



# WAIS TOURS

Experience a day in the life of an athlete at the Western Australian Institute of Sport



## What's Included?

- ✔ **Tour with an Athlete**  
Take an interactive tour of the world leading facilities at WAIS. Get a behind the scenes look at how elite athletes train and see if you have what it takes to be an Olympian.
- ✔ **Athlete Presentation**  
Sit down with an athlete and learn about their journey in elite sport, how they balance training with the demands of life, and the high performance behaviours that set them apart from the rest.
- + **Recovery Session**  
Take it to the next level, experience recovering like an athlete. Add a 30 minute session, utilising our state of the art recovery pools and compression systems.

Up to 30 people - \$500\* (2hrs) or \$600\* + Recovery (2.5hrs)  
31-60 people - \$800\* (2hrs) or \$1000\* + Recovery (2.5hrs)

Email [bookings@wais.org.au](mailto:bookings@wais.org.au) to enquire.

\*Cost is exclusive of GST