

# WAIS *Tours*

Step inside WA's home of high-performance sport and experience a day-in-the-life of an athlete at the WAIS High Performance Service Centre.



## *What's included?*

### ✓ **Tour with an Athlete**

Go behind the scenes with a WAIS athlete and explore the world-class facilities used by Olympic and Paralympic athletes. Hear firsthand what it takes to compete at the elite level.

### ✓ **Athlete Presentation**

Listen to a WAIS athlete share their journey, how they balance training with the demands of life, and the high-performance behaviours that set them apart.

### + **Recovery Session**

Take your tour to the next level and experience key elements of an athlete's recovery process. Add a 30 minute session utilising our state-of-the-art recovery pools and compression systems.

## *Tour Packages*

Perfect for school groups, academies, and sporting programs.

### **1-30 people**

**\$500\*** (2 hours)

**\$600\*** + Recovery (2.5 hours)

### **31-60 people**

**\$800\*** (2 hours)

**\$1,000\*** + Recovery (2.5 hours)

### **Ready to book a tour?**

Email [bookings@wais.org.au](mailto:bookings@wais.org.au) to arrange your visit.

\*Excl GST

**wais**



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