

2011/2012  
YEARBOOK AND ANNUAL REPORT



Wais

**Wais**

THE YEARBOOK OF THE WESTERN AUSTRALIAN INSTITUTE OF SPORT



The Western Australian Institute of Sport is proudly supported by the Government of Western Australia

# THE WESTERN AUSTRALIAN INSTITUTE OF SPORT

## 2011/2012 YEARBOOK AND ANNUAL REPORT



Challenge Stadium, Stephenson Avenue,  
Mt Claremont, Western Australia, 6010.  
PO Box 139, Claremont, 6910, Western Australia.  
Telephone 08 9387 8166 Facsimile 08 9383 7344  
Email: [wais@wais.org.au](mailto:wais@wais.org.au) Web: [www.wais.org.au](http://www.wais.org.au)

# CONTENTS

4	Contents
5	Premier's Foreword
6	Chairman's Report
7	Executive Director's Report
8	WAIS Board
9	WAIS Structure
10	WAIS Staff
12	Hall of Champions
13	Athlete of the Year
14	Champions Breakfast
16	Scorecard
17	Coaching
18	WAIS Coaches
19	Coaching Department
20	Individual Athlete Support Program
22	Athletics
24	Canoeing
26	Cycling
28	Diving
30	Football Women's
32	Gymnastics
34	Hockey Men's
36	Hockey Women's
38	Netball
40	Rowing
42	Sailing
44	Swimming
46	Water Polo Men's
48	Water Polo Women's
50	Athlete and Coach Services
52	Sport Science
53	Strength Training
54	Clinical Services
55	Athlete Career and Education
56	Corporate Services
57	Finance & Administration
58	Corporate Communications
60	Sponsors Page
61-	Financial Report

# PREMIER'S FOREWORD



COLIN BARNETT MLA: PREMIER

FROM THE PREMIER OF WESTERN AUSTRALIA and WAIS PATRON,  
The Hon Colin Barnett MLA

As the patron of the Western Australian Institute of Sport, I have taken great interest over the past 12 months, in the progress of our Western Australian athletes as they finalised preparations to represent our State at the 2012 London Olympic and Paralympic Games.

It gives me a great deal of pleasure, knowing that the State government has continued its long standing support of WAIS in this time as it continues to strive for excellence both domestically and overseas.

I am also delighted that the State government in May 2012, signaled its on-going support to WAIS, with the announcement of the new \$33.7 million WAIS High Performance Service Centre which is due for completion in 2014 in time for our Western Australian athletes to benefit ahead of the 2016 Rio de Janeiro Olympic Games.

This will place Western Australia firmly at the forefront of high performance sport in this country and is testament to the strong direction of WAIS and its board, led by Chairman Grant Boyce, Executive Director Steven Lawrence and his management team that oversees the world class staffing talent that underpins our elite athletes at WAIS.

It is also important to acknowledge the considerable assistance of the strategic partners to WAIS in its high performance pursuits, such as the Department of Sport and Recreation, Lotterywest, the Australian Sports Commission and Venues West, whose support remains vital.

In closing I would like to congratulate our athletes who represented WAIS and Western Australia with such aplomb during the London Games. Their performance and character was something of which we can all be very proud.

Colin Barnett MLA  
PREMIER

A handwritten signature in black ink, which appears to read "Col Barnett". The signature is written in a cursive, flowing style.

# CHAIRMAN'S REPORT



GRANT BOYCE: CHAIRMAN

The year was a very exciting and anxious one for many athletes as they prepared for the Olympic Games and the Paralympics both held in London. These events are the pinnacle for many sports and represent the culmination of four years of hard work. The final year in an Olympic cycle is always challenging, exciting and full of surprises for both competitors and the many service providers like coaches, sports scientists and support staff.

From Western Australia there were 45 athletes selected to compete in the Olympic Games and 16 Paralympians and that was an excellent result. One of the WAIS key performance indicators is that the percentage of athletes on these teams exceeds the proportion of our population and we have again exceeded that measure.

Our vision is to produce champions and in past year WAIS has done just that. There were seven world champions this year and they came from the sports of rowing, cycling and netball.

## INFRASTRUCTURE

During the year the State Government announced that they were allocating \$34million to build a new WAIS facility. This was tremendously exciting news for WAIS and the staff and athletes are looking forward to their new home that should be ready in late 2014. The facility funding came after many years of approaches to the State Government and will ensure that WAIS athletes have access to world class facilities. These facilities will not only include administrative offices and sports science rooms but will also include an indoor runway and pole vault pit, vastly improved strength and conditioning and proper recovery facilities. We will also have improved research capability, in conjunction with UWA, and a better working environment for our staff, coaches and athletes.

The Board is delighted that the State Government has supported this project and special thanks go to the Minister, the Hon Terry Waldron, and his staff for helping turn this proposal into a reality.

## PARTNERSHIPS

WAIS athletes would not have the success that they have had without the support of a number of parties that I would like to thank.

We are very fortunate to have a Sport's Minister who is incredibly passionate about sport and great supporter of WAIS. To the Hon Terry

Waldron we say a big thankyou for your continued support and valuable guidance. We are also most grateful to The State Government who provide the majority of the funding to WAIS through LotteryWest. The Board is very conscious that the funds allocated to WAIS need to be used efficiently and with an athlete focus.

I would also like to thank Mr Ron Alexander, Director of the Department of Sport and Recreation, and his staff. The Department is an important partner for WAIS and they are always willing to assist us.

WAIS is also fortunate to be accommodated at Challenge Stadium and we are extremely grateful to Mr Graham Partridge, Chairman of the Venues West, and Mr David Etherton, Chief Executive Officer, for their continued support.

## PEOPLE

In any business success is generally directly related to the efforts of its people and WAIS places great emphasis on having the right people. Our Executive Director Mr Steven Lawrence has a very committed and talented team who have a great deal of experience in the national sporting system. Steve has shown impressive leadership at WAIS and also in his role as Chairman of NESC. The national sporting system is undergoing significant changes at the present time and Steve is able to have a positive influence in these changes.

WAIS has this year said goodbye to one of its long serving staff in Liz Chetkovich. Liz retired on 30 June 2012 after 24 years with WAIS and during that time she made a very significant contribution to WAIS and is best remembered as the driving force behind the gymnastics program. This program is the leading gymnastics program in Australia and has produced some of Australia's finest gymnasts.

Steve's management team during the year comprised Mr Martin FitzSimons, Ramon Falzon, Simon Jones, Alan Black, and Simon Moore-Crouch. These managers together with all of the staff have made a significant contribution to the operation of WAIS and the success of the athletes. I would also like to make special mention of the coaches who have the most direct impact on the athletes. They make enormous sacrifices for their athletes.

My final thanks go to the Board who volunteer their time and expertise. The Board represents a wide range of talents and skills and I am personally very grateful for their continued commitment to WAIS. This year I would particularly like to thank Mike O'Neil who retired from the Board on 30 June 2012. Mike was the Deputy Chairman and his input was always invaluable. We are indeed very fortunate that people of Mike's ability so willingly give the Board the benefit of their experience and expertise.

A handwritten signature in black ink that reads "G Boyce". The signature is written in a cursive, flowing style.

Grant Boyce  
CHAIRMAN

# EXECUTIVE DIRECTOR'S REPORT



STEVEN LAWRENCE: EXECUTIVE DIRECTOR

An Olympic year is always a special year in Australian sport and 2012 has been no exception. The first Western Australian athletes to win medals at an Olympic Games were John Winter and Shirley Strickland at the London Games of 1948. They were two of five WA representatives in an Australian Team of 77. In 2012 WA will have 45 representatives on an Australian Olympic team numbering 409 and a further 16 Paralympians in the Australian Paralympic team of approximately 165. The WAIS contribution to these teams will include 55 current scholarship holders, and four former scholarship holders as well as six staff. We expect nearly half of the WA representatives to be in contention for a medal ensuring our own history of successful contribution to Australian Olympic and Paralympic teams continues.

## PARTNERSHIPS

WAIS continues to support the evolution of the national high performance system with continuing contributions to NESC, the National Institute Network and the ASC through the development of Australia's first national high performance sport strategy. The primary changes continue to focus on sport playing the lead role in designing their systems while NESC and its members focus on prioritising government investment in these sport plans to achieve national system outcomes aligned to jurisdictional responsibilities.

WAIS under this new structure has worked diligently with sports to confirm the best possible role we can play to support WA's contribution to national high performance sport outcomes. This commitment will require WAIS to restructure some of its investment to ensure its programs remain contemporary to national system developments. As part of our ongoing review of our sport programs the partners in our Women's Football Program made the combined decision to close this program. Football West will take up the lead role in managing and delivering this program with the support of the Football Federation of Australia.

Our relationship with the state Department for Sport and Recreation continues to be very positive and underpins our support of state high performance pathways. It is clear that this relationship is a key strength of the Western Australian government's contribution to sport in WA.

## PEOPLE

Over the past year we have had some significant staff changes and the announcement of a restructure of the Corporate Services division. Of special note was Ms Liz Chetkovich decision to retire as the leader of our World Class women's gymnastics program. Liz has been with WAIS since January 1988 when she became the second full-time coach to be employed by the Institute. During the past 25 years Liz has been not only the visionary for the development of this program but also the driving force for its continued progression to its current standing. Liz has built a well earned reputation as a fearless administrator and a highly valued colleague whose contribution to gymnastics in WA and Australia is beyond peer.

WAIS values remain at the core of our approach to developing and maintaining our high performance culture. The success of this approach has been evident in the manner in which the staff have supported one another over the stressful period that precedes the selection of Olympic and Paralympic teams.

## INTERNAL PROCESSES

The Corporate Services Division was restructured at the end of June 2012 following an internal review to achieve gains in efficiency and effective planning and administration. This restructure was timely given that WAIS lost the services of our highly respected Corporate Communications manager Simon Moore Crouch who was successful in securing a very competitive MBA position at Duke University in the USA.

At the current time an external review of our core business division – Performance Enhancement – is underway with the intent to identify any opportunities for improving the systems and structures that implement our "athlete focused, coach lead multidisciplinary approach to performance enhancement".

During the past 12 months there has been a constant rollout of new modules and upgrades to current modules of our Performance Management System, Pmax-Sport. This system has significantly expanded the software tools we have available to capture and present critical operational information. The application of Pmax has provided the opportunity for us to further critique our business processes and identify new opportunities for improving the effectiveness and efficiency of our operations.

## FINANCE

WAIS secured a new four year funding agreement with the state government in May 2012. This new agreement while providing the base for our operations did not consider our request for additional funding to bring some aspects of our servicing to athletes to national standards.

The state government, through the support of Terry Waldron, the Minister for Sport and Recreation, has provided the opportunity for WAIS to resubmit its business case for this funding in the current financial year. However, one of the impacts of this delay has been that the Board has made the decision to operate one less National Training Centre program in the 2012/13 financial year by not replacing the Women's Football Program.

WAIS continues to work with its national sporting organization partners to confirm funding arrangements for the various National Training Centre Programs nominated for WAIS sport program status in the 2016 Olympiad.

## INFRASTRUCTURE

The 2012 budget contained the funding commitment to build a new WAIS high performance service centre. In total the state government will invest \$33.4million in what will be a World Class facility to support our operations for at least the next 30 years. The funding for this facility would not have been possible without the commitment of the Minister for Sport and Recreation and his staff to champion this project. The quality of planning for this facility is a credit to the project team which includes staff from the Department of Building Management and Works, DSR, VenuesWest and the University of Western Australia. The facility is scheduled for operational completion in November 2014 which will assist us in preparing athletes for the 2016 Olympic and Paralympic Games.

The quality of the sport venues the vast majority WAIS programs train in are managed by VenuesWest. Over the past few years VenuesWest has made a strong commitment to enhance the quality of these venues to ensure they meet high performance training requirements. The feedback from our athletes and staff confirm their commitment is being rewarded.

A handwritten signature in black ink, appearing to read 'Steven Lawrence'.

Steven Lawrence  
EXECUTIVE DIRECTOR

## WAIS BOARD



MR GRANT BOYCE  
(CHAIRMAN)



MR RON ALEXANDER



DR RACHEL HARRIS



MR STEVEN LAWRENCE  
(EXECUTIVE DIRECTOR)



MS DEBORAH LEAVITT



MS JENNY MORRIS



MR MICHAEL O'NEILL  
(DEPUTY CHAIRMAN)  
(RETIRED JUNE 2012)



REV. CANON RICHARD  
PENGELETTY



MRS FIONA TORY

## PURPOSE

To provide opportunities for talented Western Australian athletes to achieve excellence in elite sport with support from their home environment.

## VISION

To Produce Champions

## GUIDING PRINCIPLES

The philosophies guiding WAIS operations are defined by the following principles.

### Principle 1 International Focus

WAIS will allocate resources to support the ultimate attainment of elite athlete performance at the open international level.

### Principle 2 Western Australian Significance

WAIS will focus its efforts on assisting athletes competing in sports that are culturally significant to the Western Australian community. WAIS will also be cognizant of local infrastructure and environmental factors potentially influencing elite and potential elite athlete training and competition performance.

### Principle 3 Partnerships

WAIS recognizes that it is a specialist provider to sport and must act in partnership with sport. WAIS will allocate resources to enhance the support provided by sports to their athletes. Partnerships should reflect an inclusiveness of Western Australia in the national system.

### Principle 4 Community Values

WAIS will uphold community values in all aspects of its operation. WAIS athletes are role models for the community and therefore must reflect its values in their actions and interactions on and off the field. WAIS recognises the right and responsibility of athletes to train and compete in a fair, ethical, healthy and safe environment.

## ORGANISATIONAL VALUES

Organisational culture is core to WAIS achieving long term sustainable success. Our culture is defined by valuing people and excellence in all aspects of our operations.

## GOALS

1. To maximise Western Australian representation on Australian Teams.
2. To enhance the performance of Australian Teams.

## KEY PERFORMANCE INDICATORS

1. WAIS athlete representation on Australian Teams.
2. WAIS athlete World-Class\* performance.

\*Top eight individual or top four multiple athlete performance in selected major event



# KEY RESULT AREAS

WAIS has identified five key result areas that are critical to fulfilling our purpose. These KRA's provide focus for our strategic direction.

## Partnerships

WAIS will create partnerships with the sporting community, government and other stakeholders in order to access resources and or knowledge to enhance the benefit and opportunities for our elite athletes.

## People

As an organisation focused on delivering quality services to athletes, WAIS requires staff capable of enabling the organisation to achieve its objectives.

## Internal Processes

WAIS requires effective and efficient internal processes to ensure organisational resources are implemented to deliver maximum output towards its purpose.

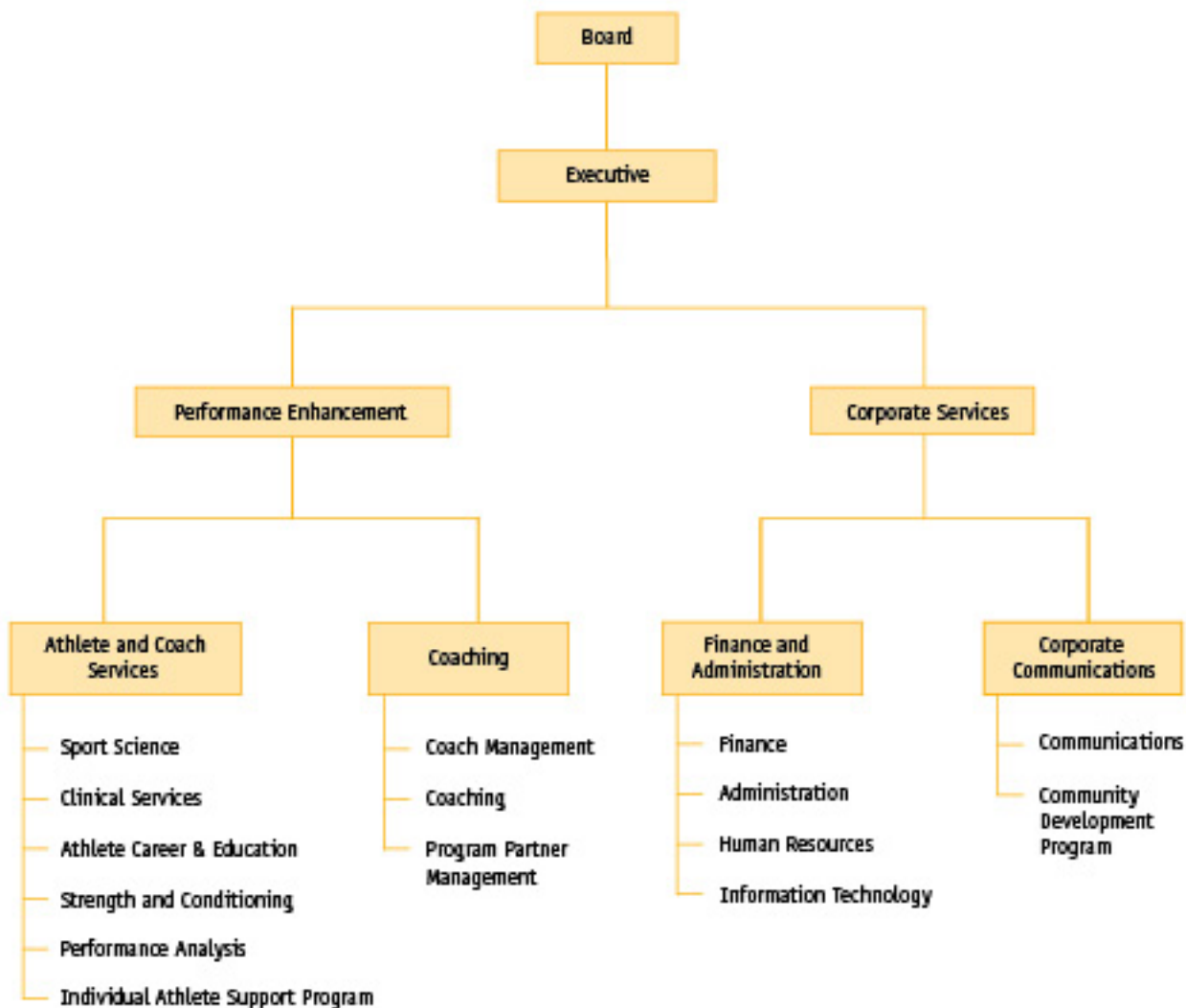
## Finance

WAIS is dependent upon financial capacity, systems and processes to deliver the vast majority of required resources, both human and physical, to achieve its purpose.

## Infrastructure

To enable and deliver services to athletes, WAIS requires access to suitable infrastructure.

# WAIS STRUCTURE



# WAIS STAFF

## EXECUTIVE

---

Executive Director  
**Steven Lawrence**

Executive Assistant & Events Coordinator  
**Natalie Graham**

Administration Assistant  
**Lorren Portolan** (resigned 29/06/12)

Receptionist  
**Kara Samuels** (resigned 16/09/11)  
**Bonnie Bessen** (commenced 07/09/11)

## CORPORATE SERVICES

---

### Finance and Administration

---

Finance Manager  
**Ramon Falzon**

Senior Finance and Administration Officer  
**Honnie Dobber** (part time)

Finance and Administration Officer  
**Michelle Wilson**

### Corporate Communications

---

Corporate Communications Manager  
**Simon Moore - Crouch** (resigned 22/06/12)

Public Relations Officer  
**Chris Abbott**

## COACHING

---

Coaching Group Manager-Racing Sports  
**Simon Jones**

Coaching Group Manager-Invasion Sports  
**Alan Black**

Gymnastics Performance Manager  
**Elizabeth Chetkovich** (resigned 30/06/12)

Athletics Performance Manager  
**Brian Glencross** (Part-time)

Swimming Performance Manager  
**Greg Hodge**

## COACHING STAFF

---

Athletics  
**Lyn Foreman**, Head Coach – Track  
**Grant Ward**, Head Coach – Field

**Alex Parnov**, Head Coach – Pole vault  
**Sergey Polnov**, Assistant Coach – Pole Vault (resigned 14/05/12)

Canoeing  
**Ramon Andersson**, Head Coach  
**Michael Pond**, Coach (part-time)

Cycling  
**Darryl Benson**, Head Coach  
**Clay Worthington**, Senior Coach

Diving  
**Iris Deng**, Senior Coach

Football Women  
**John Gibson**, Head Coach (program closed 01/05/12)

Gymnastics  
**Martine George**, Head Coach  
**Nikolai Lapchine**, Senior Coach  
**Peter Abbott**, Senior Coach  
**Dmitri Kalinine**, Coach (resigned 05/07/11)  
**Emma Di Carlo**, Coach  
**Regan Molyneaux**, Coach  
**Joshua Fabian**, Coach (commenced 03/11/11)  
**Tatiana Lapchina**, Choreographer/Coach (part-time)  
**Caroline Wright**, Coach (casual)  
**Paige Trainor**, Coach (casual)  
**Heidi Rose**, Coach (casual)  
**Michelle Yardley**, Gymnastics Administrator  
**Dhana Antulov**, GWA Administrator (part time)

Hockey (Men)  
**David Bell**, Head Coach

Hockey (Women)  
**Neil Hawgood**, Head Coach

Netball  
**Michelle Wilkins**, Head Coach

Rowing  
**Lincoln Handley**, Head Coach  
**Rebecca Sattin**, Coach (part-time) (resigned 30/09/11)

Sailing  
**Belinda Stowell**, Head Coach (leave of absence)  
**Arthur Brett**, Coaching Consultant

Water Polo (Men)  
**Paul Oberman**, Head Coach

Water Polo (Women)  
**Peter Szilagyi**, Head Coach  
**Georgina Kovacs**, Assistant Coach (part-time)



## **ATHLETE AND COACH SERVICES**

---

Athlete and Coach Services Manager  
**Martin FitzSimons**

Maintenance Support Technician  
**Darren Key**

## **Sport Science**

---

Exercise Physiologists  
**Peter Peeling**  
**Sacha Fulton**  
**Martyn Binnie (PhD Scholar)**

Sport Psychologists  
**Matthew Burgin**  
**Kevin Hayter**  
**Craig Harms (part time) (commenced 01/08/11)**  
**Emilie Thienot (PhD Scholar)**

Biomechanists  
**Andrew Lyttle**  
**Matthew Doyle**  
**Trenton Warburton (PhD Scholar)**  
**Koji Honda (PhD Scholar)**

## **Strength And Conditioning**

---

Head of Strength and Conditioning  
**Gilman Barnitt**

Strength and Conditioning Coaches  
**Greg Morgan**  
**Naruhiro "Geish" Hori**

## **Athlete Career And Education**

---

Athlete Career and Education Co-ordinator  
**Jennifer Marsh**

Athlete Career and Education Counsellor  
**Lizzie Moyle (part-time)**

Athlete Career and Education Training Officer  
**Kate Bobridge**

## **Clinical Services**

---

Chief Medical Officer  
**Dr Carmel Goodman (part-time)**

Dietitians  
**Julie Meek (part-time)**  
**Clare Wood (part-time)**

# HALL OF CHAMPIONS



L-R: ALLANA SLATER, DENIS MARSHALL, CHRIS LEWIS

The Western Australian Hall of Champions recognises the achievements of Western Australia's greatest athletes. Entrance to the Hall signifies that the inductee has achieved at the highest level of their sport in a manner befitting a champion.

At the 2011 WAIS Annual Dinner, three new athletes were inducted into the Western Australian Hall of Champions. They were:

**Allana Slater** (gymnastics)

**Dennis Marshall** (AFL)

**Chris Lewis** (Harness Racing)

**Allana Slater**, born in Perth, WA in 1984, was a trail blazer in Australia's bid for prominence on the world gymnastics scene. In 1999 she was the first Australian to be placed in the top ten in the World Championships when achieving this in China. Between 2000-2003 Slater won nine medals at World Cup events in several disciplines. Slater also won eight Commonwealth medals, including three gold. She is the first gymnast to be inducted into the Hall of Champions.

**Denis Marshall**, born in Fremantle, WA in 1940, was a classical utility player for Claremont and Geelong. Marshall excelled in interstate football for both Western Australia and Victoria. Well balanced and with exquisite skills on both sides of his body, Marshall was regarded as the complete footballer. He was runner up in the Sandover Medal in 1962 and the Brownlow Medal in 1968. Marshall played 24 interstate matches, 16 for WA and 8 for Victoria. He was voted in Geelong's best three players of the 20th century.

**Chris Lewis**, born in North Adelaide, SA in 1955 moved to Western Australia at age 20 to begin a career which saw him become arguably WA's greatest trotting reinsman. Lewis has driven over 4000 winners in WA, 2000 of those on city tracks. A winner of Interdominion races, Lewis will represent Australia again in 2011 in the World Driver's Championships in the USA.

# ATHLETE OF THE YEAR

2010/2011

## LAUREN MITCHELL (GYMNASTICS)

Lauren Mitchell created another piece of history for herself after becoming the first gymnast to win the prestigious Western Australian Institute of Sport Athlete of the Year Award at the 2011 WAIS Annual Dinner.

Mitchell over the course of the October 2010 to September 2011 voting period, became the first Australian female in history to win a FIG World Championship gold medal, after claiming the floor title in Rotterdam, the Netherlands, straight off the back of winning four gold medals at the 2010 Commonwealth Games in India.

Across a dominant year, Mitchell also collected gold medals at World Cup level and won national titles at the Australian Gymnastics Championships.

The joint WAIS-AIS scholarship holder won the award ahead of stellar field of finalists that included World Champions; Luke Durbridge (cycling), Cameron Meyer (cycling), Susan Fuhrmann (netball), Caitlin Bassett (netball), Todd Skipworth and Ben Cureton (rowing) and Commonwealth Games champion swimmer Blair Evans.

The 2011 WAIS Annual Dinner also saw awards presented to WAIS equestrian athlete Sharon Jarvis (Elite Athlete with a Disability of the Year) and WAIS cyclist Luke Durbridge (Junior Athlete of the Year).



Photo: Getty Images

LAUREN MITCHELL

# CHAMPIONS BREAKFAST



The 2012 WAIS Champions Breakfast acknowledged the continuing excellence performed by its staff and athletes on the world stage.

The Breakfast moved to a new venue in 2012 with Fraser's in Kings Park providing a stunning background as host Russell Woolf, presenter of ABC's Drive program on 720am, exceeded to a packed room of over 150 guests.

In a year that saw final preparations put in place for the 2012 London Olympic and Paralympic Games, the Breakfast presided over a campaign that toasted new world champions in the sports of rowing and cycling as well as the formal selection of six WA Olympians and two Paralympians.

Four Awards were presented on the morning with WAIS Chairman Grant Boyce and the Minister for Sport and Recreation, the Hon. Terry Waldron on hand to assist with the Award presentations.

The 2012 WAIS Champions Breakfast Award winners were:

Coach of the Year Award – **Ramon Andersson** (Canoeing)

Triumph Award – **Jamie Beadsworth** (Water Polo)

Athlete Career and Education Award – **Nikki Chung** (Gymnastics)

Program of the Year Award - **Canoeing**



*CANOEING ATHLETES - DANIEL BOWKER, REECE BAKER, BRENDAN SARSON, BRODIE HOLMES WITH WAIS CHAIRMAN, GRANT BOYCE*



*WATER POLO ATHLETE JAMIE BEADSWORTH WITH THE HON. TERRY WALDRON*

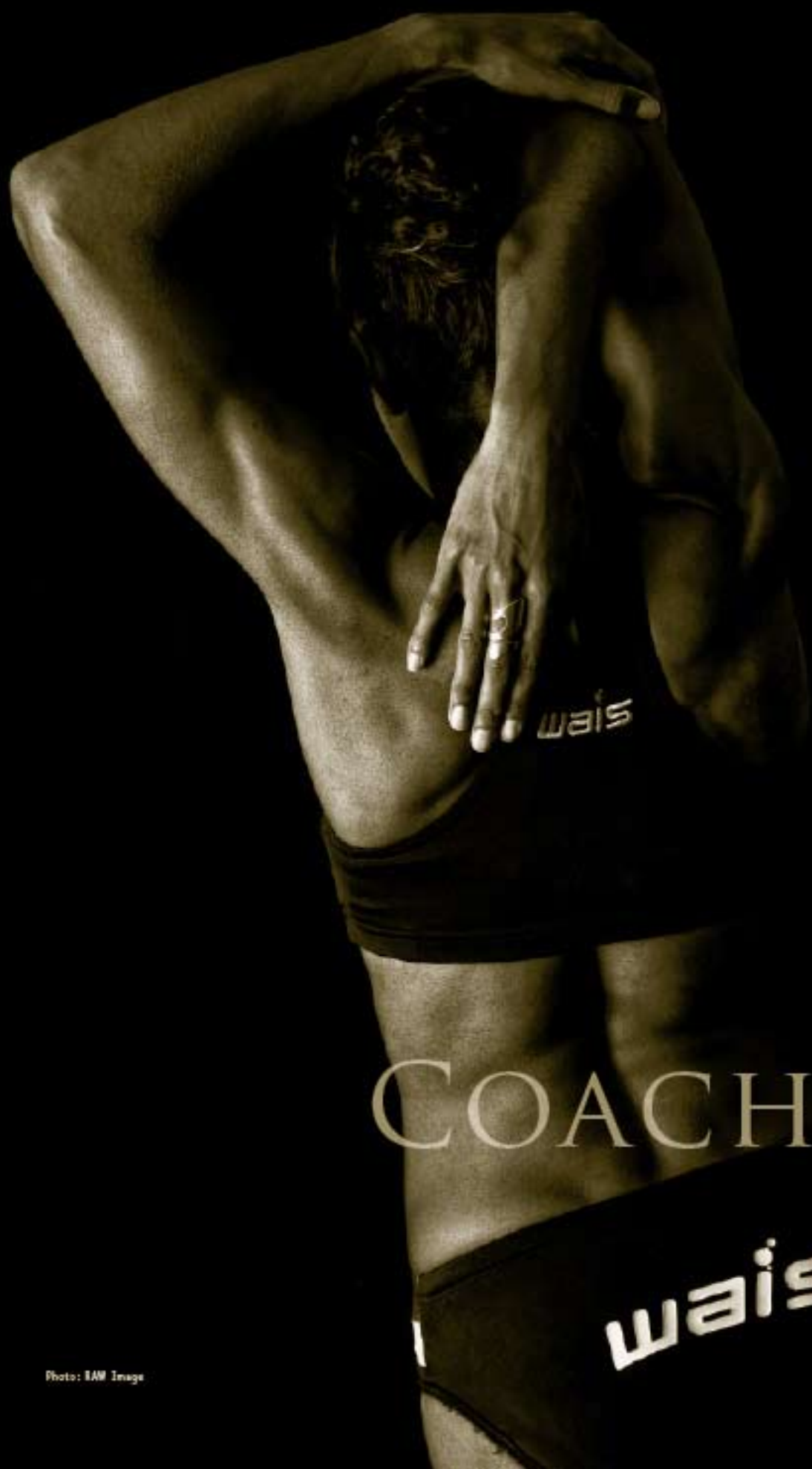


*GYMNAST NIKKI CHUNG WITH THE HON. TERRY WALDRON*

# ATHLETE PERFORMANCE SCORECARD 2011

SUMMER OLYMPIC SPORTS	WAIS STATUS	KPI – NATIONAL TEAM (AT BENCHMARK EVENT) 2011			KPI – WORLD CLASS PERFORMANCE 2011		
		WAIS TARGET	WAIS ACTUAL	WAIS% AUST NO	WAIS ACTUAL	AUST NO	WAIS% AUST NO
Athletics	Program	8	4	9.1%	1	6	16.7%
Canoe/Kayak - Flatwater	Program	2	4	22.2%	1	6	16.7%
Cycling (Track)	Program	4	7	36.8%	4	23	17.4%
Diving	Program	0	0	N/A	0	6	N/A
Football - Women	Program	3	2	9.5%	0	0	0.0%
Gymnastics (Artistic) - Women	Program	1	2	40.0%	3	3	100.0%
Hockey - Men	Program	3	3	16.7%	2	18	11.1%
Hockey - Women	Program	4	3	16.7%	0	0	N/A
Rowing	Program	2	2	4.8%	2	16	12.5%
Sailing	Program	0	2	13.3%	2	16	12.5%
Swimming	Program	3	3	7.5%	1	45	2.2%
Water Polo - Men	Program	4	4	30.8%	0	0	N/A
Water Polo - Women	Program	3	2	15.4%	0	0	N/A
Archery	IASP	1	1	50.0%	0	0	N/A
Badminton	IASP	1	1	10.0%	No benchmark event		
Boxing	IASP	1	0	0.0%	0	1	0.0%
Canoe/Kayak - Slalom	IASP	2	2	13.3%	0	0	N/A
Cycling (MB & BMX)	IASP	2	1	16.7%	0	2	0.0%
Equestrian	IASP	No benchmark event			No benchmark event		
Fencing	IASP	2	2	12.5%	0	0	N/A
Gymnastics (Rhythmic)	IASP	1	1	25.0%	0	0	N/A
Gymnastics (Trampoline)	IASP	0	0	N/A	0	0	N/A
Shooting (Rifle)	IASP	2	3	30.0%	No benchmark event		
Shooting (Shot Gun)	IASP	0	1	9.1%	0	1	0.0%
Synchronised Swimming	IASP	0	0	N/A	0	0	N/A
Tae Kwon Do	IASP	0	0	N/A	0	0	N/A
Tennis	IASP	1	0	0.0%	0	0	N/A
Triathlon	IASP	1	1	12.5%	1	2	50.0%
Volleyball (Beach)	IASP	0	0	N/A%	0	0	N/A
Volleyball (Indoor)	IASP	2	2	8.3%	0	0	N/A
<b>TOTAL</b>		<b>39</b>	<b>49</b>	<b>11.3%</b>	<b>17</b>	<b>45</b>	<b>12.0%</b>
NON OLYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	% TEAM	WAIS ACTUAL	AUST NO	% TEAM
Netball	Program	2	2	16.7%	2	12	16.7%
<b>TOTAL</b>		<b>2</b>	<b>2</b>	<b>16.7%</b>	<b>2</b>	<b>12</b>	<b>16.7%</b>
SUMMER PARALYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	% TEAM	WAIS ACTUAL	AUST NO	% TEAM
Athletics	IASP	2	2	4.2%	2	40	5.0%
Cycling	IASP	1	1	4.2%	1	19	5.3%
Equestrian	IASP	No benchmark event			0	0	N/A
Powerlifting	IASP	1	0	0.0%	0	0	N/A
Sailing	IASP	3	0	0.0%	0	2	0.0%
Swimming	IASP	1	2	8.7%	2	23	8.7%
Wheelchair Basketball	IASP	5	7	29.2%	7	24	29.2%
<b>TOTAL</b>		<b>13</b>	<b>12</b>	<b>8.8%</b>	<b>12</b>	<b>108</b>	<b>11.1%</b>
<b>GRAND TOTAL</b>		<b>54</b>	<b>63</b>	<b>10.8%</b>	<b>31</b>	<b>265</b>	<b>11.7%</b>





# COACHING

# WAIS COACHES

LEADING OUR SPORT PROGRAMS WITH  
PASSION AND COMMITMENT TO EXCELLENCE.



# COACHING DEPARTMENT



*L-R: SIMON JONES, ALAN BLACK, GREG HODGE ABSENT: BRIAN GLENCROSS*

In the Olympic Year WAIS had a number of coaches who were part of the Australian Olympic Games team. Martine George and Nikolai Lapchine in Gymnastics, Paul Oberman in Men's Water Polo, Ramon Anderson in Canoe/Kayak, Alex Parnov in Pole Vault and Grant Ward in Javelin. There were a total of 45 WAIS athletes at the Games with a total of 3 bronze medalists, two from Women's Water Polo and one from Men's Hockey.

The Coaching Department has undergone a number of changes in the past year with the most significant being the retirement of Liz Chetkovich from Gymnastics and Brian Glencross from Athletics. Liz has been the driving force behind the most successful Gymnastics program in Australia for twenty five years producing World Class results and Brian, an Olympic medal winning Hockey player and coach, who has provided leadership to the athletics program for a number of years. WAIS wish Liz and Brian all the best in their next ventures.

The Gymnastics Program has welcomed Josh Fabian from Sydney to join the coaching ranks replacing Dmitri Kalinine who left WAIS to join the team at Cirque de Soleil.

The Women's Football Program ceased operation in May with Football West taking on the development of the WAIS Scholarship holders. The International Class athletes are now on Individual Athlete Support Program scholarships (IASP) and WAIS would like to thank Head Coach, John Gibson for his work over the past three years especially in assisting the girls who had critical injuries to get back to full fitness.

With the new Olympic cycle about to start, all programs will undertake a strategic review either internally, through an external consultant or as part of a National planning framework. WAIS is committed to giving our athletes every chance to be successful over the next four years leading into the Rio Olympics with the Coaching Department playing a significant role in driving that success.

Coaching Group Manager Invasion and Acrobatic Sports: Alan Black  
Coaching Group Manager Racing Sports: Simon Jones

# INDIVIDUAL ATHLETE SUPPORT PROGRAM

The purpose of the WAIS Individual Athlete Support Program is to provide talented Western Australian athletes competing in sports not catered for by the 14 WAIS sports program with opportunities to still excel at the highest level. Never has this been as evident as in 2011-2012, after 11 athletes on the WAIS IASP qualified for either the London Olympic or Paralympics Games.

Slalom Canoe duo Kynan Maley and Robin Jeffery became the first Western Australian athletes to be officially selected onto the Australian Olympic Team for the 2012 London Olympic Games, when they were nominated in March, by Canoeing Australia for the men's C2 Slalom event. After a changing of competition rules, Maley will also be allowed to compete in the individual C1 Slalom event in London after he won national titles in both disciplines. Both athletes will compete at Olympic level for the first time.

WAIS Powerlifter Darren Gardiner in April, was the first Western Australian and in fact one of the first two athletes in the country to be named for the Australian Paralympic team for the 2012 London Paralympics. London will be Gardiner's fourth Paralympic campaign, and he competes in the UK having won silver at the last Olympics in Beijing in 2008.

WAIS Rhythmic Gymnast Janine Murray was awarded a wildcard selection for the 2012 London Olympic Games as the Oceania region's top ranked rhythmic gymnast at the 2011 World Championships in France. Murray stamped her authority as Australia's leading Rhythmic Gymnast by winning five gold medals at this year's Australian National Gymnastics Championships.

Track and Field athletes Maddison de Rozario and Sam Harding were selected as part of the Australian Paralympic Committee's 43-strong athletics team in June for the 2012 London Games. At 18 years of age, de Rozario will compete in a second Paralympics, having won silver in the wheelchair racing 4x100m relay in Beijing, whilst Harding will compete at Paralympic level for the first time, in the visually impaired 800m.

Beijing Olympian Robyn Van Nus was officially selected for the 2012 London Olympics in June, where she will compete in the 10m Air Rifle and 50m 3 Position events. Van Nus is the sole Western Australian representative on the 17-member Australian Shooting Team.



NIGEL BARLEY

Hand Cyclist Nigel Barley was confirmed for his first Paralympic Games in June, when he was named in the Australian team for the men's road race and time trial.

Lauren Reynolds continued the WAIS IASP's strong Olympic association in the sport of BMX. Reynolds selection for London continues on from Tanya Bailey and Nicole Callisto's selection at the Beijing Games – where BMX made its Olympic debut. Reynolds will compete in her first Olympic Games, having represented Australia earlier in 2012 at the UCI BMX World Championships in Birmingham, UK.

Volleyball athlete Luke Smith was named as a member of Australia's men's volleyball team that secured Olympic representation with a second finish at a qualification tournament in Asian. It was first time Australia had qualified a men's team since 2004 and Smith was included in the squad of 12 for London, where he will make his Olympic debut.

Taylor Worth was selected as the sole Australian male to compete at the London Olympic Games, when he was named for the individual men's recurve in late June. Worth will compete at Olympic level for the first time, and secured his selection with a strong world cup campaign in the USA, where he defeated the world's top ranked archer



KYNAN MALEY & ROBIN JEFFREYS

## Australian Representatives

---

### Archery

**Deonne Bridger** Olympic Test Event London  
**Alice Ingley** Olympic Test Event London  
**Taylor Worth** Olympic Test Event London

### Bobsleigh

**Lucas Mata** World Championship, Lack Placid USA  
**Gareth Nicholls** World Championship, Lack Placid USA

### Canoe/Kayak – Slalom

**Robin Jeffery** World Championship, Slovakia  
**Kynan Maley** World Championship, Slovakia

### Canoe - Elite Athletes with a Disability

**Brock Ingram** World Championship Poznan, Poland

### Cycling – BMX

**Lauren Reynolds** World Championship, Birmingham  
World Cup Events

### Cycling - Elite Athletes with a Disability

**Craig Parsons** Paracycling World Championship,  
Roskilde, Denmark  
**Nigel Barley** Paracycling World Championship,  
Roskilde, Denmark World Cup Events

### Fencing

**James Lewis** Asian Zone Championship, Wakayama, Japan

### Gymnastics – Rhythmic

**Janine Murray** World Rhythmic Gymnastics Championship,  
Motpellier, France  
Pacific Rinn Rhythmic Gymnastics  
Championships, Seattle, USA

### Gymnastics – Trampoline

**Eva Kierath** Pacific Rim Gymnastics Trampoline  
Championship, Seattle, USA

### Sailing - Elite Athletes with a Disability

**Colin Harrison** IFDS World Championship, Florida, USA

### Shooting

**Laura Coles** ISSF World Championship, Shotgun,  
Belgrade, Serbia World Cup Events

### Skeleton

**Lucy Chaffer** World Championships, Lack Placid USA

### Synchronised Swimming

**Deborah Tsai** Oceania Championship, Noumea  
**Jade Haynes-Love** Oceania Championship, Noumea

### Taekwondo

**Jasmine Cross** Olympic Test Event, London

### Triathlon

**Felicity Sheedy-Ryan** ITU Elite Sprint Triathlon World Championships,  
Lausanne, Switzerland

### Volleyball

**Jenny Day** Asian Volleyball Championship, Taiwan  
**Casey Grice** Olympic Qualification Tournament,  
Sipan, Croatia

**Luke D Smith** Asian Volleyball Championship, Tehran, Iran  
Olympic Volleyball Men's Qualification  
Tournament, Tokyo, Japan

### Wheelchair Basketball - Elite Athletes with a Disability

**Clare Nott** AOZ Qualification Tournament, South Korea  
BT Paralympic Cup Manchester, England  
**Brad Ness** AOZ Qualification Tournament, South Korea  
**Michael Hartnett** AOZ Qualification Tournament, South Korea  
**Shaun Norris** AOZ Qualification Tournament, South Korea  
**Justin Eveson** AOZ Qualification Tournament, South Korea  
**Sarah Vinci** AOZ Qualification Tournament, South Korea  
**Amber Merritt** AOZ Qualification Tournament, South Korea

# ATHLETICS



PROGRAM PARTNERS



The WAIS Athletics Program enjoyed a busy year that included Olympic selections, national records and a youth world championship medal.

Pole vaulter **Liz Parnov** was confirmed for the Australian team for the Youth World Championships in Lille, France in July, with the 17 year-old going on to win silver at the event, with a clearance of 4.20m. **Kim Mickle** competed at the Paris Diamond League, finishing fifth in the women's javelin following a best throw of 61.97m. **Alana Boyd** and **Ben Offereins** competed at the Spitzen Leichtathletik meet in Lucerne, Switzerland during a busy month, with Boyd fourth in the women's pole vault and Offereins 10th in the men's 400m. Steve Hooker competed at the Monaco Diamond League during July, finishing eighth with a clearance of 5.45m.

Athletics Australia named an Australian Flame squad for the 2011 IAAF Athletics World Championships in Daegu, Korea in August. WAIS athletes; Steve Hooker, Alana Boyd, Kim Mickle and Ben Offereins were all selected in the Australian team. In late August, **Steve Hooker** was unable to make a clearance, missing out on the men's final, whilst Alana Boyd cleared 4.50m to miss the women's final by one spot on count-back.

The World Championships continued into September with Kim Mickle qualifying for the final of the women's javelin, where she finished sixth with a best throw of 61.96m, which also doubled as an Olympic A-Qualifying standard for the 2012 London Games. Ben Offereins competing in the men's 4x400m relay, ran fifth in his heat with the Australian team in a time of 3:01.56. The time was 10th quickest overall, with only the top eight qualifying through to the final.

Kim Mickle was one of seven athletes in November to be granted an early nomination from Athletics Australia to the Australian Olympic Committee for selection for the 2012 London Olympic Games. Alana Boyd won the women's pole vault at the Adelaide Track Classic in February with a new personal best of 4.61m. Ben Offereins ran the 400m in Adelaide, finishing first in a time of 46.16.

Boyd increased her personal best to 4.66m in winning the Perth Track Classic in February, with Vicky Parnov second (4.30m) and Liz Parnov third (4.25m), which also doubled as a qualifier for the 2012 Junior World Championships to be held in Barcelona, Spain in July 2012. Ben Offereins ran third in the 400m, in a time of 46.49.

Liz Parnov set a new personal best and earned an Olympic A-Qualifying mark of 4.50m competing in a domestic competition meet in Perth. Alana Boyd won the Sydney Track Classic pole vault with a clearance of 4.60m, with Vicky Parnov second with 4.30m. Ben Offereins clocked 46.09 for third place in the men's 400m.

March hosted the Australian Athletics Selection Trials in Melbourne, where Liz Parnov won the women's pole vault on count-back from Alana Boyd, after both athletes cleared 4.45m. Parnov and Boyd both received nomination to the AOC for Olympic selection, joining pre-nominated WA athlete Kim Mickle.

Alana Boyd competed at the World Indoor Championships in Istanbul, Turkey in late March, clearing 4.55m for ninth place.

Melbourne hosted the Australian Athletics National Championships in April, with Kim Mickle winning a seventh national title in the women's javelin. Mickle threw 61.70m to take gold. **Shannon McCann** (13.61) won the women's 100m hurdles ahead of fellow WAIS athlete **Brianna Beahan** (13.78), whilst Ben Offereins was second in the men's 400m clocking 46.30.

Steve Hooker earned his nomination for the London Olympics after clearing 5.72m in Perth at a special indoor event in Midland in May. Following his nomination, Hooker departed to China where he competed in the Shanghai Diamond League meet. Hooker was unable to record a height after three missed attempts at 5.30m.

Ben Offereins recorded a quick time of 3:01.58 with the Australian men's 4x400m at an athletics event in Daegu, Korea, which posted Australia inside the top 16 countries for the 4x400m event at the

2012 Olympic Games. Offereins and his relay teammates would be officially nominated to the AOC pending Australia remaining within the top 16 ranked countries after the early July deadline.

In June, the Australian Olympic Committee officially selected Liz Parnov, Alana Boyd, Kim Mickle and Steve Hooker for the Australian Olympic Team for the 2012 London Olympic Games.

Kim Mickle in her first warm-up competition for the London Olympics, at a small club meet in Germany, threw a new personal best of 64.12m at the end of June.

## Coaches

Lyn Foreman	Head Coach (Track)
Alex Parnov	Head Coach (Pole Vault)
Grant Ward	Head Coach (Field)
Sergey Polnov	Assistant Coach (Pole Vault)

## Service Providers

Simon Jones	Coaching Group Manager
Brian Glencross	Performance Manager
Andrew Lyttle	Biomechanist
Peter Peeling	Physiologist
Gilman Barnitt	Strength and Conditioning
Greg Morgan	Strength and Conditioning
Kevin Hayter	Psychologist
Lizzie Moyle	ACE Counsellor
Carmel Goodman	Doctor
Clare Wood	Dietitian
Chris Perkin	Physiotherapist
JP Caneiro	Physiotherapist

## WAIS Program Athletes

Amanda Bisk	Alana Boyd
Jonathan Coestee	Jace Collingridge
Matthew Cowie	Jody Henry
Cruz Hogan	Steve Hooker
Darren Howard	Nina Kennedy
Shannon McCann	Kimberley Mickle
Benjamin Offereins	Rhiannon Ormsby
Liz Parnov	Victoria Parnov
Ellen Pearce	Shenae Peterson
Emma Philippe	Blake Phillips
Morgan Ward	

## Major Title Winners

Victoria Parnov	2012, National Champion, Pole Vault, Melbourne, Australia
Shannon McCann	2012, National Champion, 100m Hurdles, Melbourne, Australia
Kim Mickle	2012, National Champion, Javelin, Melbourne, Australia

## Australian Representatives

Alana Boyd	2011, World Championships, Pole Vault, Daegu, South Korea
Steve Hooker	2011, World Championships, Pole Vault, Daegu, South Korea
Kim Mickle	2011, World Championships, Javelin, Daegu, South Korea
Ben Offereins	2011, World Championships, 4 x 400m, Daegu, South Korea

## Coaching Achievements

Alex Parnov	Pole Vault Coach, 2011 World Championships, Daegu, South Korea
Grant Ward	Throws Coach, 2011 World Championships, Daegu, South Korea



ALANA BOYD

# CANOEING



PROGRAM PARTNERS



ALANA NICHOLLS

The WAIS Canoeing Program was awarded Program of the Year for the 2011-2012 period, after an outstanding campaign that saw three athletes named on the 2012 Australian Olympic Team as well as a series of outstanding international performances.

In August, **Jesse Phillips** and **Stephen Bird** earned the final spots for the Australian team for the World Canoe Sprint Championships in Szeged, Hungary. The pair had defeated a highly credentialed boat of Joel Simpson and Matt Urquhart 2-0 in a best of three race off for the men's K2 200m spot.

**Alana Nicholls** placed fifth in the final of the women's K1 500m in a strong performance, before finishing equal fourth with Japan's Shinobu Kitamoto in the K1 200m final, less than a second behind gold medallist Lisa Carrington of New Zealand. Nicholls' results earned one Olympic quota spot for Australia.

Phillips and Bird raced in the B Final of the K2 200m, finishing fifth, earning Oceania two important Olympic quota positions. **Ferenc Szekszardi** was fifth in the men's C2 200m.

Alana Nicholls reinforced her international credentials with a golden performance in the K1 500m at the London Test event in September, against a world class assemblage.

The WAIS program was recognised at the Australian Canoeing Annual Awards in Sydney in November, with Alana Nicholls and WAIS head coach **Ramon Andersson** scoring major awards.

Nicholls – who in 2011 became Australia's most successful ever female world cup competitor – received the Australian Canoeing Athlete of the Year Award for her gold medal success in World Cup two, along with fourth and fifth place finishes at the World Championships in Hungary in August.

Andersson – himself an Olympic medallist from the 1992 Barcelona Games – was awarded the Australian Canoeing Coach of the Year Award for his fantastic work developing Nicholls, fellow Australian team members Jesse Phillips and Stephen Bird and the talented group at the Western Australian Institute of Sport.

The awards kept coming in December, with Jesse Phillips and Steve Bird winning the WA Sport Federation (WASF) Team of the Year award whilst Ramon Andersson again graced the stage to accept the WASF Coach of the Year.

Still in December, Bird and Phillips claimed victories in the K2 1000m and K2 200m at Grand Prix 1 in Perth. Bird and Phillips were second and third respectively in K1 200m whilst Reece Baker was second in the K1 500m.

Into January, Nicholls won the K1 200m and 500m titles in National strength fields at NSW State Championships whilst Bird and Phillips did the same in the K2 200m. **Brendon Sarson**, **Reece Baker**, **Brodie Holmes** and **Daniel Bowker** were second behind the World second ranked Australian K4 squad in the men's K4 1000m.

Junior paddler **Shannon Reynolds** produced a dominant display at Grand Prix 2 in Ballarat Victoria to win the U18 K1 200m, 500m, 100m as well as U18 K2 200m and 500m titles.

Phillips, Bird and Nicholls dominated the WA State Championships in February, winning the 200m and 500m events. Whilst in the 1000m events, Reece Baker won the K1 and partnered with Brendon Sarson to narrowly win the K2.

In March, Alana Nicholls earned herself Olympic nomination in the K1 200m by winning selection race one and being the number one Australian at Oceania Championships, which doubled as selection



race two when she was a close second to World Champion Lisa Carrington from NZ.

Nicholls also won the Oceania K1 500m Championship which was the first Olympic selection race for that event. Jesse Phillips and Steve Bird won Oceania K2 200m Championship which was similarly the first selection race for Olympic qualification.

Staying in March, Nicholls earned her second Olympic nomination by comfortably winning the K1 500m title at the National Championships in Penrith. Nicholls also won the K1 200m.

Jesse Phillips and Stephen Bird earned their Olympic nomination by winning the National Championship in the K2 200m. Reece Baker, Brodie Holmes, Brendon Sarson and Daniel Bowker finished a very close second in a world class time in the K4 1000m behind the second world ranked Australian crew, missing out on Olympic selection.

Shannon Reynolds again earmarked herself as a future star of the sport, enjoying a successful campaign in the under-18 events at the Australian Championships. Reynolds won eight gold medals consisting of the; K1 200m, K1 500M, K1 1000M, K2 200m, K2 500M, K4 200m, K4 500M and the K4 1000M with her lowest performance incredibly a second place finish in the K2 1000M.

**Todd Brewer, Jaymee Lee Martin and Brendan Rice** also enjoyed productive campaigns, with all three named in National U22 Team, whilst Reynolds was unsurprisingly named in National U18 Team.

Reece Baker returned a third place finish in challenging conditions at the open Single Surf Ski event at the Australian Surf Lifesaving Championships on the Gold Coast in April.

April was also a prominent month, as Alana Nicholls, Stephen Bird and Jesse Phillips were officially named in the 2012 Australian Olympic Team for the London Games.

The month of May was a busy one for the WAIS Canoeing Program with a series of international competition in Europe.

Alana Nicholls recorded a fifth place finish in the women's K1 200m final at World Cup 1 in Poland in her first overseas competition for 2012. Joining Nicholls in action in Poland was the partnership of Steve Bird and Jesse Phillips, who put in a solid display to narrowly miss out on victory in the men's K2 200 B final, finishing second.

Nicholls won silver and bronze medals at the Duisburg World Cup event in Germany, later in May. Nicholls again underlined her Olympic podium credentials by capturing silver in the final of the women's K1 500m, before backing up a day later for bronze in the K1 200m.

There was further good news for WAIS head coach Ramon Andersson – who was selected to travel and work with the Australian sprint group in Europe – with his WAIS athletes Jesse Phillips and Stephen Bird qualifying for the A-Final of the K2 200m for the first time at World Cup level. The pair finished ninth in the final.

The WAIS Canoeing Program won Program of the Year for the third time in five years at the WAIS Champion's Breakfast at the end of May, with coach Ramon Andersson named, WAIS Coach of the Year in recognition of his stellar performance over the year.

June closed the operational year, with Alana Nicholls, Jesse Phillips and Stephen Bird completing a successful world cup series by winning medals at the final event in Moscow.

Nicholls qualified for the final of the K1 500m, winning silver, whilst Phillips and Bird combined in the men's K2 200m, to claim bronze, both athletes' first ever world cup A final medals.

U22 athletes Todd Brewer, Brendan Rice and Jaymee Lee Martin departed for competitions in Canada and USA scheduled for July.

## Coaches

Ramon Andersson	Head Coach
Michael Pond	Assistant Coach

## Service Providers

Simon Jones	Coaching Group Manager
Matthew Doyle	Biomechanist
Peter Peeling	Physiologist
Gilman Barnitt	Strength and Conditioning
Kevin Hayter	Psychologist
Lizzie Moyle	ACE Counsellor
Carmel Goodman	Doctor
Peter Steele	Doctor
Clare Wood	Dietitian
Brett Slocombe	Physiotherapist

## WAIS Program Athletes

Reece Baker	Stephen Bird*
Daniel Bowker	Todd Brewer
Lachlan Cooke	Brodie Holmes
Jaymee-Lee Martin	Alana Nicholls*
Jesse Phillips*	Shannon Reynolds
Brendan Rice	Brendon Sarson
Ferenc Szekardi	
*WAIS/AIS Athletes	

## Major Title Winners

Brodie Holmes	2012, National Champion, K1 500, Penrith, Sydney
Alana Nicholls	2012, National Champion, K1 200, K1 500m Penrith, Sydney 2012, Oceania Champion, K1 500, Penrith, Sydney
Jesse Phillips & Stephen Bird	2012, Oceania Champion, K2 200, Penrith, Sydney
Shannon Reynolds	2012, Junior National Champion, K1 200 Penrith, Sydney 2012, Junior National Champion, K2 200 , Penrith, Sydney 2012, Junior National Champion, K4 200 , Penrith, Sydney 2012, Junior National Champion, K1 500, Penrith, Sydney 2012, Junior National Champion, K2 500, Penrith, Sydney 2012, Junior National Champion, K4 500, Penrith, Sydney 2012, Junior National Champion, k1 1000, Penrith, Sydney 2012, Junior National Champion, K4 1000, Penrith, Sydney

## Australian Representatives

Steve Bird	2011, World Championship, K2 200, Szeged, Hungary 2011, World Championship, K2 200, Szeged, Hungary
Alana Nicholls	2011, World Championship, K1 200, K1 500, Szeged, Hungary
Jesse Phillips	2011, World Championship, K2 200, Szeged, Hungary 2011, World Championship, K2 200, Szeged, Hungary
Ferenc Szekardi	2011, World Championship, C2 1000, Szeged, Hungary

## Coaching Achievements

Ramon Andersson	Sprint Coach, 2011, World Championships, Szeged, Hungary
Ramon Andersson	Australian Canoeing Coach, 2011, Australian Canoeing Coach of the Year Award

# CYCLING



PROGRAM PARTNERS



(L)JOSIE TOMIC, (R)MELISSA HOSKINS

The WAIS cycling program celebrated another significant year of success, with athletes crowned as world champion at U19, U23 and senior level. As the program continued to excel both domestically and internationally, three scholarship holders were also officially selected for the 2012 London Olympic Games.

In August, **Allee Proud** represented Australia at the Junior Track World Championships in Moscow, Russia.

Two WAIS athletes earned world titles in September at the Road World Championships in Denmark, with **Luke Durbridge** winning the men's U23 time trial and **Jessica Allen** winning the women's U19 time trial. **Bradley Lindfield** also competed for Australia in the men's U19 road race.

In November, **Michael Freiberg** raced in the Astana Track World Cup event, finishing sixth in the men's omnium. Allee Proud raced at the U19 Sprint Oceania Championships, taking second place.

A strong group of WAIS athletes competed at the Cali World Cup in Columbia during December, with Luke Durbridge winning silver as part of the men's team pursuit. **Sarah Kent** and **Josie Tomic** joined South Australian **Annette Edmondson** in the women's team pursuit, with Australia narrowly missing the bronze medal race, clocking the fifth fastest time in 3.41.566.

Kent also competed in the individual time trial, finishing fourth, missing out on the bronze medal to Ukrainian Lesya Kalitovska.

**Melissa Hoskins** competed in the women's omnium, earning a top ten finish in ninth, collecting 61 points. The win went to American cyclist Sarah Hammer. Michael Freiberg again contested the men's omnium, finishing sixth once more.

Domestically, **Bella King** won silver in the senior women's competition at the National Omnium Championships. WAIS youngster, **Elissa Wundersitz** competed in the U19 women's event, finishing second.

**Luke Durbridge** in January, won his maiden national senior men's time trial, after a brilliant ride in the elite category contested in Learmonth. Durbridge finished ahead of reigning national champion and fellow WAIS athlete Cameron Meyer who finished seven seconds behind in the silver position. Both men went onto compete in the Tour Down Under in Adelaide for professional road team GreenEdge Cycling. Meyer continued his good road form into the Berlin six day tour, where he claimed the race victory.

On the track, Bella King claimed fourth place at the Beijing World Cup in the women's omnium.

February hosted the national track championships in Adelaide with another string of impressive results from the WAIS athletes competing. Bella King won the women's scratch race title, whilst Josie Tomic, Melissa Hoskins and Sarah Kent claimed the women's team pursuit for WA. Tomic also competed in the individual pursuit, taking bronze.

In the U19 events, Kelsey Robson won the individual pursuit and claimed silver in the teams pursuit with Elissa Wundersitz. **Trent Deracourt** won the points race, finished third in the individual pursuit. Allee Proud won the 200m flying lap, and was second in the sprint. Tian Beckett was third in the women's 500m time trial, third in the sprint and won the team sprint alongside Proud.

Following the track championships; Kelsey Robson, Elissa Wundersitz, Trent Deracourt and Allee Proud were all named in the Australian Junior Track Team for the World Championships in 2013.

The UCI Track World Cup circuit moved to London in late February, with Melissa Hoskins winning gold in the scratch race. Josie Tomic claimed bronze in the women's team pursuit despite breaking the world record in qualifying, before relinquishing that mark to the Great Britain team. Scott Sunderland competed in the men's team sprint, finishing fourth behind Great Britain, whilst Luke Durbridge was 13th in the points race.

Australia hosted the UCI Track World Championships in April with four WAIS athletes earning selection. Cameron Meyer won his third world title in the men's points race, before adding a bronze medal in the madison alongside **Leigh Howard**. **Scott Sunderland** won his maiden world title jersey in the men's team sprint, riding with Shane Perkins and Matthew Glaetzer. Josie Tomic and **Melissa Hoskins** combining with **Amy Cure** were pipped for the gold medal by Great Britain, settling for silver.

**Bradley Linfield** returned a fine performance to win the men's road race title at the Oceania Road Championships in New Zealand.

For Luke Durbridge claimed his first pro win in Europe during April, after winning the Circuit de la Sarthe race, whilst domestically **Kelsey Robson** and **Bradley Lindfield** both earned podium finishes in the Tour of Mersey.

Three WAIS athletes were selected officially selected for the 2012 London Olympic Games in May. Josie Tomic and Melissa Hoskins were named in the women's team pursuit squad, whilst Scott Sunderland will compete in the men's team sprint. All three athletes will make their Olympic debut.

Cameron Meyer, Travis Meyer and Luke Durbridge all completed the Tour of California for the Team GreenEdge through May.

In June, Luke Durbridge won the prestigious Prologue Dauphine du Criterium France again enhancing his reputation as one of the world's best young riders.

### Coaches

Darryl Benson	Head Coach
Clay Worthington	Senior Coach

### Service Providers

Simon Jones	Coaching Group Manager
Matthew Doyle	Biomechanist
Peter Peeling	Physiologist
Geish Hori	Strength and Conditioning
Kevin Hayter	Psychologist
Jenny Marsh	ACE Coordinator
Carmel Goodman	Doctor
Clare Wood	Dietician
Linda Spagnolo	Physiotherapist

### WAIS Program Athletes

Jessica Allen	Jonathan Bathe
Tian Beckett	Mitchell Benson
Tahlay Christie	Trent Derecourt
Luke Durbridge	Michael Freiberg
Melissa Hoskins	Matthew Jackson
Niken Jefferies	Sarah Kent**
Isabella King	Bradley Linfield
Brendon Meney	Cameron Meyer
Travis Meyer	Allee Proud
Brook Ramshaw	Kelsey Robson
Matthew Storer	Scott Sunderland**
Josephine Tomic**	Alex Trumble
Reece Tucknott	Luke Vitler
Sam Welsford	Holly Williams
Elissa Wundersitz	Theodore "Theo" Yates
Luke Zaccaria	

\*\*AIS/WAIS Athletes

### Major Title Winners

Trent Derecourt	2012, National Champion, Junior Points race, Adelaide, Australia
Melissa Hoskins	2012, National Champion, Open TT, Ballarat, Australia
Sarah Kent	2012, National Champion, Women's 3km team Pursuit, Adelaide, Australia
Josie Tomic	2012, National Champion, Womens 3km team Pursuit, Adelaide, Australia
Cameron Meyer	2012, World Champion, 40 km points race, Melbourne, Australia
	2012, National Champion, 50 km Madison, Melbourne, Australia
Scott Sunderland	2012, World Champion, Team Sprint, Melbourne, Australia

### Australian Representatives

Melissa Hoskins	2012, World Championship, Womens 3km team pursuit, Melbourne, Australia
	2012, World Championship, Womens scratch race, Melbourne, Australia
Cameron Meyer	2012, World Championship, 40 km points race, 50 km Madison, Melbourne, Australia
Scott Sunderland	2012, World Championship, Men's team sprint, Men's Kerin, Melbourne, Australia
Josie Tomic	2012, World Championship, Women's 3km team pursuit, Melbourne, Australia



LUKE DURBRIDGE

# DIVING

The WAIS Diving Program continued its theme of developing a young group of talented divers towards future senior national team representation in 2011-2012, with scholarship holders winning Junior National Championships during this period.

The 2011 Elite Junior Championships were held in July in Adelaide with WAIS athletes; **Maddison Keeney**, **Sally Hackett**, **Joshua Ong** and **Sean Cottrill** all attending.

Keeney competed in the girl's Group B events, taking wins in the 1m springboard (475.70) and 3m springboard (479.40) and a fourth place on platform (339.60). Joshua Ong produced a consistent campaign in the boy's Group C with gold in the 1m springboard (282.45) and platform (274.50) to add to a silver medal in the 3m springboard (308.65). Sally Hackett competed in the girl's Group A, finishing 10th in the 1m springboard (333.70), sixth in the 3m springboard (433.95) and fifth on platform (386.75). Sean Cotterill was sixth in each of the boy's Group B events.

Maddison Keeney was rewarded for her form at the Junior Championships being named Group B Girls Diver of the Year, and named on the Australian National Junior Squad. Joshua Ong was named on the Emerging Junior Squad and named Boys Group C Diver of the Year.

In December, Maddison Keeney and Sally Hackett competed at the 2011-2012 Australian Open Diving Championships held in Adelaide. Keeney finished seventh in the women's 1m springboard (216.85), with Hackett in 12th (208.20). Keeney performed exceptionally well to qualify for the final of the women's open 3m springboard to finish fifth with a score 270.60. Hackett made the semi-final stage, scoring 200.05.

Keeney was included in the National Development Squad following the Open Championships.

Maddison Keeney won two titles at the Victorian Elite Junior Championships in June, with wins in the girl's 1m and 3m springboard events. Keeney top scored with 445.70 in the 1m, before returning a competition high 504.60 in the 3m springboard. Keeney rounded out her competition with a fourth place in the platform (342.90).

Maddison Keeney and Sally Hackett competed at the British Elite Junior Diving Championships in April, with Keeney winning the 1m springboard final with a top score of 375.35. Hackett was 13th, returning a score of 315.05. Neither athlete qualified for the final of the 3m springboard, with Keeney 10th (363.60) and Hackett 14th (304.10). Hackett also competed in the platform, finishing ninth (328.25).



PROGRAM PARTNERS



## Coach

Iris Deng

Senior Coach

## Service Providers

Alan Black  
Liz Chetkovich  
Sacha Fulton  
Greg Morgan  
Michael Williams  
Emilie Thienot  
Jenny Marsh  
Carmel Goodman  
Julie Meek  
Joanne Norcott  
Natasha Brock

Coaching Group Manager  
Performance Manager  
Physiologist  
Strength and Conditioning  
Strength and Conditioning  
Psychologist  
ACE Coordinator  
Doctor  
Dietitian  
Physiotherapist  
Massseur

## WAIS Program Athletes

Sean Cottrill  
Deanne Cummins  
Sally Hackett  
Maddison Keeney  
Joshua Ong

## Major Title Winners

Maddison Keeney

2011, Australian Junior Elite Champion 3m B level Melbourne, Australia  
2012, British Gas Junior Elite Champion 1M B level, Plymouth, England  
2011, Australian Junior Elite Champion Platform C Level, Melbourne, Australia  
Australian Junior Elite Champion IM C Level, Melbourne, Australia

Joshua Ong



# FOOTBALLWOMENS



PROGRAM PARTNERS



The WAIS Women's Football Program ended as a WAIS sports program on May 1, 2012 after a mutual decision between WAIS, Football West and the FFA. In its last year of operation, the WAIS Women's Football Program contributed two athletes into the Matildas team for the 2011 FIFA World Cup.

In July, the Australian women's football team (Matildas) continued its campaign at the FIFA women's World Cup in Germany, with WAIS scholarship holders **Sam Kerr** and **Collette McCallum** representing Australia.

The Matildas, having lost their opening Group D match in late June 1-0 to powerhouse Brazil, bounced back to defeat Equatorial Guinea 3-2 in its second group match and keep alive its chances of qualifying through to the knockout rounds of the tournament. Collette McCallum captained the Matildas in the match, whilst Sam Kerr started her first ever match at World Cup level.

The Matildas qualified for the quarter finals of the FIFA Women's World Cup with a 2-1 win over Norway in their final Group D fixture, to finish second in their group behind Brazil. Collette McCallum and Sam Kerr again, both started for Australia.

The FIFA Women's World Cup journey ended for the Matildas in the quarter final, after they were defeated 3-1 by Sweden. Collette McCallum played the full 90 minutes for the Australians.

In August, WAIS scholarship holder Sam Kerr suffered an ACL injury which forced her to withdraw from the Matildas squad preparing to qualify for the 2012 London Olympic Games through the Asian Olympic Qualifying Tournament in China.

Kerr's withdrawal left Collette McCallum as the sole WAIS representative in the Matildas squad for September's qualifying tournament.

Australia suffered a 1-0 defeat against DPR Korea in its opening Olympic Qualification match in China in September. The Matildas bounced back to defeat Thailand 5-1 in their second match, but were left in a precarious position after a second loss in three matches when it went down 1-0 to World Champion Japan.

The Matildas rallied to defeat China 1-0 and South Korea 2-1 in their final matches, but with only two sides progressing through to the London Olympic Games in 2012, the Matildas missed out in third place after other results went against them.

In February the decision was made to end the WAIS Women's Football Program effective May 1, 2012 by mutual agreement of WAIS, Football West and the FFA.

Despite a successful three year stint under the guidance of WAIS Head Coach **John Gibson**, that included the program providing three members of the 2010 Asian Cup winning Matildas side and two of the successful 2011 FIFA World Cup Matildas team, the program terminated due to a new direction of football's athlete development pathway.

The new athlete pathway will see Western Australia's most promising young female footballers progress to Football West's National Training Centre (NTC) program rather than to WAIS, a pathway which follows the model the FFA is planning to implement nationally.

Three members of the WAIS Women's Football Program; Collette McCallum, Sam Kerr and **Katie Gill** have retained WAIS scholarships through the WAIS Individual Athlete Support Program.

## Coaches

John Gibson  
Shaun Murphy

Head Coach  
Specialist Coach

## Service Providers

Alan Black  
Peter Peeling  
Gilman Barneitt  
Michael Williams  
Mathew Burgin  
Jenny Marsh  
Carmel Goodman  
Michael Wood

Coaching Group Manager  
Physiologist  
Strength and Conditioning  
Strength and Conditioning  
Psychologist  
ACE Coordinator  
Doctor  
Physiotherapist

## WAIS Program Athletes

Lara Filocamo  
Kathryn Gill  
Samantha Kerr  
Shannon May  
Nadine Rechichi  
Kathleen Waycott

Jaymee Gibbons  
Carys Hawkins  
Sadie Lawrence  
Collette McCallum  
Marianna Tabian

## Australian Representatives

Collette McCallum

2011, World Cup, Berlin, Frankfurt, Germany



SAM KERR

Photo: Getty Images

# GYMNASTICS



PROGRAM PARTNERS



The WAIS Gymnastics Program continued to be the national benchmark in 2011-2012, with a series of international medals capped by the selection of two WAIS scholarship holders and two coaches on the 2012 London Olympic Games team.

**Lauren Mitchell** competed in the Japan Cup in Tokyo in July, helping the Australian team to fourth place, as well as placing fourth in the individual All-Around.

At the Australian Championships that followed, Mitchell produced a stunning display of form to win the All-Around, Vault, Beam and Floor titles. At the Gymnastics Australia Annual Awards held at the end of the Australian Championships, Lauren Mitchell was named Senior International Gymnast of the Year for 2010, whilst WAIS was awarded International Coaching Team of the Year for 2010.

In September, WAIS athletes Lauren Mitchell and **Emily Little** were named in the Australian Team for the 2011 Gymnastics World Championships. **Nikki Chung** was listed as travelling reserve.

The World Championships were hosted in Tokyo, Japan during October, with the Australian team earning automatic Olympic qualification with an eighth place finish in the team event, whilst Lauren Mitchell finished eighth All-Around and fifth in the final on Floor. WAIS coaches **Martine George** and **Nikolai Lapchine** travelled with the group as national team coaches.

November saw Lauren Mitchell and Emily Little compete together at the DTB World Cup event in Stuttgart, Germany, with both girls medalling. Mitchell won silver on Floor, to go with fourth place finishes in All-Around, Bars and Beam and a sixth position on Vault. Little won silver on Vault, to go with a fifth place finish on Beam, seventh place finish on Bars and eighth ranking All-Around and on Floor.

Nikki Chung joined Mitchell and Little at the DTB Team Cup in Stuttgart following the World Cup event, with Australia claiming gold in the team event. Mitchell added individual gold in the Beam and Floor finals, Little won the Vault final and was fourth All-Around and sixth on Bars, whilst Chung was fifth on Bars and sixth All-Around.

A busy November was completed with Nikki Chung and Emily Little competing in the Massilia Cup in Marseilles, France. Little earned bronze in the All-Around and narrowly missed a medal, with a fourth place on Beam, whilst Chung was fifth All-Around and on Bars and eighth on Floor.

Lauren Mitchell's stellar international performances across the October 2010 to September 2011 voting period netted her the title of WAIS Athlete of the Year at the Institute's Annual Dinner Awards in November.

Emily Little continued her international schedule with competition at the Mexican Open in Acapulco, Mexico in December. Little won silver on Floor, was fourth All-Around, on Vault and on Bars.

Gymnastics Australia named its Australian Institute of Sport Olympic Squad in January, with Nikki Chung, Lauren Mitchell, Emily Little and Georgia Simpson each named in the extended train-on squad.

WAIS gymnasts won more medals at the Gymnix International in Canada in March, with Lauren Mitchell headlining the Australian charge. Mitchell claimed gold medals on Beam and Floor, whilst Little earned gold on Vault and added silver behind Mitchell on Beam. **Georgia Simpson** won bronze on Bars.

Simpson went on to compete at the American Cup in New York, finishing sixth on both Vault and Bars.

March also hosted the Pacific Rim Championships in Everett, USA, where Emily Little, Lauren Mitchell and Georgia Simpson all competed. Mitchell fetched fifth placed finishes on Beam and Floor, whilst Little returned sixth place All-Around and on Bars. Unfortunately for Simpson, she sustained a serious ankle injury in competition.

In April, Lauren Mitchell competed at the invitation only Zibo World Cup in China, winning gold on Floor and bronze on Beam.

WAIS athletes returned a series of impressive results at the 2012 Australian Gymnastics Championships in May. Lauren Mitchell won national titles on Beam and Floor and claimed fourth place on Vault. Emily Little won silver in the All-Around, on Vault and on Floor, as well as a fourth on Beam and fifth on Bars. Olivia Vivian claimed the national title on Bars, having only recently returned from a four year scholarship at a US College in Oregon.

In early June, Lauren Mitchell, Emily Little and **Olivia Vivian** were selected for the Olympic Selection Camp in Canberra following which Mitchell was selected for her second Olympic Games, with Little confirmed for her first. WAIS coaches Martine George and Nikolai Lapchine were selected on the Australian team coaching staff for the 2012 London Olympic Games.

Rounding out a successful operational year, Nikki Chung, Emily Little, Lauren Mitchell, Georgia Simpson and Olivia Vivian were named to the 2012-2013 Senior National Squad by Gymnastics Australia.

## Coaches

Martine George	Head Coach
Nikolai Lapchine	Senior Coach
Peter Abbott	Senior Coach
Josh Fabian	Coach
Emma DiCarlo	Senior Coach
Tatiana Lapchine	Specialist Coach
Michelle Yardley	Coach/Programme Administrator - WAIS
Dhana Antulov	Programme Administrator - GWA
Stephanie Bonasera	Development Coach
Heidi Rose	Development Coach
Paige Trainor	Development Coach
Caroline Wright	Development Coach

## Service Providers

Alan Black	Coaching Group Manager
Liz Chetkovich	Head of Gymnastics
Sacha Fulton	Physiologist
Greg Morgan	Strength and conditioning
Matthew Burgin	Psychologist
Emilie Thienot	Psychologist
Jenny Marsh	ACE coordinator
Duncan Sullivan	Doctor
Julie Meek	Dietitian
Joanne Norcott	Physiotherapist
Natasha Brock	Masseur & Massage Coordinator
Mandy Burness	Masseur
Kristie Harris	Masseur

## WAIS Program Athletes

Keeley Austin	Brooke Callcott
Gillian Chan	Nikola Chung*
Crina ( Briana) Ciupac	Madeleine Clark-Carlile
Yasmin Collier	Franceska Fusha
Lily Gresele	Nikita Hains
Paige James	Emily Little*
Amy Mackay	Anna Mackay
Molly McKenzie	Paige Meckenstock
Aya Meggs	Lauren Mitchell*
Li-Anne Ng	Darcy Norman
Georgia Simpson*	Sarah Stacey
Olivia Vivian	Sophie Ward

\*WAIS/AIS Athletes

## Major title winners

Lauren Mitchell	2011, Senior National Champion – All-Around, Vault, Beam & Floor
	2012, Senior National Champion – Beam & Floor
Olivia Vivian	2012, Senior National Champion – Bars



Franceska Fusha 2012, IDP Level 10 National Champion–  
All-Around  
Paige James 2012, IDP Level 8 National Champion–  
All-Around

#### Australian Representatives

Lauren Mitchell 2011, Japan Cup, Tokyo, Japan  
2011, World Championship, Tokyo, Japan  
2011, DTB World Cup, Stuttgart, Germany  
2012, Pacific Rim, Washington, USA  
Emily Little 2011, World Championship, Tokyo, Japan  
2011, DTB World Cup, Stuttgart, Germany  
2012, Pacific Rim, Washington, USA  
Nikola Chung 2011, World Championship, Tokyo,  
Japan (reserve)  
Georgia Simpson 2012, American Cup, New York  
2012, Pacific Rim, Washington, USA

#### Coaching Achievements

Martine George Coach, 2011, Japan Cup, Tokyo, Japan  
Coach, 2011, World Championship,  
Tokyo, Japan  
Coach, 2012, American Cup, New York  
Coach, 2012, Pacific Rim,  
Washington, USA  
Nikolai Lapchine Coach, 2011, DTB World Cup,  
Stuttgart, Germany  
Coach, 2012, Pacific Rim,  
Washington, USA



# HOCKEY MENS

The WAIS men's hockey program enjoyed another successful year with **Fergus Kavanagh** selected in the Kookaburras squad for the London Olympics highlighting a year that also saw WA victorious in the Australian National Hockey League and at the U21 national championships.

The U21 national championships were held in Perth in July with Western Australia claiming victory in the final 1-0 over NSW thanks to an extra time goal from Nathan McGuire. McGuire was joined in the squad by fellow WAIS scholarship holders; **Daniel Sampey, Trent Mitton** and **Aran Zalewski**.

The Kookaburras competed in a four nations competition in Germany during July, with a 3-1 win over hosts Germany, soured by 6-1 and 2-1 losses to the Netherlands and Spain respectively. Fergus Kavanagh featured for the Kookaburras in the series.

The Kookaburras headed to Paris, France for a five nations tournament in late July, with the Australian team including Fergus Kavanagh defeating Ireland 4-2, losing to Argentina 3-2 and drawing with Korea 4-4. Their final match was in early August, a resounding 6-2 win over hosts France.

Domestically, the WA Thundersticks claimed another Australian Hockey League crown after defeating NSW 4-3 in an entertaining grand-final in Sydney. The Thundersticks squad contained a large number of WAIS scholarship holders with; **Nathan McGuire, Chris Bausor, Sam Pike, Matt Boyce, Craig Boyne, Daniel Sampey, Kiel Brown, Brent Dancer, Trent Mitton, Ian Burcher, Jonathon Charlesworth, Tristan Clemons, Fergus Kavanagh** and **Aran Zalewski** all travelling for finals week.

In October the Kookaburras secured their place for the 2012 London Olympic Games after lifting the Oceania Cup in Hobart with a dominant 6-1 win New Zealand. Kiel Brown, Fergus Kavanagh and Brent Dancer were all selected for the tournament.

There was more silverware for the Australian men's team in October, with the Kookaburras winning the International Super Series in Perth, following a 5-3 final success over New Zealand, with Kiel Brown and Tristan Clemons featuring.

Rounding out a busy month, the Kookaburras defeated India 8-3 and Pakistan 3-1 in Busseton, with Kiel Brown and Brent Dancer representing the side, before moving to Bunbury where the Kookaburras again defeated Pakistan 8-2 and India 5-0, with Tristan Clemons, Ian Burcher and Aran Zalewski this time appearing in the green and gold.

Pakistan enacted some revenge with a 4-3 win in Perth at the beginning of November, with Kookaburras coach Ric Charlesworth later selecting Kiel Brown and Fergus Kavanagh for December's Champions Trophy in New Zealand.

Australia became the first side to win four Champions Trophies consecutively in December, with the Kookaburras recording wins over; Spain (3-2), Great Britain (4-1), Pakistan (6-1), the Netherlands (4-2) and New Zealand (2-1) before accounting for Spain 1-0 in the final in Auckland.

Following the Champions Trophy success, the Kookaburras announced an extended London Olympic Training Squad, with WAIS athletes Graeme Begbie, Kiel Brown, Jonathon Charlesworth, Brent Dancer and Fergus Kavanagh all included, whilst fellow WAIS scholarship holders; Chris Bausor, Ian Burcher, Tristan Clemons, Trent Mitton and Aran Zalewski were named in a development squad.

Graeme Begbie, Fergus Kavanagh and Kiel Brown were called up for the Kookaburras to compete in a four nations tournament in Perth in February with matches against Australia "A", the Netherlands and Argentina. Jonathon Charlesworth, Brent Dancer, Chris Bausor, Ian Burcher, Tristan Clemons, Trent Mitton and Aran Zalewski were named in the Australian "A" team.

March saw the Kookaburras comfortably defeat China 3-0 in a three test series with Jonathon Charlesworth, Fergus Kavanagh, Graeme Begbie and Kiel Brown all taking the field.



PROGRAM PARTNERS



The Kookaburras Olympic preparations took the group to Canberra in April for a three test series against Japan that it won 3-0, with Graeme Begbie, Kiel Brown, Jonathon Charlesworth, Brent Dancer and Fergus Kavanagh selected.

In April, the Kookaburras selected a squad for the London Test Event to be held in May, with Jonathon Charlesworth and Fergus Kavanagh earning call-ups, whilst **Graeme Begbie** travelled for the subsequent European Tour matches against Belgium and Germany to follow.

Disaster struck for Begbie in the Kookaburras warm up match against India in England, when the Olympic hopeful suffered a serious knee injury that required surgery and ruled him out of contention for the 2012 London Olympic Games.

The Kookaburras were twice defeated by arch-rivals Germany in the London Test Event, with the second defeat coming in a 5-2 drubbing in the final.

The Australian outfit bounced back into form with a two test series win over Belgium in Belgium that included 8-2 and 5-1 wins. The Kookaburras then reversed its form slump against Germany, defeating the world number two 3-0 and 2-1 in separate tests in Manheim.

The Kookaburras returned to Perth in June for a four test series that it claimed 3-0 over Korea, with Fergus Kavanagh selected.

Fergus Kavanagh was then officially selected by the Australian Olympic Committee for the 2012 London Olympic Games in the Kookaburras 16 member squad.

Kavanagh rounded out the operational year with representation in the Kookaburras' 3-0 series clean sweep over New Zealand in Cairns.

## Coach

David Bell	Head Coach
------------	------------

## Service Providers

Alan Black	Coaching Group Manager
Peter Peeling	Physiologist
Geish Hori	Strength and Conditioning
Jenny Marsh	ACE Coordinator
Julie Meek	Dietician
Peter Steele	Doctor
Michael Wood	Physiotherapist

## WAIS Program Athletes

Chris Bausor	Graeme Begbie
Matt Boyce	Craig Boyne
Kiel Brown**	Ian Burcher
Jonathon Charlesworth**	Tristan Clemons
Brent Dancer	Jordan Hunt
Fergus Kavanagh**	Justin Knapp
Nathan McGuire	Trent Mitton
Sam Pike	Daniel Sampey
Travis Taylor	Aran Zalewski

\*\*AIS/WAIS Athletes

## Major Title Winners

Fergus Kavanagh	2011, Champions Trophy, Auckland, New Zealand
Kiel Brown	2011, Champions Trophy, Auckland, New Zealand
Kiel Brown	2011, Australian Hockey League Champions, Sydney, Australia
Fergus Kavanagh	2011, Australian Hockey League Champions, Sydney, Australia
Tristan Clemons	2011, Australian Hockey League Champions, Sydney, Australia
Matt Boyce	2011, Australian Hockey League Champions, Sydney, Australia

Aran Zalewski	2011, Australian Hockey League Champions, Sydney, Australia
Trent Mitton	2011, Australian Hockey League Champions, Sydney, Australia
Jono Charlesworth	2011, Australian Hockey League Champions, Sydney, Australia
Craig Boyne	2011, Australian Hockey League Champions, Sydney, Australia
Sam Pike	2011, Australian Hockey League Champions, Sydney, Australia
Chris Bausor	2011, Australian Hockey League Champions, Sydney, Australia
Ian Burcher	2011, Australian Hockey League Champions, Sydney, Australia
Brent Dancer	2011, Australian Hockey League Champions, Sydney, Australia
Daniel Sampey	2011, Australian Hockey League Champions, Sydney, Australia
Nathan McGuire	2011, Australian Hockey League Champions, Sydney, Australia

#### Australian Representatives

Fergus Kavanagh	2011, Champions Trophy
Kiel Brown	2011, Champions Trophy



FERGUS KAVANAGH  
Photo: Getty Images

# HOCKEY WOMENS



PROGRAM PARTNERS



The WAIS women's Hockey Program added five athletes to the 2012 Australian Olympic Team for the London Olympic Games during the 2011-2012 year, whilst seven scholarship holders helped WA to the U21 national title in Canberra.

In July, **Kobie McGurk, Jayde Taylor** and **Ashleigh Nelson** played for the Hockeyroos as they suffered a 2-0 defeat to England at the 2011 Champions Trophy in Amsterdam, the Netherlands to finish in sixth position, relegating Australia from the 2012 Champions Trophy event.

The 2011 U21 national championships were held in Canberra during July, with Western Australia performing well to win the tournament with a 1-0 win over NSW in the final, courtesy of a last minute goal in extra-time. The WA team was represented by WAIS athletes; **Karla Barrett, Kyra Flynn, Alessia Robinson, Kathryn Slattery, Kersten Smith, Penny Squibb** and **Katy Symons**.

Kobie McGurk, Jayde Taylor, **Fiona Boyce** and Ashleigh Nelson were all selected for the Hockeyroos in the three-test Oceania Cup series against New Zealand in Hobart during October. The Hockeyroos won the first test 2-1, before a 3-3 draw in the second. New Zealand however, won the series on aggregate with a 4-2 win in the third test.

Beijing Olympian **Hope Munro** made the decision to come out of international retirement in October and was selected to play for the Hockeyroos in the International Super Series in Perth. Munro was joined in the Hockeyroos squad for the tournament by Kobie McGurk, Jayde Taylor and Ashleigh Nelson, with Australia winning the tournament with a 4-1 win in the final over India.

The Hockeyroos bounced back to form in a six test series in Australia against world number four China in November. Australia won five and drew one to be undefeated through the series, which included WAIS athletes Ashleigh Nelson, Kobie McGurk, Jayde Taylor and Fiona Boyce.

The Jillaroos (U21 national team) competed in a four nations tournament in New Delhi, India with Kathryn Slattery, Penny Squibb and Katy Symons all earning selection. The Jillaroos suffered defeats at the hands of Germany and New Zealand whilst drawing with 0-0 with India to finish fourth overall.

Hockey Australia announced an extended 27 member Olympic shadow team in November which included five WAIS athletes; Ashleigh Nelson, Jayde Taylor, Kobie McGurk, Hope Munro and Fiona Boyce.

In January, the Hockeyroos embarked on a tour of the US and Argentina, playing a series of international matches. The Hockeyroos defeated the USA 2-0 in a four test series. The Australian team began its tour in Argentina with two matches against the Netherlands, winning the first 4-1 and losing the second 1-0. The Hockeyroos then defeated Germany 3-1 and had a 2-1 win over Japan.

Kobie McGurk, Jayde Taylor, Hope Munro and Fiona Boyce were selected for a four match series in Perth against Korea in March, with the Hockeyroos winning the series 3-1.

The Hockeyroos selected Hope Munro, Kobie McGurk, Ashleigh Nelson, Fiona Boyce and Jayde Taylor for a three test series against Argentina in March, which the visitors won 1-0, following two draws in the first two tests.

The Hockeyroos continued their busy international schedule in April, with Jayde Taylor, Ashleigh Nelson and Fiona Boyce selected for the three test series against the USA on the Sunshine Coast. The US team won the first two tests, with Australia winning the third, 3-0.

Fiona Boyce, Hope Munro, Ashleigh Nelson, Kobie McGurk and Jayde Taylor played in two Four Nations tournaments in April with both events held in New Zealand. Australia reached the final in both, losing the first to New Zealand, before winning the second event 3-1 against the Black Sticks.

In May, the same five athletes were all selected for the Hockeyroos squad for the London Test event to be held in early June. Australia produced a spirited performance in the test event to qualify for the final, which it lost to the world number one Netherlands team 4-1.

In June the Australian Olympic Committee officially selected Kobie McGurk, Hope Munro, Ashleigh Nelson, Jayde Taylor and Fiona Boyce in the 16 member team for the 2012 London Olympic Games. It was the second Olympic campaign in a row that WAIS had five athletes selected.

## Coach

Neil Hawgood	Head Coach
--------------	------------

## Service Providers

Alan Black	Coaching Group Manager
Peter Peeling	Physiologist
Geish Hori	Strength and Conditioning
Kevin Hayter	Psychologist
Jenny Marsh	ACE Coordinator
Carmle Goodman	Doctor
FionaChromiak	Physiotherapist

## WAIS Program Athletes

Ashlyn Ahrens	Keeley Allsop
Karla Barrett	Fiona Boyce**
Hope Brown**	Ellie Buckley
Kate Denning	Erin Flynn
Kyra Flynn	Kate Hubble
Shelly Liddelow**	Kobie McGurk**
Ann McMahon	Kate Mead
Ashleigh Nelson**	Caitlin Pascov
Alessia Robinson	Courtney Robinson
Kathryn Slattery	Katelyn Smith
Kersten Smith	Penny Squibb
Katy Symons	Jayde Taylor**

\*\*AIS/WAIS Athletes

## Australian Representatives

Kobie McGurk	2011, Champions Trophy, Amstelveen, Netherlands
Jade Taylor	2011, Champions Trophy, Amstelveen, Netherlands
Ashleigh Nelson	2011, Champions Trophy, Amstelveen, Netherlands



KOBIE MCGURK  
Photo: Getty Images

# NETBALL



PROGRAM PARTNERS



The WAIS Netball Program crowned its first ever world champions during the 2011-2012 year with Diamonds representatives **Susan Fuhrmann** and **Caitlin Bassett** helping Australia to a gold medal playoff win over New Zealand.

The WAIS Netball Program year got off to a flier with scholarship holders Susan Fuhrmann and Caitlin Bassett selected to play for the Australian Diamonds in the World Championship held in Singapore.

As expected, Australia and New Zealand progressed through their respective sides of the draw to set up a tantalizing rematch of the 2010 Commonwealth Games final. Whilst New Zealand won the Commonwealth title, the Diamonds snatched the World Title crown with an amazing extra-time 58-57 win, with Bassett shooting 27 goals, including the winning shot.

WAIS athletes **Sarah East** and **Courtney Bruce** were selected in the 21 & Under National Team following good form.

The Western Sting began its 2011 ANL campaign in Hobart in August, with an extra-time loss to the NSW Waratahs, before rebounding with a comprehensive win over the Canberra Darters.

The ANL series moved to Perth in mid-August with the Sting defeating South Australia, before being outclassed Victoria. The end of August saw WA move into finals contention with a vital win over Queensland Fusion and a win over NSW Blues which moved them into third place.

The West Coast Fever finalized their playing roster for the 2012 Trans-Tasman Championship, with WAIS scholarship holders; Susan Fuhrmann, Caitlin Bassett, **Andrea Gilmore**, **Josie Janz** and **Shae Bolton** all given contracts.

The WA Sting secured its first ever finals berth in September after winning two matches on the road in Victoria. The Sting defeated the Territory Storm and the Tassie Spirit to claim third place on the ANL ladder and move into the finals.

With the finals held in Victoria, WA's title hopes were ended by hosts Victoria Fury who recorded a comfortable 57-39 win. WA however bounced back to claim third place with a gutsy three goal win over the Queensland Fusion (51-48) in the third place play-off, capping WA's most successful ever ANL campaign.

October saw the return of international netball, with Caitlin Bassett selected for a three test series between the Diamonds and England. Australia proved too strong, winning the series 3-0.

Bassett was joined in the Diamonds squad for the three test series against New Zealand by Susan Fuhrmann with the first test played in Perth, with the Silver Ferns winning 49-48.

Australia set up a series decider with a clinical 51-44 win in the second Test in Adelaide, before sealing a 2-1 series win and the world number one international ranking with a 44-41 result in the third and final test in Melbourne.

WAIS athlete Courtney Bruce was involved in the Australian 21 & U Test Tour, whilst Denise Shepley, Numi Tupaea and Ellie Smart were invited to the training camp.

In November, NSWIS/WAIS scholarship holders Verity Simmons and Ashleigh Brazil were selected for the Australian squad for the Fast Net Tour in England, whilst the WAIS netball program began its pre-season program.

In December the WAIS netball program undertook a sand study research project devised by UWA-WAIS Physiology PhD student Martin Binnie, aimed at identifying the potential benefits that may exist when substituting sand as a training surface in team sport athletes. The project was conducted over the summer months and involved all members of the WAIS training squad.

The West Coast Fever began its 2012 campaign in the ANZ Championship in April, with a first up win over the Canterbury Tactix 55-35 at Perth's Challenge Stadium.

The Fever hosted the Melbourne Vixens in round two, suffering their first defeat for the season 41-50, before losing to the Northern Mystics 52-45 in their first match on the road for 2012. The Fever defeated the Southern Steel 56-53 in Dunedin before returning to Perth to round out April, with a 36-48 home loss to the Adelaide Thunderbirds.

April also hosted the 17/U and 19/U national championships in Tasmania, with Numi Tupaea selected in the national 17/U and Courtney Bruce selected in the national 19/U squads following strong performances for WA.

May was a difficult month for the West Coast Fever, with the club winless from its four matches. Waikato/BOP Magic proved far too strong in New Zealand for the Fever recording a 65-49 win, before the Fever lost on the road in Adelaide 60-43. In Newcastle, the NSW Swifts defeated the Fever 52-47, before returning home to Perth where they were edged 55-56 by the Queensland Firebirds.

**Numi Tupaea** and Courtney Bruce attended the national 19/U camp in May, with Bruce awarded an Australian Institute of Sport scholarship.

The West Coast Fever started June with a round 10 bye, before two heart-breaking losses to the Swifts in Perth (49-51) and the Vixens in Melbourne (50-49). The Fever ended June with a heavy defeat at the hands of the Queensland Firebirds in Brisbane 63-43.

WAIS athletes **Ellie Smart**, **Denise Shepley**, Numi Tupaea and **Lindal Rohde** were invited to compete in a SISSAS combined tour of New Zealand, whilst the WA State 21 team was announced including; Smart, Shepley, Tupaea, **Kaylia Stanton**, **Lyndall Crichton**, Courtney Bruce and **Ingrid Colyer**.



Photo: Getty Images

SHAE BOLTON

### Coaches

Michelle Wilkins  
Stacey Rosman  
Sue Kenny

Head Coach  
Specialist Coach  
Specialist Coach

### Service Providers

Alan Black  
Andrew Lyttle  
Peter Peeling  
Greg Morgan  
Jenny Marsh  
Lizzie Moyle  
Carmel Goodman  
Alison Low  
Pippa Flanagan

Coaching Group Manager  
Biomechanist  
Physiologist  
Strength and Conditioning  
ACE Coordinator  
ACE Counsellor  
Doctor  
Physiotherapist  
Physiotherapist

### Major title winners

Susan Fuhman  
Caitlan Bassett

2011, World Champion, Singapore City,  
Singapore  
2011, World Champion, Singapore City,  
Singapore

### Australian Representatives

Susan Fuhman  
Caitlan Bassett

2011, World Championship,  
Singapore City, Singapore  
2011, World Championship,  
Singapore City, Singapore

### WAIS Program Athletes

Caitlin Bassett  
Shae Bolton  
Courtney Bruce  
Alice Coakley  
Lyndall Crichton  
Sarah East  
Andrea Gilmore  
Josephine Janz  
Lindal Rohde  
Verity Simmons  
Kaylia Stanton  
Numi Tupaea

Kate Beveridge  
Ashleigh Brazill  
Briony Carlyon  
Ingrid Colyer  
Johannah Curran  
Susan Fuhrmann  
Alicia Janz  
Jessica Penny  
Denise Shepley  
Ellie Smart  
Sarah Tatam  
Mia Washbourne



Photo: Getty Images

CAITLIN BASSETT

# ROWING



PROGRAM PARTNERS



(2ND IN SHOT) BEN CURETON (3RD IN SHOT) TODD SKIPWORTH

The WAIS Rowing Program in 2011-2012 was highlighted by world championship titles to **Ben Cureton** and **Todd Skipworth** in the men's lightweight four and **Ross Brown** in the men's lightweight eight as well as four athletes gaining selection onto the Australian Rowing Team for the 2012 London Olympic Games.

The operational year began with a bronze medal to **Alex Hagan** in the women's quad scull at the U23 World Championships in Amsterdam, the Netherlands. **Ashleigh Miles** and **Hannah Vermeersch** finished fourth in the women's four, **Tom Gatti** and **Brendan Murray** were seventh in the men's eight and **Tim Widdicombe** was eighth in the men's lightweight four.

August hosted the Senior World Championships in Bled, Slovenia where three WAIS athletes won world championships. Beijing Olympians Ben Cureton and Todd Skipworth were members of the men's lightweight four that won gold, whilst Ross Brown competed in the men's lightweight eight, with the Australian crew claiming line honours. Maia Simmons and Hannah Jansen competed in the women's WL4x for sixth position.

In a busy month, August also saw WAIS athletes Natasha Gay and Lilly Tinnapple compete in the W4- for seventh place at the Junior World Championships in Eton, United Kingdom.

In December, Ben Cureton and Todd Skipworth competed in the first round of national selection trials for the 2012 Australian Rowing Team for the Olympic Games. Cureton and Skipworth contested four days of trials at the Sydney International Regatta Centre and were moved through to the reduced shadow squad of 55 athletes.

Some members of the WAIS Rowing Program competed in the NSW State Championships in February as a build up to the March National Championships in Perth. Hannah Vermeersch and Alex Hagan showed good form, winning gold in the women's U23 pair as well as being members of the victorious women's four in the open category. The duo also won silver in the women's open age pair.

There were also silver medals at the NSW State titles for WAIS athletes **Hannah Jansen** in the open lightweight double and for the combination of Tom Meares and Tim Widdicombe in the open lightweight four.

Perth hosted the Australian Rowing Championships in March, with WAIS athletes returning a series of impressive results. Ben Cureton and Todd Skipworth won gold in the men's lightweight four, **Maia Simmons** and Hannah Jansen won gold in both the women's lightweight pair and four. **Perry Ward** claimed gold in the men's lightweight pair, and Hannah Vermeersch and Alex Hagan secured gold in the U23 women's pair. Vermeersch, Hagan, Ashleigh Miles

and **Lilly Tinnapple** all competed in the U23 women's eight, which claimed line honours. Jansen added more medal success, with gold in the U23 women's lightweight scull, Tom Gatti, **Matt Cochran**, **David Watts** and **Brendan Murray** won the U23 men's four, Tim Widdicombe and Tom Meares were champions in the U23 lightweight men's four, Natasha Gay and Lilly Tinnapple won the U19 women's pair, and Gay claimed the U19 women's scull.

Following their solid form, Hannah Vermeersch and Alex Hagan were part of six athletes added to the extended Olympic shadow squad in March, in the women's sweep squad.

In early April, Vermeersch and Hagan were named in the Australian women's eight crew sent to the Olympic Qualification Regatta in Lucerne, Switzerland to attempt to qualify Australia's boat for the London Olympics.

Rowing Australia named its 2012 international squads, with Ben Cureton and Todd Skipworth nominated in the Olympic team. Named in the non-Olympic national team, were; Perry Ward in the men's lightweight four, Maia Simmons and Hannah Jansen in the women's lightweight four, David Watts, Matthew Cochran and Brendan Murray in the U23 men's eight, Hannah Jansen in the women's U23 lightweight pair and Tim Widdicombe and Tom Meares in the U23 men's lightweight four. Lilly Tinnapple was named in the junior women's four.

In May, Hannah Vermeersch and Alex Hagan helped Australia win the women's eight qualification race in Lucerne, qualifying an Australian boat for the 2012 London Olympics. Following the qualification, Vermeersch and Hagan were officially nominated by Rowing Australia for Olympic selection.

Vermeersch and Hagan competed in the women's eight at World Cup 2 in Lucerne, helping Australia to fourth place.

In June, Ben Cureton and Todd Skipworth competed in World Cup 3 in Germany, finishing second in the men's lightweight four, behind Great Britain.

The year was capped in late June, with the Australian Olympic Committee (AOC) officially ratifying the nomination of Ben Cureton and Todd Skipworth in the men's lightweight four, and Hannah Vermeersch and Alex Hagan in the women's eight for the 2012 London Olympic Games.



## Coaches

Lincoln Handley	Senior Coach
Rebecca Sattin	Coach

## Service Providers

Simon Jones	Coaching Group Manager
Sacha Fulton	Physiologist
Gilman Barnitt	Strength and Conditioning
Matthew Burgin	Psychologist
Lizzie Moyle	ACE Counsellor
Carmel Goodman	Doctor
Alison Low	Physiotherapist
JP Caneiro	Physiotherapist

## WAIS Program Athletes

Natalie Bale	Ross Brown
Matthew Cochran	Ben Cureton*
Tom Gatti	Natasha Gay
Alex Hagan	Hannah Jansen
Tom Meares	Ashleigh Miles
Brendan Murray	Maia Simmonds
Todd Skipworth*	Lilly Tinapple
Hannah Vermeersch	Perry Ward
David Watts	Timothy Widdicombe

\*WAIS/TIS Athletes

## Major Title Winners

Ross Brown	2011, World Champion, Men's lightweight eight, Bled, Slovenia
Ben Cureton	2011, World Champion, Men's lightweight four, Bled, Slovenia
Todd Skipworth	2011, World Champion, Men's lightweight four, Bled, Slovenia
Tom Gatti	2012, National Champion, U23 Mens four, Perth, Australia
Natasha Gaye	2012, National Champion, U19 Womens scull, Perth, Australia 2012, National Champion, U19 Womens double scull, Perth, Australia 2012, National Champion, schoolgirls scull, Perth, Australia 2012, National Champion, U23 Womens eight, Perth, Australia 2012, National Champion, U23 Womens pair, Perth, Australia
Hannah Jansen	2012, National Champion, U23 Womens lightweight scull, Perth, Australia 2012, National Champion, Open womens lightweight double scull, Perth, Australia 2012, National Champion, Open womens lightweight quad scull, Perth, Australia 2012, National Champion, Interstate womens lightweight quad scull, Perth, Australia
Tom Mears	2012, National Champion, U23 Mens lightweight four, Perth, Australia
Ashleigh Miles	2012, National Champion, U23 Womens eight, Perth, Australia
Brendan Murray	2012, National Champion, U23 Mens four, Perth, Australia
Todd Skipworth	2012, National Champion, Open Mens coxless four, Perth, Australia
Ben Cureton	2012, National Champion, Open Mens coxless four, Perth, Australia
Maia Simmonds	2012, National Champion, Open Womens lightweight double scull, Perth, Australia 2012, National Champion, Open womens lightweight double scull, Perth, Australia 2012, National Champion, Open womens lightweight quad scull, Perth, Australia

Lilly Tinapple	2012, National Champion, U19 Womens double scull, Perth, Australia 2012, National Champion, U23 Womens eight, Perth, Australia
Hannah Vermeersch	2012, National Champion, U23 Womens eight, Perth, Australia 2012, National Champion, U23 Womens pair, Perth, Australia
Perry Ward	2012, National Champion, Open Mens lightweight double scull, Perth, Australia
David Watts	2012, National Champion, U23 Mens four, Perth, Australia
Tim Widdicombe	2012, National Champion, U23 Mens lightweight four, Perth, Australia
Matthew Cochran	2012, National Champion, U23 Mens four, Perth, Australia

## Australian Representatives

Ross Brown	2011, World Championship, Lightweight men's eight, Bled, Slovakia
Ben Cureton	2011, World Championship, Lightweight men's four Bled, Slovakia
Todd Skipworth	2011, World Championship, Lightweight men's four, Bled, Slovakia
Tom Gatti	2011, U23 World Championship, Men's eight, Amsterdam, The Netherlands
Natasha Gaye	2011, Junior World Championship, Women's four, Eaton, UK
Alex Hagan	2011, U23 World Championship, Women's quad scull, Amsterdam, The Netherlands
Hannah Jansen	2011, U23 World Championship, Lightweight single scull, Amsterdam, The Netherlands
Hannah Jansen	2011, U23 World Championship, Lightweight women's quad, Bled, Slovakia
Ashleigh Miles	2011, U23 World Championship, Women's four, Amsterdam, The Netherlands
Brendan Murray	2011, U23 World Championship, Men's eight, Amsterdam, The Netherlands
Hannah Vermeersch	2011, U23 World Championship, Women's four, Amsterdam, The Netherlands

## Coaching Achievements

Lincoln Handley	Lightweight eight Coach, 2011, World Championships, Bled, Slovenia U23 Lightweight four Coach, 2011, U23 World Championships, Amsterdam, The Netherlands
Rebecca Sattin	U23 Womens four Coach, 2011, U23 World Championships, Amsterdam, The Netherlands

# SAILING



PROGRAM PARTNERS



The WAIS Sailing Program contributed two athletes to the Australian Sailing Team for the 2012 London Olympics Games during the last operational year, with developing athletes competing at the Youth World Championships and gaining selection for the next installment.

The 2011 World Youth Sailing Championships were held in Zadar, Croatia in July, with WAIS 420 sailing pair **Carrie Smith** and **Ella Clark** narrowly missing out on a medal, when they finished in fourth place. WAIS athlete **Eamon Robertshaw** was also selected to compete for Australia, and he finished in ninth place in the RS:X windsurfer class.

Tristan Brown travelled to Shenzhen, China in October to compete in the World Universiade Games. Brown won silver alongside fellow Australians **Alex South** and **James Burman** in the laser radial team event.

Beijing Olympic gold medallist Elise Rechichi made a return to sailing in October, partnering former WAIS head coach **Belinda Stowell** in the 470 class. The pair made their competitive debut in November's Sail Melbourne World Cup event, where they took first place.

Perth hosted the 2011 ISAF Sailing World Championships in December, with **Elise Rechichi** and Belinda Stowell qualifying for the medal round of the women's 470 class, eventually finishing ninth. Rechichi and Stowell's top ten ranking, earned Australia a position in women's 470 class for the 2012 London Olympic Games.

January was marked by the Youth National Sailing Championships, held in Brisbane. Carrie Smith and Ella Clark reinforced their status as Australia's premier 420 combination, taking the national title, and earning selection for July's Youth World Championships to be held in Dublin, Ireland in the process. In the laser radial class, **Mark Spearman** captured the gold medal and joined Smith and Clark on the Australian team for the World Championships.

Yachting Australia named its 2012 Australian Sailing Team in March, with Elise Rechichi and Belinda Stowell keeping their Olympic dream alive when they were named as the Australian women's 470 combination for the world cup series.

Elise Rechichi and Belinda Stowell competed in the Palma World Cup in Spain during April, with the WAIS pair recording a fourth place finish in competition.

May hosted the 470 Sailing World Championships in Barcelona, with Elise Rechichi and Belinda Stowell representing Australia. A back injury to Stowell hampered the pair's progress in Spain, with the duo having to sit out a few days racing, but they pair resumed racing to finish 27th overall.

The Australian Olympic Committee formally announced the Australian Sailing Team for the 2012 London Olympic Games in June, with WAIS athletes Elise Rechichi and Belinda Stowell selected to represent Australia at their second and third Games respectively. Rechichi and Stowell will compete in the women's 470 class.

Following their Olympic selection, Elise Rechichi and Belinda Stowell contested the Sail for Gold Regatta in Weymouth, England, the venue for the 2012 London Olympic Games Sailing program. The pair again took a conservative approach to avoid aggravating Stowell's back condition, finishing in 13th position overall in the 470 class.

## Coaches

Belinda Stowell	Head Coach
Arthur Brett	Part time Coach
David Mann	Part time Coach

## Service Providers

Simon Jones	Coaching Group Manager
Matthew Doyle	Biomechanist
Sacha Fulton	Physiologist
Greg Morgan	Strength and Conditioning
Kevin Hayter	Psychologist
Jenny Marsh	ACE Counsellor
Lizzie Moyle	ACE Counsellor
Carmel Goodman	Doctor
Alison Low	Physiotherapist
JP Caneiro	Physiotherapist

## WAIS Program Athletes

Thomas Blaauw	Tristan Brown
Nicholas Brownie	Tim Castles
Ella Clark	Caitlin Elks
Luke Elliott	David Gilmour
Lachy Gilmour	Ella Giudice
Chelsea Hall	Courtney Higgins
Tom Johnson	Tessa Parkinson
Elise Rechichi	Eamon Robertshaw
Carrie Smith	Mark Spearman
Belinda Stowell	Paris Stowell
Ki-Raphael Sulkowski	Steven Thomas
Patrick Vos	Matthew Wearn
Mark Whittington	

## Major Title Winners

Ella Clark	2012, National Champion, Open & Youth, 420, Brisbane, Australia
Carrie Smith	2012, National Champion, Open & Youth, 420, Brisbane, Australia
Mark Spearman	2012, National Champion, Youth Laser radial, Brisbane, Australia
Belinda Stowell	2011, National Champion, Open 470 women, Perth, Australia
Elise Rechichi	2011, National Champion, Open 470 women, Perth, Australia
Tristan Brown	2012, National Champion, Laser radial, Brisbane, Australia
Matthew Wearn	2012, National Champion, U21 Laser, Brisbane, Australia

## Australian Representatives

Eamon Robertshaw	2011, Youth World Championship, Zadar, Croatia
Ella Clark	2011, Youth World Championship, Zadar, Croatia
Carrie Smith	2011, Youth World Championship, Zadar, Croatia
Matthew Wearn	2011, Youth World Championship, Zadar, Croatia
Belinda Stowell	2011, World Championship, Perth, Australia
Elise Rechichi	2011, World Championship, Perth, Australia



Photo: Getty Images

*BELINDA STOWELL AND ELISE RECHICHI*

# SWIMMING



PROGRAM PARTNERS



BLAIR EVANS

The WAIS Swimming Program saw Blair Evans win a world championship silver medal and book her place at the London Olympic Games in 2011-2012. The year was also highlighted by medals at age level and a national title to **Rhys Mainstone**.

The 2011 FINA World Swimming Championships were held in Shanghai, China in July, with WAIS swimmer **Blair Evans** earning a silver medal as a member of the Australian women's 4x200m freestyle relay team. Evans swam with **Bronte Barrett**, **Angie Bainbridge** and **Kylie Palmer**, with the group touching home in 7:47.42mins for second place behind the US team.

**Kris Taylor** won bronze as a member of the Australian 4x200m men's freestyle relay squad at the 2011 Universiade Games in Shenzhen, China in August. Taylor and the Australian team of David McKeon, Mitchell Dixon and Nick Frost clocked 7:17.58 for third place. Taylor was also part of the Australian 4x100m freestyle team that finished fifth.

July also saw the FINA Junior World Championships hosted in Lima, Peru. **Brianna Throssell** earned a bronze medal as a member of the Australian 4x200m freestyle relay squad.

Rhys Mainstone swam in the Waikiki Rough Water Swim event in Honolulu, Hawaii in September, finishing in fifth position. September saw WAIS athletes **Tommy Sucipto** and **Adelaide Hart** return a series of impressive swims at the 2011 Youth Commonwealth Games on the Isle of Man. Sucipto won silver in the 100m and 200m breaststroke events, to go with gold in the 4x100m freestyle and medley relays. Hart won gold in the 50m backstroke, 4x100m and 4x200m freestyle relays. There were also silver medals for Hart in the 100m backstroke and 50m freestyle.

In October, Blair Evans and **Travis Nederpelt** were selected for the three leg Asian World Cup short course series in Singapore, Beijing and Tokyo, to be held across November.

The first event in Singapore saw Evans win the 200m freestyle in a time of 1:55.48 and the 400m freestyle in a time of 4:01.15. Nederpelt competed in the men's 200m butterfly for seventh position.

The World Cup circuit moved to Beijing, China, where Evans enjoyed a thoroughly successful meet, setting a new personal best in the 200m freestyle (1:54.81) before breaking the Australian short course record for the 400m freestyle in a time of 3:58.31. Evans took gold in both events. Travis Nederpelt was eighth in the 200m butterfly.

Evans continued her good form in Tokyo, Japan, winning the 400m freestyle in a time of 4:01.24 and finishing third in the 200m (1:55.19). Nederpelt was eighth in the 200m IM.

Rhys Mainstone won the WA Open Water State title in the men's 10km, finishing the course in 1:51.46. **Brooke Wilson** won the women's state crown in a time 2:05.55.

Blair Evans competed at the South Australian State Championships in February, winning the 200m and 400m freestyle as well as the 400m IM.

The Australian Open Water Swimming Championships were held in Perth during February, with Rhys Mainstone winning the men's 10km national title. Mainstone won the race in 1:54.26.

Blair Evans secured her selection for the 2012 London Olympic Games in March, after finishing second behind reigning Olympic champion Stephanie Rice in the 400m IM at the Australian Swimming Championships in Adelaide. Evans touched home in 4:37.80, well below A-Qualifying Olympic standard. Evans finished fourth in the 400m freestyle and seventh in the 200m freestyle to narrowly miss out on adding a second event to her roster for London. Travis Nederpelt was fourth in the men's 400m IM.

Following the Australian Swimming Championships, the Australian Olympic Committee officially ratified Evans' nomination for the 2012 London Olympic Games, naming her to compete in the women's 400m Individual Medley as a member of the Australian Dolphins Swimming Team.

### Coaches

---

Paul Bruce	Arena HC
Matt Magee	City of Perth HC
Stacey Scott	South Lakes Dolphins
Tom Stachewicz	All Saints
Mel Tanturm	UWA

### Service Providers

---

Simon Jones	Coaching Group Manager
Greg Hodge	Performance Manager
Andrew Lyttle	Biomechanist
Sacha Fulton	Physiologist
Geish Hori	Strength and Conditioning
Matthew Burgin	Psychologist
Craig Harms	Psychologist
Lizzie Moyle	ACE Coordinator
Koji Honda	PhD student Biomechanist
Carmel Goodman	Doctor
Peter Steele	Doctor
Clare Wood	Dietitian
Brett Slocombe	Physiotherapist
Bernd Adolph	Masseur
Jaye Thomas	Masseur
Natalie Petersen	Masseur

### WAIS Program Athletes

---

Lennard Bremer	Rhiannon Dielesen
Blair Evans	Christian Halliley
Adelaide Hart	Bobby Jovanovich
Emily Kayser	Benjamin Lindsay
Rhys Mainstone	Travis Nederpelt
Kacey O'Connell	Hamish Rose
Tommy Sucipto	Kristopher Taylor
Brianna Throssell	Craig Tucker
Brooke Wilson	

### Australian Representatives

---

Rhys Mainstone	2011, World Open Water Champion, Shanghai, China
Brianna Throssell	2011, World Junior Championship, Lima, Peru
Adelaide Hart	2011, Junior Commonwealth Games, Isle of Man, UK
Tommy Sucipto	2011, Junior Commonwealth Games, Isle of Man, UK
Blair Evans	2011, World Championship, Shanghai, China
Kris Taylor	2011, World University Games , China

### Coaching Achievements

---

Matt Magee	Coach, 2011, World Championship, Open Water Shanghai China
------------	---

# WATER POLO MENS



PROGRAM PARTNERS



AARON YOUNGER

The WAIS men's Water Polo Program produced a successful campaign with the Fremantle Mariners claiming another national title, and WAIS athletes regularly representing Australia at senior and underage level.

In July, WAIS scholarship holders **Luke Quinlivan**, **Tim Cleland**, **Jamie Beadsworth** and **Aaron Younger** were all selected for the World Championships in Shanghai, China. WAIS Head Coach **Paul Oberman** also travelled with the group as Assistant Coach for the team. The Sharks finished ninth with wins over Romania, China, Japan and Canada before losing 9-8 to Spain in the initial cross over match.

WAIS Scholarship holders **Edward Slade**, **James Fannon**, **Sam Quinn**, **Nick Redbond**, Aaron Younger and **George Ford** all toured Europe with the Australian Junior 20/U squad in August. The Australian team played in a Junior Men's tournament in Pescara, Italy finishing a highly creditable second.

Slade, Fannon, Quinn, Redbond, Younger and Ford were all selected in the Australian Junior 20/U team to compete at the World Junior Championships in Volos, Greece. The team played exceptionally well finishing fourth after losing their semi final to eventual silver medallists Spain.

A busy August continued with WAIS Scholarship holders Jamie Beadsworth, **Nick O'Halloran**, Luke Quinlivan and **Joel Swift** all selected to compete in the World University Games in Shenzhen, China. Paul Oberman was the Head Coach of the team. After a second round penalty shootout loss to eventual Bronze medallists, Macedonia, the Australian team never really recovered, finishing a disappointing 12th place.

The new scholarship year began in September, with no new scholarships offered, allowing the program to concentrate on those athletes in contention to compete at the Olympic Games.

Aaron Younger accepted a professional contract to play for Hungarian Club side Szeged. The team participates in both the Hungarian first division and in the Euro League.

A joint WAIS/VIS tour was organised in September to Budva, Montenegro, giving prospective Olympic athletes a further opportunity to gain important International match practise and training. WAIS was represented by; Tim Cleland, James Fannon, George Ford, Daniel Lawrence, Nick Redbond, Edward Slade and Joel Swift along with WAIS Coach Paul Oberman.

In October, Water Polo Australia named eight WAIS scholarship holders (Jamie Beadsworth, Tim Cleland, Daniel Lawrence, Luke Quinlivan, Sam Quinn, Edward Slade, Joel Swift and Aaron Younger) into the large initial Australian Olympic Squad of 32. The Australian Squad assembled monthly for a week long camp.

WAIS won bronze at the NTC Challenge held in Newcastle during December. The competition standard was very high with all Australian Olympic Squad members participating, including those with Professional contracts in Europe. Also competing in the NTC Challenge was the Japanese and New Zealand national Teams.

WAIS defeated the VIS, New Zealand, QAS and the Barbarians before recording an 8-6 win over Japan in the bronze play-off.

WAIS athletes; Luke Quinlivan, Tim Cleland, George Ford, Sam Quinn, Jamie Beadsworth, Nick Redbond, Aaron Younger, Joel Swift, James Fannon, **Luca Altieri**, Daniel Lawrence and Edward Slade formed the NTC Challenge Team.

Cleland, Beadsworth, Younger and Swift all participated in a training camp with the touring Japanese national team in Sydney, immediately after NTC Challenge.

As has become annual traditional, the WAIS men's water polo squad held its player of the year awards in December, with Jamie Beadsworth named WAIS Player's Player for the year 2011. Beadsworth won by two votes from Tim Cleland and Aaron Younger.

The Fremantle Mariners competed against the national teams of China and Japan, Serbian club team Partizan Belgrade (reigning European Champions), and a Barbarians Team (National Junior squad) in the annual Tom Hoad Cup in December.

WAIS was well represented in the Fremantle Mariners line up with; Jamie Beadsworth, Tim Cleland, James Fannon, Daniel Lawrence, Aaron Younger, Sam Quinn, Nick Redbond, Eddie Slade and Joel Swift all representing Fremantle.

The Barbarian team contained WAIS athletes Luke, Quinlivan and George Ford, with the assembled squad winning bronze.

The Mariners lost to Partizan Belgrade 9-11 in a very competitive final.

Into January, Jamie Beadsworth, Tim Cleland and Aaron Younger were all selected to attend a training camp with the US national team in Sydney. The training camp included a three match series, which the Australians won 3-0, including an exhibition match at Bondi Baths.

Tim Cleland, Jamie Beadsworth and Aaron Younger were selected in the Australian Team to compete at the Pan Pacs in Melbourne. The Australian team won silver, losing the gold medal play-off in extra time to the USA.

Fellow WAIS athletes; Luke Quinlivan, Daniel Lawrence and Joel Swift were selected in the Barbarians team to compete at the Pan Pacs. Although the combined team was not allowed to play for the medals, the team placed third at the end of the rounds, including an impressive draw with the USA national team.

The Australian 20/U Championships were held in Adelaide, with the WA team containing WAIS scholarship holders; Nick Redbond, Sam Quinn, George Ford and Luca Altieri. WA had a successful tournament, reaching the final, which it lost 6-8 to NSW Blues. Nick Redbond and George Ford were named in the All Star seven for the tournament.

The 2012 National League commenced in January with all scholarship holders nominated in either the Fremantle Mariners or UWA Torpedoes squad lists. The first game of the season, played on Australia Day,

was a clash of last year's Gold medal game featuring the Fremantle Mariners against the Victoria Tigers. Victoria started the season off on a winning note accounting for the Mariners 11-9.

Tim Cleland, Joel Swift, Jamie Beadsworth, Luke Quinlivan and Daniel Lawrence were all selected for the Southern Team to play in the National League All Star Team in April. WAIS coach Paul Oberman led the South team, which was defeated by North 9-5.

The Fremantle Mariners claimed the National League Finals series crown in Sydney in April, defeating the Victoria Tigers 11-9 in the final. The Fremantle Mariners were represented by WAIS scholarship holders; Edward Slade, Jamie Beadsworth, Tim Cleland, Joel Swift, James Fannon, Nick Redbond, Daniel Lawrence, Sam Quinn and Luca Altieri.

The UWA Torpedoes finished the National League in a credible seventh position, missing the finals by a solitary point. The Torpedoes squad featured WAIS scholarship holders; Luke Quinlivan, George Ford and **Dimitri Stamatis**.

In Europe, Aaron Younger's Szeged team finished third in the Hungarian League, with Younger playing a pivotal role.

Tim Cleland and Jamie Beadsworth are selected to compete in the World League Asia/Oceania Preliminary Rounds in Shanghai China and Chiba Japan during May. Australia defeated Kazakhstan, Japan and China, twice each to comfortably win the round and progress to the World League finals in June.

Tim Cleland, Luke Quinlivan, Aaron Younger and Jamie Beadsworth are selected to attend an Olympic Squad camp on the Gold Coast, which reduced the Olympic team numbers to 15 athletes.

In June, Jamie Beadsworth, Tim Cleland and Aaron Younger are selected in the Australian squad of 15 athletes to attend the World League Finals in Almaty, Kazakhstan, the Six Nation tournament in Dordrecht, the Netherlands and the Four Nation tournament in Cosenza, Italy.

### Coaches

Paul Oberman	Head Coach
--------------	------------

### Service Providers

Alan Black	Coaching Group Manager
Andrew Lyttle	Biomechanist
Matthew Boyle	Biomechanist
Sacha Fulton	Physiologist
Greg Morgan	Strength and Conditioning
Matthew Burgin	Psychologist
Jenny Marsh	Ace Coordinator
Carmel Goodman	Doctor
Brett Slocombe	Physiotherapist
Andrew Standford	Physiotherapist
Danielle Woodhouse	Physiotherapist

### WAIS Program Athletes

Luca Altieri	Jamie Beadsworth
Billy Christensen	Tim Cleland
James Fannon	George Ford
Daniel Lawrence	Nick O'Halloran
Luke Quinlivan	Sam Quinn
Nicholas Redbond	Perry Short
Edward Slade	Jayden Smith
Dimitri Stamatis	James Stanton
Joel Swift	Aaron Younger

### Major Title Winners

Jamie Beadsworth	2012, National League Champions, Sydney, Australia
Tim Cleland	2012, National League Champions, Sydney, Australia
Daniel Lawrence	2012, National League Champions, Sydney, Australia
Sam Quinn	2012, National League Champions, Sydney, Australia
Nick Redbond	2012, National League Champions, Sydney, Australia
Ed Slade	2012, National League Champions, Sydney, Australia
Joel Swift	2012, National League Champions, Sydney, Australia
Aaron Younger	2012, National League Champions, Sydney, Australia

### Australian Representatives

Tim Cleland	2011, World Championship, Shanghai, China
Luke Quinlivan	2011, World Championship, Shanghai, China
Aaron Younger	2011, World Championship, Shanghai, China

### Coaching Achievements

Paul Oberman	Assistant Coach, 2011, World Championship, Shanghai, China
--------------	--

# WATER POLO WOMENS



PROGRAM PARTNERS



GLENCORA RALPH

The WAIS women's water polo program was highlighted by the selection of two athletes for the London Olympic Games. The program also produced junior world championship medallists and received a national honour for head coach **Peter Szilagyi**.

The Australian Stingers competed in the FINA World Championships in Shanghai, China in July, with WAIS athletes **Gemma Beadsworth** and **Glencora Ralph** helping Australia to fifth place.

Heather Scott was selected in the Australian School Girls Squad and received the Encouragement Award following the National School Girls Championships.

**Ebony Neesham** was selected for the Australian World University Games in Shenzhen, China, whilst **Jessica Zimmerman**, **Kassia Ralston**, **Mercedes Ralph** and **Madeline Quinn** were named in the Australian National Youth Team for its tour of Europe, and **Zoe Arancini** and **Eliesha Browne** were selected for the National Junior Team for the Junior World Championships in Trieste, Italy. WAIS coach Peter Szilagyi was named as head coach.

August saw the selected athletes in the Australian Youth Team complete their tour of Italy, Greece and Hungary, whilst Ebony Neesham and the Australian World University Games team finished fifth.

In September, Peter Szilagyi coached the Australian Junior Team to a bronze medal at the Junior World Championships in Trieste, Italy after a commanding 10-2 bronze medal play-off win over Russia. Arancini and Browne both featured in the medal win.

Australian Stingers coach Greg McFadden announced a 19-member national senior women's squad to begin preparations for the 2012 international season that will culminate at the London Olympic Games. WAIS athletes selected were; Gemma Beadsworth, Glencora Ralph and Zoe Arancini.

Ebony Neesham in October signed a professional contract to play in the Hungarian league with club side Eger.

As the WAIS team competed in the Institute Challenge at the AIS in November, senior athletes Gemma Beadsworth, Glencora Ralph and

Zoe Arancini were selected in the Australian squad for the Canada Cup in Montreal.

Australia defeated China 11-8 to claim the Canada Cup in December, whilst Eliesha Browne, **Cathryn Earl** and Zoe Arancini were selected for an Australian Barbarians team for the Pan Pacs tournament to be held in Melbourne.

The Australian Stingers also competed in the inaugural women's water polo competition at the Pan Pacs in January, winning gold against their arch rivals the USA, with a tense 7-4 win in the final. Gemma Beadsworth and Glencora Ralph both represented Australia in the gold medal win.

Zoe Arancini, Eliesha Browne and Cathryn Earl helped the Australian Barbarian outfit to fifth place, after a play-off win over the Brazilian national team.

WAIS athletes Lilian Hedges, Jessica Zimmerman and Millie Martino were selected for an Australian Youth team to compete in a test series against New Zealand, whilst the WA U20 squad containing WAIS athletes; Cathryn Earl, Madeline Quinn, **Heather Scott**, Kassia Ralston, Eliesha Brown, Jessica Zimmerman, **Millie Martino** and **Lilian Hedges** finished third at the national championships held in Adelaide. Hedges was named goal keeper of the tournament, and following the event; Hedges, Earl and Zimmerman were selected for the train-on squad for the Australian team to contest the 2013 World Junior Championships.

The national water polo league ran through February to April, with all WAIS athletes representing either the Fremantle Marlins or the UWA Comets.

The Australian women's water polo team claimed a 5-0 series whitewash against Great Britain in test series in Australia, with Gemma Beadsworth, Glencora Ralph and Zoe Arancini all representing the Stingers.

Beadsworth, Ralph, Arancini and Eliesha Browne were all selected to represent the Southern Stars in the inaugural All Stars Trophy, which the Stars win 7-6 over their Northern counterparts.



Peter Szilagyi coached the Australian Team to an undefeated three test series in Sydney against New Zealand, with Cathryn Earl captaining the team.

The National League wrapped up in May with the Fremantle Marlins finishing third and the UWA Comets 10th.

Still in May, Glencora Ralph, Zoe Arancini and Gemma Beadsworth were given AIS scholarships before going on to play for the Stingers at the World League Preliminary round in Shanghai and Tokyo. The Stingers qualified through to the World League Super Finals where Beadsworth, Ralph and Arancini helped Australia to the silver medal.

Lilian Hedges and Kassia Ralston were selected for the Australian Women's Youth Team's tour of Hungary for a training camp and 'Olympic Hopes' tournament in July. Peter Szilagyi was crowned by Water Polo Australia as Australian Coach of the Year.

Australia's women's water polo team won the final of the London test event giving the group a great deal of confidence heading into the London Olympics, whilst Ebony Neesham won the Hungarian National League, playing a pivotal role with five goals in the grand final.

In June, the Australian Olympic Committee confirmed the selection of the Australian Stingers team for the 2012 London Olympic Games, with WAIS athletes Gemma Beadsworth and Glencora Ralph earning selection. Zoe Arancini was listed as first reserve for the team.

### Coaches

---

Peter Szilagyi	Head Coach
Georgina Kovacs	Assistant Coach

### Service Providers

---

Alan Black	Coaching Group Manager
Andrew Lyttle	Biomechanist
Sacha Fulton	Physiologist
Geish Hori	Strength and Conditioning
Kevin Hayter	Psychologist
Jenny Marsh	ACE Coordinator
Carmel Goodman	Doctor
Julie Meek	Dietician
Danielle Woodhouse	Physiotherapist
Andrew Stanford	Physiotherapist

### WAIS Program Athletes

---

Zoe Arancini*	Gemma Beadsworth*
Eliesha Browne	Matilda Connor
Cathryn Earl	Rachel Flint
Lilian Hedges	Millie Martino
Ebony Neesham	Claire Pierce
Eloise Pierce	Madeleine Quinn
Glencora Ralph*	Mercedes Ralph
Kassia Ralston	Heather Scott
Dorothy Szilagyi	Jessica Zimmerman

\*WAIS/AIS Athletes

### Australian Representatives

---

Gemma Beadsworth	2011, World Championship, Shanghai, China
Glencora Ralph	2011, World Championship, Shanghai, China

### Coaching Achievements

---

Peter Szilagyi	AWPI Coach of the Year ,2012
----------------	------------------------------

A female athlete is shown in a starting crouch, looking directly at the camera with a focused expression. She is wearing a black sports top and white sneakers. The lighting is dramatic, highlighting her muscular physique against a dark background.

ATHLETE  
& COACH  
SERVICES

# ATHLETE & COACH SERVICES



*(FROM L - R): MATT BURGIN, DARREN KEY, PETE PEELING, GEISH HORI, JENNY MARSH, CLARE WOOD, GREG MORGAN, LIZZIE MOYLE, JULIE MEEK, MATT DOYLE, MARTYN BINNIE, KATE BOBRIDGE, TRENTON WARBURTON, MARTIN FITZSIMONS, EMILIE THIENOT ABSENT: ANDREW LYTTLE, SACHA FULTON, CRAIG HARMS, KEVIN HAYTER, KOJI HONDA*

In supporting the WAIS Vision to Produce Champions the department worked at developing all aspects of the athlete as both person and performer. Providing services across the scientific disciplines and in the areas of life balance, careers and education assisted athletes to find the right approach to realise their potential.

A particular challenge was to provide the sharp focus on those athletes with the greatest chance of selection to the Olympic team, while continuing to meet the needs of the Olympians of tomorrow. It was a credit to the ACS staff that this challenge was once more successfully met. The sharper focus comes with a greater challenge to understand the right approach to take, which interventions to make and a constant need to make the right call in advising the athlete and coach. Thankfully, most of the ACS staff had experienced this situation in the previous Olympiad and were able to apply the learning gained from 2008 to the London preparation.

The benefits of a multidisciplinary approach were evidenced many times through the year. One example was where staff from biomechanics, physiology and strength training worked with the coach during an analysis of starting technique in sprint kayaking. A special set up was created in the pool at Challenge Stadium that allowed the service providers to assist the coach in making the fine adjustments necessary to realise improved performance.

Knowledge and experience have been the cornerstones of quality athlete preparation and the department was fortunate to have quality staff with significant credit in each of these areas. With a primary requirement to deliver services to athletes and coaches it was a credit to the staff that they are also able to seek new knowledge through involvement in various research projects. Further to this, several staff attended international forums to present the results of their projects ensuring the good name of WAIS continued in the international arena. Often these projects are conducted in collaboration with our partners at the universities. The sharing of resources enabled both parties to realise significant outcomes, which for WAIS was a more informed training environment.

Overall, the most important resources for WAIS are the people and it was a very consistent ACS staff that saw out the year. The department played a role in supporting the national sporting system with staff involved in Australia and overseas in various national team support roles. Dr Craig Harms commenced with WAIS on 1 August 2011 in a part-time role to enable continuity of psychology service delivery, with Matthew Burgin contracted part-time to the AIS/Hockey Australia national women's program.

# SPORT SCIENCE

With a plethora of technology available on the market a significant role entailed assessing and critiquing the potential benefits offered by the various tools. Through the skills of the staff, the department assessed the tools available and made an optimal match between the technology and the requirements of the WAIS athletes, within the limits of the available resources. Of critical importance was the good understanding of the athletes that had been developed through taking a more holistic view of their needs. The skills and inquisitiveness of Matthew Doyle were particularly valuable in this area. In a similar vein the work of dieticians Julie Meek and Clare Wood ensured athletes were provided with accurate information and services for their optimal nutrition.

The opportunity to share information with other leading scientists at conferences within Australia and internationally enabled the department to be confident the methods used to train athletes at WAIS are as informed by science as anywhere else in the world. Physiologist Dr Peter Peeling applied knowledge gained to the optimal utilisation of portable altitude simulation tents. The stimulus formed a significant part of the training for the WAIS kayakers selected to the Olympic team.

Presentations were made by WAIS staff to national and international conferences including Emilie Thienot to the North American Society for the Psychology of Sport and Physical Activity conference in Hawaii. Mat Doyle presented results from a biomechanics study on forces in the pole vault to the 5th Asia-Pacific Congress on Sports Technology in Melbourne. The project involved significant collaboration with the schools of Sport Science, Exercise and Health and Physics from the University of Western Australia.

The PhD scholars all made significant progress on their respective projects and integrated into the servicing of athletes well. Each of the scholars was able to apply practical skills within one or more sports, assisting the WAIS athletes as well as furthering their own practical experience. The practical role for the scholars blended well with the experience of the science staff and provided additional benefit to the athletes. An example of the value came where the mindfulness tool that Emilie Thienot had developed assisted the swimming athletes in this area early in the year. Scholar input into WAIS programs occurred with Emilie Thienot and the Diving squad, Trenton Warburton with Athletics, Koji Honda in Swimming and Martyn Binnie with Netball and Hockey.

A consistent staff building strong relationships working into an Olympic year meant a number of scientists provided support to athletes in the competition environment. In addition to supporting WAIS athletes seeking selection to the Olympic team, several staff also played a role in the national system by travelling with national teams and athletes. In many cases this enabled the strong work carried out in the daily training environment to be continued to the ultimate testing ground of competition. WAIS athletes from the sports of Athletics, Canoeing, Gymnastics, Rowing, Sailing, and Swimming benefitted from support provided in competition by the ACS department. Staff members who provided support included, Matthew Doyle, Andrew Lyttle and Koji Honda from Biomechanics, Sacha Fulton and Peter Peeling from Physiology along with Matthew Burgin, Kevin Hayter and Craig Harms from Psychology.

Matthew Burgin travelled with the Hockeyroos in his role as psychologist to the Champions Trophy and Olympic build up competitions in New Zealand and the United Kingdom. The experienced hand of Andrew Lyttle guided the technical preparation of pole vault athletes at the 2011 World Athletics Championships. Support in psychology at the same event was provided by Kevin Hayter. Both Andrew and Kevin also travelled with the athletes to Europe providing specific input during the pre-Olympic competitions.

The ACS department is grateful for the excellent support provided by Darren Key in the technical and maintenance area. Darren ensured the laboratory and equipment were kept in full functional order as well as providing innovative input to many projects through the year.

Good progress was made on several research projects during the year. A final report was submitted meeting requirements for the AIS Major Research grant allocation for a project in pole vault kinetics and marker less athlete tracking. Research grants were gained from the AIS to a total of \$52,000 to complete applied sports research projects in the areas of swimming mechanics in athletes with a disability, computational fluid dynamics applied to kayak performance and iron metabolism in athletes. Two scientific publications were accepted from the work of PhD scholar Martyn Binnie describing the physiology of running in sand as a training modality.



Photo: Natalie Graham

PETEE PEELING WITH ROWER, DAVID WATTS

# STRENGTH TRAINING



GREG MORGAN WITH FENCER JAMES LEWIS

The greater gains in the strength training area are never made quickly and require dedication to the cause and resilience to overcome the many challenges that face both athlete and strength coach. Consistent with the sharper focus across the department more time was spent with athletes in contention for Olympic selection. A significant example of this was the involvement of physiotherapist Brett Slocombe in the gym while the athletes trained. Brett was able to provide the on-going treatment he supplied to the Olympic bound athletes within the strength training facility. In addition to adding a level of efficiency to the process, it ensured that the Ramon Andersson as coach, Brett Slocombe as physiotherapist and Gilman Barnitt as strength coach, interacted around the central focus of the athlete. They were able to analyse the athlete movement and devise optimal strategies for improvement. The knowledge shared in this environment was invaluable during the final preparation of the athletes before heading to London. In a similar vein strength coach Greg Morgan invested significant time with physiotherapist Jo Norcott in designing physical preparation programs for the high performance gymnasts in the build up to London.

A further key interaction occurred with the biomechanics area. Head of Strength Training, Gilman Barnitt worked with biomechanist Matthew Doyle and Technical Support Darren Key to design and manufacture specific training equipment. The athletes gained the benefit of being able to train in a more specific manner increasing the transfer from the gym to the performance environment.

The knowledge and experience within the strength training area was utilised by the Australian Strength Coaches Association (ASCA). As a benefit to the local strength coaching community, WAIS strength coach Naruhiro "Geish" Hori conducted coaching courses for ASCA in WA in his own time utilising the WAIS facilities.

The value to the strength training area of the intern coaches was further enhanced during the year. WAIS is grateful to Michael Williams, Chris Worthy and Andrew Scully for their excellent work. The intern coaches worked in well under the tutelage of the WAIS coaches and were able to extend the delivery of quality strength coaching to a greater number of athletes than would otherwise be possible. The interns were selected from a group of applicants and benefitted greatly from the experience of working in a high performance environment.

# CLINICAL SERVICES



*DR CARMEL GOODMAN WITH POLE VAULTER LIZ PARNOV.*

The medical care available to the WAIS athletes was once again excellent. Led by Chief Medical Officer Dr Carmel Goodman the provision of medical services via the many providers on the WAIS list ensured that athletes had ready access to first class services. The system of engaging the services of several specialists in sports medicine, sports physiotherapy and soft-tissue therapy ensured quality and availability across the many sports and athletes.

The quality of the providers to WAIS was reflected in the fact that many played a role with national teams with several selected to provide support at the London Olympics. The national sports and roles played by the providers included: Carmel Goodman, Chief Medical Officer for Rowing and Hockey Women's; Peter Steele, doctor for Hockey Men's team; Alison Low and JP Caneiro, physiotherapy for Rowing; Ellen Hawes, physiotherapy for Hockey Men's; Prue Newnham, physiotherapy for Swimming; Joanne Norcott, physiotherapy for Women's Artistic Gymnastics; Michael Wood, physiotherapy for Hockey Men's; Damien Oldmeadow, physiotherapy for Volleyball Men's; Andrew Stanford, physiotherapy for Water Polo Men's; Brett Slocombe, physiotherapy for Canoeing; Bernd Adolph, soft-tissue therapy for Swimming; Natasha Brock, soft-tissue therapy for Women's Artistic Gymnastics.

The pressures of impending Olympic selection were perhaps as clearly seen in the medical area as any other. With ever reducing timelines for selection the desire for quick solutions to injury concerns heightened. WAIS was truly grateful to the providers for their willingness to accept late night consultations or weekend interruptions to ensure injuries were treated in a timely and effective manner. In a similar vein to the sport scientists, many of the doctors, physiotherapists and soft-tissue therapists had been working with WAIS athletes for several years and their experiential knowledge was a key factor in the system.

The year saw a number of strong collaborations between coach, scientist and medical service provider. A good understanding of the key role in rehabilitation played by all elements of support to the athlete was crucial in the management of many injuries. At times, optimal management involved liaison with providers from interstate or overseas when athletes were away. The tireless work of Dr Carmel Goodman in facilitating positive outcomes from these occasions was greatly appreciated.

# ATHLETE CAREER & EDUCATION



*ACE TRAINING OFFICER, KATE BOBRIDGE WITH EQUESTRIAN WA ATHLETES AT A TRAINING WORKSHOP*

The ACE staff aimed to give every athlete striving for selection in the Olympic year every chance for success. ACE supported athletes to plan for educational, employment and financial commitments and to reduce significant barriers that may distract them from concentrating on their sporting performance. Internal feedback from coaches and athletes confirmed the experiential belief that athletes will not perform at their best unless they have an adequate balance in their lives.

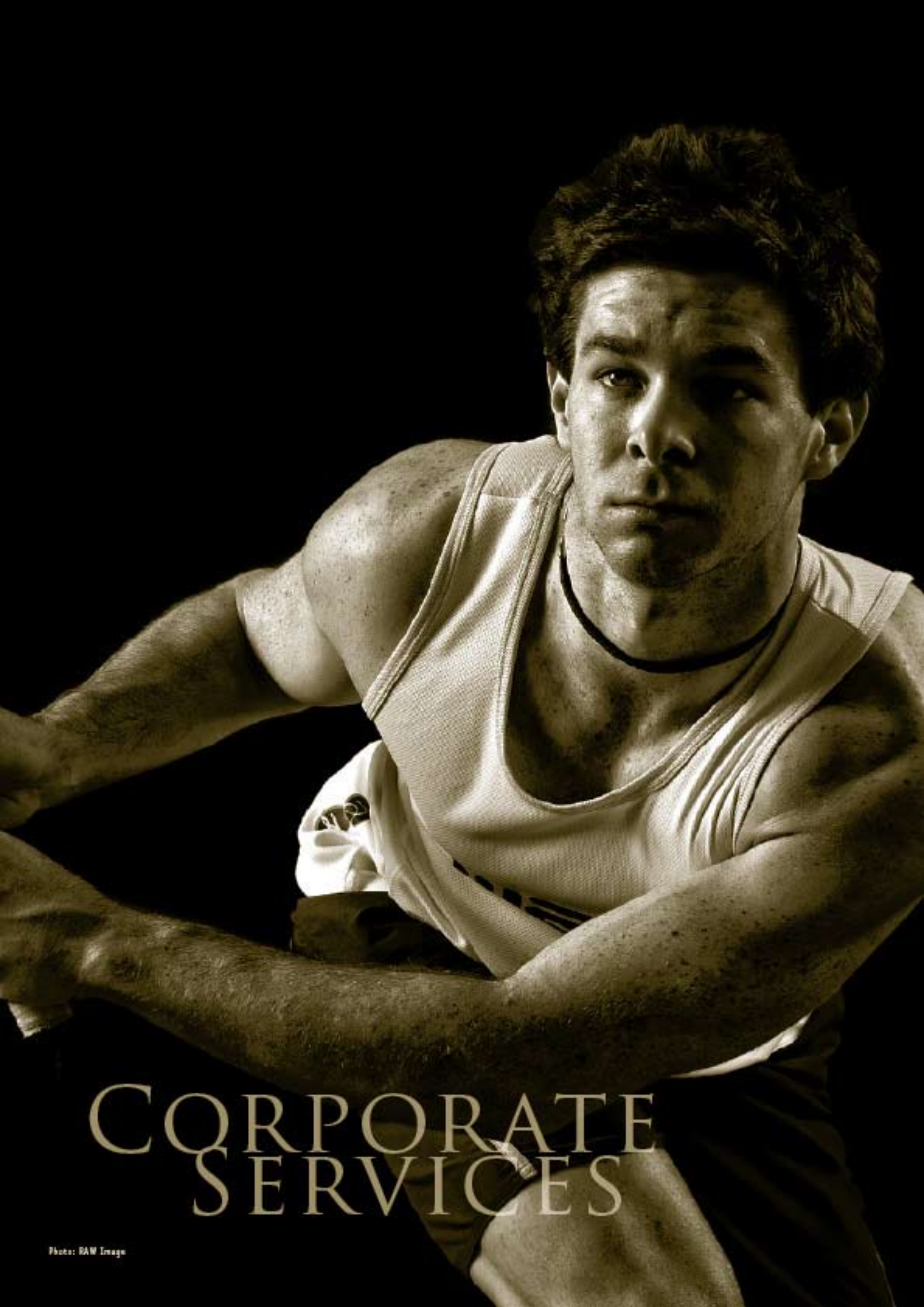
External partners played a crucial role in enabling athletes to manage their sporting lifestyle. Positive liaison with universities, schools, registered training organisations and employers, paved the way for WAIS athletes to be successful with their education and employment goals. All five WA Universities are now signatories to the Elite Athlete Friendly Universities program, with The University Notre Dame joining in late 2011.

Providing access to current and valuable information is an on-going strength of the ACE program. Opportunities provided during the year included "Social Media and Reputation Management" presented by a representative from the Australian Federal Police and "The Business of Being an Athlete" presented by Beach Volleyball Olympian Kerri Pottharst. Younger athletes also benefitted as a group of junior gymnasts participated in a creative workshop on Work, Play and Communication.

The National ACE (NACE) program again provided support and leadership to the State based ACE programs. Through the Australian Sports Commission, NACE provided significant resources to the WAIS program including: booklets of information for family and friends of Olympic and Paralympic Team athletes, various new fact sheets, resources to assist in the promotion of ACE to coaches and a national project to develop an athlete friendly employer network. The links with the national program were strengthened through ACE Coordinator Jenny Marsh and ACE Counsellor Lizzie Moyle attending the NACE conference and managers meetings.

The Athlete Career and Education Excellence Award this year went to Nikki Chung, a senior gymnast who successfully combined her commitments as a senior Australian Squad member and year 12 student at Presbyterian Ladies College where she was enrolled in five tertiary entrance examination subjects.

WAIS continued to support the Developing Champions program to provide life skills to young athletes in partnership with the Department of Sport and Recreation. A key initiative for Kate Bobridge, the program coordinator, was the addition of a mentoring stage for selected young athletes. Kate has trained and guided a number of WAIS athletes as co-facilitators of the program including lead presenters in Amber Bradley (retired rower) and Jesse Phillips (current kayaker).



# CORPORATE SERVICES

Photo: RAW Image



# FINANCE & ADMINISTRATION



L - R: BONNIE BESSEN, NATALIE GRAHAM, MICHELLE WILSON, RAMON FALZON ABSENT: CHRIS ABBOTT AND HONNIE DOBBER

## Staff

The Finance Department did not experience any staff changes during the year thus ensuring stability in the financial management and operations of the organisation. There were some changes in Administration staff during the year.

**Ms Kara Samuels** resigned as Receptionist to further her career in the financial industry. **Ms Bonnie Bessen** replaced Ms Samuels in fulfilling reception duties. Ms Bessen has provided an enthusiastic and professional face to our reception area.

At financial year end, **Ms Lorren Portolan** resigned as Administration Officer to further her career in health promotion. WAIS decided not to seek immediate replacement due to plans to restructure the Administration Department in July 2012.

At 30 June 2012, WAIS employed a total of forty-two permanent full-time and eight permanent part-time staff.

## Accommodation and Costs

Accommodation costs during the year were managed within the budgetary framework for WAIS' premises although the improving general economic condition started pushing up prices. Due to the age of the building it is anticipated that the level of ongoing maintenance required will continue to increase.

The current WAIS facilities do not meet the standards for scope or size for preparing international athletes as is recorded in the WAIS strategic plan. WAIS submitted requests to the State Government on the requirement for a new state of the art facility which will enhance the development of future WA high performance athletes. In May 2012 the State Government announced that WAIS has been allocated funds of \$32m to construct a new facility. The planning process and architectural design is under-way and it is being executed and managed by the Department of Building Management and Works with client input from the Department of Sport and Recreation and Venueswest in conjunction with WAIS. Construction is expected to commence mid 2013 and the facility should be completed by end of 2014.

## Financial Systems

The budgeting model was updated during the year in order to improve the financial management processes and reporting. Financial control was exercised throughout the year as the organisation continuously seeks to improve its internal processes, particularly in regard to effectiveness and efficiency. The payroll system was also successfully updated.

Considerable time was spent on constructing the WAIS Quadrennial Additional Funding request which was submitted to the Department of Treasury. The business case focuses mainly on maintaining the current scope of WAIS operations while enhancing some essential procedures, and services provided to athletes. At the end of the financial year, WAIS is still to receive a response on the additional funding request.

## Human Resources

The organisational human resource policies are currently managed by the Finance Manager and administered by the Executive Co-ordinator, Ms Natalie Graham.

During the year, the WAIS Human Resources Manual and the Staff Performance Management System were successfully updated.

## Information Technology

Server infrastructure upgrades were performed to improve performance and stability for files and documents, emails and network services. New server capability was also added to support the WAIS Performance Management Information System software – Pmax-Sport. A partial upgrade of the IT hardware held by the WAIS staff members also occurred. The infrastructure changes enabled WAIS to advance its operating system platform and basic software packages to the latest versions available in the market. The objective of the infrastructure and system enhancements is to streamline workflow and information processing so as to continuously improve efficiency while making available or accessible the latest technologies to WAIS staff members.

# CORPORATE COMMUNICATIONS



CANOERING ATHLETES JESSE PHILLIPS AND DANIEL BOWKER AT A PRIMARY SCHOOL VISIT

The 2011/12 year was one of stability for the Corporate Communications team. Following on from the successes of previous years a number of key projects continued to influence the Institute including the Go for 2&5 WAIS Community Development Program and the Peformax Performance Management Information System (PMIS).

## People

2011/12 was one of stability again for the Corporate Communications team for the majority of the year, with the first significant change for the department in a number of years taking place in June when Corporate Communications Manager **Mr Simon Moore-Crouch** resigned.

Mr Moore-Crouch resigned to pursue graduate studies in the United States following close to five years' service to the Institute as Marketing, Public Relations and Corporate Communications Manager. Following his resignation a restructure in the Corporate Services area was undertaken, with the Corporate Communications Manager position not directly replaced. This resulted in additional responsibilities being added to Public Relations Officer **Mr Chris Abbott's** position and a resultant change in title to Public Relations Co-ordinator.

For the majority of the year however the Corporate Communications Manager was responsible for the communications, media and community relations aspects of the Institute. Wider responsibilities for internal communication, including the PMIS and new facility projects also continued from the previous 12 months.

The Public Relations Officer position was also consistent with 2010/11. Mr Abbott undertook responsibilities including writing and producing a number of the WAIS publications, the Weekly News Bulletin and the new website, as well as co-ordinating the Go for 2&5 WAIS Community Development Program.

## Partnerships

The 2011/12 year was also one of relative stability for the Institute's list of partners and suppliers. Our key strategic partners remain critical supporters of the Institute's operations while our corporate relationship with **Healthway** enables our important community contribution to remain strong.

Our one new partner in this period is international sportswear supplier **Kukri**, who we were delighted to bring aboard at the beginning of 2012. Kukri is WAIS's first new clothing supplier in more than 20 years and both parties are committed to building a long term partnership to supply athletes and staff with world class sportswear. WAIS joins Hockey Australia, Netball Australia and numerous sporting clubs around the country as a Kukri partner.

WAIS would like to note its appreciation to our previous supplier **KEA Designer Sportswear** who was a valued partner of the Institute for a long period of our history.

Partners, sponsors and suppliers for the 2011/2012 period are detailed below.

## Principal Partner

The **Government of Western Australia** continues to provide unwavering support to WAIS and allows the Institute to achieve its purpose of assisting Western Australian athletes achieve excellence in their sporting pursuits. We thank the WA Government for its continued support of the high performance sporting system in WA.

## Strategic Partners

**Department of Sport and Recreation** for its strategic alliance supporting athlete sporting pathways in Western Australia.

**Australian Sports Commission** for its financial commitment to the twelve National Training Centres in Western Australia. Support for National Athlete Career and Education and sport science quality assurance programs also directly benefit WAIS operations.

**VenuesWest** for the provision of venues and facilities for our athletes and sport programs.

## Corporate Sponsors

**Healthway promoting the Go for 2&5** message continued their support of WAIS through the exciting Go for 2&5 WAIS Community Development Program, enabling the Institute to promote healthy and active lifestyles to young people around Western Australia.

## Program Sponsors

**The Carbine Club** extended their support of our aspiring athletes through the Carbine Club International Scholarship Fund. This important initiative allocates funding to WAIS athletes to assist with travel to international competitions.

**Perth Market Authority** remains a supporting partner of the Go for 2&5 WAIS Community Development Program. This new relationships provides a tangible benefit to young West Australians visited by the program in the form of fresh fruit and vegetables.

## Suppliers

**Bekkers IT**, official supplier of IT services, has continued its long-term relationship with WAIS.

**Kukri** joined the Institute as apparel supplier at the beginning of 2012 for the 2016 Olympiad. As the current supplier for the Hockeyroos and Netball Australia they come with a good track record of supplying high quality athletic apparel to high performance athletes. WAIS looks forward to this being the start of a long mutually beneficial partnership.

WAIS is grateful to all its retiring, existing and new partners for their valuable contribution. The support of our partners plays a vital role in the journey the athletes follow to international success.

## Public Relations

A key focus for the WAIS Corporate Communications Department remains actively promoting the achievements of the Institute's athletes, coaches and staff to the wider community.

This was particularly important in the 2011/12 period with the build up to the 2012 Olympic Games providing the major publicity opportunity of the four year cycle. With the majority of Olympic selection activity taking place in the opening six months of 2012 media and community interest in WAIS athletes, coaches and staff was at a peak.

The Go for 2&5 WAIS Community Development Program continued to be a great success, with a core group of athletes contributing to this important activity throughout the year.

## Website and Corporate Communications

The **WAIS Website** continues to be the ever-changing public face of the Institute, with site visitors trending upwards in the lead up to London 2012. Sharing content via the Institute's social media accounts on Facebook and Twitter took on additional importance in the Olympic and Paralympic year. The renewed focus on this means of sharing stories saw greater interaction between the Institute, the media, athletes and the general public. Another project was undertaken with our web developer **iKom Creative Solutions** to build a London 2012 mini-site. In addition

a series of Flash based games were developed to share the Go for 2&5 message on the mini-site and encourage re-visitation of the site.

**The Weekly News Bulletin (WNB)**, a fully featured HTML e-newsletter, remains the Institute's major internal and external communication tool, with the document consisting of up-to-date news and results from WAIS athletes. An extensive subscriber list of sporting organizations, government, sponsors and media ensures WAIS stakeholders are kept up to date with all the latest on the achievements of our athletes.

A significant amount of corporate communications activity was also undertaken throughout the process of securing funding for the new WAIS High Performance Service Centre. This included preparing reports, communications collateral and briefing notes as well as a comprehensive communications strategy and implementation plan.

### Media

The build up to the 2012 Olympic and Paralympic Games in London saw a peak in media activity in the 2011/12 period. The first half of 2012 saw the majority of selection events and selection announcements take place, with the WA Olympic Council relying on the WAIS Corporate Communications team to manage the local media activity. As per the 2008 Olympiad WAIS issued locally focused media releases for all WA athlete selections, both WAIS and non-WAIS, and facilitated media opportunities for any selected athletes who were in the State at the time of selection.

The key to the successful media outcomes in the lead up to London were the long term relationships built over the preceding years. The work undertaken with **The West Australian, The Sunday Times, ABC Radio, Sport FM, Channel 10, Channel 9, and Foxtel** ensured they were kept up to date with current information on WAIS athlete performances, selection chances as well as human interest story ideas. The interest and support of local media outlets is crucial to the stories of the Institute being shared with the wider public. WAIS notes its appreciation to the local media outlets who continue to show this interest and support.

### Publications

The **WAIS Annual Report** was the major in house publication produced by the Institute.

The WAIS Corporate Communications department also assisted with the production of various department and program publications for presentations, seminars and events.

### Go for 2&5 WAIS Community Development Program

The 2011/12 period was one of consolidation for the WAIS Community Development Program, as the partnership with **Healthway** entered the first year of the two year renewal period. Healthway itself took over the direct sponsorship support of the program from The Cancer Council following a change in the way it operates. This has enabled a closer relationship to develop between the partners and has been of benefit.

The three aspects of the program continue to be:-

- **Primary school visits**
- **Sporting club visits**
- **WAIS Tours**

Each part of the program sees athletes sharing aspects of their journey from budding young athletes to world class performers, hopefully inspiring the next generation to strive to follow a similar path whilst importantly focusing on the importance of eating healthy and being active in everyday life.

Schools across the metropolitan area have been benefactors of the program, with tours of the WAIS facility as well as incursion visits by athletes. One regional visits was undertaken which saw the benefits of the program continue to be spread across the State. The area visited in the past 12 months was the South-West.

Within the metropolitan area work again was undertaken with the state sporting organizations for canoeing, gymnastics, netball and athletics. This saw a targeted approach remain for sporting clubs visits, with developing clubs nominated by the respective sports organization for visits.

A number of athletes have been involved in the program in the past 12 months as either tour guides, club speakers or school presenters. Sports that have been represented include athletics, canoeing, gymnastics and water polo. Of significance was the number of 2012 Olympians who dedicated their time to the program despite the intensity of their London preparations.

Outside the Go for 2&5 WAIS Community Development Program WAIS athletes have once again been involved in appearances for a number of charities including Lifeline, Telethon and the Wally Foreman Foundation, as well as other community organizations such as the City of Joondalup, the Challenge Stadium Kids Sports Club and the Australia Day Council.



Photo: WAIS

*SWIMMER BLAIR EVANS AT A PRIMARY SCHOOL VISIT*

WAIS WOULD LIKE TO THANK:

PRINCIPAL PARTNER



STRATEGIC PARTNERS



Australian Government  
Australian Sports Commission



Department of  
Sport and Recreation

CORPORATE SPONSORS



PROGRAM SPONSORS



Community Development  
Program



International Scholarship  
Fund



Sailing



Athlete Career & Education  
Scholarship

SUPPLIER/PROVIDER



Sports Drinks & Beverages



IT Services



Sportswear

TRAINING CENTRE STATUS



An Olympic Training Centre  
recognised by the  
Australian Olympic Committee