position.

The Australian Junior Women's Team, with **Glencora Ralph** (WAIS/AIS) and **Leah Neilsen**, began a successful European tour in July. The world number three team won 14 of its 19 matches including the Pythia Cup for the third time since 1999.

The Australian 16-and-under Girls' Team (Aussie Crocodiles) beat New Zealand's 16-and-under team (7-6) and then drew 7-7 with New Zealand's 18-and-under team. In Canada, the Crocodiles defeated Canada 18-3 after four straight wins against Canadian provincial teams.

Gemma Beadsworth (WAIS/AIS) was part of the Australian Women's Senior Team (Aussie Stingers) who missed out on a bronze medal at the FINA Women's World League Super Finals in Italy. The Stingers lost to Russia (12-7) despite beating the side three days earlier.

In August, the Aussie Stingers won gold at the FINA Women's Water Polo World Cup in China beating Olympic champions Italy (10-7). It was the first World Cup win for an Australian women's team in 11 years. Australia dominated the tournament with five straight wins. Gemma Beadsworth was joined by goalkeeper **Emma Knox** (WAIS/AIS) with both athletes playing crucial roles in the team's victory.

Five WAIS athletes represented Australia in the six-nation Holiday Cup women's water polo tournament in Los Alamitos in December. The Stingers won a bronze medal after beating Canada in the play-off for third. Gemma Beadsworth was named player of the tour. **Katie Finucane** (WAIS/AIS), Emma Knox, Glencora Ralph and **Gemma Hadley** (WAIS/AIS) were also in the team.

WA was runner-up at the Australian 20-years-and-under Women's Water Polo Championships in January after losing to NSW (2-7). Gemma Beadsworth was the highest goal scorer of the tournament with 18 goals.

After the championships, Gemma Beadsworth, **Catherine Ainsworth**, **Ebony Neesham**, Glencora Ralph, **Zoe Arancini** and **Jenna Sanders** were named in the National Squad for the FINA Under-20 World Championships in Portugal. **Alira Solin** and Zoe Arancini were named in the Australian Youth Girls' Team to compete against the USA and Canada in July.

In February, the Australian Women's Water Polo Team was named AIS Team of the Year by the Australian Sports Commission (ASC). ASC chief executive Mark Peters said "it was undoubtedly one of Australia's top sporting highlights".

In March, Gemma Beadsworth, Emma Knox and Gemma Hadley were among the members of the Australian team who won silver at the FINA World Championships in Melbourne. Australia missed out on the gold medal after losing to the USA by one goal (5-6).

The Fremantle Marlins, including Emma Knox, Gemma Beadsworth, Glencora Ralph, Zoe Arancini, Ebony Neesham and Katie Finucane, became 2007 women's National Water Polo League premiers in May. It was the third win for the Marlins, who also took the minor premiers trophy, since the league's inception four years ago.

WAIS development athletes Zoe Arancini, Ebony Neesham and Alira Solin were named in the Australian Girls' Team for the Youth Women's Tournament against Canada and the USA in June.

At the culmination of the year, the Aussie Stingers qualified for the World Water Polo League Super Finals in Canada in July. The Stingers secured their spot following six straight victories against Japan, New Zealand and China in the Asia-Oceania women's division. Gemma Hadley, Katie Finucane and Jemma Dessauvagie were named in the team. Gemma Beadsworth and Glencora Ralph were selected in the Junior Women's National Team to contest the Under-20 World Championships in Porto, Portugal.

Coaches

Peter Szilagyi Head Coach (commenced 15/03/07)
 Simone Hankin Head Coach (resigned 01/12/06)

Individual Scholarship Holders

Gemma Beadsworth** Jemma-Bonnie Dessauvagie
 Katie Finucane** Gemma Hadley**
 Emma Knox** Glencora Ralph**

Elite Squad Members

Gemma Beadsworth Jemma-Bonnie Dessauvagie
 Katie Finucane Gemma Hadley
 Emma Knox Leah Neilsen
 Glencora Ralph

Development Squad Members

Catherine Ainsworth Zoe Arancini
 Paige Bowden Belinda Brooks
 Jemma-Bonnie Dessauvagie Ebony Neesham
 Claire Pierce Jessica Reynolds
 Alira Solin Katherine Van Kampen

Service Providers

Helen Baron-Hay Program Coordinator
 Andrew Lyttle Biomechanist
 Heather McGregor-Bayne Psychologist
 Geish Hori Strength & Conditioning
 Peter Gregory Physiotherapist
 Danielle Woodhouse Physiotherapist
 Alison Morris Physiotherapist
 Ted Polglaze Physiologist
 Carmel Goodman Doctor
 Jane Purdie Doctor
 Kristy Warrick ACE Coordinator
 Angeliqwe Wilson ACE Coordinator

Major Title Winners

Gemma Beadsworth 2006 World League Super Final, Water Polo Championship, Cosenza, Italy
 2006 14th FINA Women's Water Polo World Cup, Water Polo Championship, Tianjung, China
 Emma Knox 2006 14th FINA Women's Water Polo World Cup, Water Polo Championship, Tianjung, China

Leah Neilsen 2006 Junior Womens International Series, Water Polo Championship, Zeist, Netherlands
 2006 Junior Women's International Series, Water Polo Championship, Krefeld, Germany
 2006 Pythia Cup, Water Polo Championship, Athens, Greece
 2006 Junior Women's International Series, Water Polo Championship, Lerice, Italy
 Glencora Ralph 2006 Junior Womens International Series, Water Polo Championship, Zeist, Netherlands
 2006 Junior Women's International Series, Water Polo Championship, Krefeld, Germany
 2006 Pythia Cup, Water Polo Championship, Athens, Greece
 2006 Junior Women's International Series, Water Polo Championship, Lerice, Italy

Australian Representatives

Gemma Beadsworth 2006 World League Super Final, Cosenza, Italy
 Gemma Beadsworth 2006 14th FINA Women's Water Polo World Cup, Tianjung, China
 Emma Knox 2006 14th FINA Women's Water Polo World Cup, Tianjung, China
 Leah Neilsen 2006 Junior Womens International Series, Zeist, Netherlands
 Leah Neilsen 2006 Junior Women's International Series, Krefeld, Germany
 Leah Neilsen 2006 Pythia Cup, Athens, Greece
 Leah Neilsen 2006 Citta di Rapallo, Rapallo, Italy
 Leah Neilsen 2006 Junior Women's International Series, Lerice, Italy
 Glencora Ralph 2006 Junior Womens International Series, Zeist, Netherlands
 Glencora Ralph 2006 Junior Women's International Series, Krefeld, Germany
 Glencora Ralph 2006 Pythia Cup, Athens, Greece
 Glencora Ralph 2006 Citta di Rapallo, Rapallo, Italy
 Glencora Ralph 2006 Junior Women's International Series, Lerice, Italy

** WAIS/AIS Athletes

ATHLETE AND CAREER EDUCATION AWARD

The Athlete Career and Education Excellence Award recognises and encourages excellence in both sport and life. To be considered, an athlete must excel either academically or within their chosen career whilst maintaining their sporting focus, results and commitment. An athlete must also contribute significantly to the development of themselves and/or others through their involvement with WAIS.

The winner of the 2006 WAIS Athlete and Career Education Award was canoeist **Lisa Oldenhof**. Lisa completed a Post-Graduate Diploma in Occupational Health and Safety in December 2005. She began working as a full-time physiotherapist at Carepoint whilst contributing to the development of her sport in WA by participating in various coaching clinics. After reducing her hours to work part-time, Lisa was able to further educate herself in the area of property investment and develop a significant property portfolio. On the water, her successes included three gold medals and one silver at the National Championships as well as gold in the K2 1000m and silver in the K2 500m at the World Cup in Poland.

Other finalists for the award included **Jessica Shynn** (netball), **Kobie McGurk** (hockey) and **Belinda Kerl** (sailing).



Photo: RAW Image

ACE AWARD WINNER LISA OLDENHOF

CHAMPIONS BREAKFAST

The inaugural WAIS Champions Breakfast was held on May 24th 2007 at the University Club, University of Western Australia.

The Champions Awards are a new initiative designed to acknowledge athletes and staff who contribute to the institute's success. The awards recognise outstanding performances that are achieved in harmony with our organisational values of people and excellence. These values are reflected by people who demonstrate dedication, courage, discipline and respect for others in striving to achieve excellence.

More than 180 guests attended the inaugural event with seven awards on offer including Junior Athlete of the Year, Disabled Athlete of the Year, Triumph Award, Best Competitor of the Year, Coach of the Year, Sport Program of the Year and Best New Initiative. WAIS 2006 Athlete of the Year pole vaulter Paul Burgess gave an insight into his journey to success as guest speaker for the event.

Recipients of the Champions Awards for 2007:

Junior Athlete of the Year: **Gemma Beadsworth** (Water Polo)

Disabled Athlete of the Year: **Shaun Norris** (Wheelchair Basketball) and **Claire McLean** (Cycling)

Triumph Award: **Elise Rechichi** (Sailing)

Competitor of the Year: **Eamon Sullivan** (Swimming)

Coach of the Year: **Alex Parnov** (Pole Vault)

Sport Program of the Year: **Canoeing**

Best New Initiative: **WAIS Athlete Career and Education Program**



ALEX PARNOV
 (COACH OF THE YEAR)



CLAIRE MCLEAN
 (DISABLED ATHLETE OF THE YEAR)



HEATHER MCGREGOR-BAYNE
 (ACE PROGRAM –
 BEST NEW INITIATIVE)



CHAMPIONS BREAKFAST AWARD WINNERS



ATHLETE
& COACH
SERVICES

ATHLETE & COACH SERVICES

Activity within all areas of the department was again high with the primary business of servicing athletes and coaches as well as the challenging pursuit of new knowledge that could provide the significant competitive edge for WAIS athletes.

The experience that exists within the ACS Department was evidenced with two staff taking long service leave during the year. In a small department, it is a credit to the staff that the operations were maintained at a high standard throughout this period without additional staff. The efforts of **Ted Polglaze** and **Andrew Lyttle**, in leading the department while Manager **Martin FitzSimons** was away for 16 weeks, are particularly noteworthy and highly appreciated.

The value of **David Gould** in the technical support area was highlighted while he was away on long service leave. Technical support was maintained, but without the familiar, experienced touch that David provides.

Tina Price made a professional decision to increase her commitment to study and left WAIS to pursue full-time university studies. Efficiency, commitment and friendliness will mark Tina's time at WAIS. **Kristin Chabrel** took on the position and has added her own enthusiasm and professional skills in supporting the department.



Photo: RAW Image

L-R GILMAN BARNITT, GEISH HORI, MARTIN FITZSIMONS, MATT SPENCER, FRANKIE TAN, MATTHEW BURGIN, GREG MORGAN, TED POLGLAZE, KRISTY WARRICK, ANDREW LYTTLE, HEATHER MCGREGOR-BAYNE, TIM CHAMBERS, GORDON SHAW & MATTHEW DOYLE

SPORT SCIENCE



Photo: RAW Image

BIOMECHANISTS ANDREW LYTTLE & MATTHEW DOYLE

Sport Science relies heavily on the application of new knowledge to existing problems and the department was fortunate to have involvement in several interesting research projects. Much of this work was carried out as part of doctoral studies at the University of Western Australia. **Matt Keys** continued his work in computational fluid dynamics. Solid progress was made towards a functional model that will realise the significant potential for coaching that exists within this technology. The expertise of **Andrew Lyttle** in swimming biomechanics contributed significantly to this progress.

Matthew Spencer and **Matt Doyle** both completed PhD studies at the University of Western Australia in the areas of the biomechanics of rowing and intermittent exercise respectively. The knowledge gained by these studies has already been applied to the training of WAIS athletes.

Frankie Tan is at the start of the PhD journey with studies that will allow a greater understanding of water polo, with particular reference to the women's game. One of the strengths of Frankie's studies was the access he was given to the world's best players during the World Championships in Melbourne. Analysis of such data has not been reported and will be a novel addition to coaching and scientific knowledge.

Claire Rechichi continued her studies involving exercise and the female menstrual cycle. The challenging nature of this work explains the limited literature available to answer key questions in this area. Claire's study will make significant progress to a greater understanding of a biological process relevant to so many athletes.

Many of the staff actively participated in the sharing of knowledge at institute network conferences including physiology in Sydney, biomechanics in Canberra and sport psychology in Adelaide.

Staffing changes were few during the year fostering a continued stability and maturity within the department. **Matthew Spencer** resigned from WAIS in July 2007 to move to Norway for lifestyle and family reasons. Matt's association with WAIS covered 10 years and he will be missed as a popular and effective member of staff. Highly valued for his knowledge in the area of intermittent exercise, Matt made a substantial contribution to the preparation of the National Men's Hockey Team.

Matt Doyle was appointed to the position of Technical Analysis Officer on completion of his PhD. Matt is a welcome addition to staff, assisting in the optimal application of new technologies to the training of athletes. This was a smooth transition from scholar to staff member.

The active participation of staff in the National Sport Science Quality Assurance (NSSQA) Program, across physiology, biomechanics and strength training, showed a commitment to quality in all levels of operation. **Ted Polglaze** was selected to the National Physiology Advisory Committee.

Several staff also worked with the NSSQA Program to successfully host a national forum on the use of global positioning technology within team sports. The forum was attended by scientists from across the state institute and AIS network.

Several staff travelled with athletes to camps and competitions during the year, some as part of national teams. **Claire Rechichi** and **Matt Spencer** assisted the national women and men's hockey teams respectively. **Matthew Spencer**, **Matthew Burgin** and **Andrew Lyttle** provided support for Swimming Australia national team camps. Although not part of the national team set up, **Matthew Burgin** gained valuable experience by attending the Women's Artistic Gymnastics World Championships in Melbourne. In addition, several staff supported WAIS athletes in their quest for national team selection at various national championships.

Martin FitzSimons was granted a Leaders in Sport scholarship from the Department of Sport and Recreation, which he used to attend a senior executive forum as a means of professional development in this area.

Considerable demand from athletes and coaches along with growing support in the literature led to WAIS creating a dedicated recovery centre for athletes. The support of Challenge Stadium is acknowledged in making a recovery centre within the stadium precinct a reality for athletes. The use of hydrotherapy modalities within the centre to aid in the recovery from high intensity training has been a valuable addition to the overall preparation for athletes.

STRENGTH & CONDITIONING

Primary consideration to the athlete as an individual was a focus during the year. This was particularly so for athletes targeted for selection to the 2008 Beijing Olympic team. Although more beneficial for the athletes, the approach was resource intensive and the demands on the facility and staff in delivering the services remained high. Good cooperation between staff, coaches and athletes led to models of service delivery that were able to cater appropriately for all levels of athletes.

Good relationships between sports physicians and physiotherapists and WAIS athletes continued. Regular communication between sport medicine professionals and strength and conditioning staff enabled a team approach to the design of individual programs. This professional collaboration ensured the appropriate delivery of treatment and rehabilitation at all stages of the injury management process and also led to positive gains in the injury prevention area.

Geish Hori was made a full-time Strength Coach from July 2007. Geish had been working part-time while completing PhD studies in the strength training area at Edith Cowan University. He brings a different skill set with his in-depth knowledge of power development and power testing, which will enable staff to better service the athletes.

A growing trend in strength training has been towards functional exercises in addition to the development of strength and power. This approach has been adopted in much of the training at WAIS and was facilitated by the purchase of equipment that allows greater flexibility in exercise prescription. Exercises can be performed in three dimensions which is more functional with greater transfer to the sport's skill.

Professional development continues to play a big part in the department with regular sessions conducted in house as well as maintaining strong links with organisations outside of WAIS.



Photo: RAW Image

GEISH HORI WITH FELIPE DE CASTRO CRUZ

CLINICAL SERVICES

The clinical support provided to WAIS athletes was once again maintained at a very high level. WAIS acknowledges the expertise and professionalism of Medical Coordinator, **Dr Carmel Goodman**, and is appreciative of the commitment Carmel makes to this role. Her role as the Primary Medical Officer for Rowing Australia also allows for a greater understanding of the national sporting organisations, which is beneficial when dealing with WAIS athletes on national teams.

The management of athlete injuries is realised through a coordinated process between athlete, coach, medical and scientific service providers. This process relies heavily on effective communication and commitment from all parties. WAIS recognises the professional skills and commitment provided by the network of sport physicians, physiotherapists and massage therapists. Many professionals have operated with the WAIS system for several years with associated benefits for the ongoing, optimal management of several athletes. Close interaction between medical professionals and science staff ensures appropriate passage through the phases of injury, rehabilitation and return to competition.

A greater investment of resources was made into the clinical services area. The intent is to ensure athletes follow best practice in managing injuries and alleviating the burden of cost for the higher level scholarship holders has been one initiative. Greater assistance was also given to medical and paramedical providers travelling with athletes interstate and overseas. The continuity in treatment and understanding of the athlete maximises the chances for WAIS athletes to perform at their best at crucial competitions.

Expert advice on nutrition was once again provided by nutritionist **Dr Debra Kerr**. Debra provided consulting services to WAIS athletes' coaches and staff through individual consultation and group sessions.

Medical Coordinator

Dr Carmel Goodman Institute of Sports Medicine

Sports Physicians

Dr Carmel Goodman Institute of Sports Medicine
 Dr Scott Isbel Sports Medicine Subiaco
 Dr Ken Maguire Perth Orthopaedic & Sports Medicine
 Dr Peter Steele Sports Medicine Subiaco
 Dr Duncan Sullivan Sports Medicine Glengarry
 Dr Gerard Taylor Sports Medicine Subiaco

Sports Dietitian

Ms Deborah Kerr WAIS

Sports Physiotherapists

Andrew Hayden MTM Physiotherapy Glengarry
 Jeremy Hunter Health on the Move Physiotherapy
 Alison Low Ascend Physiotherapy
 Alison Morris Sports Medicine Subiaco
 Chris Perkin Physiotherapy & Physical Medicine
 Nick Shannahan Swan Park Physiotherapy Centre
 Brett Slocombe Cottesloe Sports Physiotherapy
 Dean Whittington Curtin Physiotherapy Centre
 Jocelyn Young Ascend Physiotherapy
 Fiona Chromiak Leederville/North Perth Physiotherapy
 Michael Wood MTM Physiotherapy
 Mark Finucane Cottesloe Sports Physiotherapy
 Joanne Norcott Joanne Norcott Physiotherapy
 Jacinta Downey Ascend Physiotherapy

Physicians

Dr Jane Purdie Third Avenue Surgery

Physiotherapists

Andrew Stanford MTM Physiotherapy Glengarry
 Peter Gregory Ascend Physiotherapy
 Craig Hewson Riverton Physiotherapy Clinic
 Damian Oldmeadow Physiotherapy Solutions
 Laurel Wentworth SportsMed Murdoch
 Michelle Worland Lifecare
 Mark Oberman St John of God Physiotherapy
 Danielle Woodhouse Curtin University

Massage Therapists

Jaye Thomas Subiaco Sports Massage Clinic
 Bernd Adolph Subiaco Sports Massage Clinic
 Malcolm Calcutt Sharon & Malcolm Calcutt Massage Therapy
 Alison Slattery Alison J Slattery Massage Therapist



Photo: RAW Image

DR CARMEL GOODMAN AND KYM HOWE

ATHLETE CAREER & EDUCATION

The year was exciting and dynamic for the ACE Program with staff changes and the launch of various program initiatives – including the WAIS-WA Olympic Council (WAOC) Mentoring Program and the Gifted Athlete Program – while continuing to strive for excellence in the delivery of core services.

WAIS provided a high level of individual support, counselling, advocacy and personal development opportunities to more than 300 WAIS, AIS and NSO scholarship holders. A range of personal development workshops were offered to athletes and their significant others including Sport and Study, Financial Success: Managing My Money, Healthy Cooking and Media Interviewing for Television and Print (with thanks to Central TAFE). The high level of career, education and personal support offered to the wide range of athletes contributes to the program being highly regarded at a national level and ensures WAIS continues to enjoy a strong and positive relationship with the National Coach and Athlete Career and Education Program.

The ACE Program required strong relationships with many partners to provide opportunities for athletes to align study and work with training at the elite level. The existing relationships with each of the Elite Athlete Friendly Universities (EAFU), including Curtin, Murdoch, Edith Cowan and UWA, proved invaluable in supporting Western Australia's elite athletes as they endeavour to pursue academic success. In addition, FINSIA have joined WAIS as a new provider of educational scholarships to selected athletes of the WAIS with candidate selection due to commence in late 2007.

A new partnership with the WAOC resulted in the ACE program being awarded the inaugural Initiative of the Year Award at the 2006 Champions Breakfast. The Career Mentoring Scheme provides selected WAIS Individual Scholarship Holders with an opportunity to access mentors from the WA business community to support them in developing the tools, knowledge and networks necessary to achieve their career goals.

ACE collaborated with the Department of Sport and Recreation (DSR) to develop the Gifted Athlete Program (GAP) for regionally based athletes. The program was launched in April 2007 with a Life Skills Education and Training package that provides regional Smarter than Smoking scholarship athletes with an opportunity to gain personal development skills covering a wide range of topics. A presentation from a WAIS athlete concludes the program. During the first year, the GAP has been delivered to athletes within three regions in South West (Bunbury), Goldfields (Kalgoorlie) and the Mid-West (Geraldton). In 2008, the GAP will be delivered to all nine regions in WA. **Tim Chambers**, who recently completed his PhD in Sport Psychology, was appointed in October to design and deliver the GAP in his role as the ACE Training Officer.

These initiatives could not have been achieved without the support provided by our strategic partners and as such our thanks are heartily extended to both the DSR and the WAOC.

The 2006 WAIS Athlete Career and Education Excellence Award, which recognises and encourages excellence in both sport and life, was awarded to **Lisa Oldenhof**, with **Jessica Shynn**, **Kobie McGurk** and **Belinda Kerl** all outstanding finalists. In addition to a very successful year in national and international competition, Lisa ably managed full-time, then part-time work, further study and also contributed to the development levels to the sport of canoeing.

Angie Wilson commenced maternity leave during the year and **Kristy Warrick** was appointed as her replacement. The transition was made relatively seamless through Kristy's organisational knowledge and enthusiasm, having just completed a six-month work experience placement within the program. Kristy's placement allowed research on the perceived needs and ACE-related requirements of the major support networks of athletes. Outcomes of this research have and will continue to be used to direct the overall activities of the ACE program



HEATHER MCGREGOR-BAYNE, KOBIE MCGURK & TIM CHAMBERS



MARKETING & SPONSORSHIP

MARKETING & SPONSORSHIP

Sponsorship, public relations and communications have all enjoyed positive outcomes for the WAIS Marketing Department in the past year.

Staffing

Ms Stephanie Neesham, Marketing Manager, remains responsible for sponsorship, marketing, media and communications initiatives relating to WAIS. **Ms Marisa Leddin** continued her support to the Marketing Department by coordinating WAIS tours, athlete appearances and multimedia activities including the WAIS News Bulletin (WNB) and website.

Partnerships

WAIS would like to make special mention of **Healthway**, who completed their involvement in the Smarter than Smoking WAIS Talent Search schools project in 2006. Healthway have made a significant contribution to WAIS and we thank them for their support of this project over the past eight years.

A new partnership hierarchy was introduced in 2006 to better reflect the strategic alliances and support of WAIS by key stakeholders. WAIS is committed to working with all partners, and marketing initiatives undertaken during the year reflect this objective. Partners, sponsors and suppliers for the 2006/2007 period are detailed below.

Principal Partner

The **Government of Western Australia** provides unwavering support to WAIS and allows the Institute to achieve its purpose of assisting Western Australian athletes achieve excellence in their sporting pursuits. We thank the WA Government for its continued support of the elite sporting system in WA.

Strategic Partners

Department of Sport and Recreation for its strategic alliance supporting athlete sporting pathways in Western Australia.

Australian Sports Commission for its financial commitment to the twelve National Training Centres in Western Australia and its national Athlete Career and Education program and sport science quality assurance programs that directly benefit WAIS operations.

Western Australian Sports Centre Trust for the provision of venues and facilities for our athletes and sport programs.

Corporate Sponsors

BGC Construction Group joined WAIS in establishing WAIS Wellness Seminars. This initiative involved WAIS health and staff hosting health and nutrition seminars targeted at improving the well-being of the BGC Construction staff.

Channel Seven has a long-standing commitment to sport in Western Australia and as a media partner provides valuable footage of WAIS athlete events for promotional activities.

Program Sponsors

The Carbine Club continued its support of our aspiring athletes through the Carbine Club International Scholarship Fund. This important initiative allocates funding to WAIS athletes to assist with travel to international competitions.

The Western Australian Club has continued its alignment with WAIS and its athletes through WAIS employment scheme Athlete Advantage.

Ross Sales and Auctions, Cumberland Investments and **Advance Energy** sponsored the Men's Water Polo Program, enabling the squad to travel to Europe to gain valuable match and training experience.



WAIS ATHLETES WITH CAPTAIN STARLIGHT

Suppliers

Bekkers IT, official supplier of IT services, has continued its long-term relationship with WAIS.

Coca-Cola, has continued its long-term support of WAIS as official supplier of sports drinks and beverages. In particular, the provision of Powerade products to the athletes has assisted with their training and recovery regimes.

Kea Designer Sportswear has continued its long-standing relationship as apparel supplier. Kea continues to work with WAIS to deliver apparel suitable to the demanding requirements of athletes and staff.

Sustagen has provided WAIS with in-kind sponsorship once again this year. Sustagen's nutritional supplement powder has been supplied to WAIS athletes.

WAIS is grateful to all its retiring, existing and new partners for their valuable contribution. The support of our partners plays a vital role in the journey the athletes follow to international success.

Public Relations

The WAIS Marketing Department has the objective of actively promoting the success of WAIS to enhance our reputation as a premier sporting institute and increase our profile in the community.

The department worked closely, in collaboration with the WA Olympic Council, to help promote the achievements and value of our athletes as community ambassadors and looks forward to strengthening this relationship over the coming year in the lead up to the Beijing Olympics.

It has also played a significant role on the promotion of the newly created Wally Foreman Foundation. This initiative was launched with 'Breakfast with the Coaches' – a function involving sporting identities Ric Charlesworth OAM, John Worsfold and John Mitchell, who participated in a panel discussion convened by ABC commentator Glenn Mitchell on the 21 March 2007.

Website and Corporate Communications

The WAIS Marketing Department has continued to refine its key communication tools promoting the Institute, namely the **WAIS News Bulletin (WNB)** and **WAIS website**. The WNB captures all athlete and sport results and is sent weekly via email. It is an important communication tool, not only for WAIS but for our sport partners, sponsors and the media, and continues to grow with an estimated readership of more than 5,000. The WAIS website is a key component of the communication strategy, which ensures maximal promotion of WAIS operations, staff, athletes and partnerships to the community.

Media

The WAIS Marketing Department produced many news stories, press releases and media opportunities for WAIS athletes, coaches, staff and services throughout the year. Again, with outstanding athlete results both internationally and domestically over the past year, there has been regular media coverage of all WAIS operations in state, community and regional newspapers, in national magazines and radio and television features.

The department once again engaged marketing and public relations consultancy **Buzz Marketing** to proactively seek media exposure to increase the profile of WAIS and its athletes.

Publications

The WAIS Marketing Department produced two editions of the **Without Compromise magazine**, the **WAIS Annual Report** and 48 editions of the **WNB** over the reporting period. The department also assisted with the production of various department and program publications for presentations, seminars and events.

Without Compromise is a biannual magazine, which includes a report from the Executive Director and highlights athletes, staff, program and services activities. It provides a comprehensive focus on WAIS operations and community programs and is circulated to more than 2,000 athletes, sport, corporate and government agencies. The **WAIS Annual Report** is another important promotional tool distributed to key stakeholders.

WAIS contracted journalist, **Ms Gabrielle Cawood**, has been a major contributor to these WAIS publications. Ms Cawood resigned from her position in April to pursue another career opportunity and we wish to thank her for her valued contributions. We are pleased to announce that **Mrs Kate Chesson** has assumed these areas of responsibility and the WAIS Marketing Department looks forward to working closely with Mrs Chesson in the future.



WAIS 'BEHIND THE SCENES' SCHOOL TOURS

WAIS Community Program

The WAIS Marketing Department has developed a strong presence with the Community Development Program, which has been very successful in promoting WAIS and generating goodwill in the community. There were many key activities that occurred during the year to promote the recognition and awareness of WAIS and athletes as community role models. Some of these are highlighted below:

- **Athlete appearances** – During the year there was significant demand for WAIS athlete ambassadors in promotions for Telethon; Starlight Foundation; Princess Margaret Hospital and role model appearances for primary and secondary schools in the metropolitan area. WAIS athletes were in demand as guest speakers at many events including the Dennis Lillee Disabled Sports Foundation Golf Day; Western Force, West Coast Eagles and Fremantle Football Club functions; and Department of Sport and Recreation Active Achiever Awards. WAIS athletes also participated in key promotional and advertising campaigns for the 2006 White Pages metropolitan directory cover for Sensis.
- **WAIS Tours** – The established “Behind the Scenes” WAIS Tour experience has been developed to create a memorable experience for visiting schools and children. WAIS athlete tour guides communicate key aspects of WAIS operations, provide an understanding of the training and commitment required at the elite level of sport and share experiences of their journey to motivate and inspire them to achieve their best.
- **Community Program** – The WAIS Marketing Department has continued its involvement in the Active After School Community Program coordinated by the Australian Sports Commission. Selected WAIS athletes have been trained to deliver this program, which encourages children to participate in an active and healthy lifestyle. WAIS’ ACE Department has also launched the Regional Gifted Athlete Program, in partnership with the Department of Sport and Recreation, which has received positive feedback from all parties involved.



WAIS ATHLETES CHRIS TROODE AND JEN REILLY SHARE THEIR SPORTING JOURNEY WITH YOUNG SCHOOL CHILDREN



FINANCE & ADMINISTRATION

FINANCE & ADMINISTRATION

Staff

There were several changes to department staff during the year. These changes required careful planning to ensure they did not impact negatively on the department's operations. **Ms Honnie Butler** resigned as the finance and administration officer to pursue career prospects in commerce and industry. Ms Helen Holland took responsibility for this position for a period of eight months, prior to motherhood. WAIS was fortunate to engage Ms Carly Pollock, a former WAIS athlete, to contribute her financial management skills to our operations.

Ms Tina Price resigned to complete her degree in Health Promotions after a very successful period at WAIS. The decision was made to restructure the administration support roles with **Ms Marisa Leddin** taking on greater responsibility in the Marketing Department. **Ms Kristin Chabrel** was employed as the receptionist with the duties for this position now including transactional duties for finance and administration.

At 30 June 2007, there were 46 full-time staff and six permanent part-time staff.

Accommodation and Costs

Various strategies were implemented during the year to reduce the cost of administering WAIS operations. The outcome has been a positive one for WAIS with significant savings made.

The budgeting model was updated during the year in order to improve upon the financial management processes in conjunction with the users. The payroll system was also successfully updated.

WAIS successfully adopted International Financial Reporting Standards during the financial year 2005-06 with a virtually seamless transition from the previous Australian standards.

Significantly increased costs were associated with maintaining WAIS' premises during the year. Due to the age of the building it is anticipated that the level of ongoing maintenance required will continue to increase. The staff common room was successfully completed in August 2006. The room has provided staff a much needed area to retreat to during long working days.

Human Resources

During 2007, **Ms Vanessa Gilbert** has continued to provide her valuable expertise in coordinating various HR projects following the excellent work of Mrs Helen Rice, who resigned for family reasons in late 2006.

As part of the Strategic Plan 2004-2008, a Staff Performance Management System enhancement project has been further developed during 2006. Further refinements to this very important system are planned for the next year.

Information Technology

During the year, various enhancements were made to our proprietary data management system DAIS.

DAIS has continued to be developed by our software engineer, **Mr Adrian Broughton**, with improvements on the current version. Optimisation of internal processes in order to enhance the utilisation of the resources available was one of the key goals focussed on by the Information Technology working group.

An audiovisual repository and communications project is progressing well with additional funding from the State Government. This project is aimed at enhancing not only WAIS' communication with the national high performance network but also providing the potential to distribute high performance coaching information to regional WA. The University of Western Australia is also a key partner in this project as a further outcome to be achieved is an enhancement of research capability with WAIS. The project to date is meeting the goals set and all partners are committed to the project's ultimate implementation.



Photo: RAW Image

L-R KAUSHIK BHOWMICK, STEPHANIE NEESHAM, KRISTIN CHABREL, CARLY POLLOCK, ADRIAN BROUGHTON, VANESSA GILBERT, NATALIE GRAHAM, MARISA LEDDIN & STEVEN LAWRENCE

WAIS WOULD LIKE TO THANK:

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An Olympic Training Centre Endorsed by the Australian Olympic Committee

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