

2012/2013
YEARBOOK AND ANNUAL REPORT

SIRIS

THE YEARBOOK OF THE WESTERN AUSTRALIAN INSTITUTE OF SPORT

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2012/2013 YEARBOOK AND ANNUAL REPORT



wais

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PREMIER'S FOREWORD



COLIN BARNETT MLA: PREMIER

FROM THE PREMIER OF WESTERN AUSTRALIA and WAIS PATRON,
The Hon Colin Barnett MLA

The past 12 months have been another great period for our West Australian athletes. As a proud patron of the Western Australian Institute of Sport, I took great delight in seeing our athletes compete at the highest level and with such success at both the London Olympic and Paralympic Games.

The focus now shifts towards the 2014 Glasgow Commonwealth Games and on to the 2016 Rio de Janeiro Olympic and Paralympic Games, with each the subject of much anticipation. It is pleasing to note that the WA State Government will continue its long-standing support of Western Australia's high performance athletes as they continue to strive towards these sporting goals.

A highlight of the WA State Government's commitment is the new \$33.7 million WAIS High Performance Service Centre which is due for completion in early 2015 in time for our WA athletes to benefit ahead of the 2016 Rio de Janeiro Olympic and Paralympic Games.

This facility will allow WAIS to remain central in the development of talented Western Australian athletes, both now and into the future under the strong leadership of the WAIS Board, led by Chairman Grant Boyce, and Executive Director Steven Lawrence.

May I also take this opportunity to acknowledge the generous support of WAIS's strategic partners in its high performance pursuits, such as the Department of Sport and Recreation, Lotterywest, the Australian Sports Commission and Venues West. Without them the task of developing high performance athletes would be much more challenging.

Finally, I would like to reiterate my congratulations to the athletes at the Western Australian Institute of Sport, for their tremendous performances at the London Olympic and Paralympic Games and for the great pride they instil in Western Australia.

Colin Barnett MLA
Premier

CHAIRMAN'S REPORT



GRANT BOYCE: CHAIRMAN

This year has been another busy and exciting one at the WA Institute of Sport. The London Olympics were a highlight of the year and it is very gratifying to be able to see our athletes showcase their talents on the world stage. The Olympics is the pinnacle for many athletes and it is the culmination of at least four years of hard work for all involved.

There were 45 athletes from Western Australia selected in the 2012 Olympic team and that represented 11% of the total. We are very pleased that this exceeded our target of 10%. In addition coaches from four of our programs were also in London assisting the team. Three athletes came home with a medal.

The end of an Olympic cycle is always a time to reflect and review the business and it is often a time to implement change. Post London we commissioned an independent review of the operating structure and also the athletic performance to try to identify ways that we could improve. As a result of the reviews we have made some significant changes to the organisational structure to achieve greater accountability and clarity of our purpose. Continuous improvement for WAIS as an organisation is just as important to us as it is to athletes who are always striving to improve.

In addition we have embarked on a program to update our strategic plan and this will be completed and released later in the year.

INFRASTRUCTURE

In the last Annual Report I mentioned that funding had been approved for the new facility and I am very pleased to advise that work is progressing to the point where construction will commence in a very short time. In the period since the last report a vast amount of planning and fine tuning has been going on and we are very excited about the quality of the facility that will be delivered. We are expecting to be able to commence using the facility by early 2015 and this will give the athletes vying for selection for the Rio Olympics a state of the art training centre.

PARTNERSHIPS

As always, the success of our programs relies on the strength of our partnerships and in particular the state and national sporting organisations. They provide the pathway for athletes and without them we would not have the talented athletes to work with.

We also thank the State Government who provide the bulk of the funding for WAIS and in particular the Minister for Sport and Recreation, Hon. Terry Waldron. The Minister is a great supporter of WAIS and is always very generous with his time to assist and advise us in any way that he can.

Mr Ron Alexander, Director of the Department of Sport and Recreation, has been on the Board for some years and his advice and counsel are always invaluable. I would also like to thank his staff who are always willing to assist us.

WAIS is accommodated at Challenge Stadium and we are extremely grateful to Mr Graham Partridge, Chairman of Venues West, and Mr David Etherton, Chief Executive Officer, for their continued support.

STAFF

Continuing to achieve great results is a direct reflection on the commitment of our staff. They are the ones that work behind the scenes to ensure that the athletes can concentrate solely on their athletic performance knowing that they have been very well prepared. The staff make many sacrifices and for that we thank them.

The Executive Director Mr Steven Lawrence and his committed and talented management team continue to lead the way in sports administration in Australia. Steve has shown great leadership at WAIS and also in his role as Chairman of NESC, which he relinquished during the year.

Steve's management team during the year comprised Mr Martin FitzSimons, Ramon Falzon, Simon Jones, Alan Black and Natalie Jones. These managers together with all of the staff have made a significant contribution to the operation of WAIS and the success of the athletes.

I would also like to make special mention of the coaches and specialist service staff who have the most direct impact on the athletes. They make enormous sacrifices that are often not recognised to the extent that they should be.

Finally I would like to thank the Board who are all passionate and committed to WAIS. In particular I would like to thank Jenn Morris, who retired from the Board on 30 June 2013. I would also like to welcome Mr Peter Aberly to the Board.

A handwritten signature in black ink that reads "Grant Boyce". The signature is written in a cursive, flowing style.

Grant Boyce
CHAIRMAN

EXECUTIVE DIRECTOR'S REPORT



STEVEN LAWRENCE: EXECUTIVE DIRECTOR

The last twelve months have been a pivotal year for WAIS. Not only was it an Olympic year but it was a year in which we undertook the most significant restructure in our 28 year history.

While the London Olympic and Paralympic Games were magnificent celebrations of high performance sport, the Australian involvement in these Games was not at the level we have come to expect. For all of us the outcomes were a clear reminder that the world loves sport and that many countries have ambitions to achieve success on the biggest sporting stage. The WA contribution to the national team was again strong but did not reach the highs of the past four Games. The actual performances of our athletes are recorded in detail within this report and within them you will see over achievements and some under performances. All of them are motivation for us to re-commit ourselves to achieving greater success on the world stage over the coming years.

PARTNERSHIPS AND STAKEHOLDERS

WAIS continues to receive great support from the state government and its sport partners in our thirteen National Training Centre Programs. The strength of these partnerships remains a shared commitment to common goals and open, transparent and regular communication. The partnerships with the Department of Sport and Recreation and VenuesWest also continue to grow in strength and value as we work to provide opportunities for our community to engage in sport at all levels.

WAIS remains a committed member of the National Elite Sports Council and has endorsed the new national strategic direction for high performance sport documented with "Australia's Winning Edge". We are confident that if the strategies contained within this plan are successfully delivered they allow us to achieve the ambitious athlete performance targets they aim for. WAIS is aligning its operations to support "Australia's Winning Edge". However, the strategy requires significant change, especially at the national sport organisation level and this has impacted our ability to confirm forward partnerships with sport. WAIS is confident that our positive relationships with sport and alignment to the national strategy will ensure this occurs as soon as practical.

STAFF

An extensive independent review of our core operations division (Performance Enhancement) followed the corporate services review completed in June last year. This review highlighted significant opportunities for us to improve the effectiveness and efficiency of our

athlete planning and monitoring processes. The changes required to take the opportunities identified resulted in the biggest structural change at WAIS since our inception. The change management process took most of the financial year but is now successfully operating and positive outcomes are already evident. However, this change did directly impact the positions held by several senior and long serving staff. The most notable of these was Athlete and Coach Services Manager, Martin FitzSimons. Martin left WAIS after nearly nineteen years of dedicated and productive service. He remains a highly respected colleague and now a WAIS VIP.

WAIS also chose to realign its Athletics program with the revised Athletics Australia national direction following the Olympic Games. The new WAIS role has been focused around the events of Pole Vault and the Throws. The unfortunate outcome of this decision was that our long standing and highly successful Head Track Coach, Lyn Foreman was made redundant. Lyn has been a great contributor to WAIS and her athlete performances over the past twenty plus years rate her as WA's most successful track coach during this period. Lyn's passion for athletics remains and we note her continued involvement and successes in coaching and like Martin she remains a WAIS VIP.

WAIS undertook an employee engagement project during the year with the aim to enhance the opportunities for staff to contribute to the organization and for WAIS to identify how it could best support them as individuals. This project has been a great success based on staff feedback and our staff engagement survey. WAIS also chose to increase its investment in staff by increasing the level of human and financial resources to support their professional development.

ATHLETE PERFORMANCE SYSTEMS

The Corporate Services Division restructure implemented in June 2012 has been highly successful in improving the efficiency and effectiveness of our scholarship and resource management processes. The administration department is now in charge of the project to develop IT solutions to enhance effectiveness and efficiency of these processes and have made strong gains.

The restructure of the Performance Enhancement Division has also realized significant improvements in the athlete planning and monitoring processes with real potential for even greater improvements evident.

FINANCE

WAIS was able to secure an increase, above CPI in our four year funding agreement with the state government in August 2012. This increase has allowed WAIS to increase our investment in athlete support to bring them closer to national standards. The funding has also allowed WAIS to increase its investment in developing our staff.

WAIS continues to work with its national sporting organization partners to confirm funding arrangements for the various National Training Centre Programs nominated for WAIS sport program status in the 2016 Olympiad.

INFRASTRUCTURE

It is very exciting to report that the proposed new WAIS high performance service centre is under construction and is therefore no longer a proposal. This new \$34million facility will be a World Class base to support our operations for at least the next 30 years. The design is inspiring and the project team committed to delivering a facility complementary to the quality of people it will support. The delivery date has been extended to February 2015 but I am confident that if any opportunities arise to bring this date closer to our original opening time of November 2014 then the project team will take that opportunity.

Steven Lawrence
EXECUTIVE DIRECTOR

WAIS BOARD



MR GRANT BOYCE
(CHAIRMAN)



MR RON ALEXANDER



DR RACHEL HARRIS



MR STEVEN LAWRENCE
(EXECUTIVE DIRECTOR)



MS DEBORAH LEAVITT



MS JENNY MORRIS



MR PETER ABERY



REV. CANON RICHARD
PENGELETTY



MRS FIONA TORY

PURPOSE

To provide opportunities for talented Western Australian Athletes to achieve excellence in elite sport with support from their home environment.

VISION

To Produce Champions

GUIDING PRINCIPLES

The philosophies guiding WAIS operations are defined by the following principles.

International Focus

WAIS will prioritise resource allocation to support athletic performance at the international level.

Western Australian Significance

WAIS will give priority to sports important to the Western Australian community.

Partner to Value Add

WAIS will partner sports that provide national leadership and will allocate resources to enhance the support provided by them to their athletes.

Community Values

WAIS will maintain high community values in all aspects of its operation and recognise that WAIS athletes as role models are expected to reflect these values.

GOALS

1. Maximise Western Australian contribution to Australia's International Success¹
 2. Maximise Western Australian representation on significant Australian Teams
 3. WAIS National representatives reflect the personal values of a champion
- Note: 1 as defined by Australia's winning Edge Strategy <http://ausport.gov.au/>

KEY PERFORMANCE INDICATORS

- Percentage of Australian gold medal athletes from WA.
- Percentage of Australian gold medal athletes supported by WAIS.
- Percentage of national team representatives from WA.
- Percentage of national team representatives supported by WAIS.
- Percentage of WAIS national team representatives reflecting the personal values of champions.

OPERATIONAL PRINCIPLES

WAIS is a performance driven organisation and creates structures and systems aligned with the following two principles:

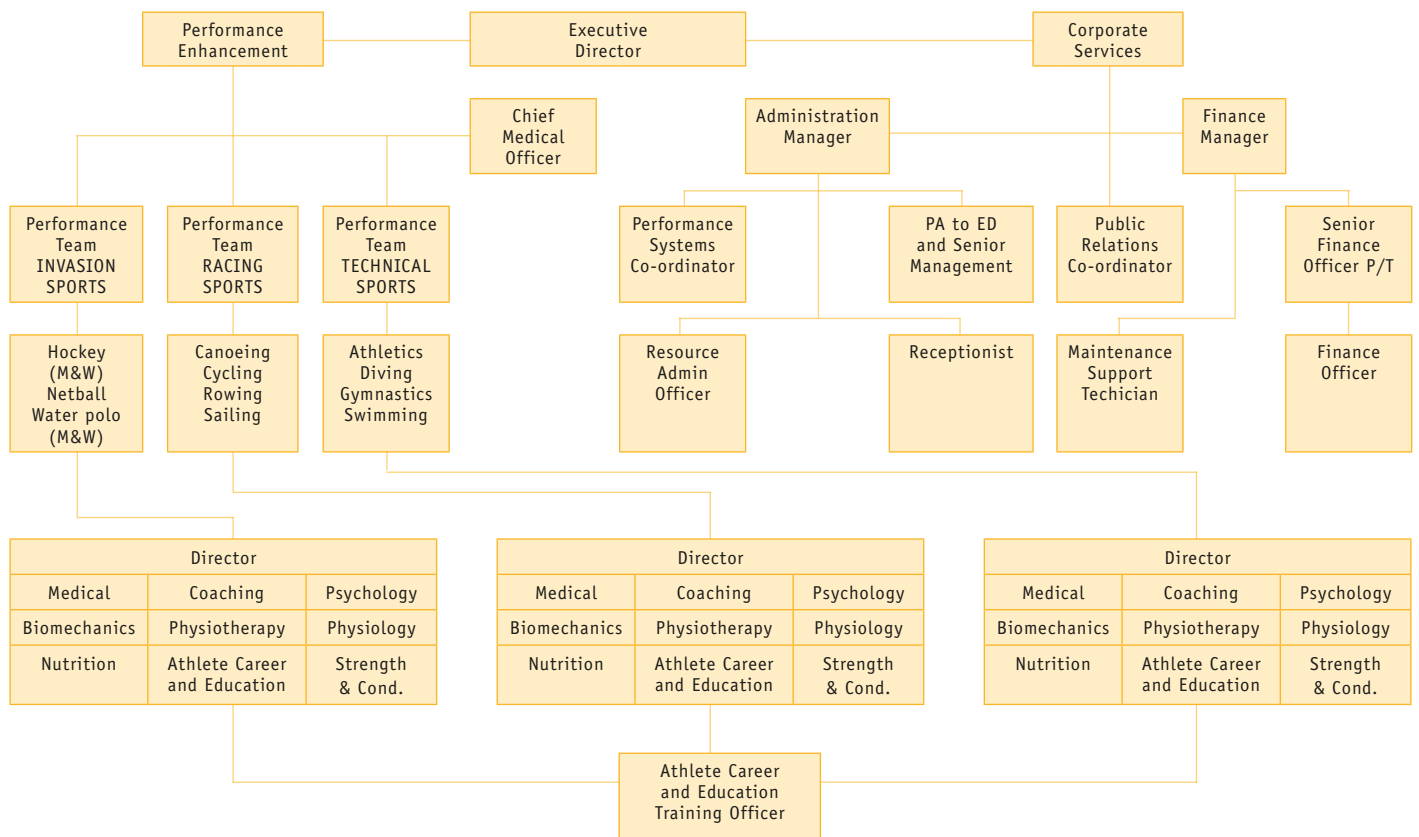
1. Athlete focussed
2. Coach led multidisciplinary approach

PERFORMANCE ENHANCEMENT CRITICAL SUCCESS FACTORS

WAIS core operations are focussed on attaining the following critical success factors:

1. **Quality Athletes:** identifying and engaging athletes with the attributes and attitude for high performance sport.
2. **Training environment:** providing for each identified athlete a daily training environment appropriate to achieve their performance goals inclusive of;
 - a) Coaching
 - b) Facilities
 - c) Equipment
 - d) Specialist Services
3. **Competition opportunities:** providing athletes with the required competition opportunities to maximise their competitive skills.
4. **Sport and life balance:** Ensuring identified athletes have the opportunity to engage in the required training and competition plan to meet their sporting and life goals and are supported to develop attitudes and behaviours reflective of community champions.

WAIS STRUCTURE



WAIS STAFF

EXECUTIVE

Executive Director
Steven Lawrence

ADMINISTRATION

Administration Manager
Natalie Graham

Performance Systems Co-ordinator
Laura Reid (commenced 27/08/2012)

Personal Assistant
Julie Arentz (commenced 23/07/2012)

Resources Administration Officer
Ellie Fazio (commenced 12/07/2012)

Receptionist
Bonnie Bessen (resigned 02/11/2012)
Rachel Mazza (commenced 23/10/2012)

FINANCE

Finance Manager
Ramon Falzon

Senior Finance Officer
Honnie Dobber (part time)

Finance Officer
Michelle Wilson

Maintenance Support Technician
Darren Key

CORPORATE COMMUNICATIONS

Public Relations Co-ordinator
Chris Abbott

COACHING

Performance Team Director-Racing Sports
Simon Jones

Performance Team Director -Invasion Sports
Alan Black

Performance Team Director -Technical Sports
Michael Broadbridge (commenced 11/03/2013)

Swimming Performance Manager
Greg Hodge (redundant 26/07/2013)

COACHING STAFF

Athletics

Lyn Foreman, Head Coach – Track (redundant 26/10/2012)
Grant Ward, Senior Coach – Field
Alex Parnov, Senior Coach – Pole vault

Canoeing

Ramon Andersson, Head Coach
Michael Pond, Coach (part-time)

Cycling

Darryl Benson, Head Coach
Clay Worthington, Senior Coach

Diving

Iris Deng, Senior Coach

Gymnastics

Martine George, Head Coach
Nikolai Lapchine, Senior Coach
Peter Abbott, Coach (resigned 31/10/2012)
Emma Di Carlo, Coach (resigned 14/06/2013)
Regan Molyneaux, Coach
Joshua Fabian, Coach
Tatiana Lapchina, Choreographer/Coach (part-time)
Caroline Wright, Coach (casual)
Heidi Rose, Coach (casual)
Prue Bowman, Coach (casual)
Michelle Yardley, Gymnastics Administrator/Coach
Dhana Antulov, GWA Administrator (part time)

Hockey (Men)

David Bell, Head Coach (resigned 31/12/2012)
Chris O'Reilly, Head Coach (commenced 04/02/2013)

Hockey (Women)

Neil Hawgood, Head Coach (resigned 24/10/2012)
Jeremy Davy, Head Coach (commenced 04/02/2013)

Netball

Michelle Wilkins, Head Coach

Rowing

Lincoln Handley, Head Coach

Sailing

Belinda Stowell, Head Coach
Arthur Brett, Coaching Consultant

Swimming

Michael Palfery, Senior Coach (commenced 29/10/2012)

Water Polo (Men)

Paul Oberman, Head Coach

Water Polo (Women)

Peter Szilagyi, Head Coach
Georgina Kovacs, Assistant Coach (part-time)



ATHLETE AND COACH SERVICES

Athlete and Coach Services Manager

Martin FitzSimons (redundant 26/10/2012)

SPORT SCIENCE

Exercise Physiologists

Peter Peeling

Sacha Fulton

Claire Rechichi (casual) (commenced 02/01/2013)

Marc Sim (casual) (commenced 25/03/2013)

Sport Psychologists

Matthew Burgin

Kevin Hayter (resigned 17/08/2012)

Adrian Schonfeld (commenced 24/06/2013)

Craig Harms (part time)

Biomechanists

Andrew Lyttle

Matthew Doyle

PhD Candidates

Emilie Thienot (completed 01/03/2013)

Martyn Binnie

Trenton Warburton

Koji Honda

STRENGTH AND CONDITIONING

Head of Strength and Conditioning

Gilman Barnitt

Strength and Conditioning Coaches

Greg Morgan

Naruhiro "Geish" Hori

ATHLETE CAREER AND EDUCATION

Athlete Career and Education Co-ordinator

Jennifer Marsh

Athlete Career and Education Counsellor

Lizzie Moyle, (part-time) (resigned 31/12/2012)

Angelique Bain (part-time) (commenced 02/04/2013)

Anne Wynne (part-time) (commenced 09/04/2013)

Athlete Career and Education Training Officer

Kate Bobridge (part-time)

CLINICAL SERVICES

Chief Medical Officer

Dr Carmel Goodman (part-time)

Nutritionists

Julie Meek (part-time)

Clare Wood (part-time)

Simone Allen (part-time) (commenced 03/06/2013)

HALL OF CHAMPIONS



L-R:

The Western Australia Hall of Champions perpetuates the achievements of Western Australia's best athletes. Entrance to the Hall signifies that the athlete has achieved at the highest level of their sport in a manner befitting a champion.

At the 2012 WAIS Annual Dinner, two new inductees were bestowed into the Hall of Champions. They were:

Lorraine Packham (Hockey)
Justin Langer (Cricket)

Lorraine (Laurie) Packham, born in East Fremantle, WA in 1937, was an exceptionally fast, agile and skilful left winger in the sport of hockey, who was an All Australian representative for nine consecutive years and was captain in 1966 and 1967.

As women's hockey was not then an Olympic sport, Laurie also competed in two World Championships which were also held every four years. The first was in Baltimore, USA in 1963 and the second in Leverkusen, Germany, 1967 where she was the captain and the playing coach.

Laurie was a tenacious, exceptionally speedy forward with excellent passing and ball control skills. As well as scoring goals she was responsible for the setting up of countless others and was an important player in the short corner battery. A testament to her ability and skill was that she played first grade hockey for 25 years.

Justin Langer, born in Perth, WA in 1970, was a Wisden Cricketer of the Year in 2001, and finished his glittering career as the greatest first class run scorer in Australian cricket history, having amassed 28,382 runs at 50.23, exceeding the previous record of Sir Donald Bradman's 28,067 runs. His tally of 86 first-class centuries placed him second only to Bradman (117) on the Australian list.

He retired from international and interstate cricket in 2007 with the mantle of Western Australia's greatest batsman and the only WA player to have represented his country in more than 100 Tests.

Few have worn the baggy green Australian cap with such pride and he ended his distinguished Test career of 105 matches with 7696 runs at an average of 45.27, including 23 hundreds and 30 fifties.

The Western Australian Institute of Sport also took the opportunity at the 2012 WAIS Annual Dinner to honour the contribution to Western Australian sport of **Charles "Chilla" Porter**.

Born in Brisbane, Queensland in 1936, Chilla represented Australia at the 1956 Olympic Games in Melbourne, winning silver in the men's high jump. Chilla also collected silver medals at the 1958 and 1962 Empire Games and was earlier in 2012 inducted into the Athletics Australia Hall of Fame.

Chilla held the position of WAIS Chairman from 1994 to 1996 and was instrumental in WAIS developing a purpose built facility at Challenge Stadium. He also remained involved in track and field with a tenure as Chief Executive Officer of the Western Australian Athletics Commission.

The selection committee for the Hall of Champions comprises Ken Casellas, Liz Chetkovich, Alan East, David Hatt (Chairman), Glen Mitchell, Pam O'Connell and Wendy Pritchard. The members of the committee provide their time and expertise free and without recompense and the Board extends its sincere appreciation for their assistance.

ATHLETE OF THE YEAR



Cameron Meyer was anointed the 2012 WAIS Athlete of the Year, following another exemplary year that saw the star win a sixth track world title.

Meyer claimed the prestigious award for the second time, after his world championship win in the men's points race in April (2012) saw him edge out fellow cycling world champion Scott Sunderland and Kookaburras Olympic bronze medallist Fergus Kavanagh for the award.

Having taken the WAIS Athlete of the Year Award in the 2010, Meyer was again a popular winner, having claimed a sixth senior title at the 2012 UCI Track World Championships in Melbourne along with a bronze medal in the maddison, and a senior debut in the UCI Road World Championships in the Netherlands.

Although not in Perth to receive his award, Meyer's father Ken, accepted on his behalf, claiming he would be delighted with his second win.



CAMERON MEYER

ATHLETE PERFORMANCE SCORECARD 2012

SUMMER OLYMPIC SPORTS <small>(benchmark)</small>	WAIS STATUS	KPI – NATIONAL TEAM (AT BENCHMARK EVENT) 2012			KPI – WORLD CLASS PERFORMANCE 2012		
		WAIS TARGET	WAIS ACTUAL	WAIS% AUST NO	WAIS ACTUAL	AUST NO	WAIS% AUST NO
Athletics	Program	9	5	10%	0	5	0%
Canoe/Kayak - Flatwater	Program	2	3	19%	3	6	50%
Cycling (Track)	Program	4	3	21%	4	24	17%
Diving	Program	0	0	0%	0	6	0%
Football (Women)	Program	0	0	0%	0	0	0%
Gymnastics (Artistic) - Women	Program	2	2	29%	1	1	100%
Hockey - Men	Program	3	1	6%	1	18	6%
Hockey - Women	Program	4	5	31%	0	0	0%
Rowing	Program	4	4	9%	2	29	7%
Sailing	Program	0	2	13%	0	8	0%
Swimming	Program	2	1	2%	1	48	2%
Water Polo - Men	Program	4	3	23%	0	0	0%
Water Polo - Women	Program	3	2	15%	2	13	15%
Archery	IASP	1	1	50%	0	0	0%
Badminton	IASP	1	0	0%	0	0	0%
Boxing	IASP	1	0	0%	0	1	0%
Canoe/Kayak - Slalom	IASP	2	2	50%	1	2	50%
Cycling (MB & BMX)	IASP	2	1	14%	0	2	0%
Equestrian	IASP	3	2	17%	0	0	0%
Fencing	IASP	1	0	0%	0	0	0%
Gymnastics (Rhythmic)	IASP	1	1	100%	0	0	0%
Gymnastics (Trampoline)	IASP	0	0	0%	0	0	0%
Shooting (Pistol)	IASP	0	0	0%	0	1	0%
Shooting (Rifle)	IASP	2	1	8%	0	1	0%
Synchronised Swimming	IASP	0	0	0%	0	0	0%
Tae Kwon Do	IASP	0	0	0%	0	1	0%
Tennis	IASP	0	0	0%	0	0	0%
Triathlon	IASP	0	0	0%	0	2	0%
Volleyball (Beach)	IASP	0	0	0%	0	0	0%
Volleyball (Indoor)	IASP	1	1	8%	0	0	0%
TOTAL		52	40	10%	15	168	9%
NON OLYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	% TEAM	WAIS ACTUAL	AUST NO	% TEAM
Netball	Program	2	1	8%	1	12	8%
TOTAL		2	1	8%	1	12	8%
SUMMER PARALYMPIC SPORTS	WAIS STATUS	WAIS TARGET	WAIS ACTUAL	% TEAM	WAIS ACTUAL	AUST NO	% TEAM
Athletics	IASP	2	3	5%	1	39	3%
Cycling	IASP	1	1	7%	1	14	7%
Equestrian	IASP	1	0	0%	0	1	0%
Powerlifting	IASP	1	1	33%	1	2	50%
Swimming	IASP	2	1	3%	1	35	3%
Wheelchair Basketball	IASP	7	7	29%	7	24	29%
Yachting	IASP	1	1	17%	0	1	0%
TOTAL		15	14	14%	11	116	9%
GRAND TOTAL		69	55	11%	27	296	9%

PERFORMANCE ENHANCEMENT





ROBIN JEFFERY AND KYNAN MALEY

INDIVIDUAL ATHLETE SUPPORT PROGRAM

The WAIS Individual Athlete Support Program provides services and support to Western Australian high performance athletes from sports outside of the 13 programs operated through WAIS.

In 2012/13 the WAIS IASP assisted eight Olympians and 12 Paralympians onto Australian representative teams with London providing a range of memorable moments for our Western Australian athletes.

Clayton Fredericks and Lucinda Fredericks (Equestrian)

Clayton and Lucinda Fredericks represented Australia at Olympic level for the second time in London, having won silver medals in the Australian Equestrian Eventing team in Beijing. The Australian team again appeared to be in medal calculation until a disastrous cross-country campaign saw two Australian riders fall, earning disqualification. The penalties ensured Australia missed out on the medals, but a final ranking of sixth was again evidence of Australia's fine standing in the sport.

Janine Murray (Rhythmic Gymnastics)

Janine Murray earned qualification for the Olympic Games via an Oceania wildcard after impressing at the 2011 World Championships in France. In her first appearance at Olympic level, Murray performed admirably in the women's individual all around competition, completing the two day event in 22nd place. Murray earned scores of; 25.000 in ribbon, 23.875 on clubs, 24.350 on hoop and 23.100 with ball for a combined total of 96.325.

Kynan Maley and Robin Jeffery (Slalom Canoe)

Kynan Maley and Robin Jeffery contested the men's C2 slalom for Australia at the London Olympic course at Lee Valley. The pair – who made their Olympic debuts in London – performed well to progress to the semi-final stage, narrowly missing out on the Olympic final. Earlier in competition, Kynan Maley competed in the men's C1 where the 30 year-old belied his world ranking that sat above 40, to qualify for the eight man Olympic final. Maley produced another quality run in the final, eventually finishing in sixth place in a remarkable effort.

Lauren Reynolds (BMX)

Bunbury resident Lauren Reynolds was selected for the Australian team in the women's BMX in just the sport's second ever appearance as an Olympic event. Reynolds produced a strong time in the seeding run to set up a good draw for the semi-finals, but the Olympic debutant was unable to make the cut for the Olympic final after getting boxed-out in her semi-final run.

Robyn Van Nus (Shooting)

Competing in a second Olympic campaign for Australia, Robyn Van Nus contested the 10m Air Rifle and the 50m rifle 3 position. Despite a gallant effort, Van Nus was unable to qualify for the final of either event, but has the distinction of being a dual Olympian for Australia.

Taylor Worth (Archery)

Western Australian archer Taylor Worth entered competition in the men's recurve in London with a world ranking of 44. Despite this, Worth qualified through the ranking round in 22nd place, before defeating Great Britain's Alan Willis in the first round of match play. Worth then extended his Olympic campaign to the round of 16 by defeating world number one Brady Ellison. Worth's fairytale run eventually ended in the round of 16 in a shoot-off against world number seven, Dai Xiaoxiang of China.

Brad Ness, Justin Eveson, Shaun Norris and Michael Hartnett (Wheelchair Basketball Men's)

Western Australia contributed four members to the Australian Rollers men's Wheelchair Basketball team that reached the gold medal play-off at the London Paralympic Games. Entering competition as reigning Paralympic champions, the Rollers were again impressive in London, reaching the final undefeated before suffering a tight 58-64 loss to Canada. Norris (19), Eveson (16) and Ness (12) top scored for the Rollers as they claimed silver, and were instrumental in the team reaching the gold medal match.



Madison de Rozario

Clare Nott, Amber Merritt and Sarah Vinci (Wheelchair Basketball Women's)

The Australian Gliders women's Wheelchair Basketball team defied expectations to reach the gold medal match of the London Paralympic Games. Clare Nott, Amber Merritt and Sarah Vinci were key contributors for the Gliders throughout their London journey, with Merritt Australia's top scorer for the competition. Australia was defeated 58-44 by Germany in the final at London's O2 Arena.

Madison de Rozario (Wheelchair Racing)

Wheelchair racer Madison de Rozario had a full schedule at the London Paralympics, competing in four events in total. A silver medallist from the 2008 Beijing Paralympics, de Rozario qualified for Paralympic finals in each event, but was unable to add a second medal to her collection. She was desperately close in the 800m, finishing fourth, with a fifth place finish in the 100m, and sixth in both the 200m and 400m events.

Katherine Downie (Swimming)

At 16 years of age, Katherine Downie enjoyed a dream debut at the Paralympic Games, winning two gold medals as a member of both the 4x100m freestyle and 4x100m medley relay teams. Downie also competed in seven individual events, returning; fourth place finishes in the 100m backstroke and 200m individual medley, fifth place finishes in the 100m butterfly and freestyle, a sixth place finish in the 400m freestyle and a seventh place ranking in the 50m freestyle. Downie's achievements saw her crowned the 2012 WAIS Athlete with a Disability of the Year at the WAIS Annual Dinner.

Darren Gardiner (Powerlifting)

Darren Gardiner competed in a fourth and final Paralympic Games campaign in London and contested in the men's +100 kg Powerlifting. Gardiner attempted a personal best lift of 236kg in an effort to win a third Paralympic medal, but was unable to complete the lift, settling for fourth place. Gardiner retired as a legend of the sport, and one of Western Australia's most decorated Paralympians.

Colin Harrison (Sailing)

Sailing athlete Colin Harrison was selected for a third Paralympic Games in London, and was a member of the Australian 3-person keelboat class known as sonar. Harrison won a bronze medal in Beijing, and was again in contention in London, at the Weymouth course, but would eventually finish in sixth place, narrowly short of a second Paralympic medal.

Samuel Harding (Athletics)

Samuel Harding endured a difficult London experience. Preparing to compete in his maiden Paralympic Games, Harding fell ill, and ended up spending time in hospital and was unable to compete in the T13 men's 800m event.



INVASION SPORTS

PERFORMANCE ENHANCEMENT TEAM – INVASION SPORTS

The WAIS Invasion sports under the new Performance Enhancement Division have already begun to see the benefits of a more collaborative approach to assisting high performance athletes. The high quality work being driven by WAIS coaches is being expertly assisted by WAIS service staff to ensure better support to athletes.

The WAIS Men's and Women's Hockey Programs have both moved to UWA from their former base at Curtin University in Bentley, to create a stronger connection with WAIS services for both coach and athlete. The Invasion Sports Performance Enhancement Team (PET) meets on a monthly basis to analyse the performance of athletes in each sport program through their Individual Performance Enhancement Plan. These plans link all the coaching and service provision for the athlete so that an assessment of their progress can be made and their daily training environment can be adjusted accordingly.

From a coaching perspective, members of the WAIS Invasion sports continue to be leaders in their field. WAIS Men's Water Polo Coach Paul Oberman continued his role as the National Assistant Coach to the Australian men's water polo team. This included assistance at the recent World Championships in Barcelona. WAIS Men's Hockey Coach Chris O'Reilly took a combined Hockey Australia and WAIS team on a tour of China and will also coach the WA National Hockey League Team the Thundersticks at the 2013 Australian Hockey League. WAIS Women's Hockey Coach Jeremy Davy was an assistant with the Australian Women's Junior World Cup team. WAIS Netball Coach Michelle Wilkins coached the State Under 21 team to third place at the National Championships and was a mentor for the Under 19 State Coach. WAIS Water Polo Women's Coach Peter Szilagyi has decided to return to Hungary after seven years at WAIS. He has achieved outstanding results during his tenure, with two of his athletes recently winning silver medals as members of the Australian team at the Water Polo World Championships in Barcelona. Peter has been assisted by Georgina Kovacs who has worked tirelessly in the program as the assistant coach and took over while Peter was on extended leave.

The Invasion team would also like to recognise the work of WAIS Hockey Coaches Neil Hawgood and David Bell who spent a total of sixteen years at WAIS and made a significant contribution to hockey, both in WA and nationally.

WAIS service staff continues to offer WAIS athletes world class support across the Invasion sport roster. Geish Hori is the Invasion Sports' Strength and Conditioning specialist and is also assisting a number of the Individual Scholarship holders who are headed to the Winter Olympics. Marc Sims has taken over from Martyn Binnie as the PET Physiologist and is assisting with body composition analysis and conditioning across all Invasion Sports. Martyn completed his PhD research on the effect of soft sand training surfaces in team sport athletes. Along with his supervisor Peter Peeling, he worked with the WAIS Netball and Hockey Programs over three separate research studies to determine the short and long-term benefits associated with training on soft sand surfaces. Shayne Hanks has been filling in as the Performance Psychologist and is now a full time PET Invasion Sports member. Shayne has been working with the Water Polo Men's Program on mental toughness strategies and has been assisting with the athlete preparation for Junior World Championships. Angie Bain was the WAIS ACE counsellor and provided excellent work with hockey and netball. Angie has since taken up a position with Cricket Australia at the WACA. Julie Meek the WAIS Nutritionist has undertaken some excellent group work with all Invasion sports and was ably assisted by Simone Allen who came on board in January to assist while Julie was away on extended leave and now works in the Technical sports area.

WAIS in general and the Invasion sports in particular have put great emphasis on Medical matters under the new structure. The monthly medical meetings, led by WAIS chief Medical Officer Doctor Carmel Goodman, are attended by the PET members and WAIS physiotherapists, and have been instrumental in lowering the number of days lost through injury and keeping everyone connected on rehabilitation and work load monitoring, to avoid over use injuries. Doctor Peter Steele who has a long term relationship as the Doctor for WAIS Men's Hockey continues in that role.

The Invasion Sport PET has an excellent relationship with the National Sporting bodies with many coaches involved in National duties and a very close link between National service providers and WAIS in a number of sports. All WAIS scholarships are ratified by the National Coaches and the National High Performance Managers are across all the major athletes and their performance plans. There is a structured meeting each year that brings the partners together but the communication is usually on a weekly basis.



HOCKEY MENS



PROGRAM PARTNERS



The 2012 London Olympic Games dominated the focus of the 2012/13 WAIS Men's Hockey program year, with WAIS scholarship holder Fergus Kavanagh winning bronze as a member of the Kookaburras team.

The Kookaburras headed into the 2012 London Olympic Games as gold medal favourites, boasting numerous international trophies and a number one ranking. They started their campaign in late July with a comfortable 5-0 win over South Africa.

The Olympic tournament carried into August, with the Kookaburras winning its second clash 5-0 against Spain, before recording consecutive draws, with Argentina (2-2) and hosts Great Britain (3-3). Australia ensured its path through to the semi-finals with a convincing 7-0 win over Pakistan in its final pool game.

The Kookaburras however, fell to a 4-2 defeat against Germany and missed the opportunity to play in the gold medal match. They would finish their Olympic campaign on a high though, defeating Great Britain 3-1 to claim a bronze medal. WAIS athlete Fergus Kavanagh featured in each match for the Kookaburras throughout the Olympic campaign.

The Australian Hockey League was postponed to the second half of the year to accommodate preparations for the Olympic Games, and was contested through October. The WA Thundersticks won five and lost two of its round matches to set up a semi final with the NSW Arrows, which it won to qualify for the 2012 AHL final. The Thundersticks relinquished their title, suffering a 3-2 defeat against Queensland with the match hosted in Canberra.

The Kookaburras returned to winning ways with victory at the Perth International Super Series in November, with WAIS athletes Trent Mitton, Craig Boyne and Kiel Brown all representing the side during the four day tournament. A 5-2 win over England secured the trophy.

A Kookaburras squad for the Champions Trophy was announced following this tournament, with Fergus Kavanagh, Trent Mitton and Kiel Brown earning call-ups.

The Kookaburras claimed a record fifth consecutive Champions Trophy win in December, winning the title on home soil, with Melbourne hosting the 2012 edition. Australia qualified for the knockout rounds with a first up 4-2 win over Belgium, a scoreless draw with the Netherlands and a 1-0 success over Pakistan. The team defeated India 3-0 in the semi-final before securing the title with a thrilling 2-1 win over the Netherlands.

Kookaburras coach Ric Charlesworth announced his 2013 senior and development squads in December, with; Kiel Brown, Tristan Clemons, Fergus Kavanagh, Trent Mitton, Aran Zalewski and Graeme Begbie all selected in the senior ranks, whilst; Chris Bausor, Craig Boyne and Nathan McGuire earned inclusion in the development squad.

A draft was also held in December for the 2013 Hockey India League, with a host of Australian players selected for the inaugural tournament. Fergus Kavanagh was purchased by the Ranchi Rhinos.

In February, Australia selected a youthful squad for the Sultan Azlan Shah Cup in Malaysia with Chris Bausor, Craig Boyne, Trent Mitton and Aran Zalewski called up.

The Hockey India League was contested across India in February, with WAIS athlete Fergus Kavanagh and his Ranchi Rhinos teammates claiming victory in the competition's inaugural season, courtesy of a 2-1 final win over the Delhi Wave Riders.

Trent Mitton starred for the Kookaburras in March as they won the Sultan Azlan Shah Cup in Malaysia. Australia posted victories over India (4-3) and Pakistan (6-0) before a 1-1 stalemate with hosts Malaysia. Australia guaranteed its progression to the final with a last-up round robin victory over New Zealand (3-2). Trent Mitton scored the winning goal in the Kookaburras' 3-2 final win over Malaysia and was named player of the final, as well as earning representation in the team of the tournament.

A preliminary national U21 squad was selected for the Burras in April ahead of their Junior World Cup in late 2013. WAIS athletes Matthew Lim and Daniel Robertson were included in this selection.

The Kookaburras won a four test series 2-0 against Korea in Perth during May with Trent Mitton, Tyler Lovell, Kiel Brown, Chris Bausor and Aran Zalewski all getting game time.

Matthew Lim was selected for an Australian U21 squad to travel to Europe for matches in Germany and the Netherlands.

An Australian squad featuring; Kiel Brown, Fergus Kavanagh, Aran Zalewski, Tristan Clemons and Trent Mitton competed in World League warm up matches in June, posting 3-1 and 5-2 wins over Olympic silver medallists the Netherlands, and a 2-2 draw with Belgium.

Australia qualified for the 2014 World Cup despite losing to Belgium in a penalty shootout following a 2-2 draw in the final of the World League tournament in the Netherlands. Australia suffered a 3-1 defeat at the hands of the Belgians in their opening fixture, before recording a 5-2 win over Spain, a 7-1 trouncing of France and a 5-1 success over India to reach the final.

Coaches

DavidBell	Head Coach (resigned 31/12/12)
ChrisO'Reilly	Head Coach (commenced 04/02/13)

Service Providers

Alan Black	Performance Team Director
Peter Steele	Doctor
Shayne Hanks	Psychology
Michael Wood	Physiotherapy
Peter Peeling	Physiology
Martyn Binnie	Physiology
Julie Meek	Nutrition
Simone Allen	Nutrition
Jenny Marsh	Athlete Career and Education
Angie Bain	Athlete Career and Education
Geish Hori	Strength and Conditioning

WAIS Program Athletes

Fergus Kavanagh **	Kiel Brown **
Graeme Begbie **	Trent Mitton **
Ian Burcher **	Brent Dancer **
Daniel Sampey	Chris Bausor **
Nathan McGuire	Matt Lim
Tim Bates	Tyler Lovell **
Aran Zalewski **	Craig Boyne
Marshall Roberts	Jonathon Charlesworth **
Tristan Clemons **	Matt Boyce
Daniel Robertson	Frank Main
Ross Hall	

Australian Representatives

Fergus Kavanagh	2012, Olympic Games, London
	**AIS/WAIS Athletes



HOCKEY WOMENS



PROGRAM PARTNERS



The 2012/13 year was a busy one for the WAIS Women's Hockey program, with athletes competing at the 2012 London Olympic Games as well a series of other tournaments throughout the 12 month period. Domestically, the WA Diamonds were again strong in the AHL competition, qualifying for the semi finals of the 2012 event.

Five Western Australian Institute of Sport scholarship athletes were named in the Australian Hockeyroos squad for the 2012 London Olympic Games. The 16 member team included; Kobie McGurk, Ashleigh Nelson, Jayde Taylor, Fiona Boyce and Hope Munro.

The Hockeyroos opened their Olympic campaign in late July, but suffered a costly 1-0 defeat against trans-Tasman rivals New Zealand. The Hockeyroos bounced back with an impressive win over Germany in its second match, recording a 3-1 win, with goals to Hope Munro and Fiona Boyce. Wins over the USA (1-0) and South Africa (1-0) followed, meaning the Hockeyroos required a win over top ranked Argentina in its last pool match to progress to the semi finals.

The Hockeyroos could only manage a 0-0 draw with Argentina and instead faced a 5th/6th play-off match with China. The Hockeyroos claimed victory in this match to finish fifth, courtesy of a 2-0 win.

A Champions Challenge squad was announced in September for the Hockeyroos team to compete in Dublin, Ireland for qualification to World League. Fiona Boyce and Kobie McGurk were selected in the squad.

The Champions Challenge was contested in October, with Australia winning the title and qualifying for the 2013 World League tournament in the process. The Hockeyroos opened its campaign with a 4-1 win over Belgium, before topping its group with 8-1 and 4-0 wins over India and Wales respectively. Australia claimed the trophy with a 6-1 win over the USA in the final.

The 2012 Australian Hockey League finals week was hosted in Perth in October, with Western Australia finishing in fourth place. Wins over the Northern Territory, Tasmania and South Australia had the Diamonds in strong position early, and a 1-1 draw with NSW and 3-2 victory over Victoria ensured WA would feature in the semi-finals. A semi-final defeat at the hands of Victoria however, and another loss in the bronze medal match to Queensland meant WA had to settle for fourth place instead. The defeat to Queensland was further soured by an ACL injury to Olympian Kobie McGurk.

A 2013 Hockeyroos senior International squad was selected in November with; Fiona Boyce, Ashleigh Nelson, Jayde Taylor and Kobie McGurk selected. The 16 member squad for the Australian Youth Olympic Festival was also named, with WAIS athlete Kathryn Slattery earning inclusion in the Australian team. A busy month also saw the Hockeyroos claim victory at the International Super Series held in Perth, with the trophy lifted via a 2-0 win over the Jillaroos in the final. Fiona Boyce represented the Hockeyroos.

Kathryn Slattery and the Australian team claimed the gold medal at the Australian Youth Olympic Festival tournament in Sydney during January. The Australians defeated China in the final.

Fiona Boyce travelled with the Australian team for the Investec Challenge in Cape Town, South Africa in February. Australia had a 2-2 draw with the Netherlands, a 1-1 draw with South Africa, and lost out to England on penalties following a 2-2 draw in the third place play-off.

In March, Fiona Boyce called time on an international hockey career that yielded Olympic Games representation, a Commonwealth Games gold medal and a Champions Trophy silver medal.

A Jillaroos squad for July's U21 World Cup was selected in April, with Kathryn Slattery the sole Western Australian inclusion. The U21 World Cup is to be held in Monchengladbach, Germany.

Ashleigh Nelson represented Australia in a four test series in Perth against Korea in April. The series was drawn, two wins apiece.

In May, the Australian squad for the World League tournament in London was selected, with Ashleigh Nelson included in the squad.

Kathryn Slattery was named for a Jillaroos tour team headed for Japan for a series against a Japan A team.

The World League tournament was hosted in London during June, with the Hockeyroos producing some strong form to win the tournament and qualify for the 2014 Women's World Cup.

The Hockeyroos opened with a 5-0 win over Spain, before drawing with hosts England 1-1. A 1-0 win over South Africa was followed by a 4-1 success over the USA that qualified Australia for a semi-final with China. Ashleigh Nelson scored in the Hockeyroos' 4-1 win over China, and again hit the scoresheet in Australia's 3-0 final win over England to claim the World League title.

Coaches

Neil Hawgood	Head Coach (resigned 24/10/12)
Jeremy Davy	Head Coach (commenced 04/02/13)

Service Providers

Alan Black	Performance Team Director
Carmel Goodman	Doctor
Shayne Hanks	Psychology
Kevin Hayter	Psychology
Michael Wood	Physiotherapy
Alison Low	Physiotherapy
Fiona Chromiak	Physiotherapy
Peter Peeling	Physiology
Martyn Binnie	Physiology
Julie Meek	Nutrition
Simone Allen	Nutrition
Jenny Marsh	Athlete Career and Education
Angie Bain	Athlete Career and Education
Geish Hori	Strength and Conditioning

WAIS Program Athletes

Kobie McGurk **	Ashleigh Nelson **
Fiona Boyce **	Jayde Taylor **
Kate Hubble	Courtney Robinson
Hope Munro **	Kate Denning
Caitlin Pascov	Georgia Wilson
Alessia Robinson	Katy Symons
Kyra Flynn	Erin Flynn
Kathryn Slattery	Kersten Smith
Karla Barrett	Penny Squibb
Katelyn Smith	

Australian Representatives

Kobie McGurk	2012, Olympic Games, London
Ashleigh Nelson	2012, Olympic Games, London
Fiona Boyce	2012, Olympic Games, London
Jade Taylor	2012, Olympic Games, London
Hope Munro	2012, Olympic Games, London

**AIS/WAIS Athletes



damonds

KiwiNet

2012 International Series

**BE THE
INFLUENCE**

HOLDEN

GS

MYNHARDT

GK

CAITLIN BASSETT

NETBALL



PROGRAM PARTNERS



The WAIS Netball Program has been a long standing and successful contributor to the national netball pathway, and 2012-13 was no different, with WAIS scholarship holders representing Australia at junior and senior international level as well as new generation of West Coast Fever representatives unearthed from the WAIS Netball Program.

The reporting year commenced in July with five WAIS athletes selected across 21/U and 19/U levels. Courtney Bruce, Denise Shepley, Ellie Smart and Kaylia Stanton all earned selection in the 21/U squad, whilst Numi Tupaea was recognised with a call up for the 19/U squad.

In August two WAIS athletes were named for the Australian Diamonds squad for the Constellation Cup, with Caitlin Bassett and Ashleigh Brazill receiving call-ups.

Courtney Bruce and Kaylia Stanton were involved in the Australian 21/U team for an International Series in Ballarat, whilst domestically the Western Sting qualified for the finals of the Australian Netball League.

Australia relinquished its hold on the Constellation Cup in September with the New Zealand Silver Ferns winning the first two matches of a three test series, with wins in Adelaide and Auckland wrapping up the trophy. Australia won the final match to narrow the series margin to a 2-1 defeat. Ashleigh Brazill was a late withdrawal from the Australian squad through injury, but WAIS athlete Caitlin Bassett featured across the test series for the Diamonds.

In the Australian Netball League, the Western Sting finished third in the finals via a 44-39 win over the AIS in the bronze medal play-off. WA had trailed by nine goals at half time, but rallied to overrun their opponents in the second half. The Western Sting had been in touching distance of qualification for the ANL final after leading NSW in the semi-final with less than a minute to play, but a crucial turnover followed by a NSW centre-court start broke WA hearts.

The Constellation Cup was followed in October by a Quad Series for the Australian Diamonds, with matches against South Africa, England and New Zealand. Caitlin Bassett was again selected to play for the Diamonds as they claimed victory despite dropping their final match against New Zealand, with a superior goal percentage with both sides on level points.

October also saw the selection of Shae Bolton, Verity Simmons and Ashleigh Brazill for the Australian Fast Net team for competition in November, but Brazill was once again ruled out with a knee injury.

At the 2012 WAIS Annual Dinner, WAIS netball athlete Numi Tupaea was awarded with a prestigious Wally Foreman Foundation scholarship.

Courtney Bruce and Kaylia Stanton were selected for a tour of Jamaica with the Australian 21/U squad in November whilst Shae Bolton and Verity Simmons represented Australia at the Fast Net World Challenge in New Zealand, with Australia failing to record a win in finishing sixth.

Young WAIS scholarship holders Denise Shepley and Alicia Janz were selected for a travelling West Coast Fever team in December that competed in Glasgow, winning the World Club Challenge.

Caitlin Bassett travelled with the Australian team for a three test series against England in January with the hosts claiming an historic clean sweep with wins in Bath, Wembley and Birmingham.

An Australian Institute of Sport tour team bound for New Zealand was announced in February, with WAIS scholarship holders; Courtney Bruce, Kaylia Stanton, Numi Tupaea and Denise Shepley invited to attend.

February also saw the end of an era, with World Championships winning Diamonds defender and long serving WAIS athlete Susan Fuhrmann announcing her retirement from netball.

The Western Australian 21/U squad competed at the National Championships in March, finishing fourth. Following competition, Courtney Bruce and Kaylia Stanton were selected for the Australian 21/U squad, whilst Numi Tupaea and Denise Shepley were invitees to trial at the selection camp.

The West Coast Fever opened its 2013 ANZ Championship Season in March with a match against the NSW Swifts, with the hosts running out 14 goal winners in Sydney.

The National Age Championship season continued in April with WA producing a brilliant result to finish second in the 17/U, whilst the WA 19/U team finished in sixth place. The Australian 17/U national squad selected after competition included two WAIS scholarship holders, with Nicole Lendich and Annika Lee-Jones both selected, whilst Numi Tupaea was the sole WAIS selection in the 19/U squad.

The West Coast Fever got its season up and running in Perth with wins over New Zealand teams, the Northern Mystics and the Magic, before enduring an up and down end to April with a defeat in Adelaide at the hands of the Thunderbirds, a home court win over the NSW Swifts, and a defeat in Perth against the Melbourne Vixens.

Annika Lee-Jones and Nicole Lendich both attended a national 17/U camp in May, whilst Courtney Bruce and Kaylia Stanton attended a national 21/U camp. Numi Tupaea and Denise Shepley were invitees for camp, following which Tupaea was drafted into the 21/U squad. WAIS athletes Courtney Bruce and Kaylia Stanton earned selection for the Australian 21/U team for the August World Championships in Glasgow.

In another encouraging sign for WA's developing netball group, young WAIS scholarship holder Ingrid Colyer was drafted into the West Coast Fever squad and made her debut against the Adelaide Thunderbirds in Perth in May. The Fever was unable to win on Colyer's debut, and also suffered defeats in Brisbane to the Queensland Firebirds and in New Zealand to the Central Pulse, but did win one match in Nelson, defeating the Tactix.

The West Coast Fever's finals hopes were extinguished following a 72-47 home defeat to the Queensland Firebirds in June, but there was some good news for the Fever, when they equalled a club record of wins for an ANZ Championship season, when they claimed a fifth victory at home against the Southern Steel (68-56). The Fever finished its 2013 campaign with a heavy defeat at the hands of the finals bound Melbourne Vixens, with a 69-39 score line.

Coaches

Michelle Wilkins	Head Coach
Stacey Rosman	Specialist Coach
Sue Kenny	Specialist Coach

Service Providers

Alan Black	Performance Team Director
Carmel Goodman	Doctor
Shayne Hanks	Psychology
Pippa Flanagan	Physiotherapy
Alison Low	Physiotherapy
Nina Crowhurst	Physiotherapy
Peter Peeling	Physiology
Martyn Binnie	Physiology
Julie Meek	Nutrition
Simone Allen	Nutrition
Jenny Marsh	Athlete Career and Education
Angie Bain	Athlete Career and Education
Lizzie Moyle	Athlete Career and Education
Geish Hori	Strength and Conditioning

WAIS Program Athletes

Caitlin Bassett	Kate Beveridge
Shae Bolton	Ashleigh Brazill
Josie Janz	Andrea Gilmore
Verity Simmons	Courtney Bruce **
Sarah East	Kaylia Stanton **
Denise Shepley	Ellie Smart
Numi Tupaea	Ingrid Colyer
Anika Lee-Jones	Nicole Lendich
Alicia Janz	Jess Penny
Susan Fuhrmann	

Australian Representatives

Caitlin Bassett	2012, Constellation Cup, NZ & Australia
Caitlin Bassett	2012, Quad Series, Australia & NZ

**AIS/WAIS Athletes

WATER POLO MENS



The WAIS men's Water Polo Program continued to produce representative players at the highest level in 2012-13, with three scholarship holders selected for the Australian Sharks to compete at the 2012 London Olympic Games. Strong performances at NTC and national league level also highlighted another successful year for the program.

In July, the Australian Olympic Committee ratified the nomination of the Australian men's water polo team for the 2012 London Olympic Games. Selected from Western Australia, were WAIS trio Jamie Beadsworth, Aaron Younger and Tim Cleland. WAIS program head coach Paul Oberman was selected as assistant coach to the men's national team, whilst Joel Swift was nominated as the team's reserve.

In preparation for the Olympic Games, the Australian Sharks competed in the Vodafone Cup in Hungary, with the Australians finishing in second place. Beadsworth, Cleland, Younger and Swift all played in the tournament.

July also saw the Australian Born 1993 touring team announced, with WAIS athletes George Ford and Fraser Smith selected for the team. The Australian Born 1993 team competed and finished seventh in the Acireale Memorial Tournament in Italy, with Ford and Smith both receiving game time.

The Australian Sharks opened their Olympic Games campaign at the end of July, with a loss to Italy but would eventually qualify for the quarter final stage in London via wins over Kazakhstan and Greece. Australia in August, was eliminated from medal contention after suffering an 11-8 defeat to Serbia in the quarter final, and eventually defeated the USA in the seventh place play-off in the classification

round. Jamie Beadsworth, Tim Cleland and Aaron Younger all represented Australia, whilst Paul Oberman was the assistant coach.

The Australian Born 1993 team continued its European tour through August, with a third place finish at the Hamburg Cup in Germany, followed by a fifth place finish at the Vikelas Cup in Greece. George Ford and Fraser Smith were again involved for Australia.

September saw the start of the 2012-13 scholarship year, with WAIS program head coach Paul Oberman issuing scholarships to; Luca Albano, Luca Altieri, James Fannon, George Ford, Nicholas Hughes, Jordan Kremers Taylor, Daniel Lawrence, Will Mackay, Luke Pavillard, Luke Quinlivan, Sam Quinn, Nicholas Redbond, Thomas Sangster, Edward Slade, Fraser Smith, Jayden Smith, Joel Swift, Davis Verboon and Aaron Younger.

Long term WAIS scholarship holders Jamie Beadsworth and Tim Cleland retired from international water polo following distinguished careers. Fellow 2012 Olympian Aaron Younger, returned to Hungary to take up another professional contract with Szeged, whilst domestically, the pre-season for the 2013 National Water Polo League commenced.

In November, Paul Oberman was announced as coach of a combined SIS/SAS tour squad to travel to Japan for competition against the Japanese national team. WAIS scholarship holders; James Fannon, George Ford, Daniel Lawrence, Edward Slade and Joel Swift were all selected, with the combined SIS/SAS team winning all three matches played.

Perth hosted the World Youth Championships in Perth, with the Australian team finishing seventh. WAIS athletes; Will Mackay, Luke



AARON YOUNGER

Pavillard and Davis Verboon all represented Australia, whilst Paul Oberman was assistant coach for the group.

December also saw a youthful WAIS squad finish third at the NTC Challenge in Wagga Wagga, regional New South Wales. The Fremantle Mariners claimed the 2012 Tom Hoad Cup in Perth, following a victory in the final over an International Barbarians outfit.

The Mariners were represented by WAIS scholarship holders; Luca Altieri, James Fannon, Daniel Lawrence, Sam Quinn, Nicholas Redbond, Edward Slade, Joel Swift and Aaron Younger. The Barbarians, included WAIS athletes; George Ford, Jordon Kremers Taylor, Willie MacKay and Luke Quinlivan.

A busy summer of water polo continued in January, with an Australian team including Daniel Lawrence, Joel Swift, Edward Slade and Aaron Younger defeating an International All Stars outfit in a series billed: Water Polo by the Sea. Paul Oberman coached Australia to the 2-0 series win.

Oberman coached the Australian team at the subsequent national team camp based in Perth which was followed up by a match with Olympic champions Croatia at the BHP Billiton Aquatic Super Series. Croatia won the match 7-5, with; Daniel Lawrence, Sam Quinn, Joel Swift and Edward Slade all representing Australia in the match.

The U20 National Championships were held in January, with WA reaching the final and suffering its only loss for the tournament. WA was represented by WAIS athletes; Luca Altieri, George Ford, Nicholas Hughes, Jordon Kremers Taylor, Willie MacKay, Luke Pavillard, Thomas Sangster, Fraser Smith, Jayden Smith and Davis Verboon.

An Australian National U20 squad was selected following the championships, with WAIS athletes; Luca Altieri, George Ford, Nicholas Hughes, Jordon Kremers Taylor, Willie MacKay, Luke Pavillard, Fraser Smith and Jayden Smith all selected in the squad.

The National Water Polo League commenced in February with a host of WAIS scholarship holders representing both WA teams. The Fremantle Mariners roster included; Luca Altieri, James Fannon, Jordon Kremers Taylor, Willie MacKay, Luke Pavillard, Sam Quinn, Nicholas Redbond, Edward Slade Jayden Smith, Joel Swift and Davis Verboon. The UWA Torpedoes named; George Ford, Nicholas Hughes, Luke Quinlivan, Thomas Sangster and Fraser Smith. Daniel Lawrence was signed up by the Victorian Tigers.

An Australian national team camp was announced in March in preparation for the World Championships later in the year. WAIS athletes; George Ford, Daniel Lawrence, Luke Pavillard, Sam Quinn, Edward Slade and Joel Swift were invited to attend.

The culmination of the camp also hosted the National League All Stars game, with a South v North format. South was represented by WAIS athletes; George Ford, Daniel Lawrence, Luke Pavillard, Sam Quinn, Edward Slade and Joel Swift but North ran out winners 8-7.

The UWA Torpedoes enjoyed a stellar season to reach the grand final of the NWPL in May, losing to the Victorian Tigers. Fremantle Mariners finished in third. Following national league, the extended Australian squad for the 2013 World Championships in Barcelona was announced with Daniel Lawrence, George Ford, Joel Swift and Aaron Younger all selected. Paul Oberman was selected as assistant coach.

The Australian World University Games squad was selected in June, with six WAIS scholarship holders named. Jammes Fannon, George Ford, Nicholas Hughes, Nicholas Redbond, Edward Slade and Fraser Smith all received call ups.

A tour squad for the Australian team bound for the World Junior Championships was named in June with WAIS athletes; George Ford, Jordon Kremers Taylor and Luke Pavillard all selected.

Coaches

Paul Oberman	Head Coach
Zoltan Ridzyk	Specialist coach
Mark Oberman	Specialist coach

Service Providers

Alan Black	Performance Team Director
Carmel Goodman	Doctor
Shayne Hanks	Psychology
Matthew Burgin	Psychology
Matthew Doyle	Biomechanics
Andrew Stanford	Physiotherapy
Danielle Woodhouse	Physiotherapy
Sacha Fulton	Physiology
Martyn Binnie	Physiology
Julie Meek	Nutrition
Simone Allen	Nutrition
Jenny Marsh	Athlete Career and Education
Angie Bain	Athlete Career and Education
Greg Morgan	Strength and Conditioning
Geish Hori	Strength and Conditioning

WAIS Program Athletes

Jamie Beadsworth	Luke Quinlivan
Aaron Younger	Joel Swift
Daniel Lawrence	Edward Slade
James Fannon	George Ford
Sam Quinn	Jayden Smith
Luca Alteri	Nicholas Hughes
Jordan Kremers-Taylor	Will Mackay
Luke Pavillard	Thomas Sangster
Fraser Smith	Davis Verboon
Nicholas Redbond	

Australian Representatives

Jamie Beadsworth	2012, Olympic Games, London
Tim Cleland	2012, Olympic Games, London
Aaron Younger	2012, Olympic Games, London
Luke Pavillard	2012, World Youth Championships, Wpolo, Australia
Will Mackay	2012, World Youth Championships, Wpolo, Australia
Davis Verboon	2012, World Youth Championships, Wpolo, Australia

Coaching Achievements

Paul Oberman	National Assistant Coach, 2012/2013, Olympics, Wpolo, England
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WATER POLO WOMENS



PROGRAM PARTNERS



The WAIS Women's Water Polo Program had reason to celebrate in 2012-13, with two scholarship holders winning bronze medals as part of the Australian Team at the 2012 London Olympic Games. The Program again achieved the notable feat of having athletes represented across junior and senior international level.

The 2012 London Olympic Games began in late July, with WAIS scholarship holders Gemma Beadsworth and Glencora Ralph both selected into the Australian team to compete. WAIS athlete Zoe Arancini was listed as the first reserve.

A 10-8 victory over Italy got the Stingers' campaign off to the perfect start and this was followed by 16-3 thrashing of hosts Great Britain, an 11-8 win over world champions Russia and a 20-18 win over China, which booked the Australians a semi-final with the USA.

The Stingers however, suffered an overtime 11-9 defeat in their semi-final and qualified for the bronze medal match against Hungary. Australia – in another overtime result – secured the bronze medal via a thrilling 12-11 scoreline to edge Hungary for the second Olympic campaign in a row. Gemma Beadsworth and Glencora Ralph were both heavily involved for the Stingers



GEMMA BEADSWORTH

throughout the tournament. For Beadsworth, it was a second Olympic bronze medal, having won the same in Beijing in 2008.

Whilst the Stingers were making history in London, Australia sent a B93 Junior National Team on a European training tour. WAIS athlete Cathryn Earl was named captain of the travelling group.

A B94 Australian Junior Squad was selected for a World Championships preparation camp in the USA during September, with WAIS scholarship athletes; Lilian Hedges, Madeleine Quinn, Kassia Ralston, Jessica Zimmerman and WAIS trainee athlete Lenke Dauda-Broad all selected to attend.

The Junior World Championships were hosted in Perth in December, with the Australian team finishing in seventh position. WAIS athletes; Lilian Hedges, Madeleine Quinn, Kassia Ralston, Jessica Zimmerman and Lenke Dauda-Broad all representing Australia in the tournament.

With several senior international athletes opting to retire from competition after the Olympics, including Gemma Beadsworth, a youthful Australian squad was selected for the BHP Aquatic Super Series in Perth in January. Glencora Ralph and Zoe Arancini both earned selection in the team, whilst WAIS athletes; Eliesha Browne, Cathryn Earl and Jessica Zimmerman were invited to attend the training camp prior to the tournament.

Also in January, the Western Australian 20/U State Team was selected with WAIS athletes; Cathryn Earl, Lilian Hedges, Madeleine Quinn, Kassia Ralston, Mercedes Ralph, Jessica Zimmerman, Lenke Dauda-Broad, Monique Rebelo and Kate Abbey-Wardale chosen to compete in Sydney. The WA team competed well, finishing third overall.

In April, Monique Rebelo, Kate Abbey-Wardale and Tess Hoskins all earned selection for the Australian Youth B96 selection camp, following the U18 Club Championships that were held in Perth.

The Fremantle Marlins continued their successful history in the National Water Polo League, qualifying for the finals of the 2013 competition. The Marlins were defeated for the title by the Brisbane Barracudas 10-7, and were represented by WAIS athletes; Glencora Ralph, Zoe Arancini, Lilian Hedges, Madeleine Quinn, Kassia Ralston and Ebony Neesham.

Following NWPL finals, Zoe Arancini, Eliesha Browne, Lilian Hedges, Cathryn Earl and Jessica Zimmerman were all invited for an extended Australian team training camp. Arancini and Browne were selected to travel with the Australian team for the qualification rounds of the World League tournament in New Zealand.

Australia eased through qualification undefeated with six wins from six matches over New Zealand, China and Japan. Arancini and Browne featured in the tournament.

Tess Hosking and Pia Rodgers were selected for an Australian B96 squad that will travel to Europe in August.

Following qualification for World League Finals, Glencora Ralph, Zoe Arancini and Eliesha Browne were all invited to the AIS for a Stingers camp. Following camp, Ralph and Arancini were selected for the World League Finals campaign in China.

Glencora Ralph and Zoe Arancini represented Australia in June, as the Stinger's World League campaign failed to match the ease of its qualification process. The team finished seventh overall, after defeating Canada in the seventh placed play-off. Australia had suffered penalty shoot-out defeats in both the quarter finals and fifth to eighth qualification ranking matches.

The Australian squad for the 2013 FINA World Championships was named in June, with Glencora Ralph and Zoe Arancini both listed in the 13 member squad.

Coaches

Peter Szilagyi	Head Coach
Georgina Kovacs	Assistant Coach

Service Providers

Alan Black	Performance Team Director
Carmel Goodman	Doctor
Shayne Hanks	Psychology
Kevin Hayter	Psychology
Matthew Doyle	Biomechanics
Andrew Stanford	Physiotherapy
Danielle Woodhouse	Physiotherapy
Sacha Fulton	Physiology
Martyn Binnie	Physiology
Julie Meek	Nutrition
Simone Allen	Nutrition
Jenny Marsh	Athlete Career and Education
Angie Bain	Athlete Career and Education
Geish Hori	Strength and Conditioning

WAIS Program Athletes*

Gemma Beadsworth *	Glencora McGhie (Ralph) *
Zoe Arancini *	Ebony Neesham
Monique Rebelo	Cathryn Earl *
Jessica Zimmerman	Lilian Hedges
Mercedes Ralph	Eliesha Browne *
Kassia Ralston	Tess Hoskings
Kate Abbey-Wardale	Madeline Quinn
Heather Scott	

Australian Representatives

Gemma Beadsworth	2012, Olympic Games, London
Glencora Ralph	2012, Olympic Games, London
Jessica Zimmerman	2013, Youth World Championships, Australia
Lilian Hedges	2013 Youth World Championships, Australia
Kassia Ralston	2013 Youth World Championships, Australia
Madeline Quinn	2013 Youth World Championships, Australia

* WAIS/AIS Athletes



RACING SPORTS

PERFORMANCE ENHANCEMENT TEAM – RACING SPORTS

Since the Olympics and the move to the new Performance Enhancement Team structure, a large emphasis has been placed on generating athlete performance plans. This process was designed with several specific outcomes. Firstly, the identification of the critical success factors that support athlete performance enhancement. Secondly, to place athletes in the centre of this process to ensure greater athlete engagement and empowerment and thirdly, to establish the outcome, performance and process goals that link athletes and service providers together in an integrated action plan.

Support services implemented several new initiatives over the past 12 months. WAIS physiologist Peter Peeling was responsible for the integration of training data from GPS and heart rate into a training diary diagnostic tool (training peaks) with the WAIS Canoeing group. This supported coaches' and athletes' understanding of training loads. Applied research findings from Peter's UWA PhD student on nitrate (beetroot juice) and altitude research supported the athletes in key training phases. The use of altitude tents continues to be a feature of the programs' endurance training strategy. The impact of this intervention can now be measured at WAIS with a new tool that measures haemoglobin mass. This device was purchased through collaboration with UWA and the West Coast Eagles football club.

At the National Canoeing Championships and selection trials, Performance / Technical Analyst Mat Doyle supported the athletes and coaches with video feedback, and race profiling with Mini-max data recorders. Overlaying of this data with video provides insights into pacing strategy and technical efficiency. In the training environment, the use of laser gun technology to accurately measure peak acceleration with 200m athletes has provided to be an effective and reliable tool.

WAIS psychologist Craig Harms provided mental skills support to the entire Racing Sports group, providing both individual and group sessions which were well received with skills implemented to good effect at key competitions.

In Rowing, WAIS physiologist Sacha Fulton was responsible for athlete monitoring through structured ergometer step tests and lactate profiling. Sacha also supported a coach/athlete feedback process by driving the athlete diary tool (visual coaching pro). Sacha played a key role in supporting athletes' fitness whilst rehabilitating by creating innovative cross-training interventions. Nutrition support has been a key feature for members of the WAIS Rower Program. WAIS Dietician Clare Wood has provided individual meal plans to support the attainment of individual weight gain, or weight loss interventions.

WAIS psychologist Matt Burgin provided mental skills support to the whole racing group, as an interim measure from January 2013. Matt added value to the WAIS Sailing Program by supporting the implementation of the national mental skills battery. Further to this, Matt developed a simple method for assessing cognitive decision making under fatigue for some of the youth sailors, as part of the conditioning process for Youth Worlds.

In the WAIS Cycling Program, Marc Sim has been supporting the coaches with quality physiological testing, and routine ergometer training sessions. Gathering and reporting this data has been critical to the ongoing monitoring of the cycling program's preparations for the 2013 Junior World Championships.

The WAIS operational philosophy is based on strong functional relationships with our partner state and national sporting organisations. It is this true working partnership and synergy that enables us to operate at a level that is greater than the sum of each individual member. Each partnership operates slightly differently, however the essence of a sound working relationship is good and frequent honest communication.

CANOEING



PROGRAM PARTNERS



JESSE PHILLIPS AND STEVE BIRD

The WAIS Canoeing Program had three athletes compete at the 2012 London Olympic Games during the 2012/13 operational year, which was a record for the program. Domestically, WA athletes again impressed at National Championships and earned section for senior and U23 World Championship teams.

As the build up for the 2012 London Olympic Games intensified in July, a selection of WA's younger athletes got a taste of international racing, with Jaymee Lee Martin, Todd Brewer and Brendan Rice all travelling with the Australian U23 team that competed at international regattas in Ontario, Canada and Lake Placid in the USA.

Making their Olympic debuts, Jesse Phillips and Stephen Bird enjoyed a fantastic campaign in London, racing in the men's K2 200m event. The pair raced well and qualified for the final of the K2 200m, where the duo exceeded expectations in finishing sixth out of nine competitors, just 0.4sec off a bronze medal.

Alana Nicholls contested both the women's K1 200m and 500m events in London, but narrowly missed finals in both events. Nicholls like Phillips and Bird, was making her first representative appearance at an Olympic Games.

In December, Jesse Phillips and Stephen Bird were crowned the WA Sports Federation Channel Seven Team of the Year. It was the second year in succession that Phillips and Bird had won the award, and came over some notable challengers from Western Australia's professional sporting codes.

Shannon Reynolds secured selection for the Australian Youth Olympic Festival in December, after winning the U18 women's K1 500m and K1 200m events at Grand Prix 1 in Adelaide. Jaymee Lee Martin partnered with Phoebe George to win the women's K2 200m event, whilst in senior ranks, Brodie Holmes performed well to win the men's open K1 200m before partnering NSWIS paddler Lachlan Tame to win the men's K2 200m.

Sydney hosted the Australian Youth Olympic Festival in January, with Shannon Reynolds finishing in fifth position in both the women's K1 200m and K1 500m events. Reynolds raced against a very strong field, with competitors from Hungary, Germany, New Zealand and China.

The Western Australian State Sprint Championships were held at Champion Lakes in February, with competitors from the South Australian Institute of Sport and New South Wales Institute of Sport travelling for competition to make the 2013 event the most competitive in its history.

Alana Nicholls contested her first competition since the London Olympics, taking comfortable victories in the women's K1 200m and K1 500m events. Stephen Bird raced the K1 200m and K1 500m events in the absence of his K2 partner Jesse Phillips who had received surgery after the Olympic Games. Bird won both events, whilst victory in the men's K2 200m went to Brodie Holmes and Todd Brewer. In the K1 1000m event, Reece Baker claimed line honours, before partnering Daniel Bowker to win the men's K2 1000m. Bowker also secured a win in the K2 500m event, partnering with Brendan Rice, to win over Brodie Holmes and Stephen Bird. Pheobe George and Jaymee Lee Martin won the K2 200m event, with Alana Nicholls and Shannon Reynolds winning the K2 500m race.

Grand Prix 3 was hosted in Sydney during March, and was also the selection event for the National U23 team to compete at the inaugural U23 Canoe Sprint World Championships in Welland, Canada in August. In a fantastic result for WAIS, Todd Brewer, Jaymee Lee Martin and Pheobe George earned selection in the Australian U23 team.

Stephen Bird continued his strong K1 form, taking victory in the men's K1 200m, with Brodie Holmes in third. Daniel Bowker showed plenty of potential, finishing third in the men's K1 1000m – ahead of a number of Olympic gold medallists – before winning the men's K1 500m and K2 500m with Brendan Rice. Bowker also collected bronze in the men's K2 1000m along with Reece Baker. Alana Nicholls made an encouraging return to national competition, taking second and third in the K1 200m and K1 500m respectively, behind New Zealand Olympic gold medallist Lisa Carrington. Shannon Reynolds enjoyed a strong regatta, winning the K1 and K2 200m events.

Perth hosted the 2013 National Championships at Champion Lakes in April. Alana Nicholls raced to victory in the final of the women's K1 500m, before adding a silver medal in the women's K1 200m event. Jesse Phillips was back in the boat, and combined with fellow Olympian Stephen Bird to record a personal best in the semi final en route to winning the men's K2 200m national title for the fourth successive year. Brodie Holmes and Todd Brewer were third. Stephen Bird went on to win the K1 200m in personal best time. The National Championships also contributed towards World Championship selection, with eight WAIS athletes invited for the final selection trials in June. They were; Alana Nicholls, Jamie Roberts, Stephen Bird, Jesse Phillips, Brodie Holmes, Todd Brewer, Daniel Bowker and Reece Baker.

The Senior Selection Regatta was hosted at the Sydney International Rowing Centre in June, with Jesse Phillips and Stephen Bird reinforcing their dominance of the K2 200m event, to win by over a length, with fellow WAIS crew Brodie Holmes and Todd Brewer in third. Bird claimed victory in the men's K1 200m final, with Jesse Phillips third and Brodie Holmes fifth.

Alana Nicholls worked hard to win a hotly contested women's K1 200m final and was also third in the K1 500m final. The results confirmed Nicholls on the Australian team for the 2013 World Senior Canoe Sprint Championships in Duisburg, Germany in August. Nicholls is joined on the team by Jesse Phillips, Stephen Bird and world championship debutant Brodie Holmes on a 17-member Australian team.

Coaches

Ramon Andersson	Head Coach
Michael Pond	Assistant Coach

Service Providers

Simon Jones	Performance Team Director
Peter Steele	Doctor
Carmel Goodman	Doctor
Kevin Hayter	Psychology
Craig Harms	Psychology
Matthew Doyle	Biomechanics
Brett Slocombe	Physiotherapy
Andrew Hayden	Physiotherapy
Peter Peeling	Physiology
Clare Wood	Nutrition
Lizzie Moyle	Athlete Career and Education
Gilman Barnitt	Strength and Conditioning
Greg Morgan	Strength and Conditioning

WAIS Program Athletes*

Reece Baker	Stephen Bird *
Daniel Bowker *	Lachlan Cooke
Brodie Holmes *	Alana Nicholls *
Jesse Phillips *	Brendon Sarson
Shannon Reynolds	Jaymee Lee Martin
Jamie Roberts	Alexander Graham
Todd Brewer	Brendan Rice

Major Title Winners

Alana Nicholls	2013, National Championships, K1 200m & K1 500m, Australia
Stephen Bird	2013, National Championships, K2 200m, Australia
Jesse Phillips	2013, National Championships, K2 200m, Australia
Stephen Bird	2013, National Championships, K1 200m, Australia

Australian Representatives

Stephen Bird	2012, Olympic Games, London
Jesse Phillips	2012, Olympic Games, London
Alana Nicholls	2012, Olympic Games, London

Coaching Achievements

Ramon Andersson	National 200m Coach, 2012, Olympics, Canoe Kayak, England
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* WAIS/AIS Athletes

CYCLING



PROGRAM PARTNERS



MELISSA HOSKINS AND JOSEPHINE TOMIC

The WAIS Cycling Program enjoyed another stellar year of operation, highlighted by three athletes competing at the 2012 London Olympic Games. A new junior world champion was added to the list and WAIS athletes produced another strong showing at national championship level. The year was capped off late, with Cameron Meyer selected for the 2013 Tour de France with Orica-GreenEDGE.

Kelsey Robson provided a glimpse of the form that would see her enjoy a big 2012/13 campaign in July when she won a bronze medal in the women's road time trial at the Junior U19 National Championships in Victoria.

The 2012 London Olympic Games dominated the headlines in August, with WAIS scholarship holders Melissa Hoskins and Josie Tomic members of the women's team pursuit squad, and Scott Sunderland a member of the men's team sprint.

Hoskins and Tomic, riding with Annette Edmondson appeared destined for a ride off with Great Britain for gold, before being unexpectedly beaten in the medal qualification round against the USA, which was followed by defeat to Canada in the bronze medal ride-off.

Despite entering the Olympics as reigning world champions, Scott Sunderland and his men's sprint teammates Matthew Glaetzer and Shane Perkins also narrowly missed out on an Olympic medal, after suffering defeat to Germany in the bronze medal ride-off.

The 2012 Junior Track World Championships were contested in Invercargill, New Zealand with WAIS athlete Kelsey Robson winning dual world championships. Robson earned gold in the women's individual pursuit and as a member of the women's team pursuit, with the latter done in world record time. Fellow WAIS athletes Allee Proud and Trent Derecourt also competed in New Zealand, with Proud winning bronze in the women's team sprint, and Derecourt eighth in the men's point race.

The next generation of WAIS cyclists showed they are following in familiar footsteps in September with some impressive results at the U15-17 Junior Road National Championships, with scholarship holders Niken Jefferies (gold in the U15 girl's time trial) and Reece Tucknott (bronze in U17 boy's road race) both medalling.

The senior Road World Championships were hosted in the Netherlands in September, with Melissa Hoskins winning silver in the Pro Team Time-Trial as a member of the Orica GreenEDGE-AIS team, whilst fellow scholarship holders Cameron Meyer and Luke Durbridge claimed bronze medals in the men's event with Orica-GreenEDGE.

Meyer and Durbridge both contested the elite senior men's individual time trial with neither in the top ten, whilst in the U19 event, WAIS athlete Bradley Lindfield produced an instrumental support role in assisting NSW cyclist Caleb Ewen to silver in the men's road race.

Track racing returned to action in October, with WAIS athlete Isabella King winning gold in the women's omnium and scratch race at World Cup 1 in Cali, Columbia.

Glasgow hosted the second track World Cup event in November, with Melissa Hoskins winning silver as part of the Australian women's team pursuit squad.

November also coincided with the Oceania Track Championships in Adelaide, with Isabella King, Kelsey Robson, Elissa Wundersitz and Tian Beckett all claiming gold medals in competition, whilst Sam Welsford earned himself bronze.

The National Omnium Championships were contested in December, with Melbourne playing host. Isabella King claimed silver in the senior women's event, Elissa Wundersitz was third in the U19 event and Sam Welsford was fourth in the boy's U19 event. Isabella King, partnering with Tasmania's Amy Cure subsequently won the first instalment of the National Madison Championship.

As the main focus switched back to road cycling in January, Luke Durbridge underlined his immense talent with a superb double nation championship winning performance at the 2013 National Road Titles in Victoria.

Durbridge first won the men's road time trial, before backing up to claim the men's road race with an audacious breakaway that eventually saw him claiming line honours solo, after breaking away from his two fellow escapees. In a thoroughly successful campaign for WAIS, Cameron Meyer won the men's criterium event, with Brad Lindfield winning the U23 event in his first year at U23 level.

Trent Derocourt competed in the third Track World Cup event in Aguascalientes, Mexico, finishing fourth in the men's team pursuit and sixth in the men's omnium.

At the 2013 Australian Youth Olympic Festival in Sydney, WAIS was represented by; Kelsey Robson, Elissa Wundersitz, Tian Beckett, Sam Welsford, Theo Yates and Reece Tucknott. Kelsey Robson and Tian Beckett both claimed gold medals in competition.

The National Track Championships were held in Sydney during February, and included gold medal performances from; Melissa Hoskins, Isabella King, Kelsey Robson, Elissa Wundersitz (U19), Tian Beckett (U19) and Sam Welsford (U19).

At the culmination of the national championships, Melissa Hoskins and Scott Sunderland were selected for the Australian Cyclones team for the 2013 Track World Championships in Belarus, whilst Kelsey Robson, Elissa Wundersitz, Tian Beckett and Sam Welsford were selected for the Junior World Championships in Glasgow.

The U15-17 National Championships were held in Adelaide in February, with more standout performances from WAIS athletes. Matthew Jackson led the U17 boy's team pursuit to gold, whilst there were multiple medals to Tahlay Christie and Niken Jeffereies.

The 2013 Track World Championships were held in Minsk, Belarus in late February, with a silver medal to Melissa Hoskins in the women's team pursuit highlighting proceedings. Scott Sunderland again competed in the men's sprint, with the Australians again narrowly shy of a bronze medal in fourth.

Cameron Meyer claimed victory in the men's road race at the Oceania Road Championships in March in Canberra, in his first competition back from an injury lay-off.

Meyer returned to European road racing action in April, finishing sixth in the Tour of Turkey, riding for professional road team Orica-GreenEDGE.

Luke Durbridge contested the Grand Tour Giro d'Italia for the first time in May, producing some good performances in trying weather conditions. This followed a debut in the similarly trying one-day classic, the Paris-Roubaix.

Cameron Meyer and Travis Meyer both competed in the Tour of California with their professional team, with Cameron finishing in the top five overall in a strong showing.

Cameron Meyer won the opening prologue stage of the Tour de Suisse to wear the leader's yellow jersey. Meyer produced some consistent form to finish in the top ten at the culmination of the race.

Meyer's form on the road earned him selection for the Orica-GreenEDGE team for the 2013 Tour de France. Meyer was part of a nine-member team and was set to compete in his first Tour de France campaign, becoming only the second Western Australian athlete to ride the Tour following Henk Vogels.

In late June, Melissa Hoskins was selected by the women's road cycling team Orica-AIS to compete in the Giro Rosa in Italy as the team's specialist stage sprinter.

Coaches

Darryl Benson	Head Coach
Clay Worthington	Coach

Service Providers

Simon Jones	Performance Team Director
Carmel Goodman	Doctor
Kevin Hayter	Psychology
Matthew Burgin	Psychology
Matthew Doyle	Biomechanics
Linda Spagnolo	Physiotherapy
Peter Peeling	Physiology
Marc Sim	Physiology
Clare Wood	Nutrition
Jenny Marsh	Athlete Career and Education
Annie Wynne	Athlete Career and Education
Geish Hori	Strength and Conditioning
Greg Morgan	Strength and Conditioning
Adam Wolski	Strength and Conditioning

WAIS Program Athletes

Jessica Allen	Luke Durbridge
Michael Freiberg	Melissa Hoskins
Sarah Kent	Isabella King
Bradley Linfield	Cameron Meyer
Travis Meyer	Allee Proud
Matthew Storer	Sam Welsford
Scott Sunderland **	Josephine Tomic **
Reece Tucknott	Tian Beckett
Tahlay Christie	Elissa Wundersitz
Theo Yates	Luke Zaccaria
Brendon Meney	Matthew Jackson
Trent Derocourt	Niken Jefferies
Kelsey Robson	

Major Title Winners

Kelsey Robson	2012, World Junior Championships, Individual pursuit & Team Pursuit, New Zealand
Cameron Meyer	2013, National Championships, Criterium, Australia
Luke Durbridge	2013, National Championships, individual Time Trial & Road Race, Australia
Sam Wellsford	2013, National Junior Championships, Points & Scratch races, Australia
Kelsey Robson	2013, National Junior Championships, Individual pursuit, Australia
Kelsey Robson	2013, National Championships, Team Pursuit, Australia
Melissa Hoskins	2013, National Track Championships, Team Pursuit, Australia
Bella King	2013, National Track Championships, Team Pursuit, Australia
Tian Beckett	2013, National Track Championships, 500m Time Trial, Australia

Australian Representatives

Cameron Meyer	2012, World Road Championships, Individual Time Trial, Netherlands
Luke Durbridge	2012, World Road Championships, Individual Time Trial & Road Race, Netherlands
Josie Tomic	2012, Olympic Games, London
Melissa Hoskins	2012, Olympic Games, London
Scott Sunderland	2012, Olympic Games, London
Kelsey Robson	2012, World Junior Championships, Individual pursuit & Team Pursuit, New Zealand
Trent Derocourt	2012, World Junior Championships, Points race, New Zealand
Allee Proud	2012, World Junior Championships, Team sprint, Sprint, New Zealand

**AIS/WAIS Athletes



TODD SKIPWORTH

adidas

ALFREY HALL
OOS
LONDON

ROWING

The WAIS Rowing Program had four scholarship holders represent Australia at the 2012 London Olympic Games, with each athlete competing in an Olympic final. Domestically, WAIS rowers again produced impressive results across junior and senior ranks.

The U23 World Rowing Championships were hosted in Trakai, Lithuania in July, with three WAIS athletes competing for Australia. Matthew Cochran and David Watts were members of the men's eight crew that earned bronze in the final, whilst Hannah Jansen qualified for the B Final of the women's lightweight double scull, finishing tenth overall.

The 2012 London Olympic Games began in late July, running into August with four WAIS athletes part of the Australian Olympic Rowing Team. Todd Skipworth and Ben Cureton were members of the men's lightweight four crew, whilst Alex Hagan and Hannah Vermeersch formed part of the Australian women's eight squad that secured their Olympic berth in May via a selection regatta.

The Olympic rowing regatta from Eton Dorney was one of the most highly anticipated events on the London schedule, with hosts Great Britain contesting strongly in many of the disciplines. Skipworth and Cureton competed strongly through both the heat and semi-final stages of the men's lightweight four, to qualify safely for the Olympic Final. The final itself, was one of the best races of the regatta, with four nations going stroke for stroke over the 2km course. At the halfway point, Australia was well placed for a medal, but faded late to finish fourth, narrowly shy of third.

Alex Hagan and Hannah Vermeersch in the women's eight, also qualified for the Olympic final in their event, but were forced to do so via the repechage rounds after failing to secure automatic progression in the heats. The Australian boat was good enough to make the Olympic A final, but didn't feature in the medals, crossing the line in sixth position.

Following the culmination of the Olympic Games, the senior World Championships were held in Plovdiv, Bulgaria in late August. Three WAIS athletes travelled for competition with Maia Simmonds, Hannah Jansen and Perry Ward all selected.

Simmonds and Jansen were members of the Australian women's lightweight quadruple scull, with the boat earning a fifth placed finish in the final. Perry Ward – a member of the men's lightweight eight – also qualified for the final, finishing fifth.

Domestic action resumed in March, with the National Rowing Championships held in Penrith, NSW. Hannah Jansen produced some impressive form to snare gold medals in the U23 women's lightweight double scull and senior lightweight quadruple scull.

Following the national championships, Penrith hosted the first round of the Rowing World Cup series, with WAIS athletes returning a good selection of results. Olympians Alex Hagan and Hannah Vermeersch were members of the gold medal winning Australian women's eight boat, whilst Hagan also featured in the final of the women's pair, taking eighth place.

Maia Simmonds collected a silver medal in the women's lightweight double scull, and there was a bronze medal for Matthew Cochran in the men's eight final. Perry Ward was fourth in the men's quadruple scull, and David Watts was fifth in the men's single scull.

Rowing Australia in April named its squads for the 2013 International season, with WAIS athletes selected in senior and U23 world championship teams.

World Cup gold medallists Alex Hagan and Hannah Vermeersch will contest the women's eight at the senior world championships in Chungju, South Korea, where they will be joined by Maia Simmonds in the women's lightweight double scull, Tom Gatti in the men's eight and Perry Ward in the men's lightweight quadruple scull.

Hagan and Vermeersch were also selected to compete at the U23 world championships, contesting the women's four.



PROGRAM PARTNERS



Coaches

Lincoln Handley Head Coach

Service Providers

Simon Jones	Performance Team Director
Carmel Goodman	Doctor
Matthew Burgin	Psychology
Matthew Doyle	Biomechanics
Alison Low	Physiotherapy
JP Caneiro	Physiotherapy
Sacha Fulton	Physiology
Clare Wood	Nutrition
Lizzie Moyle	Athlete Career and Education
Annie Wynne	Athlete Career and Education
Gilman Barnitt	Strength and Conditioning
Greg Morgan	Strength and Conditioning

WAIS Program Athletes

Ben Cureton **	Todd Skipworth **
Perry Ward *	Alex Hagan *
Hannah Jansen *	David Watts *
Matt Cochran *	Tom Gatti *
Hannah Vermeersch *	Maia Simmonds *

Major Title Winners

Hannah Jansen 2013, National Championships, lightweight womens double and quadruple sculls, Australia

Australian Representatives

Ben Cureton	2012, Olympic Games, London
Todd Skipworth	2012, Olympic Games, London
Alex Hagan	2012, Olympic Games, London
Hannah Vermeersch	2012, Olympic Games, London
Matthew Cochran	2012, U23 WC's, U23 mens eight, Lithuania
David Watts	2012, U23 WC's, U23 mens eight, Lithuania
Hannah Jansen	2012, U23 WC's/Snr Non Olympic WC's, lightweight womens double and quadruple sculls, Poland
Maia Simmonds	2012, Snr Non Olympic WC's, lightweight womens quadruple scull, Poland
Perry Ward	2012, Snr Non Olympic WC's, lightweight mens eight, Poland

Coaching Achievements

Lincoln Handley Coach, 2012, U23 World Champs, Lithuania

* WAIS/AIS Athletes
**TIS/WAIS

SAILING



PROGRAM PARTNERS



The WAIS Sailing Program enjoyed success at all ages in 2012-13 with Mark Spearman winning a Youth World Championship in Ireland, and Belinda Stowell returning to competition to partner Elise Rechichi in the women's 470 class at the 2012 London Olympic Games.

The 2012 Youth Sailing Championships were held in Ireland during July, with Mark Spearman contesting the boys laser radial, and fellow WAIS athletes Carrie Smith and Ella Clark competing in the girls 420.

The championships would prove highly successful for Australia's contingent, with Spearman winning a Youth World Championship title and Smith and Clark adding silver. Spearman was coached to gold by WAIS contract coach Arthur Brett.

August hosted the 2012 London Olympic Games with Belinda Stowell partnering Elise Rechichi in the women's 470 class. The fact the pair qualified for London was remarkable in itself, after the duo had both come out of retirement in the latter part of 2011 for a shot at making the Australian Olympic team.

With racing contesting in Weymouth, off the south coast of England, the pair fought hard throughout the regatta to qualify for the medal round race, eventually finishing seventh, in a highly credible effort.

Matthew Wearn launched himself into the spotlight in December of 2012, after winning a silver medal in the senior World Cup circuit at Sail Melbourne. Wearn showed experience beyond his years to finish



ELISE RECHICHI AND BELINDA STOWELL

behind Australian Sailing Team member Tom Burton. Ki Raphael Sulkowski and Luke Elliot finished 12th and 16th respectively.

WA and WAIS sailors dominated the podiums at the Melbourne event with Mark Spearman winning the Laser Radial title, Steven Thomas winning the 49er class alongside Luke Parkinson and Jasper Warren was in second place with his partner. Tessa Parkinson and Kate Lathouras finished second in the 49er FX with Ella Guidice and Caitlin Elks in third. Patrick Vos finished second in the RSX windsurfer men classification.

2013 started with the National Championships, followed by the Youth Championships that doubled as selection for 2013 Youth World Championships.

At National Championships in Hobart, Matt Wearn was good enough for fourth place in the men's laser, whilst in the laser radial ranks, Tristan Brown claimed gold ahead of Mark Spearman in third.

Lachlan Gilmour and Thomas Blaauw combined for race victory in the men's 420 class, with Carrie Smith and Ella Clark winning gold in the women's 420.

The WAIS program enjoyed an outstanding set of results at the youth championships, with five athletes winning titles and securing selection for the Youth World Championships in July.

Mark Spearman will defend his title after winning the men's laser radial, Lachy Gilmour and Thomas Blaauw won the 420 to earn selection, whilst Carrie Smith and Ella Clark will look to go one better than the silver they won in 2012, after they qualified for the 2013 event courtesy of a youth national championship win in the women's 420.

It was the first time that Western Australia had managed to have five athletes selected on the Youth World Championship team.

WAIS sailors swept the Western Australian State titles in March, with wins in the 420 men and women, Laser Radial Youth men, 49er FX and Laser Standard.

In April, Matt Wearn continued his impressive development with a sixth place finish at the Palma World Cup event in Spain. The World Cup circuit moved to France, where Wearn finished 17th in Hyeres. Luke Elliot competed at World Cup level for the first time in the laser silver fleet, finishing third.

The European World Cup season continued into May, with an event at Lake Garda. Wearn finished 12th, whilst Elliot managed to qualify for the gold fleet, finishing well back. Wearn broke through for his maiden world cup podium in the final world cup event in the Netherlands, taking silver in at the Delta Lloyd Regatta. Elliot competed in the silver fleet.

WAIS head coach Belinda Stowell was one of five WA coaches to attend an Australian Sailing Team coaching course in Sydney, the first time five attendees from WA were invited.

Caitlin Elks teamed up with London Olympic medallist Olivia Price as they formed a partnership in the new Olympic class of 49erFX. The duo competed at the Sail for Gold regatta in Weymouth, England - claiming third place and a bronze medal in their first competitive hitout together.

Elks rounded out the reporting period with a silver medal alongside Price at the Kiel Sailing Cup regatta in Germany. Elks and Price finished ahead of the WAIS athletes Tessa Parkinson and Chelsea Hall in third with bronze.

Coaches

Belinda Stowell	Head Coach
Arthur Brett	Part time coach
David Mann	Part time coach

Service Providers

Simon Jones	Performance Team Director
Carmel Goodman	Doctor
Kevin Hayter	Psychology
Matthew Doyle	Biomechanics
Linda Spagnolo	Physiotherapy
JP Caneiro	Physiotherapy
Sacha Fulton	Physiology
Marc Sim	Physiology
Clare Wood	Nutrition
Lizzie Moyle	Athlete Career and Education
Annie Wynne	Athlete Career and Education
Greg Morgan	Strength and Conditioning

WAIS Program Athletes*

Nicholas Brownie	Ella Clark
Caitlin Elks	Luke Elliot
David Gilmour	Lachy Gilmour
Ella Giudice	Kate Lathouras
Tessa Parkinson	Elise Rechichi *
Belinda Stowell *	Eamon Robertshaw
Carrie Smith	Mark Spearman
Paris Stowell	Ki Raphael Sulkowski
Patrick Vos	Matthew Wearn
Thomas Blaauw	

Major Title Winners

Elise Rechichi	2012, National Championships, 470, Australia
Belinda Stowell	2012, National Championships, 470, Australia
Matthew Wearn	2013, National U21 Championships, laser, Australia
Ella Clark	2013, National Youth Championships, 420, Australia
Thomas Blaauw	2013, National Championships, 420, Australia
Kate Lathouras	2013, National Championships, 49er FX, Australia

Australian Representatives

Belinda Stowell	2012, Olympic Games, London
Elise Rechichi	2012, Olympic Games, London
Ella Clark	2012, Youth Worlds, 420, Ireland
Carrie Smith	2012, Youth Worlds, 420, Ireland
Mark Spearman	2012, Youth Worlds, Laser Radial, Ireland
Matthew Wearn	2012, World Championships, Laser, Germany

* WAIS/AIS Athletes



TECHNICAL SPORTS

PERFORMANCE ENHANCEMENT TEAM – TECHNICAL SPORTS

The creation of a Technical Sports Performance Enhancement Team has enabled a core group of WAIS support staff to better collaborate and service the sports that operate under this new structure. The high quality work existing in training development, coaching assistance, competition support and research is now being better supported and integrated between the sports, with the same group of professionals operating within the Technical Sports PET.

The establishment of the Challenge High Performance Training Centre for the sport of swimming was a major initiative during 2012/13. This centre is open to all swimmers who meet the criteria and currently has five WAIS scholarship holders training with a dedicated WAIS Swimming Coach in Michael Palfery. WAIS will continue to partner with Swimming Australia and Swimming WA to provide high performance training environments capable of developing our talented swimmers into international standard competitors.

WAIS provided biomechanical support for key overseas athletics events and training programs over the past 12 months, with lead WAIS biomechanist Andrew Lyttle offering outstanding support in particular, to the disciplines of Pole Vault and Javelin. Andrew's analysis and data collection continues to play a pivotal role in high performance support across the Technical Sport PET.

Several members of the WAIS Technical Sport PET are continuing with key research projects that are creating innovative and unique performance data analysis for sports within the PET and for the use of coaches and athletes. Koji Honda is currently completing his PhD in biomechanics, specifically in the area of compound fluid dynamics in swimming. His research is being conducted with the support of UWA, Swimming Australia and the IPC and has currently taken data from a total of 32 elite athletes, including 19 Olympians and four Paralympians, with a total of 108 swimming trials, 150 body scans and over 2000 video clips.

Trenton Warburton is completing his PhD in the Pole Vault program, centred on the analysis of pole bend characteristics. The last year has been based around data collection with initial findings adding significantly to the technical support within the WAIS pole vault group.

WAIS has developed an instrumented javelin in conjunction with the AIS Applied Sensor Unit to provide more accurate representative throw release data for WAIS javelin thrower Kim Mickle. This is a new initiative that is creating new methods of coaching feedback and analysis for athletics.

The Technical Sports Performance Team meets on a monthly basis to analyse the performance of athletes in each sport program. Individual Performance Enhancement Plans are the key tool used to track improvement. The staff within the Technical Sports PET each provides specific areas of expertise to aid enhancement plans.

Andrew Lyttle is the Biomechanics discipline lead and uses video and data analysis to determine critical technical adjustments that result in improved performance. Andrew is supported by Trenton Warburton (Pole Vault) and Koji Honda (Swimming). Sacha Fulton leads the physiology services in the Technical Sports, combining data collection, analysis and measurement of athlete physiological capacity in creating strategies for optimising physical output. Jenny Marsh drives the Athlete Career and Education services, assisting athletes with external issues relating to education and work commitments, with effective time management strategies to ensure peak athlete performance is maintained. The Strength and Conditioning services are led by Gilman Barnitt who works closely with coach and athlete to design tailored training programs to maximise physical output and to limit injury risk. Sports Psychologist Matt Burgin leads the psychology discipline, providing one on one support for athletes as well as structured work shops around key areas such as mental resilience. Nutritionist Simone Allen provides guidance to athletes on appropriate eating plans during heavy training and competition phases, whilst Medical services are overseen by Dr Carmel Goodman, with Dr Peter Steele (Swimming) and Duncan Sullivan (Gymnastics) providing specialist services. Physiotherapy support is provided by; Brett Slocombe, Chris Perkin, Jo Norcott, Alison Low and Prue Newnham.

The Technical Sports PET has enjoyed strong support from its National and State Sporting Organisation partners in; Swimming Australia and Western Australia, Athletics Australia and Western Australia, Gymnastics Australia and Western Australia and Diving Australia and the Western Australian Diving Association. The collaborative approach adopted by all partners towards planning and implementation of high performance strategy has the sports well-placed for sustained success in future years.



ALANA BOYD

ATHLETICS



PROGRAM PARTNERS



Five Western Australian Institute of Sport athletes competed for Australia at the 2012 London Olympic Games with this providing the notable highlight of the 2012/13 year for the WAIS Athletics Program.

Sprinter Ben Offereins was confirmed as a member of the Australian men's 4x400m relay squad for the London Olympic Games in early July, after an Australian team including Offereins secured a qualifying time that booked Australia's spot in the event for the London.

Kim Mickle competed and won the women's javelin at the KBC Night of Athletics Championships in Belgium. Mickle threw 60.77m to take the win as she finalized preparations for the Olympics. Mickle competed in a final warm-up competition, taking fifth place in the London Diamond League held at Crystal Palace, with a best throw of 62.36m.

With Olympic selection secured, Ben Offereins prepared for his event, with an individual run in the men's 400m at the Athletics World Challenge in Spain, clocking 46.55secs for sixth place. Steve Hooker also tuned-up at this meet in the men's pole vault but was unable to register a height.

Liz Parnov contested the women's pole vault at the Junior World Championships in Barcelona in mid July, winning a silver medal with a clearance at 4.30m.

Making her Olympic debut, Kim Mickle competed in the women's javelin inside London's Olympic stadium with a best throw of 59.23m in qualifying. Mickle's effort was short of the automatic qualifying mark (62.00m) for direct progression to the final, and she ultimately missed out, with her 59.23m throw outside the top 12 ranked for the finals places.

Alana Boyd fared best of the three pole vault competitors in London, jumping 4.55m to advance to the final of the women's pole vault event. Boyd cleared 4.30m in the final to finish in 11th place overall. Liz Parnov was unable to pass her opening height of 4.10m and missed the final. Reigning Olympic champion Steve Hooker, advanced to the final in the men's event after clearing 5.50m, but was unable to threaten the medals in London, registering no height in the final.

Ben Offereins and the men's 4x400m relay squad ran a time of 3:03.17min for tenth place in qualifying, and finished marginally shy of qualification for the final. Offereins was joined in the Australian team by Steve Solomon, Brendan Cole and John Steffensen.

Western Australia's next generation of pole vaulters provided evidence of their quality with wins in the U16 and U18 competitions at the All School Athletics Championships in Hobart in December. Nina Kennedy won the girls U18 title with a clearance at 3.70m, whilst Emma Philippe equaled the competition record in the girls U16 with a clearance at 3.80m. The results earned both athletes selection for the 2013 Australian Youth Olympic Festival.

The 2013 Australian Youth Olympic Festival was held in January in Sydney. Nina Kennedy won gold by equaling her personal best of 4.10m, whilst training partner Emma Philippe similarly equaled her personal best with a clearance at 4.00m for the silver medal. The Australian Athletics Track Classic season began in February, with Adelaide hosting the Adelaide Track Classic. Kim Mickle competed in the women's javelin, winning with a 58.74m throw.

The tour moved to Sydney in March for the Sydney Track Classic, with Mickle improving for another competition win with a 62.53m throw that registered her a World Championship A-Qualifying mark.

The Perth Track Classic was also held in March, with Mickle winning a third leg of the series, this time with a 60.11m throw. Mickle's training partner Cruz Hogan threw a personal best of 73.27m to take fourth place in the men's javelin. Liz Parnov was second in the women's pole vault with a best height of 4.40m, with Vicky Parnov and Nina Kennedy both clearing 4.10m.

Kim Mickle secured her spot for the 2013 Athletics World Championships by winning an eighth national title at the 2013 Australian Athletics

Championships in Sydney. Mickle threw 62.26 for the win, with the distance setting her another A-Qualifying mark for the World Championships to be held in Moscow next August.

Liz Parnov finished second in the women's pole vault, after clearing 4.20m. Nina Kennedy was third on count back ahead of Emma Philippe (5th) and Vicky Parnov (6th) after each cleared 4.00m

Kim Mickle travelled to the USA in May for two Diamond League events. The first in New York, saw Mickle land third place with a season's best of 63.93m before backing up a week later at the Eugene Diamond League event for second place with another high quality throw of 63.80m.

In June, pole vaulters Nina Kennedy and Emma Philippe departed Perth for Germany, in preparation for the 2013 IAAF Youth World Championships to be held in Donetsk, Ukraine in July.

Coaches

Grant Ward	Head Coach - Throws
Lyn Foreman	Head Coach - Track
Alex Parnov	Head Coach - Pole Vault

Service Providers

Michael Broadbridge	Performance Team Director
Brian Glencross	Athletics Performance Manager
Carmel Goodman	Doctor
Kevin Hayter	Psychology
Matthew Burgin	Psychology
Andrew Lyttle	Biomechanics
Chris Perkin	Physiotherapy
JP Caneiro	Physiotherapy
Peter Peeling	Physiology
Sacha Fulton	Physiology
Clare Wood	Nutrition
Lizzie Moyle	Athlete Career and Education
Jenny Marsh	Athlete Career and Education
Gilman Barnitt	Strength and Conditioning
Greg Morgan	Strength and Conditioning

WAIS Program Athletes

Matt Cowie	Jodie Henry
Shannon McCann	Kim Mickle
Ben Offereins	Rhiannon Ormsby
Morgan Ward	Alana Boyd
Amanda Bisk	Steve Hooker
Liz Parnov	Vicky Parnov
Ellen Pearce	Nina Kennedy
Emma Philippe	

Major Title Winners

Kim Mickle	2013, National Championships, Javelin
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Australian Representatives

Kim Mickle	2012, Olympic Games, London
Ben Offereins	2012, Olympic Games, London
Alana Boyd	2012, Olympic Games, London
Steve Hooker	2012, Olympic Games, London
Liz Parnov	2012, Olympic Games, London

Coaching Achievements

Grant Ward	Coach, 2012, Olympics, Javelin, England
Alex Parnov	Coach, 2012, Olympics, Pole Vault, England
Lyn Foreman	Coach, 2012, Olympics, 4x400m Relay, England



MADDISON KEENEY

DIVING



PROGRAM PARTNERS



The WAIS Diving Program achieved a significant milestone in the 2012/13 year, with WAIS athlete Maddison Keeney becoming the first athlete from the Program to gain selection onto an Australian senior team for a World Championships. Keeney also represented Australia at Junior World Championship level as the WAIS Program enjoyed its most productive year since its inception in 2009.

The Australian Elite Junior Championships were held at Melbourne’s Sports and Aquatic Centre in Albert Park in July, with the WAIS group returning some impressive performances.

Maddison Keeney emerged as one of Australia’s brightest prospects, winning the Junior A Girls 1m springboard title after scoring 421.85 points in the final. Keeney also won gold in the 3m Junior A Girls final with a total of 473.70 points. She partnered Queensland’s Sherilyse Gowlett in the 3m synchro competition taking silver, with the pair combining for a total of 249.99.

Josh Ong enjoyed a consistent campaign, taking third place in the Junior B Boys final (266.75) before going one better with silver in the Boys B 3m springboard (455.70). Sally Hackett was ninth in the Junior A Girls 1m (340.90), fifth in Platform (345.40) and eighth in the 3m synchro with fellow WAIS athlete Deanne Cummins. Cummins also contested the Junior A Girls 1m competition, finishing 12th.

Keeney’s performances earned her selection for the Australian team for the Junior World Championships that were held in Adelaide, South Australia. The Junior World Championships were contested in October, with Keeney producing an excellent effort in the Girls 3m springboard.

Keeney qualified for the final of the event by returning a score of 417.10 points in qualification, to make the top 12. She then bettered her qualification efforts to score 445.50 in the final for sixth place, just 10 points off a bronze medal. Keeney also competed in the Girls 1m springboard, but her 357.10 did not qualify her for the final. She was 18th overall.

The Australian Diving squad for the Australian Youth Olympic Festival was announced in November, with Maddison Keeney selected as the only Western Australian representative.

The Australian Youth Olympic Festival was held in Sydney during the month of January, with Keeney again impressing, this time taking silver in the Girls 3m springboard.

Maddison Keeney won the 3m synchro event alongside Queensland’s Sherilyse Gowlett in June at the Australian Selection Trials to book herself a place in the Australian team for the 2013 FINA World Championships in Barcelona.

Keeney had earlier led the women’s 1m springboard heading into the final round, but a slip and subsequent 0.0 score took her from first to last and threatened to destroy her selection hopes. With Keeney the only athlete in the team with difficulty level required to compete at World Championships, Diving Australia announced that following team selections it would select an athlete from within its World Championship team to compete in women’s 1m springboard.

Coaches

Iris Deng Head Coach

Service Providers

Michael Broadbridge	Performance Team Director
Emilie Thienot	Psychology
Jo Norcott	Physiotherapy
Sacha Fulton	Physiology
Julie Meek	Nutrition
Jenny Marsh	Athlete Career and Education
Geish Hori	Strength and Conditioning

WAIS Program Athletes

Maddison Keeney	Joshau Ong
Sean Cottrill	Sally Hackett
Deanne Cummins	Tianna Furness
Teju Williamson	

Major Title Winners

Maddison Keeney	2013, National Championships, 3m Synchro Springboard
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GYMNASTICS



PROGRAM PARTNERS



The WAIS Gymnastics Program was highlighted by athletes Lauren Mitchell and Emily Little representing Australia at the 2012 London Olympic Games. The WAIS Program continued to support the national development pathway with a group of WAIS gymnasts selected for the 2013 Australian Youth Olympic Festival, whilst strong results were again recorded at the Australian National Club Championships in Victoria.

The reporting year was opened by the biggest event of the 12 month period, the 2012 London Olympic Games. Lauren Mitchell was selected for her second Olympic campaign, whilst Emily Little wore the green and gold of Australia for the first time.

There was disappointment for the Australian women's team, with a tenth place finish in qualifying, not enough for a place in the final, but this

was tempered with both Mitchell and Little qualifying for individual Olympic finals.

Emily Little competed in the All-Around final, and performed admirably for 15th place. Little returned scores of 13.300 on Floor, 14.866 on her favoured Vault, 13.933 on the Uneven Bars and 13.666 on Beam for a total score of 55.765 points.

Lauren Mitchell qualified for the Floor final in London and despite being hindered by a slight muscle strain was able to produce a routine that earned 14.833 for fifth place, just 0.067 off a medal.

In October, Perth hosted the inaugural Chetkovich Cup – named in honour of Liz and Steve Chetkovich for their years of coaching and



LAUREN MITCHELL

administrative service to Western Australian gymnastics. The tournament featured all seven disciplines of men's and women's gymnastics, and included routines from senior WAIS gymnasts Lauren Mitchell, Emily Little Olivia Vivian.

The National Club Championships were hosted in Victoria during November, with WAIS athletes featuring prominently across the various age ranges. Olivia Vivian starred in the senior international class, winning the All-Around, Bars, Beam and Floor finals as well as taking third on Vault.

In the Junior International class, Molly McKenzie performed well to win the Bars and take second on Beam.

The IDP 10 class was highlighted by Darcy Norman who won titles in All-Around, Bars and Beam, whilst also winning bronze on Vault and finishing fourth on Floor. Paige James won Floor and picked up silver medals All-Around, on Vault and on Bars, with a fourth place finish on Beam. Gillian Chan won the Vault title and was second on Beam and Floor. Chan also won bronze All-Around and on Bars. Brooke Callcott was third on Beam and fourth in both All-Around and Vault finals.

Aya Meggs was impressive in the IDP 8, winning Bars and taking silver All-Around, on Vault and on Beam, with a bronze on Floor. Yasmin Collier was fourth All-Around, on Vault and on Floor. Nikita Hains was third on Bars and fourth on Beam.

There was also good results from the WAIS IDP 6 squad, with Lily Gresele winning Bars, taking fourth on Beam and fifth All-Around. Amy Mackay was fifth on Bars, fifth on Floor and sixth All-Around, whilst Dayna Sulaiman claimed bronze on Beam and sixth place on Bars.

An Australian gymnastics squad was selected for the 2013 Australian Youth Olympic Festival in November, with WAIS athletes Paige James, Darcy Norman, Brooke Callcot and Gillian Chan all selected, with Franceska Fusha named reserve. Lauren Mitchell was named as an athlete ambassador for the squad, to pass on her considerable knowledge.

Lauren Mitchell's London heroics were honoured in December at the ANZ Sports Star Awards, with the WAIS gymnast awarded the Winter Strickland Medal for the most outstanding performance for the London Olympic Games. Mitchell's coaches Martine George and Nikolai Lapchine were named WA Coach of the Year, for the second time, highlighting their efforts in coaching two athletes onto the Olympic team.

The Australian Youth Olympic Festival was held in Sydney during January, with WAIS athletes representing both Australia Gold and Australia Green in the women's team event. Australia Gold won bronze, whilst Australia Green finished fourth. Franceska Fusha was called up to compete from reserve, and captured a fifth place finish on Beam. Darcy Norman also competed well, taking eighth place on Uneven Bars.

WAIS gymnasts; Paige James, Aya Meggs, Darcy Norman, Brooke Callcott and Yasmin Collier travelled to Russia for a youth competition and to gain experience preparing for competition away from home. The group travelled with WAIS coaches Martine George and Nikolai Lapchine, with the trip a success. Paige James was the standout, winning gold on Floor and silver All-Around. Aya Meggs won a bronze medal All-Around.

Coaches

Martine George	Senior Coach
Nikolai Lapchine	Senior Coach
Regan Molyneaux	Coach
Josh Fabian	Coach
Tatiana Lapchina	Specialist Coach
Peter Abbott	Coach (resigned 31/10/12)

Service Providers

Michael Broadbridge	Performance Team Director
Michelle Yardley	Program Administrator
Duncan Sullivan	Doctor
Matt Burgin	Psychology
Jo Norcott	Physiotherapy
Sacha Fulton	Physiology
Claire Rechichi	Physiology
Julie Meek	Nutrition
Simone Allen	Nutrition
Jenny Marsh	Athlete Career and Education
Greg Morgan	Strength and Conditioning
Gilman Barnitt	Strength and Conditioning

WAIS Program Athletes*

Lauren Mitchell *	Emily Little *
Nikola (Nikki) Chung *	Georgia Simpson *
Franceska Fusha *	Olivia Vivian *
Briana Ciupac	Darcy Norman
Brooke Callcott	Gillian Chan
Lily Gresele	Molly McKenzie
Aya Meggs	Paige James
Yasmin Collier	Nikita Hains
Anna Mackay	Amy Mackay
Sarah Stacey	Dayna Sulaiman
Madeline (Maddy) Clark-Carlile	

Australian Representatives

Lauren Mitchell	2012, Olympic Games, London
Emily Little	2012, Olympic Games, London

Coaching Achievements

Martine George	Coach, 2012, Olympic Games, London
Nikolai Lapchine	Coach, 2012, Olympic Games, London

* WAIS/AIS Athletes

SWIMMING

An Olympic medal to Blair Evans highlighted the 2012/13 operational year for the WAIS Swimming Program, whilst open water swimmer Rhys Mainstone won a third national titles that qualified him for the 2013 World Championships.

With the 2012 London Olympic Games starting in the final week of July, Blair Evans was in action on the first day of competition. Evans swam the heats of the women's 400m Individual medley, posting a time of 4:40.42min for sixth place, which was not enough to progress to the final.

The Olympic Games continued into August, with Blair Evans winning a silver medal as a member of the women's 4x200m freestyle relay team. Evans contested the heats, before Bronte Barratt, Melanie Schlanger, Kylie Palmer and Alicia Coutts swan Australia to second place in the final behind the victorious USA team.

Post Olympics, the immediate focus switched to short-course racing, with the Australian National Championships held in September. Brianna Throssell earned selection for the Australian World Championship team following a strong campaign that included gold in the 100m butterfly and silver in the 200m butterfly. Blair Evans collected three medals, with gold in the 200m Individual Medley, silver in the 400m freestyle and bronze in the 200m freestyle. Ben Lindsay was another Western Australian to medal, collecting a silver medal in the 50m butterfly.

Rhys Mainstone secured a world cup win in Hong Kong in October, taking line honours in the men's 10km open water event. Mainstone's time of 1:57.30hrs saw him finish ahead of Olympic silver medallist Thomas Lurz.

Mainstone moved on to China, to compete in another World Cup event, adding a fourth place finish, in a quicker time of 1:50.46hrs in the 10km open water.

Swimming coach Michael Palfrey was appointed as senior coach at WAIS in November as part of the WAIS Swimming Program restructure. Olympic gold medallist Yolane Kukla relocated to Perth to continue training with Palfrey and accepted a WAIS scholarship as part of this process.

Brianna Throssell competed for Australia at the 2012 World Swimming Short Course Championships in Turkey in December, winning two silver medals as a member of the Australian 4x100m medley and freestyle teams.

Throssell also contested the 200m butterfly, equalling her personal best, with the 13th fastest time overall.

Rhys Mainstone added a third national senior title to his record in February, after winning the men's 10km Open Water event at the national championships held at Lake Macquarie. Mainstone's win qualified him for the 2013 FINA World Championships to be held in Barcelona in July. Mainstone also secured a silver medal in the men's 5km open water event.

Yolane Kukla secured a hattrick of national age titles at the 2013 National Age Championships in Adelaide during April. Kukla posted wins in the girls 17/18 50m freestyle, 100m freestyle and 100m butterfly.

In May, Tommy Sucipto was selected for the Australian Team for the Junior World Championships in Dubai, to be held in August.



PROGRAM PARTNERS

Coaches

Michael Palfrey	Senior Coach
Paul Bruce	Club Coach
Mel Tantrum	Club Coach
Julie Hardt	Club Coach
Tom Stachewicz	Club Coach
Stacey Scott	Club Coach

Service Providers

Michael Broadbridge	Performance Team Director
Greg Hodge	Swimming Performance Manager
Carmel Goodman	Doctor
Duncan Sullivan	Doctor
Peter Steele	Doctor
Matt Burgin	Psychology
Craig Harms	Psychology
Andrew Lyttle	Biomechanics
Koji Honda	Biomechanics
Brett Slocombe	Physiotherapy
Prue Newnham	Physiotherapy
Sacha Fulton	Physiology
Clare Wood	Nutrition
Jenny Marsh	Athlete Career and Education
Lizzie Moyle	Athlete Career and Education
Gilman Barnitt	Strength and Conditioning

WAIS Program Athletes

Blair Evans	Rhys Mainstone
Grace Hull	Damian Fyfe
Holly Barratt	Yolane Kukla
Hamish Rose	Ben Lindsay
Emily Kayser	Lennard Bremer
Adelaide Hart	Bobby Jovanovich
Tommy Sucipto	

Australian Representatives

Blair Evans	2012, Olympic Games, London
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CORPORATE SERVICES

ADMINISTRATION AND FINANCE

CORPORATE SERVICES RESTRUCTURE

In July 2012, WAIS applied a planned organisational restructure of the Corporate Services Department. The key change resulting from the restructure was the creation of a stand alone Administration Department to oversee and effectively operate the administrative functions of the organisation.

The Administration Department absorbed the responsibility of managing and operating the organisational Performance Management Information Systems which previously sat with the Corporate Communications Department. As part of this newly created department, an Administration Manager was appointed to oversee and manage both the administrative functions of the organisation along with the human resources function including internal policy implementation and compliance.

The Finance Department withheld the responsibilities of managing the entire organisation financial management and control. Moreover, the Finance Department took greater responsibility for contract negotiations and implementation, the organisational risk management process and infrastructure management.

STAFF

Due to the Corporate Services restructure, Mrs Natalie Jones (who previously held the position of Executive and Events Co-ordinator) was appointed as Administration Manager. Subsequently, due to the pre-mentioned internal promotion, Ms Julie Arentz was appointed as a Personal Assistant to the Executive Director and Senior Management.

Consequently, the additional Performance Management Information Systems workload created a new role of Performance Systems Co-ordinator which saw Ms Laura Reid appointed to fulfill the newly created position in August 2012. The additional requirements for more effective administrative support created the position of Resources Administration Officer which Ms Eleonora Fazio was appointed to fulfill the role. Furthermore, Ms Rachel Mazza was appointed as Receptionist following the resignation of Ms Bonnie Bessen.

The Finance Department did not experience any staff changes during the year thus ensuring stability in the financial management and operations of the organisation.

As part of the organisation restructure, the Athlete and Coach Services Department ceased to exist from November 2012 which saw Mr Darren Key, Maintenance Support Technician, moving to the Finance Department to fulfill the department's greater responsibility within infrastructure management.

At 30 June 2013, WAIS employed a total of forty-two permanent full-time, four permanent part-time staff and twelve casual staff.

ACCOMODATION COSTS

Accommodation costs during the year were managed within the budgetary framework for WAIS' premises although the improving general economic condition started pushing up prices. Due to the age of the building it is anticipated that the level of ongoing maintenance required will continue to increase.

The current WAIS facilities do not meet the standards for scope or size for preparing international athletes as is recorded in the WAIS strategic plan. WAIS submitted requests to the State Government on the requirement for a new state of the art facility which will enhance the development of future WA high performance athletes. In May 2012 the State Government announced that WAIS has been allocated funds of \$32m to construct a new facility. The planning process and architectural design is under-way and it is being executed and managed by the Department of Building Management and Works with client input from the Department of Sport and Recreation and Venueswest in conjunction with WAIS. Excavation at the site commenced in July 2013 and construction is expected to start in the fourth quarter of 2013. The facility should be completed by either the end of 2014 or the beginning of 2015.

FINANCIAL SYSTEMS

The budgeting model was updated during the year in order to improve the financial management processes and reporting. Financial control was exercised throughout the year as the organisation continuously seeks to improve its internal processes, particularly in regard to effectiveness and efficiency. The payroll system was also successfully updated.

WAIS renewed the partnership agreement with the Department of Sport and Recreation securing funding levels for the Olympic Cycle ending June 2016.

HUMAN RESOURCES

The organisational human resource policies, previously managed by the Finance Manager, have been taken over by the Administration Manager following the Corporate Services restructure. During the year, the WAIS Human Resources Manual, the Staff Performance Management System and many of the policies have been reviewed and successfully updated to either reflect legislative compliance or industry best practice.

INFORMATION TECHNOLOGY

Minor server infrastructure upgrades were performed to improve performance and stability for files and documents, emails and network services. New server capability was also added to support the WAIS Performance Management Information System software – Peformax. A partial upgrade of the IT hardware held by the WAIS staff members also occurred. The objective of the infrastructure and system enhancements is to streamline workflow and information processing so as to continuously improve efficiency while making available or accessible the latest technologies to WAIS staff members.

CORPORATE COMMUNICATIONS

The 2012/13 year was another successful period for the WAIS Corporate Communications Department as it built on the interest generated from the 2012 London Olympic and Paralympic Games. Existing Partnerships continued to be strengthened, whilst the Go for 2&5 WAIS Community Development Program was highlighted by the inclusion of Australian Olympic and Paralympic team members.

WAIS also adopted a new logo Brandmark in 2013, simplifying the existing brandmark to create a refreshed and energised logo that will represent the Institute into the new Olympiad.

PEOPLE

The WAIS Corporate Communications Department was again led by its single full-time staff member, Mr Chris Abbott, who in the role of Public Relations Coordinator oversaw all WAIS publications, website communications, media activations and management of the Go for 2&5 WAIS Community Development Program.

Assistance was provided to the Corporate Communications department throughout the year from casual contract Communications staff member Miss Olivia Vivian, who provided assistance to the Public Relations Coordinator in the key areas of WAIS publications and in administration of the Go for 2&5 WAIS Community Development Program.

The Public Relations Coordinator was appointed as a media liaison officer with the Australian Paralympic Committee during the 2012 London Paralympic Games, during which time the Corporate Communications department was overseen by Miss Vivian.

PARTNERSHIPS

The 2012/13 year was a consistent year for the Institute's list of partners and suppliers. Our key strategic partners remain critical supporters of the Institute's operations while our corporate relationship with **Healthway** was extended for another two years, enabling our important community contribution to Western Australians to remain strong.

Partners, sponsors and suppliers for the 2011/2012 period are detailed below.

PRINCIPAL PARTNER

The **Government of Western Australia** continues to provide unwavering support to WAIS and allows the Institute to achieve its purpose of assisting Western Australian athletes achieve excellence in their sporting pursuits. We thank the WA Government for its continued support of the high performance sporting system in WA.

STRATEGIC PARTNERS

The **Department of Sport and Recreation** for its strategic alliance in supporting athlete sporting pathways in Western Australia.

Australian Sports Commission for its financial commitment to the twelve National Training Centres in Western Australia. Support for National Athlete Career and Education and sport science quality assurance programs also directly benefit WAIS operations.

VenuesWest for the provision of venues and facilities for our athletes and sport programs.

CORPORATE SPONSORS

Healthway promoting the Go for 2&5 message extended their support of WAIS through the successful **Go for 2&5 WAIS Community Development Program**, enabling the Institute to continue promoting healthy and active lifestyles to young people around Western Australia.

PROGRAM SPONSORS

The **Carbine Club** extended their support of our aspiring athletes through the Carbine Club International Scholarship Fund. This important initiative allocates funding to WAIS athletes to assist with travel to international competitions.

SUPPLIERS

Bekkers IT, official supplier of IT services, has continued its long-term relationship with WAIS.

Kukri remains the Institute's preferred apparel supplier on an agreement running through the 2016 Olympiad. As the current supplier for the Hockeyroos and Netball Australia they come with a good track record of supplying high quality athletic apparel to high performance athletes.

WAIS is grateful to all its existing and new partners for their valuable contribution. The support of our partners plays a vital role in the journey the athletes follow to international success.

PUBLIC RELATIONS

A key focus for the WAIS Corporate Communications Department remains actively promoting the achievements of the Institute's athletes, coaches and staff to the wider community. This was particularly important in the 2012/13 period in the aftermath of the 2012 Olympic and Paralympic Games.

The Go for 2&5 WAIS Community Development Program continued to be a great success, with a core group of athletes contributing to this important activity throughout the year.

A key project for the 2012-13 year was the decision to re-brand the **WAIS logo Brandmark**. The old design featuring the four disks – that represented athlete movement – were removed to create a sharper and stronger focus on the acronym WAIS. The new logo Brandmark is more readily identifiable, and includes a tagline – Performance Driven. This tagline represents the objectives of WAIS in assisting high performance athletes in WA.

WEBSITE AND CORPORATE COMMUNICATIONS

The **WAIS Website** continues to be the ever-changing public face of the Institute, with site visitor numbers up for the 12 months of operation on the back of a successful digital campaign implemented during the London Games. WAIS continued to develop its social media presence via its Twitter and Facebook accounts. The aim of both is to take news and information direct to interested parties, whilst also offering behind the scenes insights in to operations out of the WA Institute of Sport. **The Weekly News Bulletin (WNB)**, a fully featured HTML e-newsletter, remains the Institute's major internal and external communication tool, with the document consisting of up-to-date news and results from WAIS athletes. An extensive subscriber list of sporting organizations, government, sponsors and media ensures WAIS stakeholders are kept up to date with all the latest on the achievements of our athletes.

MEDIA

WAIS was again regularly featured across mainstream media organisations in 2012-13. The Corporate Communications department worked on a live document outlining strong story ideas which was sent to key media contacts to ensure they were regularly updated on key WAIS activities and events. The work undertaken with **The West Australian, The Sunday Times, ABC Radio, Sport FM, Channel 10, Channel 9, and Foxtel** ensured the public received regular and current information on WAIS athlete performances, selections for peak competition as well as human interest stories. The interest and

support of local media outlets is crucial to the stories of the Institute being shared with the wider public. WAIS notes its appreciation to the local media outlets who continue to show this interest and support.

PUBLICATIONS

The **WAIS Annual Report** was the major in house publication produced by the Institute.

The WAIS Corporate Communications department also assisted with the production of various department and program publications for presentations, seminars and events.

GO FOR 2&5 WAIS COMMUNITY DEVELOPMENT PROGRAM

The 2012/13 period was one of growth for the Go for 2&5 WAIS Community Development Program as new ideas and initiatives leveraged in partnership with **Healthway** were implemented. Such innovations included a stronger social media presence, with school and club visits receiving strong promotion via WAIS facebook and twitter accounts. The success of Fruit and Month was again a particular highlight as the schools' competition continues to be very popular throughout Western Australia.

The three aspects of the program continue to be:-

- **Primary school visits**
- **Sporting club visits**
- **WAIS Tours**

Each part of the program sees athletes sharing aspects of their journey from budding young athletes to world class performers, hopefully inspiring the next generation to strive to follow a similar path whilst importantly focusing on the importance of eating healthy and being active in everyday life.

Schools across Western Australia have been benefactors of the program, with tours of the WAIS facility as well as incursion visits by athletes.

A number of athletes have been involved in the program in the past 12 months as either tour guides, club speakers or school presenters. Sports that have been represented include athletics, canoeing, gymnastics and water polo. Of significance was the number of 2012 Olympians and Paralympians who dedicated their time to the program following their competition. These stories proved incredibly strong with the audiences. Outside the Go for 2&5 WAIS Community Development Program WAIS athletes have once again been involved in appearances for a number of charities including Lifeline, Telethon and the Wally Foreman Foundation, as well as other community organizations such as the City of Joondalup, the Challenge Stadium Kids Sports Club and the Australia Day Council.

WAIS WOULD LIKE TO THANK:

PRINCIPAL PARTNER



STRATEGIC PARTNERS



Australian Government
Australian Sports Commission



Department of
Sport and Recreation

CORPORATE SPONSORS



PROGRAM SPONSORS



Community Development
Program



International Scholarship
Fund



Athlete Career & Education
Scholarship

SUPPLIER/PROVIDER



IT Services



Sportswear

TRAINING CENTRE STATUS



Australian Government
Australian Sports Commission



Training Centre Status
Programs
2012-2013



Auditor General

INDEPENDENT AUDITOR'S REPORT

To the Parliament of Western Australia

WESTERN AUSTRALIAN INSTITUTE OF SPORT

Report on the Financial Statements

I have audited the accounts and financial statements of the Western Australian Institute of Sport.

The financial statements comprise the Statement of Financial Position as at 30 June 2013, the Statement of Comprehensive Income, Statement of Changes in Equity and Statement of Cash Flows for the year then ended, and Notes comprising a summary of significant accounting policies and other explanatory information.

Board's Responsibility for the Financial Statements

The Board is responsible for keeping proper accounts and the preparation and fair presentation of the financial statements in accordance with Australian Accounting Standards and the Treasurer's Instructions, and for such internal control as the Board determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

As required by the Auditor General Act 2006, my responsibility is to express an opinion on the financial statements based on my audit. The audit was conducted in accordance with Australian Auditing Standards. Those Standards require compliance with relevant ethical requirements relating to audit engagements and that the audit be planned and performed to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of the accounting policies used and the reasonableness of accounting estimates made by the Board, as well as evaluating the overall presentation of the financial statements.

I believe that the audit evidence obtained is sufficient and appropriate to provide a basis for my audit opinion.

Opinion

In my opinion, the financial statements are based on proper accounts and present fairly, in all material respects, the financial position of the Western Australian Institute of Sport at 30 June 2013 and its financial performance and cash flows for the year then ended. They are in accordance with Australian Accounting Standards and the Treasurer's Instructions.

Report on Controls

I have audited the controls exercised by the Western Australian Institute of Sport during the year ended 30 June 2013.

Controls exercised by the Western Australian Institute of Sport are those policies and procedures established by the Board to ensure that the receipt, expenditure and investment of money, the acquisition and disposal of property, and the incurring of liabilities have been in accordance with legislative provisions.

Board's Responsibility for Controls

The Board is responsible for maintaining an adequate system of internal control to ensure that the receipt, expenditure and investment of money, the acquisition and disposal of public and other property, and the incurring of liabilities are in accordance with the Financial Management Act 2006 and the Treasurer's Instructions, and other relevant written law.

Auditor's Responsibility

As required by the Auditor General Act 2006, my responsibility is to express an opinion on the controls exercised by the Western Australian Institute of Sport based on my audit conducted in accordance with Australian Auditing and Assurance Standards

An audit involves performing procedures to obtain audit evidence about the adequacy of controls to ensure that the Institute complies with the legislative provisions. The procedures selected depend on the auditor's judgement and include an evaluation of the design and implementation of relevant controls

I believe that the audit evidence obtained is sufficient and appropriate to provide a basis for my audit opinion.

Opinion

In my opinion, the controls exercised by the Western Australian Institute of Sport are sufficiently adequate to provide reasonable assurance that the receipt, expenditure and investment of money, the acquisition and disposal of property, and the incurring of liabilities have been in accordance with legislative provisions during the year ended 30 June 2013.

Report on the Key Performance Indicators

I have audited the key performance indicators of the Western Australian Institute of Sport for the year ended 30 June 2013

The key performance indicators are the key effectiveness indicators and the key efficiency indicators that provide information on outcome achievement and service provision.

Board's Responsibility for the Key Performance Indicators

The Board is responsible for the preparation and fair presentation of the key performance indicators in accordance with the Financial Management Act 2006 and the Treasurer's Instructions and for such controls as the Board determines necessary to ensure that the key performance indicators fairly represent indicated performance.

Auditor's Responsibility

As required by the Auditor General Act 2006, my responsibility is to express an opinion on the key performance indicators based on my audit conducted in accordance with Australian Auditing and Assurance Standards

An audit involves performing procedures to obtain audit evidence about the key performance indicators. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the key performance indicators. In making these risk assessments the auditor considers internal control relevant to the Board's preparation and fair presentation of the key performance indicators in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the relevance and appropriateness of the key performance indicators for measuring the extent of outcome achievement and service provision.

I believe that the audit evidence obtained is sufficient and appropriate to provide a basis for my audit opinion.

Opinion


In my opinion, the key performance indicators of the Western Australian Institute of Sport are relevant and appropriate to assist users to assess the Institute's performance and fairly represent indicated performance for the year ended 30 June 2013.

Independence

In conducting this audit, I have complied with the independence requirements of the Auditor General Act 2006 and Australian Auditing and Assurance Standards and other relevant ethical requirements.

Matters Relating to the Electronic Publication of the Audited Financial Statements and Key Performance Indicators

This auditor's report relates to the financial statements and key performance indicators of the Western Australian Institute of Sport for the year ended 30 June 2013 included on the Institute's website. The Institute's management is responsible for the integrity of the Institute's website. This audit does not provide assurance on the integrity of the Institute's website. The auditor's report refers only to the financial statements and key performance indicators described above. It does not provide an opinion on any other information which may have been hyperlinked to/from these financial statements or key performance indicators. If users of the financial statements and key performance indicators are concerned with the inherent risks arising from publication on a website, they are advised to refer to the hard copy of the audited financial statements and key performance indicators to confirm the information contained in this website version of the financial statements and key performance indicators.



GLEN CLARKE
 DEPUTY AUDITOR GENERAL
 Delegate of the Auditor General for Western Australia
 Perth, Western Australia
 10 September 2013



WESTERN AUSTRALIAN INSTITUTE OF SPORT (INC)
ANNUAL FINANCIAL STATEMENTS
YEAR ENDED 30 JUNE 2013

FINANCIAL INDEX

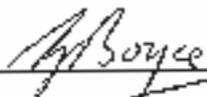
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Certification of Financial Statements

The accompanying financial statements of the Western Australian Institute of Sport (Inc.) have been prepared in compliance with the provisions of the *Financial Management Act 2006* from proper accounts and records to present fairly the financial transactions for the financial year ended 30 June 2013 and the financial position as at 30 June 2013.

At the date of signing we are not aware of any circumstances which would render the particulars included in the financial statements misleading or inaccurate.

Dated this 6th of September 2013



Mr Grant Boyce
Chairman
Board Member
Western Australian Institute of Sport (Inc.)



Mr Steven Lawrence
Executive Director
Board Member
Western Australian Institute of Sport (Inc.)



Mr Ramon Falzon
Finance and Administration Manager
Chief Financial Officer
Western Australian Institute of Sport (Inc.)

Western Australian Institute of Sport (Inc.)

Statement of Comprehensive Income for the year ended 30 June 2013

	Note	2013 \$	2012 \$
COST OF SERVICES			
Expenses			
Employee benefits expense	6	4,563,088	4,366,623
Supplies and services	7	2,546,883	2,447,820
Depreciation and amortisation expense	8	318,038	232,381
Accommodation expenses	9	427,513	422,447
Other expenses	10	827,240	926,922
Total cost of services		8,672,762	8,396,193
Income			
<i>Revenue</i>			
Commonwealth grants and contributions	11	41,100	88,900
Interest revenue	12	143,116	156,263
Contribution from sporting bodies	13	1,434,223	1,532,094
Other revenue	14	141,402	280,043
Total Revenue		1,759,841	2,057,300
<i>Gains</i>			
Gain on disposal of non-current assets	15	22,531	75,655
Total Gains		22,531	75,655
Total Income other than income from State Government		1,782,372	2,132,955
NET COST OF SERVICES		6,890,390	6,263,238
INCOME FROM STATE GOVERNMENT			
State grants	16	6,145,545	6,942,000
Services received free of charge	16	869,484	895,394
Total Income from State Government		7,015,029	7,837,394
SURPLUS / (DEFICIT) FOR THE PERIOD		124,639	1,574,156
TOTAL COMPREHENSIVE INCOME / (LOSS) FOR THE PERIOD		124,639	1,574,156

The Statement of Comprehensive Income should be read in conjunction with the accompanying notes.

Western Australian Institute of Sport (Inc.)
Statement of Financial Position as at 30 June 2013

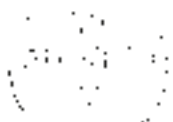
	Note	2013 \$	2012 \$
ASSETS			
Current Assets			
Cash and cash equivalents	17	2,888,874	2,347,993
Receivables	19	84,828	136,327
Other current assets	20	108,742	199,418
Inventories	18	23,557	15,352
Total Current Assets		3,105,991	2,700,130
Non-Current Assets			
Property, plant and equipment	21	682,832	820,015
Total Non-Current Assets		682,832	820,015
Total Assets		3,788,823	3,520,145
LIABILITIES			
Current Liabilities			
Payables	23	537,334	386,331
Provisions	24	713,261	630,813
Other current liabilities	25	189,553	204,840
Total Current Liabilities		1,440,148	1,281,984
Non-Current Liabilities			
Provisions	24	117,105	131,230
Total Non-Current Liabilities		117,105	131,230
Total Liabilities		1,657,253	1,413,214
NET ASSETS		2,231,570	2,106,931
Equity			
Accumulated surplus	26	2,231,570	2,106,931
TOTAL EQUITY		2,231,570	2,106,931

The Statement of Financial Position should be read in conjunction with the accompanying notes



Western Australian Institute of Sport (Inc.)			
Statement of Changes in Equity for the year ended 30 June 2013			
	Notes	Accumulated surplus \$	Total equity \$
Balance at 1 July 2011	26	532,775	532,775
Total comprehensive income for the year		1,574,156	1,574,156
Balance at 30 June 2012		2,106,931	2,106,931
Balance at 1 July 2012		2,106,931	2,106,931
Total comprehensive income for the year		124,639	124,639
Balance at 30 June 2013		2,231,570	2,231,570

The Statement of Changes in Equity should be read in conjunction with the accompanying notes



Western Australian Institute of Sport (Inc.)
Statement of Cash Flows for the year ended 30 June 2013

	Note	2013 \$	2012 \$
CASH FLOWS FROM STATE GOVERNMENT			
State grants		6,145,545	6,942,000
Net cash provided by State Government		<u>6,145,545</u>	<u>6,942,000</u>
Utilised as follows:			
CASH FLOWS FROM OPERATING ACTIVITIES			
Payments			
Employee benefits		(4,484,765)	(4,296,554)
Supplies and services		(1,895,749)	(2,121,393)
Accommodation		(51,840)	(47,374)
GST payments on purchases		(184,930)	(238,647)
Other payments		(830,061)	(770,359)
GST payments to the ATO		(622,599)	(545,745)
		<u>(8,070,744)</u>	<u>(8,018,072)</u>
Receipts			
Commonwealth grants and contributions		41,100	88,900
Interest received		143,116	156,263
GST receipts on sales		739,493	782,393
Other receipts		1,700,695	1,903,664
		<u>2,624,404</u>	<u>2,931,220</u>
Net cash used in operating activities	27	<u>(5,446,340)</u>	<u>(5,086,852)</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Payments			
Purchase of non-current physical assets		(187,466)	(251,806)
Receipts			
Proceeds from the sale of non-current physical assets		29,142	85,213
Net cash used in investing activities		<u>(158,324)</u>	<u>(166,683)</u>
Net increase/(decrease) in cash and cash equivalents		540,681	1,688,455
Cash and cash equivalents at the beginning of the financial year		<u>2,347,993</u>	<u>659,528</u>
CASH AND CASH EQUIVALENTS AT THE END OF THE FINANCIAL YEAR	17	<u>2,888,674</u>	<u>2,347,983</u>

The Statement of Cash Flows should be read in conjunction with the accompanying notes.



**Western Australian Institute of Sport (Inc.)
 Notes to the Financial Statements
 For the year ended 30 June 2013**

1 Australian Accounting Standards

General

The Western Australian Institute of Sport (Inc.)'s (the Institute) financial statements for the year ended 30 June 2013 have been prepared in accordance with Australian Accounting Standards. The term Australian Accounting Standards includes Standards and Interpretations issued by the Australian Accounting Standard Board (AASB).

The Institute has adopted any applicable new and revised Australian Accounting Standards from their operative dates.

Early adoption of standards

The Institute cannot early adopt an Australian Accounting Standard unless specifically permitted by **11101 Application of Australian Accounting Standards and Other Pronouncements**. There has been no early adoption of Australian Accounting Standards that have been issued or amended (but not operative) by the Institute for the annual reporting period ended 30 June 2013.

2 Summary of significant accounting policies

a. General Statement

The Institute is a not-for-profit reporting entity that prepares general purpose financial statements in accordance with Australian Accounting Standards, the Framework, Statements of Accounting Concepts and other authoritative pronouncements of the AASB as applied by the Treasurer's instructions. Several of these are modified by the Treasurer's instructions to vary application, disclosure, format and wording.

The *Financial Management Act* and the Treasurer's instructions impose legislative provisions that govern the preparation of financial statements and take precedence over Australian Accounting Standards, the Framework, Statements of Accounting Concepts and other authoritative pronouncements of the AASB.

Where modification is required and has had a material or significant financial effect upon the reported results, details of that modification and the resulting financial effect are disclosed in the notes to the financial statements.

b. Basis of Preparation

The financial statements have been prepared on the accrual basis of accounting using the historical cost convention.

The accounting policies adopted in the preparation of the financial statements have been consistently applied throughout all periods presented unless otherwise stated.

The financial statements are presented in Australian dollars and all values are rounded to the nearest dollar (\$).

Note 3 'Judgements made by management in applying accounting policies' discloses judgements that have been made in the process of applying the Institute's accounting policies resulting in the most significant effect on amounts recognised in the financial statements.

Note 4 'Key sources of estimation uncertainty' discloses key assumptions made concerning the future and other key sources of estimation uncertainty at the end of the reporting period, that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

c. Reporting Entity

The reporting entity comprises the Western Australian Institute of Sport Inc. ('the Institute')

d. Income

Revenue recognition

Revenue is recognised and measured at the fair value of consideration received or receivable. Revenue is recognised for the major business activities as follows:

Sale of goods

Revenue is recognised from the sale of goods and disposal of other assets when the significant risks and rewards of ownership transfer to the purchaser and can be measured reliably.

Provision of services

Revenue is recognised by reference to the stage of completion of the transaction.

Interest

Revenue is recognised as the interest accrues.

Grants, donations, gifts and other non-reciprocal contributions

Revenue is recognised at fair value when the Institute obtains control over the assets comprising the contributions, usually when cash is received.

Other non-reciprocal contributions that are not contributions by owners are recognised at their fair value. Contributions of services are only recognised when a fair value can be reliably determined and the services would be purchased if not donated.

Gains

Realised or unrealised gains are usually recognised on a net basis. These include gains arising on the disposal of non-current assets.

e. Property, Plant and Equipment

Capitalisation/expensing of assets

Items of property, plant and equipment costing \$5,000 or more are recognised as assets and the cost of utilising assets is expensed (depreciated) over their useful lives. Items of property, plant and equipment costing less than \$5,000 are immediately expensed direct to the Statement of Comprehensive Income (other than where they form part of a group of similar items which are significant in total).

Initial recognition and measurement

Property, plant and equipment are initially recognised at cost.

For items of property, plant and equipment acquired at no cost or for nominal cost, the cost is the fair value at the date of acquisition.

Depreciation

All non-current assets having a limited useful life are systematically depreciated over their estimated useful lives in a manner that reflects the consumption of their future economic benefits.

Leased improvements are depreciated over the shorter of the asset's useful life and the lease term.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
For the year ended 30 June 2013

Depreciation is calculated using the straight line method, using rates which are reviewed annually. Estimated useful lives for each class of depreciable asset are:

Plant, equipment and vehicles	3-10 years
Office equipment	3-10 years
Leased improvements	20-40 years estimated useful lives to the end of Apr. 2012. As from May 2012, upon announcement that the State Government has committed \$32m for the construction of the new WAIS High Performance Centre, the estimated useful life has been accelerated to be fully depreciated by November 2014 which is the month of delivery of the facility

f. Impairment of Assets

Property, plant and equipment are tested for any indication of impairment at the end of each reporting period. Where there is an indication of impairment the recoverable amount is estimated. Where the recoverable amount is less than the carrying amount, the asset is considered impaired and is written down to the recoverable amount and an impairment loss is recognised. Where an asset measured at cost is written down to recoverable amount, an impairment loss is recognised in profit or loss. As the Institute is a not-for-profit entity, unless an asset has been identified as a surplus asset, the recoverable amount is the higher of an asset's fair value less costs to sell and depreciated replacement cost.

The risk of impairment is generally limited to circumstances where an asset's depreciation is materially understated, where the replacement cost is falling or where there is a significant change in useful life. Each relevant class of assets is reviewed annually to verify that the accumulated depreciation/amortisation reflects the level of consumption or expiration of the asset's future economic benefits and to evaluate any impairment risk from falling replacement costs.

The recoverable amount of assets identified as surplus assets is the higher of fair value less costs to sell and the present value of future cash flows expected to be derived from the asset. Surplus assets carried at fair value have no risk of material impairment where fair value is determined by reference to market-based evidence. Where fair value is determined by reference to depreciated replacement cost, surplus assets are at risk of impairment and the recoverable amount is measured. Surplus assets at cost are tested for indications of impairment at the end of each reporting period.

There were no indicators of impairment at 30 June 2013.

g. Leases

The Institute holds operating leases for the office building and for two multifunctional office printers. Lease payments are expensed on a straight line basis over the lease term as this represents the pattern of benefits derived from the leased property and equipment.

h. Financial Instruments

In addition to cash, the Institute has two categories of financial instrument:

- Loans and receivables; and
- Financial liabilities measured at amortised cost

Financial instruments have been disaggregated into the following classes:

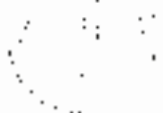
Financial Assets

- Cash and cash equivalents
- Receivables

Financial Liabilities

- Payables

Initial recognition and measurement of financial instruments is at fair value which normally equates to the transaction cost or the face value. Subsequent measurement is at amortised cost using the effective interest method.



Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

The fair value of short-term receivables and payables is the transaction cost or the face value because there is no interest rate applicable and subsequent measurement is not required as the effect of discounting is not material.

i. Cash and Cash Equivalents

For the purpose of the Statement of Cash Flows, cash and cash equivalent (and restricted cash and cash equivalent) assets comprise cash on hand and short-term deposits with original maturities of three months or less that are readily convertible to a known amount of cash and which are subject to insignificant risk of changes in value.

j. Accrued salaries

Accrued salaries (see note 25 'Other current liabilities') represent the amount due to staff but unpaid at the end of the financial year. Accrued salaries are settled within a fortnight of the financial year end. The Institute considers the carrying amount of accrued salaries to be equivalent to its fair value.

k. Inventories

Inventories are measured at the lower of cost and net realisable value. Costs are assigned by the method most appropriate for each particular class of inventory, with the majority being measured on a first in first out basis.

Inventories not held for resale are valued at cost unless they are no longer required, in which case they are measured at net realisable value.

l. Receivables

Receivables are recognised at original invoice amount less an allowance for any uncollectible amounts (i.e. impairment). The collectability of receivables is reviewed on an on-going basis and any receivables identified as uncollectible are written-off against the allowance account. The allowance for uncollectible amounts (doubtful debts) is raised when there is objective evidence that the Institute will not be able to collect the debts. The carrying amount is equivalent to fair value as it is due for settlement within 30 days. Refer to note 32 'Financial Instruments' and note 19 'Receivables'.

m. Payables

Payables are recognised at the amounts payable when the Institute becomes obliged to make future payments as a result of a purchase of assets or services. The carrying amount is equivalent to fair value, as settlement is generally within 30 days. Refer to note 32 'Financial Instruments' and note 23 'Payables'.

n. Provisions

Provisions are liabilities of uncertain timing or amount and are recognised where there is a present legal or constructive obligation as a result of a past event and when the outflow of resources embodying economic benefits is probable and a reliable estimate can be made of the amount of the obligation. Provisions are reviewed at the end of each reporting period. Refer to note 24 'Provisions'.

1. Provisions - Employee Benefits

All annual leave and long service leave provisions are in respect of employees' services up to the end of the reporting period.

Annual Leave

The liability for annual leave that is expected to be settled within 12 months after the end of the reporting period is recognised and measured at the undiscounted amounts expected to be paid when the liability is settled.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

Annual leave that is not expected to be settled within 12 months after the end of the reporting period is recognised and measured at the present value of amounts expected to be paid when the liabilities are settled using the remuneration rate expected to apply at the time of settlement.

When assessing expected future payments consideration is given to expected future wage and salary levels including non-salary components such as employer superannuation contributions, as well as the experience of employee departures and periods of service. The expected future payments are discounted using market yields at the end of the reporting period on national government bonds with terms to maturity that match, as closely as possible, the estimated future cash outflows.

The provision for annual leave is classified as a current liability as the Institute does not have an unconditional right to defer settlement of the liability for at least 12 months after the end of the reporting period.

Long Service Leave

The liability for long service leave that is expected to be settled within 12 months after the end of the reporting period is recognised and measured at the undiscounted amounts expected to be paid when the liability is settled.

Long service leave that is not expected to be settled within 12 months after the end of the reporting period is recognised and measured at the present value of amounts expected to be paid when the liabilities are settled using the remuneration rate expected to apply at the time of settlement.

When assessing expected future payments consideration is given to expected future wage and salary levels including non-salary components such as employer superannuation contributions, as well as the experience of employee departures and periods of service. The expected future payments are discounted using market yields at the end of the reporting period on national government bonds with terms to maturity that match, as closely as possible, the estimated future cash outflows.

Unconditional long service leave provisions are classified as current liabilities as the Institute does not have an unconditional right to defer settlement of the liability for at least 12 months after the end of the reporting period. Pre-conditional and conditional long service leave provisions are classified as non-current liabilities because the Institute has an unconditional right to defer the settlement of the liability until the employee has completed the requisite years of service.

Superannuation

An external Superannuation institution administers the superannuation schemes.

Employees may contribute to the Pension Scheme. The Institute has no liabilities under the Pension Schemes.

Refer also to note 6(b) 'Superannuation expense'.

ii. Provisions – Other

Employment on-costs

Employment on-costs, including workers' compensation insurance, are not employee benefits and are recognised separately as liabilities and expenses when the employment to which they relate has occurred. Employment on-costs are included as part of 'Other expenses' and are not included as part of the Institute's 'Employee benefits expense'. The related liability is included in 'Employment on-costs provision'. Refer to note 10 'Other expenses' and note 24 'Provisions'.

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o. Assets and Services Received Free of Charge or for Nominal Cost

Assets or services received free of charge or for nominal cost are recognised as income at the fair value of the assets and/or the fair value of those services that can be reliably measured and the Institute would otherwise pay for. A corresponding expense is recognised for services received. Receipts of assets are recognised in the Statement of Financial Position.

Assets or services received from other State Government agencies are separately disclosed under Income from State Government in the Statement of Comprehensive Income. Refer to note 16 Income from State Government.

p. Comparative Figures

Comparative figures are, where appropriate, reclassified to be comparable with the figures presented in the current financial year.

3 Judgements made by management in applying accounting policies

The preparation of financial statements requires management to make judgements about the application of accounting policies that have a significant effect on the amounts recognised in the financial statements. The Institute evaluates these judgements regularly.

Operating lease commitments

The Institute has a lease for a building for office accommodation. It has been determined that the lessor retains substantially all the risks and rewards incidental to ownership. Accordingly, this lease has been classified as an operating lease.

4 Key sources of estimation uncertainty

The Institute makes key estimations and assumptions concerning the future. These estimates and assumptions are based on historical experience and various other factors that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next financial year.

Long Service Leave

Several estimations and assumptions used in calculating the Institute's long service leave provision include expected future salary rates, salary inflation, discount rates, employee retention rates and expected future payments. Changes in these estimations and assumptions may impact on the carry over amount of the long service leave provision.

5 Disclosure of changes in accounting policy and estimates

Initial application of an Australian Accounting Standard

The Institute has applied the following Australian Accounting Standards effective for annual reporting periods beginning on or after 1 July 2012 that impacted on the Institute:

AASB 2011-9 *Amendments to Australian Accounting Standards – Presentation of Items of Other Comprehensive Income* (AASB 1, 5, 7, 101, 112, 120, 121, 132, 133, 134, 1039 & 1049)

This Standard requires to group items presented in other comprehensive income on the basis of whether they are potentially reclassifiable to profit or loss subsequently (reclassification adjustments). There is no financial impact.

**Western Australian Institute of Sport (Inc.)
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Future Impact of Australian Accounting Standards not yet operative

The Institute cannot early adopt an Australian Accounting Standard unless specifically permitted by TI 1101 *Application of Australian Accounting Standards and Other Pronouncements*. Consequently, the Institute has not applied early any of the following Australian Accounting Standards that have been issued that may impact the Institute. Where applicable, the Institute plans to apply these Australian Accounting Standards from their application date.

		Operative for reporting periods beginning on/after
AASB 9	<i>Financial Instruments</i> This Standard supersedes AASB 139 <i>Financial Instruments: Recognition and Measurement</i> introducing a number of changes to accounting treatments. AASB 2012-8 <i>Amendments to Australian Accounting Standards – Mandatory Effective Date of AASB 9 and Transition Disclosures</i> amended the mandatory application date of this Standard to 1 January 2015. The Institute has not yet determined the application or the potential impact of the Standard.	1 Jan 2015
AASB 10	<i>Consolidated Financial Statements</i> This Standard supersedes AASB 127 <i>Consolidated and Separate Financial Statements</i> and Int 112 <i>Consolidation – Special Purpose Entities</i> , introducing a number of changes to accounting treatments. Mandatory application of this Standard was deferred by one year for not-for-profit entities by AASB 2012-10 <i>Amendments to Australian Accounting Standards – Transition Guidance and Other Amendments</i> . The Institute has not yet determined the application or the potential impact of the Standard.	1 Jan 2014
AASB 11	<i>Joint Arrangements</i> This Standard supersedes AASB 131 <i>Interests in Joint Ventures</i> introducing a number of changes to accounting treatments. Mandatory application of this Standard was deferred by one year for not-for-profit entities by AASB 2012-10. The Institute has not yet determined the application or the potential impact of the Standard.	1 Jan 2014
AASB 12	<i>Disclosure of Interests in Other Entities</i> This Standard supersedes disclosure requirements under AASB 127 <i>Consolidated and Separate Financial Statements</i> and AASB 131 <i>Interests in Joint Ventures</i> . Mandatory application of this Standard was deferred by one year for not-for-profit entities by AASB 2012-10. The Institute has not yet determined the application or the potential impact of the Standard.	1 Jan 2014
AASB 13	<i>Fair Value Measurement</i> This Standard defines fair value, sets out a framework for measuring fair value and requires additional disclosures about fair value measurements. There is no financial impact.	1 Jan 2013

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AASB 119	<i>Employee Benefits</i>	1 Jan 2013
	<p>This Standard supersedes AASB 119 (October 2010) making changes to the recognition, presentation and disclosure requirements.</p> <p>The Institute does not have any defined benefit plans, and therefore the financial impact will be limited to the effect of discounting annual leave and long service leave liabilities that were previously measured at the undiscounted amounts.</p>	
AASB 127	<i>Separate Financial Statements</i>	1 Jan 2014
	<p>This Standard supersedes requirements under AASB 127 <i>Consolidated and Separate Financial Statements</i>, introducing a number of changes to accounting treatments.</p> <p>Mandatory application of this Standard was deferred by one year for not-for-profit entities by AASB 2012-10. The Institute has not yet determined the application or the potential impact of the Standard.</p>	
AASB 128	<i>Investments in Associates and Joint Ventures</i>	1 Jan 2014
	<p>This Standard supersedes AASB 128 <i>Investments in Associates</i>, introducing a number of changes to accounting treatments.</p> <p>Mandatory application of this Standard was deferred by one year for not-for-profit entities by AASB 2012-10. The Institute has not yet determined the application or the potential impact of the Standard.</p>	
AASB 1053	<i>Application of Tiers of Australian Accounting Standards</i>	1 Jul 2013
	<p>This Standard establishes a differential financial reporting framework consisting of two tiers of reporting requirements for preparing general purpose financial statements. There is no financial impact.</p>	
AASB 1055	<i>Budgetary Reporting</i>	1 Jul 2014
	<p>This Standard specifies the nature of budgetary disclosures, the circumstances in which they are to be included in the general purpose financial statements of not-for-profit entities within the GGS. The Institute will be required to disclose additional budgetary information and explanations of major variances between actual and budgeted amounts, though there is no financial impact.</p>	
AASB 2010-2	<i>Amendments to Australian Accounting Standards arising from Reduced Disclosure Requirements (AASB 1, 2, 3, 5, 7, 8, 101, 102, 107, 108, 110, 111, 112, 116, 117, 119, 121, 123, 124, 127, 128, 131, 133, 134, 136, 137, 138, 140, 141, 1056 & 1052 and Int 2, 4, 5, 15, 17, 127, 129 & 1052)</i>	1 Jul 2013
	<p>This Standard makes amendments to Australian Accounting Standards and Interpretations to introduce reduced disclosure requirements for certain types of entities. There is no financial impact.</p>	

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- AASB 2010-7** *Amendments to Australian Accounting Standards arising from AASB 9 (December 2010) (AASB 1, 3, 4, 5, 7, 101, 102, 108, 112, 118, 120, 121, 127, 128, 131, 132, 136, 137, 139, 1023 & 1038 and Int 2, 5, 10, 12, 19, 127)* 1 Jan 2015
- This Standard makes consequential amendments to other Australian Accounting Standards and Interpretations as a result of issuing AASB 9 in December 2010.
- AASB 2012 6 amended the mandatory application date of this Standard to 1 January 2015. The Institute has not yet determined the application or the potential impact of the Standard.
- AASB 2011-2** *Amendments to Australian Accounting Standards arising from the Trans-Tasman Convergence Project – Reduced Disclosure Requirements (AASB 101 & 1054)* 1 Jul 2013
- This Standard removes disclosure requirements from other Standards and incorporates them in a single Standard to achieve convergence between Australian and New Zealand Accounting Standards for reduced disclosure reporting. There is no financial impact.
- AASB 2011-6** *Amendments to Australian Accounting Standards – Extending Relief from Consolidation, the Equity Method and Proportionate Consolidation – Reduced Disclosure Requirements (AASB 127, 128 & 131)* 1 Jul 2013
- This Standard extends the relief from consolidation, the equity method and proportionate consolidation by removing the requirement for the consolidated financial statements prepared by the ultimate or any intermediate parent entity to be IFRS compliant, provided that the parent entity, investor or venturer and the ultimate or intermediate parent entity comply with Australian Accounting Standards or Australian Accounting Standards – Reduced Disclosure Requirements. There is no financial impact.
- AASB 2011-7** *Amendments to Australian Accounting Standards arising from the Consolidation and Joint Arrangements Standards (AASB 1, 2, 3, 5, 7, 101, 107, 112, 118, 121, 124, 132, 133, 139, 138, 139, 1023 & 1038 and Int 5, 9, 16 & 17)* 1 Jan 2013
- This Standard gives effect to consequential changes arising from the issuance of AASB 10, AASB 11, AASB 127 *Separate Financial Statements* and AASB 126 *Investments in Associates and Joint Ventures*. For not-for-profit entities it applies to annual reporting period beginning on or after 1 January 2014. The Institute has not yet determined the application or the potential impact of the Standard.
- AASB 2011-8** *Amendments to Australian Accounting Standards arising from AASB 13 (AASB 1, 2, 3, 4, 5, 7, 101, 102, 108, 110, 116, 117, 118, 119, 120, 121, 128, 131, 132, 133, 134, 136, 138, 139, 140, 141, 1024, 1023 & 1038 and Int 2, 4, 12, 13, 14, 17, 19, 131 & 132)* 1 Jan 2013
- This Standard replaces the existing definition and fair value guidance in other Australian Accounting Standards and Interpretations as the result of issuing AASB 13 in September 2011. There is no financial impact.

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<p>AASB 2011-10 <i>Amendments to Australian Accounting Standards arising from AASB 119 (September 2011) (AASB 1, 8, 101, 124, 134, 1049 & 2011-8 and Int 14)</i></p> <p>This Standard makes amendments to other Australian Accounting Standards and Interpretations as a result of issuing AASB 119 in September 2011. There is no financial impact.</p>	<p>1 Jan 2013</p>
<p>AASB 2011-11 <i>Amendments to AASB 119 (September 2011) arising from Reduced Disclosure Requirements</i></p> <p>This Standard gives effect to Australian Accounting Standards – Reduced Disclosure Requirements for AASB 119 (September 2011). There is no financial impact.</p>	<p>1 Jul 2013</p>
<p>AASB 2012-1 <i>Amendments to Australian Accounting Standards – Fair Value Measurement – Reduced Disclosure Requirements (AASB 3, 7, 13, 140 & 141)</i></p> <p>This Standard establishes and amends reduced disclosure requirements for additional and amended disclosures arising from AASB 13 and the consequential amendments implemented through AASB 2011-8. There is no financial impact.</p>	<p>1 Jul 2013</p>
<p>AASB 2012-2 <i>Amendments to Australian Accounting Standards – Disclosures – Offsetting Financial Assets and Financial Liabilities (AASB 7 & 132)</i></p> <p>This Standard amends the required disclosures in AASB 7 to include information that will enable users of an entity's financial statements to evaluate the effect or potential effect of netting arrangements, including rights of set-off associated with the entity's recognised financial assets and recognised financial liabilities on the entity's financial position. There is no financial impact.</p>	<p>1 Jan 2013</p>
<p>AASB 2012-3 <i>Amendments to Australian Accounting Standards – Offsetting Financial Assets and Financial Liabilities (AASB 132)</i></p> <p>This Standard adds application guidance to AASB 132 to address inconsistencies identified in applying some of the offsetting criteria, including clarifying the meaning of 'currently has a legally enforceable right of set-off' and that some gross settlement systems may be considered equivalent to net settlement. There is no financial impact.</p>	<p>1 Jan 2014</p>
<p>AASB 2012-5 <i>Amendments to Australian Accounting Standards arising from Annual Improvements 2009-11 Cycle (AASB 1, 101, 116, 132 & 134 and Int 2)</i></p> <p>This Standard makes amendments to the Australian Accounting Standards and Interpretations as a consequence of the annual improvements process. There is no financial impact.</p>	<p>1 Jan 2013</p>

Western Australian Institute of Sport (Inc.)

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AASB 2012-6 Amendments to Australian Accounting Standards – Mandatory Effective Date of AASB 9 and Transition Disclosures (AASB 9, 2009-11, 2010-7, 2011-7 & 2011-8) 1 Jan 2013

This Standard amends the mandatory effective date of AASB 9 *Financial Instruments* to 1 January 2015. Further amendments are also made to consequential amendments arising from AASB 9 that will now apply from 1 January 2015 and to consequential amendments arising out of the Standards that will still apply from 1 January 2013. There is no financial impact.

AASB 2012-7 Amendments to Australian Accounting Standards arising from Reduced Disclosure Requirements (AASB 7, 12, 101 & 127) 1 Jul 2013

This Standard adds to or amends the Australian Accounting Standards to provide further information regarding the differential reporting framework and the two tiers of reporting requirements for preparing general financial statements. There is no financial impact.

AASB 2012-10 Amendments to Australian Accounting Standards – Transition Guidance and Other Amendments (AASB 1, 5, 7, 8, 10, 11, 12, 13, 101, 102, 108, 112, 118, 119, 127, 128, 132, 133, 134, 137, 1023, 1038, 1039, 1049, & 2011-7 and Int 12) 1 Jan 2013

This Standard makes amendments to AASB 10 and related Standards to revise the transition guidance relevant to the initial application of those Standards, and to clarify the circumstances in which adjustments to an entity's previous accounting for its involvement with other entities are required and the timing of such adjustments.

The Standard was issued in December 2012. The Institute has not yet determined the application or the potential impact of the Standard.

AASB 2012-11 Amendments to Australian Accounting Standards – Reduced Disclosure Requirements and Other Amendments (AASB 1, 2, 8, 10, 107, 128, 133, 134 & 2011-4) 1 Jul 2013

This Standard makes various editorial corrections to Australian Accounting Standards – Reduced Disclosure Requirements (Tier 2). These corrections ensure that the Standards reflect decisions of the AASB regarding the Tier 2 requirements.

The Standard also extends the relief from consolidation and the equity method (in the new Consolidation and Joint Arrangements Standards) to entities complying with Australian Accounting Standards – Reduced Disclosure Requirements. There is no financial impact.

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	2013	2012
	\$	\$
6 Employee benefits expense		
Wages and salaries ^(a)	3,809,732	3,631,914
Annual leave	319,417	301,745
Long service leave	269,894	53,893
Superannuation ^(b)	354,545	379,071
	<u>4,553,088</u>	<u>4,366,623</u>

- (a) Includes the value of the fringe benefit to the employee plus the fringe benefits tax component.
 (b) External Superannuation institutions administer the superannuation schemes.

Employment on-costs expenses such as workers' compensation insurance, are included at note 10 'Other expenses'.

Employment on-costs liability is included at note 24 'Provisions'.

	2013	2012
	\$	\$
7 Supplies and services		
Travel	496,324	574,410
Consultants and contractors	458,595	460,344
Communication	53,566	57,406
Venue and sports related repairs and maintenance	1,152,134	1,075,613
Events	113,108	112,522
Training and development	62,122	38,690
Other	231,034	134,456
	<u>2,546,883</u>	<u>2,447,620</u>
8 Depreciation expense		
Leasehold improvements	123,222	47,445
Plant, equipment and vehicles	193,592	180,922
Office equipment	1,224	4,014
	<u>318,038</u>	<u>232,381</u>
9 Accommodation expense		
Lease rentals	427,513	422,447
	<u>427,513</u>	<u>422,447</u>
10 Other expenses		
Equipment repairs & maintenance	24,300	33,294
General administrative expenses	50,577	63,679
Sport programs	398,021	390,156
Scholarships	8,235	35,442
Sport science	74,336	97,297
Marketing & promotion	14,373	46,327
Employment on-costs ^(a)	259,398	265,717
	<u>827,240</u>	<u>925,922</u>

- (a) Includes workers' compensation insurance and other employment on-costs. The on-costs liability associated with the recognition of annual and long service leave liability is included at note 24 'Provisions'. Superannuation contributions accrued as part of the provision for leave are employee benefits and are not included in employment on-costs.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

	2013 \$	2012 \$
11 Commonwealth grants and contributions		
Australian Sports Commission / AIS funding	41,100	28,900
	<u>41,100</u>	<u>28,900</u>

The fundings include non-reciprocal grants from the Australian Sports Commission grant and the Australian Institute of Sport grant. The terms of the grant are that it must be used to fund athlete career education. The grant has been recognised in its entirety upon receipt as the only condition set by the grantor relates to how the grant can be expended and there are no performance measures in terms of service delivery.

	2013 \$	2012 \$
12 Interest revenue		
Interest received from deposits	143,116	156,263
	<u>143,116</u>	<u>156,263</u>

13 Contributions from sporting bodies		
Contributions from sporting bodies	1,434,223	1,532,094

14 Other revenue		
Sponsorship	93,675	168,392
Other	47,727	111,651
	<u>141,402</u>	<u>280,043</u>

15 Net gain on disposal of non-current assets		
<u>Costs of Disposal of Non-Current Assets</u>		
Plant, equipment and vehicles	6,611	0,558
<u>Proceeds from Disposal of Non-Current Assets</u>		
Plant, equipment and vehicles	29,142	80,213
Net gain	<u>22,531</u>	<u>79,655</u>

16 Income from State Government		
Sports Lotteries Funding grant	4,710,420	5,471,000
Consolidated Funding grant	1,435,125	1,471,000
	6,145,545	6,942,000
Services received free of charge from other State Government Agencies^(a)		
Determined on the basis of the following estimates provided by agencies		
Venues/West – Accommodation	375,673	375,073
Venues/West – Venue hire	493,811	520,321
	869,484	895,394
	<u>7,015,029</u>	<u>7,837,394</u>

(a) Assets or services received free of charge or for nominal cost are recognised as revenue at fair value of the assets and/or services that can be reliably measured and which would have been purchased if they were not donated. Contributions of assets or services in the nature of contributions by owners are recognised direct to equity.

Western Australian Institute of Sport (Inc.)
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 For the year ended 30 June 2013

	2013	2012
	\$	\$
17 Cash and cash equivalents		
Deposits	818,699	2,100,000
Cash at Bank	2,069,475	247,293
Cash on hand	700	700
	<u>2,888,874</u>	<u>2,347,993</u>
18 Inventories		
<u>Current – Inventories held for resale:</u>		
- Finished goods		
At cost or not realisable value	23,507	10,302
Total Current	<u>23,507</u>	<u>10,302</u>
19 Receivables		
Current		
Receivables	88,262	138,695
Allowance for impairment of receivables ⁽¹⁾	<u>(3,474)</u>	<u>(2,369)</u>
Total Current	<u>84,788</u>	<u>136,327</u>
Reconciliation of changes in the allowance for impairment of receivables:		
Balance at start of period	2,369	18,049
Doubtful debts expense	3,474	2,359
Amounts recovered during the period	<u>(2,369)</u>	<u>(18,049)</u>
Total Current	<u>3,474</u>	<u>2,359</u>
(1) Receivables aged over 3 months are impaired. Hence an adequate provision has been made.		
20 Other assets		
Current		
Prepayments	101,854	168,667
Accrued income	6,888	30,751
Total Current	<u>108,742</u>	<u>199,418</u>
21 Property, plant and equipment		
Leasehold improvements		
At cost	400,130	400,130
Accumulated Depreciation	<u>(225,824)</u>	<u>(102,603)</u>
	174,306	297,527
Plant, equipment and vehicles		
At cost	1,690,905	1,588,452
Accumulated Depreciation	<u>(1,185,473)</u>	<u>(1,070,282)</u>
	505,432	518,170
Office Equipment		
At cost	24,601	24,601
Accumulated Depreciation	<u>(21,507)</u>	<u>(20,283)</u>
	3,094	4,318
	<u>682,832</u>	<u>820,015</u>

Western Australian Institute of Sport (Inc.)
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Reconciliations of the carrying amounts of property, plant and equipment at the beginning and end of the reporting period are set out in the table below:

	Leasehold Improvements	Plant, equipment and vehicles	Office equipment	Total
	\$	\$	\$	\$
2013				
Carrying amount at start of year	297,527	518,170	4,318	820,015
Additions	-	187,466	-	187,466
Disposals	-	(6,611)	-	(6,611)
Depreciation	(123,222)	(193,592)	(1,224)	(318,038)
Carrying amount at end of year	174,305	505,433	3,094	682,832
2012				
Carrying amount at start of year	332,443	469,202	8,332	810,057
Additions	12,529	239,358	-	251,897
Disposals	-	(9,558)	-	(9,558)
Depreciation	(47,445)	(180,922)	(4,014)	(232,381)
Carrying amount at end of year	297,527	518,170	4,318	820,015

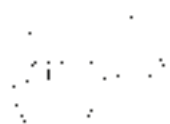
22 Impairment of assets

There were no indications of impairment to property, plant and equipment at 30 June 2013.

The Institute held no goodwill or intangible assets with an indefinite useful life during the reporting period. At the end of the reporting period there were no intangible assets not yet available for use.

All surplus assets at 30 June 2013 have either been classified as assets held for sale or written-off.

	2013 \$	2012 \$
23 Payables		
Current		
Trade payables	262,798	101,457
Other payables	254,536	221,974
<u>Total Current</u>	<u>537,334</u>	<u>386,331</u>



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	2013	2012
	\$	\$
24 Provisions		
<i>Current</i>		
Employee benefits provision		
Annual leave ^(a)	304,654	292,072
Long service leave ^(b)	362,791	308,440
	667,445	600,512
Other provisions		
Employment on-costs ^(c)	45,816	30,301
	45,816	30,301
	713,251	630,813
<i>Non-current</i>		
Employee benefits provision		
Long service leave ^(b)	109,606	124,926
Other provisions		
Employment on-costs ^(c)	7,499	6,304
	7,499	6,304
	117,105	131,230
	<u>830,356</u>	<u>762,043</u>

(a) Annual leave liabilities have been classified as current as there is no unconditional right to defer settlement for at least 12 months after the end of the reporting period. Assessments indicate that actual settlement of the liabilities will occur as follows:

Within 12 months of reporting date	212,476	203,700
More than 12 months after reporting date	92,179	88,372
	304,655	292,072

(b) Long service leave liabilities have been classified as current where there is no unconditional right to defer settlement for at least 12 months after the end of the reporting period. Assessments indicate that actual settlement of the liabilities will occur as follows:

Within 12 months of reporting date	57,250	52,520
More than 12 months after reporting date	415,147	380,840
	472,397	433,366

(c) The settlement of annual and long service leave liabilities gives rise to the payment of employment on-costs including workers' compensation insurance. The provision is the present value of expected future payments. The associated expense, apart from the unwinding of the discount (finance cost), is disclosed in note 10 Other expenses.

Movements in Other Provisions

Movements in each class of provisions during the financial year, other than employee benefits, are set out below.

Employment on-cost provision	2013	2012
	\$	\$
Carrying amount at start of year	36,505	33,239
Additional provisions recognised	34,353	18,934
Payments	(17,643)	(15,628)
Carrying amount at end of year	53,315	35,605

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	2013	2012
	\$	\$
25 Other current liabilities		
Accrued salaries	116,505	121,041
Accrued expenses	74,048	107,219
Other- Unearned income	-	36,580
Total	<u>189,553</u>	<u>264,840</u>
26 Equity		
Accumulated Surplus		
Balance at start of year	2,106,931	532,775
Result for the period	124,639	1,574,156
Balance at end of year ^(a)	<u>2,231,570</u>	<u>2,106,931</u>

(a) Refer to Statement of Changes in Equity on page 64

27 Notes to the Statement of Cash Flows

Reconciliation of Cash

Cash at the end of the financial year as shown in the Statement of Cash Flows is reconciled to the related items in the Statement of Financial Position as follows:

Cash and cash equivalents	<u>2,668,874</u>	2,347,993
	2,668,874	<u>2,347,993</u>

Reconciliation of net cost of services to net cash flows provided by / (used in) operating activities:

Net cost of services	(6,890,390)	(6,263,238)
Non-cash items:		
Depreciation and amortisation expense	318,038	232,381
Services received free of charge	859,484	895,394
Net gain on sale of property, plant and equipment	(22,531)	(75,655)
(Increase)/decrease in assets:		
Current receivables ^(a)	51,520	137,025
Current inventories	(7,175)	(1,555)
Other current assets	73,649	(43,942)
Increase/(decrease) in liabilities:		
Current payables ^(a)	239,785	(354,564)
Current provisions	62,448	26,331
Other current liabilities	(75,651)	156,565
Non-current provisions	(14,125)	43,737
Net GST payments ^(b)	3,722	-
Changes in GST receivables/payables	(75,214)	160,670
Net cash (used in) operating activities	<u>(5,445,340)</u>	<u>(5,086,852)</u>

(a) Note that the Australian Taxation Office (ATO) receivable/payable in respect of GST and the receivable/payable in respect of the sale/purchase of non-current assets are not included in these items as they do not form part of the reconciling items.

(b) This is the net GST paid/received, i.e. cash transactions.

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	2013	2012
	\$	\$
26 Commitments		
Non-cancellable operating lease commitments		
Commitments for minimum lease payments are payable as follows:		
Within 1 year	53,542	53,280
Later than 1 year and not later than 5 years	227,330	213,122
Later than 5 years	907,079	745,926
	<u>1,187,951</u>	<u>1,012,328</u>

The Institute has entered into a property lease which is a non-cancellable lease with four terms of five years each, with rent payable in advance. Contingent rent provisions within the lease agreement require that the minimum lease payments shall be increased by CPI annually and by a current market rent valuation in the final year of each term.

The new WAIS High Performance Centre will be delivered on November 2014 and a new operating lease will be drafted between WAIS and the current landlord. The new agreement is expected to maintain the current existing terms and the financial commitments will not be of a lesser amount than stated above.

As from May 2012, upon announcement that the State Government has committed \$32m for the construction of the new WAIS High Performance Centre, the estimated useful life of leasehold improvements in the current building has been accelerated to be fully depreciated by November 2014 which is the month of delivery of the facility.

The commitments below are exclusive of GST.

Capital expenditure commitments

Capital expenditure commitments, being contracted capital expenditure additional to the amounts reported in the financial statements, are payable as follows:

Within 1 year	17,654	21,455
Later than 1 year and not later than 5 years	-	-
	<u>17,654</u>	<u>21,455</u>

29 Events occurring after the end of the reporting period

There are no significant events after the end of the reporting period.

30 Contingent liabilities and contingent assets

Contingent liabilities

In addition to the liabilities included in the financial statements, there are no more contingent liabilities.

Contingent assets

In addition to the assets included in the financial statements, there are no more contingent assets.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

31 Explanatory statement

Significant variations between estimates and actual results for income and expense are shown below. Significant variations are considered to be those greater than 10% or \$20,000

Significant variances between estimated and actual result for 2013

	2013 Estimate \$	2013 Actual \$	Variation \$
Income			
Interest revenue	127,757	143,116	15,359
Gain on disposal of non-current assets	27,365	22,531	(5,453)
Income from State Government	5,679,402	7,015,079	1,338,927
Expenses			
Employee benefits expense	4,344,378	4,553,088	(208,710)
Supplies and services	2,878,041	2,548,683	271,158
Other expenses	950,964	827,240	123,724

Interest revenue

Increase mainly due to extended tenure for which the deposits were kept and higher rates.

Gain on disposal of non-current assets

The variance is mainly due to lower revenue per unit earned as compared to the forecasted proceeds for the disposal of these units

Income from State Government

\$1.34m relating to 2013/14 funding has been prepaid during the current financial year

Employee benefits expense

The variance is mainly due to a higher turnover of FTEs in 2013 following an organisational restructuring

Supplies and services

The variances in Supplies and services is arising from efficiency cost savings in travelling expenditure and from staff training and development foregone during the year

Other expenses

The variances in Other expenses is due to an actual lower level of athletic financial support

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

Significant variations between actual results for income and expense during 2013 and 2012 are shown below. Significant variations are considered to be those greater than 10% or \$20,000.

Significant variances between actual results for 2012 and 2013

	2013	2012	Variance
	\$	\$	\$
Income			
Commonwealth grants and contributions	41,100	88,900	(47,800)
Contribution from sporting bodies	1,434,223	1,532,094	(97,871)
Other revenue	141,402	280,043	(138,641)
Gain on disposal of non-current assets	22,531	75,655	(53,124)
Income from State Government	7,015,329	7,637,394	(622,065)
Expenses			
Employee benefits expense	4,553,085	4,366,623	(186,466)
Supplies and services	2,546,883	2,447,620	(99,264)
Depreciation and amortisation expense	318,038	232,381	(85,657)
Other expenses	677,240	978,973	99,653

Commonwealth grants and contributions

The variance is mainly due to decrease in Australian Institute of Sport funding relating to reduce service delivery.

Contribution from sporting bodies

The variance is mainly due to decrease in Sporting Organisations funding.

Other revenue

The variance is mainly due to a decrease in Research Grant Income and Program Base Funding.

Gain on disposal of non-current assets

The variance is arising from a lower number of assets (mainly rowing boats) being sold during 2013.

Income from State Government

The variance is due to the decrease in the services received free of charge and an advance funding per service level agreement in 2012 for 2013 services.

Employee benefits expense

The variance is mainly due to increase in wages and salaries during the year due to CPI increases, bonus payments and the introduction of new roles in the organisation following an organisational restructure.

Supplies and services

The variance is mainly due to an increase in service contracts.

Depreciation and amortisation expense

The variance is mainly due to accelerated depreciation rate of Leasehold Improvements since WAIS will be allocated a new facility in December 2014.

Other expenses

The variance is mainly due to savings in Sport Program expenses.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

32 Financial Instruments

(a) Financial risk management objectives and policies

Financial instruments held by the Institute are cash and cash equivalents, Treasurer's advances and receivables and payables. The Institute has limited exposure to financial risks. The Institute's overall risk management program focuses on managing the risks identified below.

Credit risk

Credit risk arises when there is the possibility of the Institute's receivables defaulting on their contractual obligations resulting in financial loss to the Institute.

The Institute trades only with recognised, creditworthy third parties. The Institute has policies in place to ensure that sales of products and services are made to customers with an appropriate credit history. In addition, receivable balances are monitored on an ongoing basis with the result that the Institute's exposure to bad debts is minimal. At the end of the reporting period there were no significant concentrations of credit risk.

The maximum exposure to credit risk at end of the reporting period in relation to each class of recognised financial assets is the gross carrying amount of those assets inclusive of any allowance for impairment, as shown in the table below.

Liquidity risk

Liquidity risk arises when the Institute is unable to meet its financial obligations as they fall due.

The Institute is exposed to liquidity risk through its trading in the normal course of business.

The Institute has appropriate procedures to manage cash flows including drawdowns of appropriations by monitoring forecast cash flows to ensure that sufficient funds are available to meet its commitments.

Market risk

Market risk is the risk that changes in market prices such as foreign exchange rates and interest rates will affect the Institute's income or the value of its holdings of financial instruments. The Institute does not trade in foreign currency and is not materially exposed to other price risks (for example, equity securities or commodity price changes). The Institute does not hold any long-term debt obligations, thus the Institute does not have exposure to market risk for changes in interest rates.

(b) Categories of Financial Instruments

In addition to cash, the carrying amounts of each of the following categories of financial assets and financial liabilities at the end of each reporting period are as follows:

	2013 \$	2012 \$
Financial Assets		
Cash and cash equivalents	2,558,874	2,347,993
Restricted cash and cash equivalents	-	-
Loans and receivables(a)	88,282	138,096
Financial Liabilities		
Bank overdraft	-	-
Financial liabilities measured at amortised cost	282,798	164,457

(a) The amount of loans and receivables excludes GST recoverable from the ATO (statutory receivable).

(c) Financial Instrument Disclosures

Credit risk

The following table discloses the Institute's maximum exposure to credit risk and the ageing analysis of financial assets. The Institute's maximum exposure to credit risk at the end of the reporting period is the carrying amount of financial assets as shown below. The table discloses the ageing of financial assets

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

that are past due but not impaired and impaired financial assets. The table is based on information provided to senior management of the Institute.

The Institute does not hold any collateral as security or other credit enhancement relating to the financial assets it holds.

Ageing analysis of financial assets

	Carrying Amount	Not past due and not impaired	Past due but not impaired					Impaired financial assets
			Up to 1 month	1 - 3 months	3 months to 1 year	1 - 5 years	More than 5 years	
	\$	\$	\$	\$	\$	\$	\$	\$
2013								
Cash and cash equivalents	2,888,874	2,888,874	-	-	-	-	-	-
Receivables (a)	88,282	-	77,095	3,867	3,246	-	-	3,474
	2,877,156	2,888,874	77,095	3,867	3,246	-	-	3,474
2012								
Cash and cash equivalents	2,347,993	2,347,993	-	-	-	-	-	-
Receivables (a)	138,096	-	49,978	70,819	15,530	-	-	2,360
	2,486,089	2,347,993	49,978	70,819	15,530	-	-	2,360

(a) The amount of receivables excludes the GST recoverable from the ATO (statutory receivable).

Liquidity risk and interest rate exposure

The following table details the Institute's interest rate exposure and the contractual maturity analysis of financial assets and financial liabilities. The maturity analysis section includes interest and principal cash flows. The interest rate exposure section analyses only the carrying amounts of each item.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 for the year ended 30 June 2013

Interest rate exposure and maturity analysis of financial assets and financial liabilities

	Weighted Average Effective Interest Rate %	Interest rate exposure				Maturity dates					
		Carrying Amount \$	Fixed interest rate \$	Variable interest rate \$	Non- interest bearing \$	Nominal Amount \$	Up to 1 month \$	1 - 3 months \$	3 months to 1 year \$	1 - 5 years \$	More than 5 years \$
2013											
Financial Assets											
Cash and cash equivalents	4.75%	2,868,874	\$18,595	2,069,476	700	2,868,874	2,070,176	300,500	518,699	-	-
Receivables (a)	-	88,282	-	-	88,282	88,282	88,282	-	-	-	-
		<u>2,977,156</u>	<u>\$18,599</u>	<u>2,069,476</u>	<u>88,982</u>	<u>2,977,156</u>	<u>2,158,456</u>	<u>300,000</u>	<u>518,699</u>	<u>-</u>	<u>-</u>
Financial Liabilities											
Payables	-	282,798	-	-	282,798	282,798	282,798	-	-	-	-
		<u>282,798</u>	<u>-</u>	<u>-</u>	<u>282,798</u>	<u>282,798</u>	<u>282,798</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

(a) The amount of receivables excludes the GST recoverable from the ATO (statutory receivable).

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

Interest rate exposure and maturity analysis of financial assets and financial liabilities

	Weighted Average Effective Interest Rate %	Interest rate exposure				Maturity dates					
		Carrying Amount \$	Fixed interest rate \$	Variable Interest rate \$	Non- interest bearing \$	Nominal Amount \$	Up to 1 month \$	1 - 3 months \$	3 months to 1 year \$	1 - 5 years \$	More than 5 years \$
2012											
Financial Assets											
Cash and cash equivalents	5.86%	2,347,993	2,100,000	247,293	700	2,347,993	747,993	-	1,600,000	-	-
Receivables (a)	-	138,689	-	-	138,689	138,689	138,689	-	-	-	-
		2,486,682	2,100,000	247,293	139,396	2,486,682	886,682	-	1,600,000	-	-
Financial Liabilities											
Payables	-	164,457	-	-	164,457	164,457	164,457	-	-	-	-
		164,457	-	-	164,457	164,457	164,457	-	-	-	-

(a) The amount of receivables excludes the GST recoverable from the ATO (statutory receivable).

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

Interest rate sensitivity analysis

The following table represents a summary of the interest rate sensitivity of the Institute's financial assets at the end of the reporting period on the surplus for the period and equity for a 100 basis point change in interest rates. It is assumed that the change in interest rates is held constant throughout the reporting period. The Institute does not hold interest bearing financial liabilities at the end of the reporting period.

2013	Carrying amount \$	-100 basis points		+100 basis points	
		Surplus \$	Equity \$	Surplus \$	Equity \$
Financial Assets					
Cash and cash equivalents	2,888,174	(28,882)	(28,882)	28,882	28,882
	<u>2,888,174</u>	<u>(28,882)</u>	<u>(28,882)</u>	<u>28,882</u>	<u>28,882</u>

2012	Carrying amount \$	-100 basis points		+100 basis points	
		Surplus \$	Equity \$	Surplus \$	Equity \$
Financial Assets					
Cash and cash equivalents	2,347,293	(23,473)	(23,473)	23,473	23,473
	<u>2,347,293</u>	<u>(23,473)</u>	<u>(23,473)</u>	<u>23,473</u>	<u>23,473</u>

Fair values

All financial assets and liabilities recognised in the statement of financial position, whether they are carried at cost or fair value, are recognised at amounts that represent a reasonable approximation of fair value unless otherwise stated in the applicable notes.

Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
 For the year ended 30 June 2013

33 Remuneration of members of the accountable authority and senior officers

Remuneration of Members of the Institute

The number of members of the Institute, whose total of fees, salaries, superannuation, non-monetary benefits and other benefits for the financial year, fall within the following bands are:

\$	2013	2012
\$0 - \$10,000	8	8
\$210,001 - \$220,000	1	1

Base remuneration and superannuation	197,064	204,648
Annual leave and long service leave accruals	6,646	(3,317)
Other benefits	17,180	19,724
	<u>220,890</u>	<u>221,055</u>

The total remuneration includes the superannuation expense incurred by the Institute in respect of members of the accountable authority.

Remuneration of senior officers

The number of senior officers, other than senior officers reported as members of the Institute, whose total fees, salaries, superannuation, non-monetary benefits and other benefits for the financial year, fall within the following bands are:

\$	2013	2012
\$30,001 - \$40,000	1	-
\$60,001 - \$70,000	-	-
\$100,001 - \$110,000	1	1
\$110,001 - \$120,000	-	1
\$120,001 - \$130,000	2	3
\$130,001 - \$140,000	2	-

Base remuneration and superannuation	591,041	613,386
Annual leave and long service leave accruals	38,781	9,983
Other benefits	<u>39,009</u>	<u>26,098</u>
	<u>668,831</u>	<u>649,467</u>

One termination payment representing the settlement of annual leave and long service leave balances was paid in 2013 amounting to \$39,009 (2012: \$26,098).

The total remuneration includes the superannuation expense incurred by the Institute in respect of senior officers other than senior officers reported as members of the accountable authority.

34 Remuneration of Auditor

2013	2012
\$	\$

Remuneration payable to the Auditor-General in respect of the audit for the current financial year is as follows:

Auditing the accounts, financial statements and key performance indicators	<u>48,000</u>	<u>40,300</u>
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Western Australian Institute of Sport (Inc.)
Notes to the Financial Statements
For the year ended 30 June 2013

35 Schedule of income and expenses by service

The Institute only has one service, therefore a separate statement of service is not required.

36 Supplementary financial information

(a) Write-offs

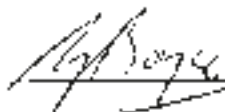
During the financial year \$900 (2012: \$540) was written off the Institute's receivables under the authority of

	2013	2012
	\$	\$
The accountable authority	900	540

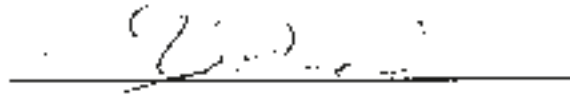
Certification of Key Performance Indicators

We hereby certify that the accompanying key performance indicators are based on proper records, are relevant and appropriate for assisting users to assess the performance of the Western Australian Institute of Sport (Inc.), and fairly represent the performance of the Western Australian Institute of Sport (Inc.) for the financial year ended 30 June 2013.

Dated this 6th of September 2013



Mr Grant Boyce
Chairman
Board Member
Western Australian Institute of Sport (Inc)



Mr Steven Lawrence
Executive Director
Board Member
Western Australian Institute of Sport (Inc)

Western Australian Institute of Sport (Inc.)
Key Performance Indicators
 30 June 2013

Desired Outcome: Talented Western Australian sports persons to achieve excellence in high performance sport with support from their home environment.

The following Performance Indicators demonstrate the extent to which the Western Australian Institute of Sport's outcome has been achieved.

1. Effectiveness Indicators

WAIS provides opportunities for talented Western Australian sports people to achieve excellence in high performance sport with support from their home environment.

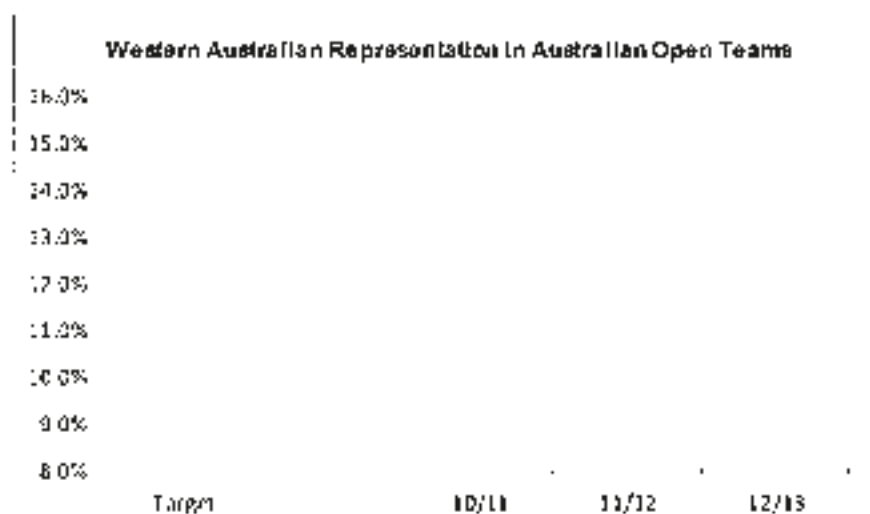
A high performance athlete is defined by the national institute network as being an athlete who is of Australian Open team standard in his or her sport. Australia aims to be an internationally competitive nation. WAIS is considered by the Australian high performance sports system to be a significant contributor to Australian success and is recognised by membership to the Australian National Elite Sports Council. WAIS will therefore assess its contribution to Australia's international success.

Two indicators are used to measure the extent to which WAIS is meeting its purpose.

1.1 WA's Representative Numbers In Australian Open Teams

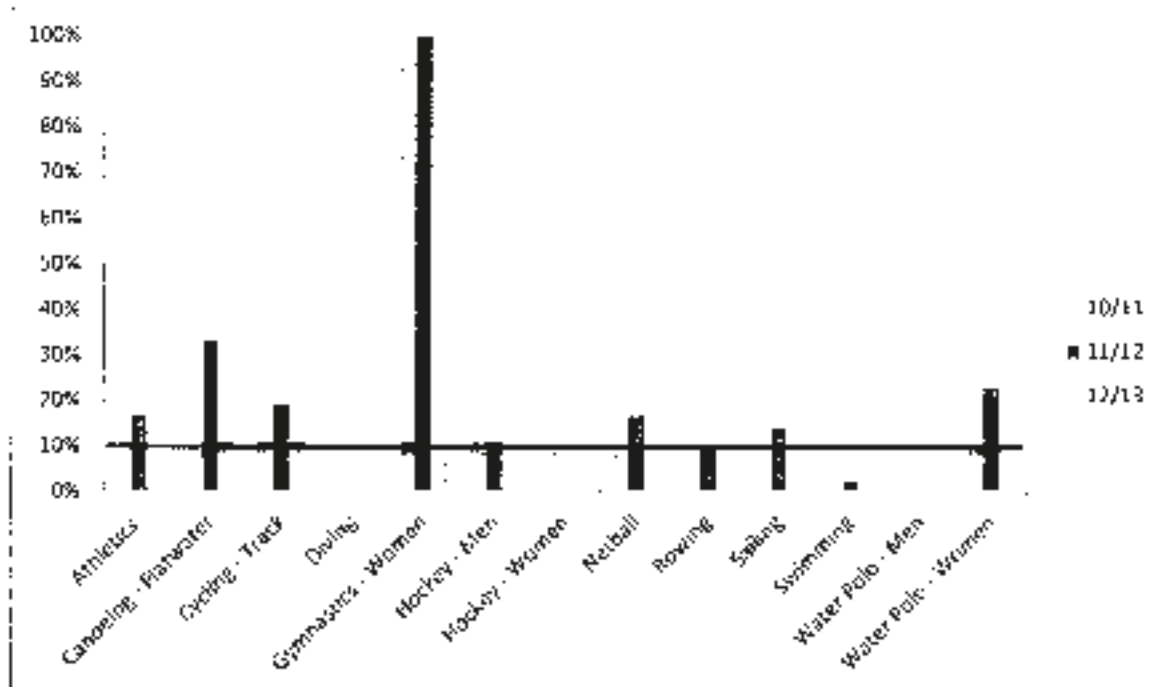
The aim is to achieve an average of ten per cent representation in major Australian Open teams across sports supported by WAIS. This figure is based on WA having approximately ten percent of the national population.

Each sport in which WAIS operates a sport program has a specific athlete target number to reach in each year. In the current year eight of thirteen assessable programs were considered to have reached or exceeded their target. The sport programs to miss the target were Athletics, Men's Hockey, Netball, Rowing and Swimming. The overall combined result equated 11.1% (10.5% in 2012), therefore the WAIS target for national team representation was exceeded during the current financial year.



1.2 WA Representative Contribution to Australian World Class Performance

WAIS assesses its contribution to Australia's international competitiveness by measuring the number of World Class performances (top eight individual or top four team or multiple athlete event performance at a World Championship or Olympic Games) recorded by Western Australians. The Institutes aim is for athletes in sports supported by WAIS to achieve ten percent of Australian World Class performances. In 2012-13 13 WAIS sport programs had an event (2012 Olympic Games or World Championships) at which this indicator could be assessed. Australia recorded at least one World Class performance in eleven WAIS sport program sports. In these sport program sports four WAIS programs met their target. This combined WAIS athlete World Class performance results equated 8.6% (11.4% in 2012) of Australian World Class performances. Therefore the target for this measure was part a 7 met during the current financial year.



Western Australian Institute of Sport (Inc.)
Key Performance Indicators
30 June 2013

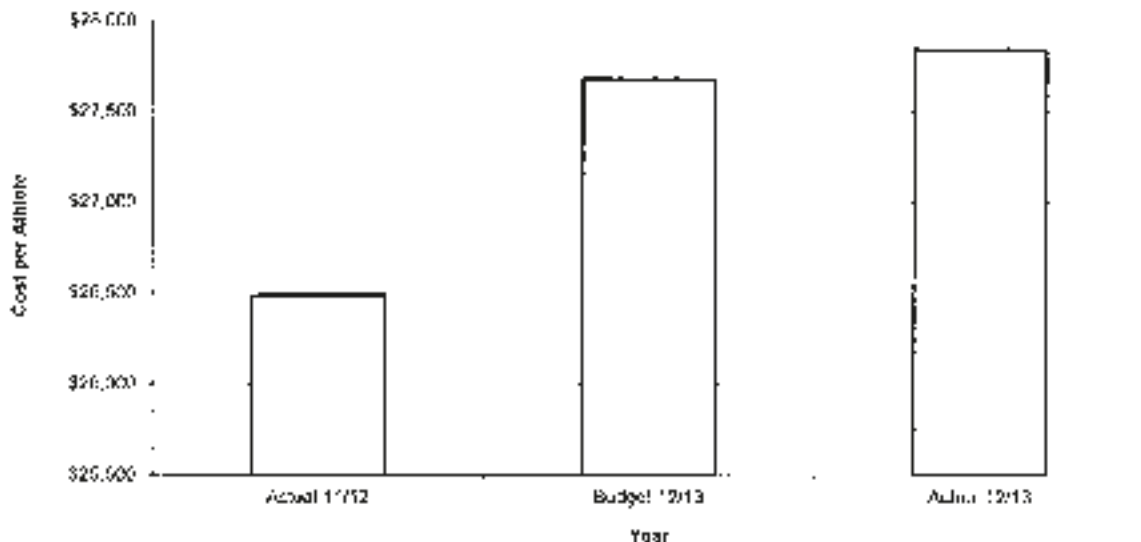
2. Efficiency Indicators

The indicator used is the average cost of providing services to athletes. It assesses the extent to which WAIS is responding to its responsibility to provide opportunities for talented Western Australian athletes through cost efficient management of support systems to meet the high performance requirements of our talented athletes.

The number of athletes at the Western Australian Institute of Sport comprises athletes in sport programs and those supported through the Individual Athlete Support Program. Athlete Scholarships are awarded in one of four categories based upon current and prognostic competition performance. The number of athletes within a sport program remains relatively consistent, however the athletes making up those particular squads may change during the year. The actual cost per athlete for the year ending 30 June 2013 was \$27,845, which is 0.5% higher than the target for the year which was established at \$27,580. The cost per athlete increased by 5.13% from the previous year. The sport programs focussed their efforts and resources towards athletes capable of representing Australia at the 2012 Olympic and Paralympic Games. With staff effort focussed on potential Olympians, more time and therefore more resources were allocated to potential Olympic athletes and hence a slightly higher overall cost per athlete. Employment benefits, travelling expenses and direct sport programs costs have increased steadily in absolute terms when compared to the previous year. The total number of athletes is similar to the financial year 2011/12, which ultimately resulted in a slightly higher cost per athlete, since most of the main base overheads are of a fixed nature.

The cost per athlete is determined on the total operating expenditure of the Western Australian Institute of Sport.

WAIS Efficiency as Indicated by Financial Cost per Athlete Supported





The Western Australian Institute of Sport is proudly supported by the Government of Western Australia